



# Huron Hurricanes 2025

## New Year BINGO

- Fill in as many squares as you can between Jan 25 and Feb 28.
- One square maximum per day, indicate the date on the square as you go. You can do them in any order you like, but only 1/day.
- One draw entry for each line completed (horizontal, vertical or diagonal). Two draw entries for - 4 corners, x pattern, and postage stamp. 10 entries for a full card.
- Return a photo of your completed sheet to [juleweberpt@gmail.com](mailto:juleweberpt@gmail.com) on Feb 28 to enter.
- Welcome to a strong and fun 2025!

25 min Outside  
Keeping Warm  
Date:  
\_\_\_\_\_

2-5 One Min  
Planks  
Date:  
\_\_\_\_\_

25 Heavy  
Squats  
Date:  
\_\_\_\_\_

25 Stair Runs  
Date:  
\_\_\_\_\_

25 Lunges  
(each side)  
Date:  
\_\_\_\_\_

25 min of  
Dancing  
Date:  
\_\_\_\_\_

25 min  
Walk  
Date:  
\_\_\_\_\_

25 min  
Skating/Skiing  
Date:  
\_\_\_\_\_

2-5 Min Balance  
on one foot  
Date:  
\_\_\_\_\_

25 Heavy  
Squats  
Date:  
\_\_\_\_\_

2-5 min Quiet  
Meditation  
Date:  
\_\_\_\_\_

25 Back  
Extensions  
Date:  
\_\_\_\_\_

CHOICE  
\_\_\_\_\_  
Date:  
\_\_\_\_\_

2-5 One Min  
Planks  
Date:  
\_\_\_\_\_

25 Crunches  
Date:  
\_\_\_\_\_

2-5 Min  
Skipping  
Date:  
\_\_\_\_\_

25 Burpees  
Date:  
\_\_\_\_\_

2-5 min Wall Sit  
Date:  
\_\_\_\_\_

25 min Walk/  
Run  
Date:  
\_\_\_\_\_

25 Back  
Extensions  
Date:  
\_\_\_\_\_

25 Crunches  
Date:  
\_\_\_\_\_

25 Lunges  
(Each side)  
Date:  
\_\_\_\_\_

2-5 One Min  
Plank  
Date:  
\_\_\_\_\_

25 Min Outside  
Keeping Warm  
Date:  
\_\_\_\_\_

25 Min Snow  
Shovelling  
Date:  
\_\_\_\_\_