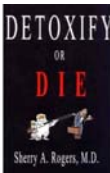


**Dr. Leonard Horowitz in "Emerging Viruses: Aids and Ebola":**

"International studies show that populations with little or no history of illness, such as cancer, drink higher (pH) alkaline waters. After all potential risk factors were considered and factored out, it became evident that they had been drinking waters with a pH of 9.0 to 10.0."

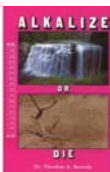


**Dr. Sherry Rogers in "Detoxify or Die":**

"Alkaline water rids the body of acid waste. After carefully evaluating the results of my advice to hundreds of individuals, I'm convinced that toxicity in the form of acidic waste is the primary cause of degenerative disease."

**Sam Graci, Creator of Greens+, and an internationally-renowned researcher, formulator, lecturer, consultant, and author in the field of optimal health and nutrition:**

"I am a big fan of electron-rich and alkaline water made from water ionizers that give water a pH of almost 10. Plants love the acidic water. I actually call this water, plasma-activated micro-ionized water, that has a smaller molecule cluster of 1 to 2 molecules versus 10 to 24 in most tap water".



**Dr. Theodore Baroody in "Alkalize or Die":**

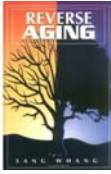
"It is my opinion that ionized (alkaline) water will change the way in which all health practitioners and the public approach their health in the coming years."

"All disease comes from the same root cause: Too much acidity!"

"Too much acidity in the body is like having too little oil in the car. It just grinds to a halt one lazy Sunday afternoon. There you are - stuck. The body does the same thing. It starts creaking to a stop along the byways of life and you find yourself in some kind of discomfort. I watch with great concern as people of all classes and lifestyles suffer from this excess".

"The countless names of illnesses do not really matter. What does matter is that they all come from the same root cause...too much tissue acid waste in the body!"

"No less than 68 major health conditions can be attributed to a prior existent acidic inner terrain".

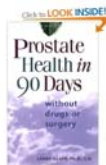


### **Sang Whang in "Reverse Aging":**

"Since the waste products we are trying to discharge are acidic, the right kind of water is alkaline water. My personal recommendation is to enjoy the foods that we like, but do not over-eat or exclude any food. Eat in moderation following professional dieticians' balanced diet concept, and let alkaline water do the job of cleansing acidic wastes. Do not use food to cleanse wastes, thus running the risk of creating nutritional deficiency or imbalance."

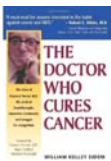
"Removing acidic waste...is more effective than diet and exercise"

According to Sang Whang, author of *Reverse Aging* even if we eat the best of organic fruit and vegetables, 97% of our food still consists of carbon, nitrogen, hydrogen and oxygen, which will still be reduced to acid waste. He says that it is not what we put into our bodies it is what stays in our bodies as waste that creates our over-acidic condition and what causes us to age prematurely. Sang Whang says that in terms of acid/alkaline balance, the only difference between 'good' food and 'bad food' is that 'good' food will have less acid waste and more acid neutralizing result. Your pH balance depends on what is left after metabolism. So we'll take a look in this article at what foods, lifestyles and supplements contribute to a 'clean' house within. Here our metabolism can operate as it is supposed to instead of acting as a continual janitor in an increasingly overloaded toxic warehouse.



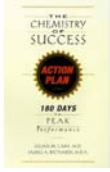
### **Larry Clapp, PhD. in "Prostate Health in 90 Days":**

"Microwater first came to notice in Japan, where researchers noted that people drinking water that came from certain fast-moving rocky mountain streams enjoyed extraordinarily good health. It turned out that this naturally occurring water was alkaline and had a different structure and electrical properties."



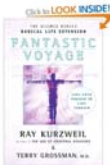
### **Dr. William Kelley, College of Metabolic Medicine, in "Cancer Cure":**

"Alkaline water, produced by a Water Ionizer has become the most important advancement in health care since Sir Alexander Fleming's discovery of penicillin."



**Susan Lark, M.D. in "The Chemistry of Success":**

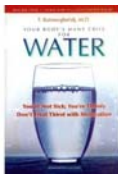
"Peak performance and optimal health depend on the body's ability to maintain a slightly alkaline state in virtually all of our cells and tissues...Drinking four to six glasses of alkaline water a day will help to neutralize over acidity and over time will help to restore your buffering ability."



**Ray Kurzweil and Dr. Terry Grossman, M.D. in "Fantastic Voyage: live long enough to live forever":**

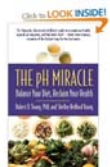
"There are two strategies that you can use to restore your body's alkaline reserves, which are needed for detoxification and destroying oxygen free radicals:

1. Avoid indigestible acids. These are found in soft drinks, particularly colas...
2. Drink alkaline water. Metabolic processes create acidic waste products, so it is necessary to restore your alkaline reserves. An effective way to do this is by drinking alkaline water."



**F. Batmanghelidj M.D. in - "Your body's many cries for water":**

"You're not sick...you're thirsty! Don't treat thirst with medications"



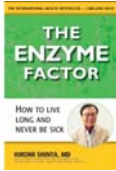
**Dr. Robert O. Young Ph.D. ("The pH Miracle"):**

"Without enough water your body goes acidic...goes into fat storing"

He sees sugar as an acid and as the reason we are so fat, but not as we have been taught. He says that the body has to protect itself from the excess sugar we consume, and so it co-ops fat - to encase it and protect us from it. "*Fat*" he says, "*is saving our lives*".

"Those willing to look again, and with clear eyes, will be rewarded with the secrets to permanent health. We can heal ourselves by changing the environment inside our

bodies. Potentially harmful invaders, then, will have nowhere to grow and will become harmless."



**Dr. Hiromi Shinya – “The enzyme factor”** – check his lecture notes from the home page.

In 1933 **Dr. William Howard Hay** published a ground-breaking book, “**A New Health Era**”, in which he maintained that all disease is caused by ‘autotoxication’ (or “self- poisoning”) due to acid accumulation in the body:

“Now we depart from health in just the proportion to which we have allowed our alkalis to be dissipated by introduction of acid- forming food in too great amount...It may seem strange to say that all disease is the same thing, no matter what its myriad modes of expression, but it is verily so.”

**Dr. W.R. Kellas, Ph.D.**, co-author of numerous books including “**Surviving the Toxic Crisis**” says that the pH factor plays an important part in ridding the body of mercury and other toxins.

“The best pH is around 7.35 because the more acidic the body is (below 6.5) the more it holds on to (heavy) metals. Heavy metals in turn create a high oxidative stress that acidifies the body.”

Dr. Kellas's clinic in California sends out pH strips along with their medical treatment and products, to measure body pH. They have consistently seen better results when the pH factor is incorporated in their detoxification program.