
GET A KIT of emergency supplies.

Recommended Supplies to Include in a Basic Kit:
- **Water** one gallon per person per day, for drinking and sanitation
- ✔ **Non-perishable Food** at least a three-day supply
- ✔ **Battery-powered or hand crank radio** and a **NOAA Weather Radio** with tone alert and **extra batteries** for both
- ✔ **Flashlight** and **extra batteries**
- ✔ **First Aid kit**
- ✔ **Whistle** to signal for help
- ✔ **Filter mask** or cotton t-shirt, to help filter the air
- ✔ **Moist Towelettes, garbage bags** and **plastic ties** for Personal sanitation
- ✔ **Wrench** or **pliers** to turn off utilities
- ✔ **Manual can opener** if kit contains canned food
- ✔ **Plastic sheeting** and **duct tape** to shelter-in-place
- ✔ **Important Family Documents**
- ✔ **Items for unique family needs**, such as daily prescription Medications, infant formula or diapers

Consider two kits. In one, put everything you will need to stay where you are and make it on your own. The other should be a lightweight, smaller version you can take with you if you have to get away.