



Volunteer FAQs

Open Door Sports

WHERE ARE PROGRAMS LOCATED?

Most ODS programs are held in the down-county area of Montgomery County. From Rockville south to Chevy Chase/Bethesda/Silver Spring.

CAN I VOLUNTEER FOR JUST ONE SESSION?

No, we expect our volunteers to commit to attending all sessions in the season/program, unless they are ill.

WHAT DAYS OF THE WEEK ARE PROGRAMS HELD?

ODS programs run Monday through Sunday. School year programs are held one day per week, for a 7 week season. Three seasons occur during the year (fall, winter, and spring). Summer programming occurs Monday through Friday in 1 hour afternoon sessions beginning in late June and ending in mid-August.

WHAT TIME OF DAY ARE THE PROGRAMS HELD?

ODS programs during the week are typically held in the after-school timeframe of 3-5pm. Some weekday programs start as late as 5pm. Weekend programs run from mid-morning (10am) to late afternoon (4:15pm). Summer programs are held in the late afternoon with a 4:30pm or 5:30pm start time.

WHAT AGE IS REQUIRED TO BECOME A PEER BUDDY VOLUNTEER?

For programs designated as Youth, we require volunteers to be in grades 6-12. For programs designated as Older Teen/Young Adult, we require volunteers to be in grades 9-12.

DO I NEED A CHAPERONE TO VOLUNTEER WITH ODS?

No, you do not need a chaperone. There is an adult coach on site at all programs who lead the sessions.

CAN I SIGN UP WITH FRIENDS OR MY TEAM?

Sign ups are individual but often buddies sign up with friends. For a team to participate with ODS, we typically ask the team to hold a separate clinic for our ODS players.

HOW DO I REGISTER TO VOLUNTEER AND GET MORE INFORMATION?

Registration occurs four times per year (Feb, April, July, November) on the ODS website: <https://opendoorsports.org/peer-buddy-volunteers>

QUESTIONS?

Email Mary Carpenter, ODS Youth Director at mcarpenter@opendoorsports.org or Sarah Albus, ODS Executive Director at salbus@opendoorsports.org