

*HURON HURRICANES*



December 12, 2020

Version 2 RTS- Swim Ontario approved December 9, 2020

Hello HHAC families,

The HHAC executive and coaches have been collaborating with our swim facilities: Vanastra Recreation Centre and the Goderich YMCA. HHAC is and will continue to be following the guidelines from Swim Canada, Swim Ontario, and our local health authorities to get swimmers back in their pool lane.

In order for HHAC to return to the pool, A Return to Swim (RTS) document needed to be completed, submitted and approved by Swim Ontario. HHAC is excited to let you know that HHAC's RTS document has been approved. This swim season we are currently limited to 4 swimmers per double lane swimming in a circular formation, while respecting social distancing at all times (no passing) meaning **8 swimmers in total per practice**.

As we cautiously return to the pool, HHAC asks that you please be patient, be mindful of protocols put in place, and to ask questions when you're uncertain about something. As we return to the comfort of the water and our lane mates, we'll be leading the season with the senior swimmers. HHAC has decided to return in this manner for the safety of all involved.

The returning senior swimmers will have more responsibility this swim season and will be expected to conduct themselves accordingly. Once HHAC has passed the 3 week time period with 4 swimmers/double lane, with no reported signs or symptoms of Covid-19, and HHAC and the facility feel the lane can handle more swimmers, HHAC can submit documentation **asking** Swim Ontario for clearance to increase swimmers to 6/lane.

**Our hope** is to add HHAC's younger swimmers as the weeks progress. However, at this time and for this swim season, their inclusion is uncertain.

HHAC requests that you **and** your swimmer(s) review the The Return to Swim documents (included below). Reviewing this document is required by Swim Ontario, and it will be enforced by HHAC for the safety of all involved.

HHAC requires that you respond to this email with acknowledgement that you have read, understand and agree to its entirety.

Once you have read the document below, you are free to cut and paste the provided statement into a reply email with your own name(s) inserted.

## Return to Swim

Let's get our swimON! Whooooooot Wooooooot!

A quick glimpse of how HHAC will get back in the pool.

First Practice November 2, 2020 at VRC.

HHAC will begin the swim season at VRC on Monday and Wednesday evenings.

Goderich YMCA is working diligently to reopen for its community, and HHAC has been in communication with the Goderich YMCA.

PLEASE recognize that this is an active document, that **will** have changes made to it. When changes are made to this document as requested by Swim Canada, Swim Ontario, Municipal and County Health Officials or our swim facilities, they will be added and highlighted and the document will be sent via email to HHAC club families, for you to acknowledge, read and agree to its changes. If changes are not read and agreed to, your swimmer will not be permitted to attend HHAC practices.

As we are given clearance to add more swimmers, HHAC will email returning families who were interested with a start date.

What if you've changed your mind when your "welcome back to practice" email arrives in your inbox? NO PROBLEM. You can respond one of two ways: 1. We've had a change of plans, and please let us know when you're adding more swimmers at a later date. **OR** 2. Our family has decided not to swim this season. We will then move onto the next person on the waiting list.

## REGISTRATION PROCESS

Dates of HHAC registration may be in person by appointment or registration papers will be emailed for families to complete and send back to HHAC. A registration email will be sent once dates or the registration process is known.

This swim season three documents from swim Canada are required to be completed by **YOU (the parent/guardian)** online after the in-person registration:

1. Acknowledgement and Assumption of Risk
2. COVID-19 Attestation
3. Rowan's Law requirements

In order for your swimmer to be fully registered with HHAC and swim Ontario these online documents **must** be completed by you. Your swimmer will not be allowed to begin attending practice until HHAC's club registrar confirms a green check mark beside your swimmers name. **This is non-negotiable.**

## Return to swim committee members: "Screener"

Agnes-Coach

Janet- Parent volunteer

Kelli-Coach

When the Goderich Huron YMCA Maitland Recreation Centre opens, HHAC will require 1-2 parent volunteer(s) to become a "Screener" in order to swim out of that facility.

Please read below the **Swim Ontario approved version 2** Return to Swim plan ☒

# HHAC Return to Swimming Plan

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## Return to Swim: Vanastra Recreation Facility

Please make sure to adapt all sections to your Club! The yellow highlights are examples of questions that need answers. Read carefully, everything in italics is there as guide - please adjust to your words/club needs.

### Background

- *Provide history of activities up until now*
- HHAC is an in-pool training club. Since March 13, 2020 HHAC has ceased all training to date due to covid-19 and closures of both facilities Vanastra Recreation Centre and Goderich YMCA.

### Committee

- *List the Return to Swimming committee members*

HHAC intends to register parent volunteers as “safety marshals” with the officials registration stream before they begin screening duties.

- Agnes Kluz- Coach
- Janet Hoggarth- Volunteer
- Kelli Rathwell - Coach

## Assessment of Risk

- *Answer to the best of your knowledge the following questions as they apply to you – give examples:*

- a. Will the training be held in a region that has documented active local transmission of COVID-19 (community spread) in the last 14 days? NO. Swimmers and Coaches reside in Huron-Perth County.
- b. Will the training be held in venues/facilities with access by multiple groups? YES
- c. Will the group include team members relocating from areas outside the training location that have documented active local transmission of COVID-19 (community spread)? HHAC has one swimmer who resides in Huron County and attends secondary school in Middlesex County.
- d. Will the group include participants (athletes or coaches) at higher risk of severe COVID-19 disease (e.g., people over 65 years of age or people with underlying health conditions)? NO.
- e. Is the training considered at higher risk of spread for COVID-19 (where physical distancing cannot be maintained, indirect contact through training equipment etc)? NO. Swimmers will be required to bring their own pool training equipment. Team closet will be closed.
- f. Will the training be held indoors? YES. Indoor pool.

## Program Requirements

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- *(fall return)* All registrants must complete the following forms via their Swimming Canada registration system account for the 2020-21 season and be fully registered:
  - o Acknowledgement and Assumption of Risk;
  - o COVID-19 Attestation;
  - o Rowan's Law requirements
- *(fall return)* All coaches must complete the following forms via their CSCA account for the 2020-21 season and be fully registered: Acknowledgement and Assumption of Risk;
- COVID-19 Attestation;
- Rowan's Law requirements
- Offence Declaration

### **Attendance Record Keeping**

- *How will attendance be maintained?* The Return to sport committee member will complete the screening at the entrance door of the facility per swimmer, before entrance to the building, attendance will also be recorded at this time via email and sent into hhacswim25@gmail where a running record of attendance will be kept in the google documents.

All attendance and screening documents will be securely stored together for a period of 10 years.

### **Health Monitoring and Communication Procedures**

The **HHAC Practice Screening Protocol** is in place to try and prevent sick or symptomatic athletes, coaches and/or parents from leaving their homes and decrease the likelihood of spreading infection.

#### **Before In-Person Training Session AS well as at the entrance of each facility:**

Participants (athlete or staff) shall not attend practice if they:

- o have been diagnosed with COVID-19, or are waiting to hear the results of a lab test for COVID-19
- o have symptoms of COVID-19, even if mild
- o have been in contact with a suspected, probable, or confirmed case of COVID-19 in the last 14 days
- o have been told by public health that you may have been exposed to COVID-19
- o have returned from travel outside Canada with symptoms of COVID-19

#### **The following questions will be ascertained before any in-person training or entry into either facility:**

- Do you have any of the following symptoms:
  - o Cough
  - o Shortness of breath
  - o Chest pain
  - o Difficulty breathing
  - o Fever
  - o Chills
  - o Repeated shaking with chills
  - o Abnormal muscle pain
  - o Headache
  - o Sore throat
  - o Painful swallowing
  - o Runny nose
  - o New loss of taste or smell

- o Gastrointestinal illness
- Have you been in contact with or cared for someone with COVID-19 in the last 14 days?
- Have you returned from a trip outside the country within the last 2 weeks?

An athlete/coach/staff member must answer 'No' to all the above questions before participating in any in-person training session.

If an athlete/coach/staff member answers 'Yes' to any of the above, the person cannot participate in the in-person training and they must contact their medical provider (doctor/nurse practitioner) and follow medical directions and cannot return to in-person training until cleared by the medical provider.

- *Describe how the questions will be administered (google form, email, at the facility before entering, etc.)* The questions will be administered verbally with a check mark for clearance to enter or an x with noted symptom and denial of entry to the building noted beside swimmers name on attendance email.
- *Describe communication plan if athlete/coach/staff member answers 'Yes' to any of the above* All communication will be done for documentation purposes via club email's. HHAC have two club emails:  
Executive: [hhacswim25@gmail.com](mailto:hhacswim25@gmail.com)  
Coaches: [hhaccoach@gmail.com](mailto:hhaccoach@gmail.com)
- *Describe a communication plan for the workout(s) if a coach answers 'Yes' to any of the above (i.e. replacement, cancelled workout, etc.)* Coaches will contact one another if a practice needs to be covered due to feeling unwell. Coach will also email the Executive that s/he is showing symptoms of covid-19. If another coach is unavailable to cover the practice. The coach who is responsible for that afternoons practice will cancel with families via email. Coach will cancel with the facility by telephone.

### **Training Group Protocol for a Positive COVID-19 Test**

If any athlete or staff test positive for COVID-19, the following steps must be taken:

- o The athlete/staff member is removed from the training group immediately
- o Team Training will be suspended, and all team members are placed in self-isolation.
- o The local public health authority will provide further management recommendations which may include further testing and arrange for contact tracing.

- o Any further team members who develop symptoms will be referred to the appropriate public health authority or helpline for guidance on testing and appropriate management.
- o Team training could resume if:
  - All team members undergo self-isolation for 14 days and no other member has developed symptoms.
  - All team members are cleared to return to group training by their medical provider in accordance with Provincial guidelines.
- o Swim Ontario will be notified of any COVID-19 positive test of any participant (athlete, coach, volunteer, staff.....) by completing the [Incident/Injury Report Online Form](#). Requested information will include:
  - a. Gender
  - b. Age
  - c. Recent Training Activity (14 days)

## Coaches Requirements Training

### Pre-Training

Coaches will provide athletes with a training schedule that ensures the same group of athletes (training bubble) per session with assigned lanes (lane bubbles). Training groups size will adhere to 4 athletes per double lane until otherwise authorized.

- o *Coaches will host a mandatory 'Zoom' meeting with athletes (and guardians) before training to discuss responsible training behaviour and expectations. Instead*

HHAC Executive and coaches will email a detailed Return To Sport document and ask for each parent to reply that they have: received, read and agreed to the document in its entirety.

Coaches will not use whiteboards/shared surfaces to communicate workouts.

- o *The training schedule/details will indicate arrival time to ensure physical distancing.*

Please see arrival and exit.

- o **Voice amplifier bull horn/megaphone OR personal headset with speaker**

HHAC's head coach will use a voice amplifier, to aid swimmers in hearing workout instructions. The voice amplifier will not be shared with other coaches and will be wiped down before and after practice with a sanitizing wipe. The personal headset will be stored in the Head coaches bag.



- o Coaches will verbally give practice instructions, within each stage of practice the workout will be explained. ex: warm-up- instruction, set 1-instruction, set 2-instruction, cool down-instruction.
- o A written version of the workout will be put in a ziploc that will be placed where each swimmer's equipment is kept, this will be at both ends of the lane and along the deckside of the lane where the athletes can visually glance at the workout. Athletes are not to congregate around or handle any of the visual aids. Ziploc bags will be sanitized or discarded at the end of each practice.

*Coaches will communicate the necessary training equipment prior to each session.*

All swimmers will be required to arrive at each practice with their own personal: face mask, swim cap, goggles, kick board, fins, paddles, pull buoy and filled water bottle. Any other equipment would be communicated via email at least a week in advance.

**Snorkels will not be used until further notice.**

Coaches will take detailed attendance and confirm that athletes have completed mandatory **daily self-screening protocol.**

Coaches will ensure that there is no penalty for missed practices, making it clear that if an athlete or household member does not feel well, they must stay at home.

### **Training**

- Coaches will wear appropriate Personal Protective Equipment at all times. In most cases this will minimally mean wearing a non-medical mask and/or face shield.
- Coaches will practice respiratory etiquette, hand hygiene and physical distancing protocols during training, ensuring Open and Observable environments are maintained.

### **After Training**

- Mandatory transition times of 15 mins will be built in between training groups. Coaches will ensure athletes leave the training environment in a staggered manner in order to maximize physical distancing. Athletes are responsible for their own equipment not coaches.
- Once athletes have left the Training environment, coaches will exit immediately and use good hand hygiene practices (hand sanitizer) following the facility guidelines.
- Coaches will evaluate the effectiveness of the Return to Training Plan daily.

## Swimmer Requirements

### Pre-Training

- *Communication plans with families / athletes* – Will be done via email, and a coach Return to Sport meeting via Google meet held the month during which swimming returns.

- *How will workouts be explained* At the beginning of practice once all swimmers have arrived and are waiting inside of their hula hoop, a verbal rundown of the workout will be given with a chance for swimmers to ask questions for explanation. Breaks will be built into practice at the beginning of a new set, where a coach will go over expectations and swimmers will be given a chance to ask any questions.

- A written version of the workout will be put in a ziploc that will be placed where each swimmer's equipment is kept, this will be at both ends of the lane and along the deckside of the lane where the athletes can visually glance at the workout. Athletes are not to congregate around or handle any of the visual aids. Ziploc bags will be sanitized or discarded at the end of each practice.

- Athletes will arrive at designated time for each training session. Do not arrive any earlier than necessary.
  - o Activation should be completed before entering the facility, either at home or outside of the facility.
  - o facility. If activation is completed on site, outside of the facility, athletes must ensure physical distancing practices are in place and that they are in groups no larger than 10.
  - o Athletes will complete the **daily self-screening protocol** before entering the training environment.
  - o Athletes will not use changing rooms and must arrive beach ready (training suit on).
  - o Athletes must shower at home before and after their training.
  - o Athletes will only bring training equipment that is required.
  - o Athletes are required to bring their own pre-filled water bottle.
  - o Athletes are expected to have reviewed workout expectations before arriving at the pool.Athletes will place bags 2m apart in designated areas.

### Training

- Athletes shall maintain physical distancing at all times while in the pool. This means circle swimming on top of the lane line.
- Athletes will start/stop training sets at opposite ends of the pool, ensuring physical distancing is maintained at all times.
- Athletes will maintain same lane grouping at all times.
- Athletes will maintain appropriate distance from each other at all times while in the pool.

### After Training

- Athletes are not permitted to leave equipment at the pool.
- Athletes will clean their equipment with disinfectant pre and post training sessions in their home.
- Athletes will leave the pool immediately after training, ensuring that physical distancing is maintained at all times.
  
- Athletes and parents will attend the pre-season google meet to clarify all aspects of the Return to Training Plan to ensure their safety and the safety of their fellow teammates. This will be held by the Head Coach and an Executive member. As well, athletes will be expected to attend all google meets as the season progresses. Athletes will be encouraged at the beginning of each practice and at the end of each practice, to ask questions for clarification regarding the Return to Training Plan to ensure their understanding, safety and the safety of their fellow teammates.

### Safe Sport

An Open and observable environment will be maintained at all times. At no time will a coach/staff be alone with a single athlete.

The training session will be cancelled or additional staff will be arranged to provide coverage (i.e 2 coaches) if less than minimum 3 people

Open and Observable environments will apply to online communication. All forms of electronic communication (email, text, Zoom, Skype, etc.) will never be in the form of a one-on-one interaction and will always be done in a group setting.

- *How will you comply with safe sport requirements?* HHAC will never hold a practice if there are only 2 persons or less at a practice.
- All email communication is done within club email accounts. All google meets will require 2+ HHAC coaches or executive members, and parents must attend

- all google meets, parents must be seen on the screen or heard through audio. If a swimmer attends a session solo, the creator of the google meet will explain that the call can go no further, the google meet will end and the parent/guardian will be notified via club email for documentation purposes.

## Disciplinary Action

- *If any swimmer (or parent) fails to comply with any of the requirements described above, it will be grounds for corrective action up to and including removal from the session or removal from the program itself.* There will also be no return of swim fees for failure to comply. HHAC does not expect Coaches or Executive members to tolerate shenanigans at this time.
- *Parents will be informed of any swimmer infractions by email following the practice.* It is imperative that during this time of return to sport, we all work together, and to communicate when a member is not being mindful or respectful of the safeguards put in place for every member of HHAC and other users of the facilities.

## Participant Education

### Coach/Staff Education

- Dry run without athletes
- Review latest guidelines and directives from:
  - 
  - Swim Ontario - [http://swimontario.com/news\\_detail.php?id=3408](http://swimontario.com/news_detail.php?id=3408)
  - Swimming Canada - <https://www.swimming.ca/en/resource-hub/>
  - Including [Non-medical Face Mask guidelines](#) from Public Health Ontario
  - [Health Region information page links](#) [Huron Perth Public Health](#)
  - Huron-Perth health official Jessica VanGeffen [jvangeffen@hp-ph.ca](mailto:jvangeffen@hp-ph.ca)

- o Facility guidelines for coaches have responsibilities- HHAC will continue to put in and take out the lane rope. HHAC will provide swimmers with club hula hoops, The last HHAC coach inside the facility will clean the hula hoops
  
- o after each practice and store them in the team closet that will only be accessible by a HHAC coach.
- o Vanastra Recreation Centre is responsible for applying the disinfectant to the starting blocks after each practice.

### Athlete and Parent Education Plan

- (Summer only) Pre-registration procedures (collection of signed forms):
- Prior to Resuming Training (can be done via zoom or email):
- - o Example: Email sent to all current competitive families to include:
    - Program description (including what it is, location, days/times, who can attend....),- attached in email
    - Registration process, -attached in email
    - arrival/departure & organization information, below
    - Health Monitoring process/questions including reporting requirements, below
    - Implications of not following rules (disciplinary actions), above

### Phase In Training Schedule and Type of Activity

- Describe each type of training that will be involved, location, facility, schedules, group size, number of swimmers per double lane, coaches
- Training is in pool,
- Location- Vanastra
- Vanastra Recreation Centre T:519.482.3544 FacilitiesManager:Lissa Berard
- To Return to Sport HHAC will return with 8 swimmers. As VRC is a 4 lane 25M pool this will be HHAC's capacity until we clear with swim Ontario an additional 2 swimmers per lane. Assuming the swimmers are able to keep social distance protocols with 4/lane.
- Coaches: 2-3 coaches on deck at the Vanastra Recreation Centre
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- the schedule should be a in weekly/monthly table format indicating start/end times for each group and assigned coach Please see below weekly table.

- **How you will be phasing in pool activities** HHAC will be returning to pool activities slowly. While taking instruction from swim Ontario and the facilities that HHAC swim out of.
  - o S.O. is looking for a safe and graduated upscaling of programming, within limits, after periods of careful reflection and evaluation, which will primarily be based on
    - o the successful implementation of physical distancing measures, as well as the safety and hygiene protocols outlined in your plan while adhering to the provincial/local authorities, Swimming Canada, and/or Swim Ontario requirements of the day .
    - o **Until further notice Swim Ontario is approving plans with a maximum of 6 swimmers per double lane.**
    - o **(fall RTS)** Beginning with a maximum of 4 swimmers per double lane and progress to 6 swimmers per double lane through an evaluation period of at least 1 to 2 weeks to ensure all safeguards can be maintained with each group.
    - o There will be limits to the number of swimmers per lane/double lane. Those will be communicated as we progress through the summer and evaluate the situation in Ontario.
- **Incorporate transition times into the schedule** To start this season the same swimmers will remain for the length of the practice. There will be no transitions in the schedule. Only staggered arrive and depart times for each swimmer, these will be in 2 minute increments.

**First week November:** return to swim- in the pool. Remain here for 3 weeks then submit to swim Ontario for clearance of 6 swimmers/lane. Both bubbles will swim for the 2hour duration. No transitions.

GROUP	COACH	GROUP SIZE	MON (VRC pm)	WED (VRC pm)	THURS	SAT
GROUP A	REBECCA AGNES KELLI	6	5-6:45	4:30-6:15		
GROUP B	REBECCA AGNES KELLI	6	5:10-6:45	4:40-6:15		

## Appendix – Facility Name Rules

**Arrival procedures** Arrival is going to be staggered, each swimmer will receive a start time for their practice, these will be in 2min increments. HHAC will do their best to have these start times remain the same for the sake of organization. Parents please park in the VRC parking lot located at the main entrance of the pool, please remain in your car until you see your swimmer has been screened and given permission to enter the building with their face mask on. Parents you may then remain in your car and wait for your swimmer's practice to end **or** carry on with your plans. Parents at this time **will not** be allowed to enter the Vanastra Recreation Centre and wait during their swimmers practice.

**What to do before getting into the pool** Swimmers after you have been screened and have used the hand sanitizer that will be available at the screening table: you will enter the building with you face mask on, take off your outdoor shoes inside the vestibule, put your outdoor shoes inside of your swim bag and put your flip flops on. Proceed to pool hallway where the sauna shower is located, you will be greeted by a coach who will direct you to place your bag on the floor and your mask on top of your bag, then you will shower and put your face mask

back on, pick up your bag and proceed to the pool, there you will be greeted by another coach who will point to a hula hoop for you to stay inside of until further direction. Inside of the hula hoop is to remain two things: you and your bag. (In between swimmers the push button for shower will be cleaned with a disinfectant spray or wipe, by a coach)

**\*NOTE\*** the RTS committee members and your coaches are always smiling under our facemasks, we're so excited to see you again :)

**Pool / facility etiquette** At this time, the change rooms at VRC are closed to HHAC swimmers. Swimmers are to arrive swim ready, swimmers will also leave their practice swim wet. The washroom located for the pool users which is only to be

used for the use of a toilet and hand washing sink (**NOT a change cubicle**), has a limit of one person at a time. The water bottle refill station is also closed to the public at this time. Swimmers are responsible for bringing their own pre-filled water bottles; some swimmers may require 2 water bottles.

As always, it is important during this time, to follow VRC's instructions, to remain patient with one another, and to arrive-train-depart in a prompt and respectful manner. We are all working diligently to get our youth back into the pool, swimmers, your job is to follow instructions and protocols to remain in the pool.

*What to do if you feel sick* **IF you or anyone in your family feels unwell, it is expected that you will remain at home until symptoms cease or you have medical clearance to attend swim practice.**

### **During Training Session**

**Swimmers and Coaches** if you feel sick during a practice you are to immediately get out of the pool go to your hula hoop where you will sit or stand and raise your hand, a coach while respecting social distancing will come over, where you can explain your symptoms. If any symptoms are that relating to covid-19, the swim coach while respecting social distancing, will escort you outside, call your parent(s) to come and pick you up, You will then follow up with your family physician for next steps and

isolate for 14 days or until you have medical clearance to return to swim. This would require a medical note.

All athletes and staff should monitor their health during a training session, and if they feel ill or experience signs or symptoms of COVID-19 (even mild) they must leave the training session and contact their medical provider (doctor/nurse practitioner) to consider the appropriateness of further investigations. Further investigations may include a test for COVID-19, which then may lead to the notification of appropriate public health officials regarding a positive test result. Public health officials will determine any requirements related to the facility and/or group operations as well as any requirements around contact tracing as it relates to managing the spread of the virus. The athlete or staff member may not return until receiving clearance from the physician, and if a test for COVID-19 was completed, a negative test result will be required before further training is permitted. If home isolation is required, Public Health guidelines must be followed.



**Exit procedures** For each practice time; HHAC will end practice 15 mins prior to the end of practice, parents are asked to be at the facility by 6:45pm on Monday and 6:15pm on Wednesday evenings to ensure their swimmers are able to exit the facility and quickly enter the vehicle, **as cold weather has arrived** in Ontario. Swimmers will leave the facility in a 1-2 minute increment or as individual swimmers exit the outside door, which is monitored by a coach in the hallway.

Swimmers will get out of the pool at their entry/exit point within the lane, go over to their hula hoops, put on their face masks and flip flops, get their towels out of their swim bags, and put on outdoor clothing overtop of their swimsuits.

While following social distance rules one swimmer will follow the first coach out of the pool deck exit doors, remain 2M's apart and continue down the hallway to the facility exit door, outside they will wait for their ride to arrive. The next swimmer will leave their hula hoop and so on until all members of HHAC are out of the building.

As communication with VRC states: HHAC is required to have **cleared the building** by HHAC's practice end time- For VRC this is Monday's by 7:00pm and Wednesday's by 6:30pm this includes the last coach. Coaches on deck will be responsible for sanitizing hula hoops with disinfectant spray or wipe.

**Exit point, Pickup area** HHAC swimmers will exit at the back door of VRC located off the back entrance laneway. **There is NO parking at the back of the VRC.** Parents/Guardians please park in the VRC parking lot located at the front of VRC, walk along the west side of the building, the pools exit door is located on the northside of VRC. Parents/Guardians please pick your swimmer up at your allotted pick up time. Parents/Guardians please do NOT use this door as an entry, please remain outside and you should see your swimmer come through this EXIT door. Please ensure that you are prompt for your pick-up. As we are not to gather outside or inside. Arrive-Train-Depart.

*Add new appendix or section for each new activity / facility with different protocols*

## Appendix B

# HHAC Return to Swimming Plan

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## Return to Swim: Goderich Huron YMCA Maitland Recreation Centre

HHAC is in active communication with the Goderich YMCA. At the date of completing this email, The Goderich YMCA is targeting a September opening for this branch, they intend to operate fitness access firstly and phase in other areas of operations as they go slowly and safely for staff and community. The pool will be opening at a later date but they are unable to confirm when that is at this time.

Goderich YMCA is working with Huon-Perth Health Officials at re-opening.

HHAC will add information to this RTS document and submit to Swim Ontario for clearance to swim at the Goderich YMCA, before HHAC commence practices within this facility.

### Resource Links

Swim Ontario

[Preparing for a Safe return to Operations  
COVID-19 Information Page](#)

Swimming Canada

[Swimming Canada – Return to Swimming Resource Document  
COVID-19 Resource Hub](#)

Government of Ontario <https://covid-19.ontario.ca/index.html>

Huron-Perth County [Huron Perth Public Health](#)