### Resources

#### **Phone Numbers:**

Kiowa Teen Suicide Prevention 580-654-2300 ext. 363

National Suicide Prevention Lifeline 1-800-273-TALK (8255)

The Lifeline is FREE, CONFIDENTIAL and ALWAYS AVAILABLE.

ODMHSAS Health Reach-out Hotline 1-800-522-9054

Websites:

www.suicidepreventionlifeline.org

www.sprc.org

www.save.org

www.afsp.org

www.stopbullying.gov

Fatherhood/Motherhood is Sacred™ is a program designed and created by Native American Fatherhood and Families Association (NAFFA) for fathers and mothers using a Native American approach. The goal of the program is to strengthen families through responsible parenting. NAFFA teaches parents to connect with their heritage as they become actively involved in the lives of their family.





Kiowa Teen Suicide Prevention 100 Kiowa Way/Hwy 9 West Carnegie, OK 73015

Phone: 580-654-2300 ext. 363

Staff:

Phyllis Bohanan, Director Glenn Beaver, Community Liaison

# Kiowa Teen Suicide Prevention Program

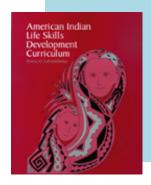
Saving the Next Generation



580-654-2300 ext. 363 1-800-273-TALK (8255)

# Services and Programs

At KTSP, we provide evidence based suicide prevention and early intervention programs to individuals, communities, tribes and educational institutions. We provide QPR trainings free of charge to tribal and community members to help create a culture of safety for our youth. We teach Life Skills with an adaptation from American Indian Life Skills Development Curriculum by Dr. Teresa LaFromboise in five area schools. We host community awareness events that promote help seeking behaviors and work to reduce the stigma that often surrounds suicide. KTSP also stays actively involved with the Area Suicide Prevention Task Force.



### Mission of KTSP

We work to reduce youth suicides and suicide attempts in our area and surrounding communities. We do this by promoting help seeking behavior and creating community "gatekeepers" who help advance awareness and healing to those touched by suicide.



## Vision of KTSP

The encompassing vision of KTSP is to advance our community by focusing on the growth and development of each individual as a whole—body, mind and spirit.

# Need 2 Talk (N2T)

One of the endeavors of KTSP is N2T, a youth led organization formed in collaboration with CAITLINB organization.

The youth in the N2T group work to promote and bring awareness to the warning signs of suicide. They are trained to assist those in distress and lead them to a trusting adult. Need 2 Talk youth also help plan awareness events and activities. They are young people who work to save lives from depression and suicide.

