



MONTHLY NEWSLETTER

In this month's special issue:

- 501(c)(3) status approved
- ASD group sign up
- SMART goals
- Words from our Founder

Mental health tips.

How can you become the person that follows through with their New Years' resolutions? Set SMART goals!

S - Specific
M - Measurable
A - Attainable
R - Relevant
T - Timeframe

Example: By February 19, I will have completed 5 job applications.

Use the SMART model to set yourself up for success in 2021. When people feel a sense of accomplishment and success, they begin to feel more confident and their self-esteem increases.

Non-profit status approved.

BIG news at Together Just: After nearly a year of preparation and patient waiting, our Form 1023 has been approved by the IRS. This means Together Just, INC., is now a federally recognized 501(c)(3) not-for-profit organization. Congratulations to the team on hard work paying off!

ASD social skills group sign up.

Registration for our next series is currently open! Check out our website under "Group registration" to sign up and learn more. Thanks to our generous donors, we are also offering 50% and 100% scholarships for applicants that qualify.

Words from our Founder.

Together Just friends and family,

I want to start by recognizing what a year 2020 was: We were all faced with a new reality along with major changes in our day-to-day routines. I am proud that Together Just is a company that supports compassion and understanding for individuals in our community.

We welcome 2021 with exciting news—our 501(c)(3) status is approved by the IRS! Now, we continue to move forward with our mission to end the stigma surrounding mental illness. We are committed to keeping you up-to-date on our growth and expansion. I encourage you to reach out if you're curious about our services or how you can get involved. Thank you for your continued support of our cause

Lilli Higgins, CTRS/L
Founder and Executive Director