

## You Need to Do This Now!!!

Talking to my small town hardware guy, he says he cannot get truckers to deliver his supplies. So, something is up. Additionally, international shipping containers that used to cost \$2500 to ship across the ocean are now running \$27,000+. In my opinion these are steps you must take now. They backed down on the Canadian border requiring Vax, but who knows for how long. Shelves are starting to empty in places.

1. Insure adequate food and water and everyday items for minimum 3 mo.
2. Get medical supplies as well: If you don't have one, get a Pulse Oximeter, and a nebulizer. When you need them they won't be available.
3. If you need critical medications such as insulin, heart or lung medication etc. get some with cash now so you have 3-6 mo. at home.
4. Get Ivermectin in whatever form you can. (A usual treatment course is .5 mg/kg/ day x 5 days.)
5. I also recommend getting, Hydroxychloroquine 200 mg, (A usual treatment is at least 22 tablets.) Chloroquine, 250 mg, (1 tab every two months for prophylaxis is usual) and Nitazoxanide 250 or 500 mg which is also good for parasite cleanse, 6 tablets is one treatment cycle for parasites but this is also a treatment for hydra and for COVID in research.

It takes 4-6 weeks from overseas pharmacies and the FDA was interdicting about 40% of packages. But it may be getting better. Go to farm stores or wherever you can Ivermectin or maybe Fenbendazole.

6. Antibiotics will probably be needed as well, whatever you can find. Especially useful are Doxycycline 100 mg tabs taken twice a day, Azithromycin 250 mg taken once a day, Levaquine 500 mg taken once a day. I would also get Montelukast if possible, one a day dose 10 mg to be started at the first sign of pulmonary -problems. Claritin D or Zyrtec or Allegra also useful. See treatment suggestions. (Medications except Tetracycline and Epi Pens if stored in reasonable temperatures do not perish in decades according to an Army study.) Get the supplements that are critical in this situation of Spike protein and other attacks. Vit C, D, Zinc, NAC, Selenium, Quercetin, Lysine, DMG or Betaine.( See my Immune Stack).

7. Find people who also are of like mind and consider a "Medical Co-op". In short, if you have interested physicians and nurses (retired ok) who are capable of putting in IV's and helping the sick, find them. Organize a co-op around equipment that everyone might need such as oxygen generators, IV supplies, other equipment such as wheelchairs, crutches etc. An IR sauna and

hyperbaric oxygen chamber which are now portable would be a great focal point. Professionals have to be compensated, and equipment has to be rented, but this could keep many people out of the hospital. You could set up a place in a church or basement for your group.

8. Not one step backward. We are in a DNA war for humanity. We have to stand up now to the totalitarianism that is using medicine to take over the world. Do not accede to mandates, lockdowns, and masks. Do not put your children in harms way--public schools can now let 12 year-olds make a decision for vaccination--not that all are doing that, but it is already accepted by some of the public health officials. Do not get suckered into a digital national currency that can be turned off based on your behavior towards the state. Ditto electric cars IMO. They are hinting at a cyber attack by Russia on US. Translated: They are thinking of blocking release of info from Hunter's laptop by shutting down electrical grid...just my thought. In any case be prepared for power outage that may last a couple weeks.