



HHAC DATES TO KEEP IN MIND OR ON YOUR CALENDAR :)

Monday, January 6, 2025 - !BACK IN DA POOL!

January 11, 2025 - Out of the Gate Guelph Swim Meet (Open swim practice at Vanastra)

January 18, 2025 - Jill Walden Stretching Instruction for Categories 3-5
(9:15-10:15 am at Vanastra)

January 22, 2025 - Nutrition webinar (7:00-7:45 pm)

January 25, 2025 - Fitness Challenge with Julie & Raffle Ticket Draw! (All Welcome)

February 1-2, 2025 - Dean Boles Invitational Swim Meet (Open swim practice at Vanastra)

February 8, 2025 - Jill Walden Stretching Instruction for Categories 3-5
(9:15-10:15 am at Vanastra)

February 17, 2025 - NO SWIMMING - Family Day

February 19, 2025 - Nutrition webinar (7:00-7:45 pm)

March 10-15, 2025 - NO SWIMMING (Vanastra) - March Break

March 22, 2025 - SWIM-A-THON !WOOOOT! (Vanastra and Goderich)

April 4-6, 2025 - Spring Invitational Windsor Swim Meet (Open swim practice at Vanastra)

April 13, 2025 (end of month)- Port Elgin Development Swim Meet & End of Season for
Category 1-2

April 21, 2025 - NO SWIMMING - Easter

May 9-11, 2025 - Scarborough Invitational Swim Meet

May 19, 2025 - NO SWIMMING - Queen Victoria's Birthday

June 21-22, 2025 - Burlington Outdoor Swim Meet & End of Regular Season for Category 3-5

HHAC Banquet/AGM - TBD