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April 2023

Meals on Wheels Keeps Rolling With Volunteers

By Rob Allan



Ron and Carol have been delivering Meals on Wheels (MOW) on their route in Barefoot Bay for years and were worried about their "clients" when they needed to go north for a couple of months. They knew that their one-day-a-week volunteer shift would be covered, but they cared about each of the 13 people they delivered to each week. Some of their clients have special needs and all welcome the friendly faces that stop by each day, Monday through Friday, to deliver their prepackaged, hot meals. Many of the clients would love for the MOW volunteers to linger just a little while, since they are often the only face they see each day. Ron and Carol love seeing those faces and chatting whenever possible.

The clients who take advantage of the MOW program are often the oldest and most frail among our community. Many have physical problems that preclude them getting out of a wheelchair, or even bed, let alone grocery shopping. Some no longer drive, due to their advanced age, and the fairly common loss of eyesight can make it dually difficult for getting around town and also safely navigating the kitchen to prepare a meal. As with many on fixed incomes, the choice between paying the electric bill or buying food can be difficult. The MOW program does not use income as a qualifier and inability to pay will not preclude anyone from applying for the program.

The MOW volunteers love their work and their clients and that love and appreciation is returned by those who receive their daily meals. "The volunteers are fantastic! I have even had them offer to help me. Different little things. I've even had them bring their husbands over to help me," said one 87-year-old woman. She is legally blind and depends on the MOW program for a cooked meal and appreciates the volunteers visiting. "I have no children, no family here and my 90-year-old brother lives up north and can't see either. I still feel very, very fortunate that I'm still healthy."

The prepackaged meals are made in Cocoa and sent by van to volunteer stations across the county. At each of those sites there is a volunteer coordinator who hands out route instructions. They provide notes for each client, informing the volunteers when someone has been added or removed from their route, as well as any special needs or delivery instructions. The meals are transferred off the van and each volunteer carries their hot food and cold items to their car where they will make the rounds on their route. Volunteers traditionally drive one route, once per week. Barefoot Bay requires 30 volunteers a week, plus backup volunteers, to handle approximately 60-70 clients on six routes, Monday through Friday. The MOW program is always looking for volunteers and when the local routes are covered there are other volunteers needed in surrounding communities.

The meals themselves are prepared daily from a menu created by a chef and a nutrition specialist. Each meal is different, every day, and covers the basics for protein, carbs, and fat. The meals allow for limited salt, due to dietary guidelines, which can lead to food that is "bland" in comparison to the higher salt alternatives we've eaten for years. A small carton of milk and traditional fruit cup accompanies each meal. "The meals are bland, purposely," said Sharon Doyle, Barefoot Bay's MOW volunteer coordinator. "Each meal is considered well-rounded. Served hot, with meat, starch, vegetable, biscuit, milk, and a dessert. The clients receive a new menu every month so they can cancel meals in advance that they know they won't eat because

they don't eat pork, etc." Sharon has been working with MOW for years, having taken over the volunteer coordinator position from her mother, who volunteered for the MOW program for nearly 30 years.

Jeanne, 96, a vibrant woman with a wonderful smile, is watched and protected by her neighbors and the MOW volunteers who see her daily. "The volunteers are wonderful, they're friendly, and they're nice to talk to." She is occasionally disappointed in the MOW food. "The vegetables are overcooked, a little soft. But to me, the meals are a godsend. I eat what I like. I'm not a fussy eater. I eat everything," she said with a laugh. When asked what she would do without the program she mentioned, "I'd be eating a lot of peanut butter sandwiches. When you get older and you're alone, you occasionally cook for yourself, but mostly you're busy doing other things and you can forget to cook. But my tummy reminds me."

The MOW program is run locally by Brevard Aging Matters. In addition to the MOW program they also build ramps and provide medical transportation for those in need. The MOW program is funded by grant money, payments from clients and donations. In addition to the residents that receive the MOW program in their homes, the program also provides meals to Joe's Place and the Seniors at Lunch program here in southern Brevard. For residents interested in receiving MOW benefits there is a waiting list. The program will send a volunteer to assess the resident's needs, including a home visit and interview. There is a similar interview and application process for anyone interested in volunteering for this life-saving program.

Ron and Carol, like many of the volunteers for the MOW program, are occasionally reminded that their clients are mortal when they arrive with their meal in hand and there isn't an answer at the door. Occasionally, the client has simply taken a vacation to see family or been moved to a long-term care facility without informing the volunteers, but many times the client has simply passed away since their last visit. They are humbled by the news, but are grateful the MOW program provides them the opportunity to provide a warm meal, a little time, and conversation at the end of someone's life. Ron concluded, "Many times I've heard Barefoot Bay described as 'heaven's waiting room'. Why not be servants while we are here?"

See More on Pages 12 & 13

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A Word From Your
Recreation District Chair
 Bruce Amoss

During the regular Thursday meeting held on 2/28/2023,
 The Board awarded the Pool 1 resurfacing contract to Family Pools. Family Pools Company was the lowest bidder and is the best choice for the job, as they are doing the heater move and pump replacement. There could have been a conflict of dates if there was a different company chosen.

At the March 9th meeting,
 A resolution of the board of trustees was passed to amend the Barefoot Bay Recreation District policy manual to reflect the new spending limits in the charter, amend the evaluation committee procedure, amend the guidelines for registering as a club or organization and provide an effective date.

A DOR Violation of having a dangerous dog in Barefoot Bay Recreation District was referred to BBRD's attorney for resolution.

Plenty of great food was consumed at this year's Ethnic Festival. It was held on Sunday the 5th. Kudos to all the clubs and volunteers for a great day.

On March 16th, the first budget meeting for FY24-28 was held. Mr. Cichon put on the presentation of the proposed budget. The Trustees will review the information and will meet on March 21st. to continue the budget planning.

Please slow down on our roads. Cars do not own these roads. Like it or not, this is a "golf cart community," Stop riding so close. The Cart Guys have sold a lot of nice carts here that can do the speed limit and cars are still driving too close trying to intimidate the cart driver. Back off! There are other ways to get to Route 1 and you can leave a couple of minutes early. There are also plenty of bicyclers, walkers, and runners using our roadways. Be safe. Slow down.

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Line Dance on Mondays—from 9 to 11 in Building “A.” \$5 dollar donation. Proceeds go to helping Veterans. Your instructor is a Vietnam Veteran and a Line Dance instructor. This event is a lot of FUN. Everyone is raving about the Line Dance Mondays. And the numbers show this is very true. Thank you, Barefoot Bay residents, for your participation in this event. It is helping us!

Free Career Guidance from America's Top Companies—The average starting annual salary for Veterans who use American Corporate Partners (ACP) is \$93,000. Here is a link: <https://www.att.com/help/affordable-connectivity-program/internet/>

Prepare Your Taxes With Free AARP Aide—With tax season approaching, prepare now with the AARP Foundation’s Tax-Aide Service. The volunteer-run program helps the military community file state and federal tax returns. Trained Tax-Aide volunteers are nationwide and IRS-certified each year. Tax-Aide is free and available either virtually or in-person (by appointment only) to all Veterans. Call /AARP Tax-Aide.

200 Remote Jobs from Veteran-Friendly Employers—The opportunity to work from home offers excellent flexibility for Veterans who—whether due to family matters, disabilities or other issues—lack the luxury of commuting to the office every day. Check out this list of 200 remote jobs from Veteran-friendly employers: <https://news.va.gov/116171/200-remote-jobs-from-veteran-friendly-employers/>

New Law Helps Survivors Get VA Benefits—A new law makes it easier for survivors of Veterans exposed to toxic material, including burn pits, to receive Dependency and Indemnity Compensation (DIC), tax-free benefit payments available for certain surviving spouses, children, or parents.

American Veterans Aid—The VA only pays out one monthly VA benefit at a time, either service connected disability compensation or non-service connected pension, whichever benefit has the highest dollar amount the veteran or spouse is eligible for. We only assist with qualifying veterans and spouses for non-service connected pension with Aid & Attendance so if you’re current monthly VA benefit is higher we won’t be able to assist you. Please refer to the Benefit Table on our home page at www.AmericanVeteransAid.com to see if the veteran or spouse’s VA benefit is higher than what they would be eligible for through Aid & Attendance. If so, please contact the VA directly at 800-827-1000 to find out if you’re able to increase your disability compensation with Aid & Attendance.

American Legion Auxiliary Partnered With the VA to Help Veterans—Way to go, Ladies! Thank you for your support of Vets!

Places Offering Free Wills or Trusts for Veterans—Find 13 places that offer free will at this link: <https://news.va.gov/111089/13-places-free-wills-trusts-veterans/> This information is available for all in the VA newsletter. Just do a search for the VA newsletter.

VA offers Women Veterans information on Health Care! The VA will help women veterans learn about what services they offer for them. VA benefits include disability compensation, pension, education and training, health care, home loans, insurance, vocational rehabilitation and employment, and burial.

Still Looking for Hosts and Hostesses—For “The Veterans Meeting Center.” You can also email us at: veteranscouncil32976@gmail.com. Our area in the building is like a day room where all can gather, talk, play cards, play games, or read. We have a library for you to look at and people you can talk to.

Heroes Sail Free Margaritaville at Sea—is inviting all active and veteran military, first responders, law enforcement officers and educators to sail free on a three-day, two-night cruise to Grand Bahama Island. Type into google search “Heroes Sail Free Margaritaville at Sea” and you can read for yourself. Or go to this link: https://margaritavilleatsea.com/offers/heroessailfree/?gclid=Cj0KCQjw4omaBhDqARIsADxULuXiB6kD0UuXUgfiAqs_91K7mOsB64jE99xx4aLrsB5xBlnzV7PkNTQaApgQEALw_wcB

Veterans Council Office is at 931 Barefoot Boulevard, #1 and phone is 772-663-0645. If you need a ride to Viera VA Clinic, contact us! Monday, Wednesday, and Friday from 9 a.m. to 12 noon and from 1 p.m. to 4 p.m. We Served and Now We Serve! Hope we see you at the Veterans Meeting Center.

Renee Chevalier

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A Word From Your
CVO OFFICERS

Here we are with spring arriving just around the corner! The weather improves, homes go up for sale, St. Paddy's Day celebrations are behind us, and now the going away parties start for our Snowbird Friends. It always seems to be one of the busiest times of the year. So many residents stretch out their play time before they return once again to their homes up north. I for one love when our winter residents are here! They bring so much excitement and energy to the Bay that's hard to ignore!

I am writing this column after spending the day with our community at Lakeside where St. Patrick's Day was celebrated with an enthusiastic parade, the lilting bagpipers, corn beef and cabbage, live music all day and green beer! All this occurring right here in our backyard and all in one day! How many people would envy our lives! Where can you go, without leaving your community, to enjoy your friends and neighbors on a daily basis? Yes, this was a celebrated day, but let's face it—we get this type of experience on a weekly basis and sometimes on a daily basis! All of this occurs regularly, and includes swimming with families and just plain sunbathing simultaneously!

I remember sitting at a BOT meeting when plans to expand our lounge area were being heatedly discussed. One of our long-time residents, who was opposed to be expanding our entertainment and Food and Beverage ideas spoke out and made the statement (very sarcastically by the way) that the Trustees should remember that "this is not a cruise ship!" I remember this so clearly, because I looked around and thought "he is so very wrong"! So many of our residents have worked their entire lives and have invested their life savings into their homes here in Barefoot Bay. This wise investment includes not only their homes but a lifestyle that includes all the advantages of that "cruise ship"! Many of us do live on our Social Security as our income and those dollars are watched and budgeted monthly—sometimes daily. Here in Barefoot Bay, you don't have to spend those extra dollars if you would like to just get out of the house and play. You can join a game of shuffleboard, cornhole, lawn bowling, tennis, pickleball, mahjong, cribbage, swimming exercises, live music three nights a week, sunbathing, music bingo—and on and on! All of this without spending a cent! Excuse me, Sir, but this IS my cruise!

This is the season for our Trustees and Managers to plan the Barefoot Bay Budget. There is a ton of work that is put into this planning, and I would like to encourage our staff and BOT to sharpen their pencils and keep the above thought in their minds. In times when we need to watch our pennies, the best investment we can do is upkeep and maintenance of our "cruise ship/" If we have extra pennies to spend, God Bless you! I know we are in good hands! The homeowners of Barefoot Bay need to keep living their best lives and with strong ideas and thoughtful decisions we can continue and grow. We have been through tougher times and Barefoot Bay continues to stand and excel when it comes to making daily life a "cruise ship"!

Bon Voyage to our Winter Residents! We will meet again for the next voyage in the fall!

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- Chris Turner



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Answer Nurse

A monthly column to help answer your home care questions

April is designated as Defeat Diabetes Month by the Defeat Diabetes Foundation (DDF). It's a time when DDF shines the spotlight on Type 2 diabetes and the many lifestyle changes that people can make to minimize their chances of contracting the disease. Below, we're answering some of your important questions about both Type 1 and Type 2 diabetes.

Q: My husband was just diagnosed with Type 2 diabetes. His doctor said he needs to "eat better," but didn't really explain what he meant by this. Any suggestions?

A: The American Diabetes Association (ADA) has something called the Diabetes Plate Method geared toward people with both Type 1 & Type 2 diabetes. It's simple, delicious recipes can help manage blood sugar. Below, we'll share some highlights from the plan:

1) Have reasonable portions. In the U.S., we tend to have overly large portions. Try to keep this in check.

2) Fill half your plate with non-starchy vegetables.

3) Fill one quarter of your plate with lean protein foods. Examples include fish, chicken, lean beef and eggs. There are also plant-based options such as beans, lentils and hummus.

4) Set aside one quarter of your plate with healthy carbohydrates. Examples include brown rice, quinoa, acorn squash and popcorn.

5) Enjoy a low-calorie beverage. Water is the best choice because it doesn't have any calories or carbohydrates and doesn't impact blood sugar in any way.

Q: How do you know if you're diabetic?

A: Get a blood test, it's the only way to measure your blood glucose (sugar) levels. And be sure to get what's called a fasting blood sugar test where you don't eat anything for several hours before the test. Typically, mornings are the best time for the test.

Q: My granddaughter was just diagnosed with Type 1 diabetes and my wife was diagnosed with Type 2 – what is the difference?

A: Type 1 diabetes is when the pancreas does not make any insulin or very little (insulin is a hormone that regulates the movement of sugar into your cells). Type 1 diabetes usually first appears in children and is not preventable. There is also currently no cure for Type 1 diabetes, and a person with Type 1 diabetes will need insulin shots (or a pump) every day for the rest of their life. With Type 2 diabetes, the pancreas does not make enough insulin, and cells respond poorly to insulin, which is called insulin resistance. There is also no cure, however, for most people, Type 2 diabetes is preventable by living a healthy lifestyle that includes plenty of exercise and a healthy diet. But once a person has Type 2 diabetes, they can also manage it well through a healthy lifestyle and diet.

Q: My son was just diagnosed with Type 1 diabetes—and he loves his sweets. Will he be able to enjoy them at all anymore?

A: Yes. A great place to find yummy, diabetes-friendly dessert suggestions (with recipes) for both Type 1 and Type 2 diabetics is by visiting the American Diabetes Association (ADA) website: <http://diabetes.org>. Some of their delectable sweets include Almond four-ingredient peanut butter cookies, Almond Joy hot cocoa, and "Helado" de banana y chocolate.

his information is for educational purposes. Please consult your physician for any medical issues. The Visiting Nurse Association (VNA) is committed to bringing trusted and quality home health and private care to Brevard County patients. For more information about VNA services, call 321-752-7550 or visit www.vnatc.com

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They're Not Cute, They're Wild!

Feeding wild animals (except birds) is strictly prohibited in the state of Florida. This includes turtles, racoons, alligators, and so on, and the state of Florida takes the matter seriously. The fine for a first offense is \$100, a 2nd offense is \$500 and could result in 60 days in jail. A third offense (specific to feeding bears or alligators) could result in a \$1,000 fine and one year in jail. The first three offenses are all misdemeanors but, a fourth offense of feeding bears or alligators could come with a felony conviction, a \$5,000 fine and five years in prison. That is serious jail time for tossing scraps of food into the water.

Unfortunately, those scraps cause wildlife to lose their "wild" side, no longer fear humans, and worse, associate people as an easy source of food. We can become complacent knowing current laws and some may be unaware they're not allowed to feed wild animals, but those who do put everyone in Barefoot Bay at risk, especially around lakes and canals where alligators are common in Florida. Feeding a turtle may seem innocuous, but not if a gator is close to shore.

An 85-year-old woman was recently killed by an alligator in Ft. Pierce. The woman took her small dog for a walk along the water's edge in her community. An alligator came quickly towards the shore after the dog. The woman attempted to get away and save her pet, but lost her balance, fell, and was dragged into the water by the alligator. The dog survived but the alligator was later found and killed. Once an alligator has been fed by humans, it is treated no differently than an alligator that has attacked someone. The alligator is captured and euthanized and not relocated. Though the alligator is not at fault, it's better to end the alligator's life before we have a similar tragedy in Barefoot Bay.

You wouldn't think we need a sign, but maybe we do.

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Petals and Palms Annual Cleanup of the Softball Field



Valentine Dinner to Benefit Joe's Club



Paradise Planners teamed up with Barefoot Bay Food and Beverage to host a Valentine's Dinner to benefit Joe's Club. A beautiful evening of delicious food, music, and laughter was shared by all. Paradise Planners would like to personally thank Kathy Mendes and her incredible staff for the food, Simply Sarah for the entertainment, and the residents of Barefoot Bay and surrounding areas for their generosity. Your contribution made a difference in supporting a wonderful cause. Thank you!

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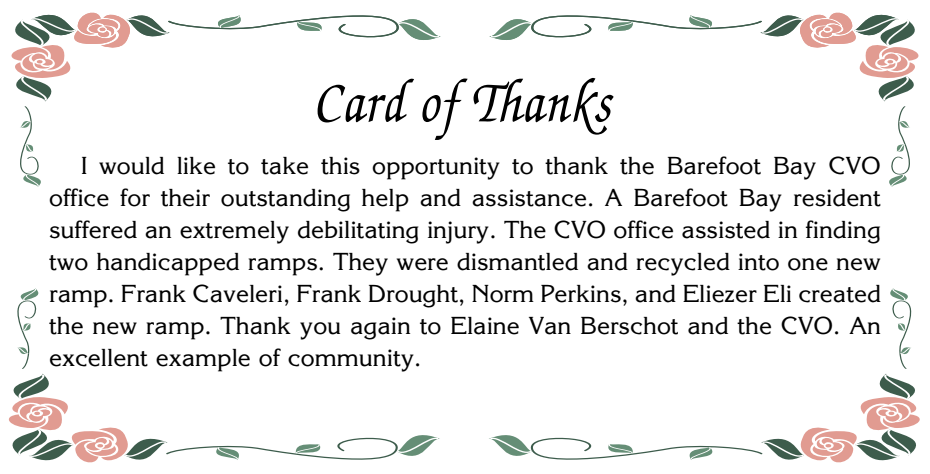
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Card of Thanks

I would like to take this opportunity to thank the Barefoot Bay CVO office for their outstanding help and assistance. A Barefoot Bay resident suffered an extremely debilitating injury. The CVO office assisted in finding two handicapped ramps. They were dismantled and recycled into one new ramp. Frank Caveleri, Frank Drought, Norm Perkins, and Eliezer Eli created the new ramp. Thank you again to Elaine Van Berschot and the CVO. An excellent example of community.

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CVO Provides Free House Numbers in Barefoot Bay



Pictured are Gary Schub, Debbi Brown and Vickie Sloss installing new house numbers at homes in Barefoot Bay.

The CVO (Civic Volunteer Organization) is offering FREE HOUSE NUMBERS to those who need the new 3 1/2-inch reflective numbers that are now available. Many homes are not easily located due to missing, obscured, or faded numbers, or the numbers are not in a central location on the home. This causes concern for Police, Fire/Rescue, and also those delivery people trying to find a house in an unfamiliar neighborhood. When it comes to your safety, every split second counts when you need a speedy response from the Police or Fire/Rescue.

Emergency Services ask that the house numbers be placed on the center of the carport so all houses are uniform and they can easily speed down the road and find your house. Even in the dark they can pinpoint you quickly with these reflective numbers. (If you request help from the CVO putting up your new numbers, the Volunteers cannot remove the old numbers, but will put the numbers up next to what is there.)

Also, having house numbers is a requirement of the DOR Article II, Section 3, #16. "The address number of all Residences shall be affixed to the front of the carport or garage in such a manner as to be clearly visible and legible from the public or private way on which the home fronts. The numerals of the address number shall not be less than three (3) inches in height and one half (1/2) inches in width."

Just email BFBHouseNumbers@gmail.com with your request and contact info, or stop by the CVO Office to sign up with your contact info to receive the numbers. The CVO Volunteers will also offer to put up the numbers for those who are unable to do this themselves. Please supply your name, street address, phone number and email address so we can let you know when the volunteers will be out. You do not need to be home to have this done, please just make sure there is not a vehicle blocking the front of the car port so they can get the ladder there.

Vickie L Sloss



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American Legion Offers New "Buddy Check" Program

American Legion Post 366 had announced a new Veteran "Buddy Check" Program supported by the Legion, Auxiliary Unit 366, and the Veterans Council.

A team of Veteran volunteers will make calls or visits to Barefoot Bay Veterans and Widows of Veterans to let them know their comrades are thinking of them and are available to help them out with Veteran service questions or concerns.

Phase I of the Program is to identify Veterans and Widows who would like to receive "Buddy Checks." There are sign-up forms at a display in the Lobby of the new Administration Building as well as at the Veterans Meeting place next to the Water Dept. Office.

For those who prefer, just call the Veterans Council number 772-663-0645 and leave your name and phone number. A volunteer will fill out the sign-up form for you and you can begin receiving "Buddy Checks."

This Program was suggested by the National American Legion during COVID when many Veterans and Widows were isolated and alone. The success of this effort has prompted Veteran Organizations in communities across America to adopt similar programs. Barefoot Bay has a large Veteran population and active Veteran groups making it an ideal community for such a program.

The Veteran Volunteers and the Veterans being checked on can determine together the frequency and nature

of the "Buddy Checks." If you are a Veteran or Widow and would like to receive "Buddy Checks," please sign up for this Program today!

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American Legion Auxiliary Unit to Host Luau Fundraiser April 29

American Legion Auxiliary Unit #366 is hosting a fundraiser Luau on April 29th. Tickets for dinner and show are \$20. Doors will open at 5 p.m. and the show will start at 6:30 p.m. Dinner will be Hawaiian pork, Maui glazed carrots, fried rice, salad, roll and butter, and pineapple upside-down cake.

Tickets can be purchased at Paradise Home Finders at 311 Barefoot Boulevard, Suite 4, Barefoot Bay. Or call or text Mori Serpa at 772-633-9914 for information and to get tickets.

Lagoon Artisans Artist of the Month



LABB artist Cheryl Landry displays her watercolor painting of a Corvette at Lagoon Artisans of Barefoot Bay's 50's Art Show. Her art interests include painting with watercolors and watercolor pencils. Cheryl developed her interest in painting after taking a watercolor class five years ago. She took a few art classes while in college. Cheryl enjoys painting landscapes, birds and lighthouses. The benefits she derives include the pleasure to be able to create, relax, and accomplish.



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**To Participate or Volunteer for the MOW program go to:
<https://agingmattersbrevard.org/services/meals-on-wheels>**



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AMERICAN LEGION AUXILIARY #366

Thanks to your generosity the annual Poppy Distribution was a great success on March 10 and 11. This was in part due to the excellent chairmanship of Kathie McGill and Montel Twist, along with their many helpers. The funds collected are used as donations to the many veteran organizations in Florida and nationally.

On April 29th, the Auxiliary will be presenting a Hawaiian Luau Party in Building A chaired by Moira Serpa. Details to follow in the Peek at the Week and the electronic board.

As always, the Auxiliary is interested in helping our vets and the military currently serving.

For God and country,

Sue Reddy
 1st Vice President

AMERICAN LEGION #366

Our post would like to thank all the golfers who participated in the Sandy Lobello Veterans Golf Tournament on January 14. Due to the success of the event, we'll be able to increase to \$1,250 our Naval Junior ROTC scholarships to Sebastian River and Baymont High School graduates.

Post 366 now continues its regular meetings. We meet on the third Tuesday of each month at 1 p.m. in Building D. The next meeting is on April 18. The main agenda item will be election of officers.

Please note the LEGION Act was passed by Congress and signed, removing the "date gaps" in order to join the American Legion. Any member of the military who has served honorably since Pearl Harbor Day (1941) is now eligible to join. For membership information call 772-202-4926.

Country Line Dancing—Through April, American Legion Post 366 will be sponsoring Country Line Dancing to Country Classics and hits. Come to Building A on Mondays from 9 a.m. to 11 a.m. Classes are taught by experienced instructors with beginners meeting from 9 a.m. to 10 a.m. and advanced beginners from 10 a.m. to 11 a.m. A nominal fee of \$5 is charged. Proceeds go to college scholarships and local veteran services.

Jeff Grunow
 Commander

ART GUILD

Did you know that the Barefoot Bay Art Guild is a year-round Art Club? Even though some activities in the Bay slow down for the summer months, we have many exciting workshops during the summer that members volunteer for and show different mediums in art. Business meetings are on the third Friday of every month except for April 7th this year, due to Good Friday. The 1st, 2nd and 3rd Fridays are available for some exciting workshops. Through these workshops and art shows we donate to the Barefoot Bay Community Fund and to Barefoot Bay Baptist Church Food Pantry. We welcome anyone interested in becoming a potential member or guest.

On March 10th we had our annual picnic at the clubhouse pool area and voted in new board members for the next two years. Each member brought a delicious dish to share. We had a marvelous time

with delightful conversation, great food, and perfect weather.

On March 24th, we will have a business meeting.

On March 31st, Ruth Feldman is holding the second class on bookmaking, where one places their favorite photos and words into a used book. Everyone loved this idea and many will make a book filled with wonderful memories, either to keep or give away to friends or family. Anyone interested in joining in on the many fun workshops that we have are open to interested art enthusiasts.

April 21st is our ice cream social and the new board members will be installed at that time. New board members are: President Dorothy Buchmann, Vice President Maureen Fitzpatrick, Treasurer Sherrell Gillotti, and Secretary Mary Salem. Congratulations to all.

Don't forget to view photos of our art and workshops on Facebook. Go to Barefoot Bay Artists' Guild 2022 or Barefoot Bay Art Club on your Facebook page. Ruth Feldman and Maureen Fitzpatrick will be exhibiting their art at the "Spring Fling" Show at the Environment Center in Wabasso, from March 22nd to May 30th. We hope to see you there.

With heavy heart, we will miss our amazing member Marilyn O'Keefe, who always has done a fantastic job with the Tattler club news. Marilyn and Jim are moving on to a more relaxed lifestyle. We wish them both many blessings for the future.

This year Easter is April 9th and we want to wish everyone a Happy Easter and Passover. May we all be blessed.

BOAT & FISHING CLUB

The regular monthly meeting of the Barefoot Bay Boat & Fishing Club was called to order by Commodore Steve Johnson on March 10 at 7:30 p.m. in Building D&E. Nan Griffin read the minutes of the February meeting. Purser Paul Levesque provided the financial report. Members learned that arrangements for the March 15 club event—Cheeseburgers in Paradise—were being finalized by Pam Williams and Pat Dylnicki, with the theme Margaritaville. Plans include contests for best hat, flip flops, shirt, and total outfit.

Plans are also underway for the April 19 event, lunch at Marsh Landing. Contact Linda Nelson or Pattie Andryshak for information and menu choices. This will be the last monthly event until club activities resume in October. Officers are asking for volunteers to arrange the fall event.

Several members reported on fishing results, including bringing in a Puffer fish from the lagoon near Wabasso Bridge. Live bait was working well for some and a member reported a 40-fish catch in one day. Catch-and-release bass fishing was excellent in the past month.

Before the meeting was adjourned, the Commodore reported the club is considering the purchase of several 8-foot-long folding tables for use at future events.

Barefoot Bay Boat and Fishing Club is seeking members to serve as officers next year. Contact Jim Hale with information or questions about club activities at 618-314-3542.

See Club News Page 15

Club News from Page 14

BIRDING CLUB

Greetings, birders. Our weather and health has allow us to record 93 species so far this year. We have been able to vary the locations of our outings well. We've recorded some rare birds in the area with more to come. The Merlin Application has enhanced our ability to ID species and learn more about their foraging and habitats. Suggestions on outing locations will be gladly accepted along with any other activity to enhance our experience as an ornithological group. My email is cdollar1@nycap.rr.com.



Bird of the month is the Crested Caracara. A large long-legged raptor, the Crested Caracara is a member of the falcon family although their structure and behavior is quite different. Body wings and crown are black. Upper breast and back are white with finely barred black. Facial skin is orange with a bluish gray beak. In flight the underside of the wing tips appear white. Juvenile appearance is similar with the black areas are lighter color even brownish. Join us for a casual walk. See some beautiful wildlife and meet some nice people.

Pat Dollard

BRITISH HERITAGE CLUB

February's Horse Race (Derby themed) dinner was a big hit. The judges had a hard time picking the lucky winners of the Ladies' Hat Contest. First place went to Collette Piche with her bird's nest fascinator and runners up were Pat Gallant, Sheila Sale, and Claudia Dugree. We also had a couple's parade of those who dressed for the occasion and a big thanks goes to the husbands who were all good sports.

March's meeting was Irish night hosted by Rosemary and Jack Graham. The decorations were beautifully done and everyone wore their green in celebration of St. Patrick. The meal was delicious with ham, potatoes au gratin, green bean almondine, and raisin bread with raspberry cheese cake for dessert. Janice and Rene entertained and there was lots of dancing to be had. There were three lucky winners of the share the pot and three more winners of lovely earrings made by Rosemary Graham. There was also a special drawing of a leprechaun surprise that went to Bob Dugree.

During the business portion of the night the new bylaws were reviewed and unanimously voted on for all changes. This includes the change to the first Tuesday of the month and the move to Building A starting in May with the summer dinners. May's dinner will be held on May 2nd and all other dinners will be held the second Tuesday of the month until December when we will officially move to the first Tuesday.

Please note that you do not have to be a British Club member to attend the summer dinner/game nights. I will provide more info next month on the menus, timing, and pricing for the summer dinners. Look for some new changes to our booth at next year's Ethnic Food Festival!

Until next month!

Cyndie Bourassa

CANADA CLUB

It certainly has been a hectic year for the club executive and volunteers after two years' absence. We were unable to host our potluck for November. However,

the events in December, January, February, and March all moved forward with great attendance. The men's group, headed by Warren Hutt, put on a terrific pancake breakfast on February 25th. It was a huge success! Thank you to Warren and all volunteers who were instrumental in making it happen this year.

The theme for March's event was "Peace & Love." Everyone who attended displayed great enthusiasm with costumes, and DJ Terry ensured the evening was enjoyed by all.

The next event is our Canada Club picnic, held on March 23rd at Fisherman's Landing. It appears the attendance is again going to be impressive.

The following description was submitted by John Coates, outlining the Golf Tournament held on March 4th. I would like to thank John for coordinating this fun activity.

On March 4th the Canada Club held its annual golf tournament here at Barefoot Bay. From all reports the 80 registered participants had a fun time with the many games, including driving the ball with an oven mitt and putting with a hockey stick. Although there were no winners officially declared, two teams finished two under par. Bill, Ernie, and the golf course staff were exceptionally supportive. Thank you to the following organizers who helped make this a great success: Jas Sellers (tickets and games), Jim and Ann Hurst (prizes) and Sharlene Coates (assistant).

As an additional note, Jim and Ann Hurst, along with the Canada Club members, would like to thank the following companies for their generous prize donations: Big Roman's Pizza, Debbie & Don Oldakowski Real Estate, Holy Cannoli Bakery, Nina's Hair Salon, Outriggers Bar & Grill, RJ's Family Restaurant, Tammy's Nails, and Vic's Pizza. I would like to express sincere thanks to all members and volunteers for your patience this year. Thank you!

Debbie Macisaac
President

CHESS CLUB

Chess Club meets in Building C from 8:30 a.m. to 12 p.m. every Wednesday. All skill levels are welcome. On the first Wednesday of the month, we offer instruction if you would like to learn or improve. Come join us. You are welcome to come and watch.

CHRISTIAN WOMEN'S CLUB

The Barefoot Bay Christian Women's Club held its monthly luncheon on March 2nd in D&E Building. It was a great group of women. Our speaker, who was wonderful, was Dwight Bell, from Wings of Grace Ministries in Melbourne. Their mission is to help turn around troubled teenagers. They especially work with teens who are aging out of foster care and have nowhere to go. However, they work with all teens.

At present, they are building a complex with 24 small apartments for some of these aging up teens. The statistics for these kids aren't good. Here are a few:

- 25% won't graduate from high school,
- 50% will develop a substance dependence,
- 70% of young women will become pregnant, and
- 60% of young men will be convicted of a crime.

If you are interested in helping this ministry by either your presence or a donation, please contact them at 321-327-2164. They have a thrift shop, Wings of Grace, which can use donations or volunteers.

This luncheon was our biggest gathering so far. Please keep in mind that with

See Club News Page 16

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ALL OCCASION CATERING

Club News from Page 15

growth comes the need for more volunteers! One of the areas is food preparation. The only requirement is that you pray before making the commitment. We need women who will be willing to help every month. We pay for the supplies.

Next month, we will celebrate Easter and, although it will be the day before Good Friday, for many of us, it is the most important celebration in Christianity. Come and enjoy! The date is April 6, time is noon, place is D & E Building. Call Donna at 321-501-8501 for reservations. Cutoff date for reservations is March 31. All women welcome! Hope to see you there!

By the way, for those who followed the story, I never found Louise.

COMPUTER CLUB

The regular meetings of the Computer Club are on the 4th Friday of each month, September through May. That often means that we meet on the day the Tattler arrives to tell you about the meeting. Our meeting is on the 24th of March. Beginning at 6 p.m. we will have a short course for those who want to learn how compose a document. Bring your computer to follow along. Refreshments will be available at 6 p.m. for all and for those who have other problems, we will have people available to help. The program for this month is "Why Do You Have A Computer—Beyond the Internet." We will look at the many things your computer can do beyond email and Facebook.

Our April 28th meeting will be focused on the things that you can do to provide more safeguards and security with your "connected" devices. We will also look at apps and programs that provide information on your home safety and security while you are away from home, on vacation or seasonally away from Florida.

As always, we are a People Helping People group dedicated to sharing ideas and information on those electronic devices that are making our lives easier or are they? Bring your questions and problems and we will work together to find resolutions.

CONSERVATIVE CLUB

Hello Everyone! The "ELVIS" Show was a huge success on March 25. Even though we had to re-schedule, the sold-out show remained Sold Out, and I believe that all in attendance had a great time. I didn't see any sad faces, but I did see lots of smiles and fancy footwork by our guests. Thanks to all who were so patient. There were many door prizes, a painted palm frond raffle, and a great sharing prize. All in all, it was a very fun time.

We also have had our 1st NRA class at our regular meeting on March 23, with the second part finishing up on March 30. This class is entitled "Refuse to be a Victim" and was put together by the NRA and demonstrated by our clubs VP, Penny Zeilman, who is a Certified Instructor. Looking forward to next week's class.

We are looking for ideas for our next fundraiser. Asking members for input.

As always, we continue to support the Convention of States. Any and all volunteers are welcome to attend a meeting for further info. This is a good way for average American citizens to get involved and help save our country. And its free!

Thats all for now. Bur remember that our meetings are the 4th Thursday of every month at 2:30 p.m. in Building D&E, and all patriots are welcome!

CRAFT CLUB

Our Quarter Auction Fundraiser to benefit Southeast Florida Honor Flight will be held on April 7th in Building A. Doors open at 5:30 p.m., and the quarter auction starts at 6:30 p.m. If you

need more information please contact Mori Serpa at 772-633-9914. Food and drinks will be available for purchase at the event!

DEMOCRATIC WOMEN'S CLUB

Spring has arrived! We are evaluating our club's 2023 goals and projects to further democratic values here. Recent legislation has far-reaching impact on the daily lives of Floridians; if you disagree with those initiatives, please bring your energy and ideas to DWCBBay meetings. Our next election is 11/07/23 for two District Trustees—only 221 days away. The Florida Presidential Preference Election is only 355 days away. We have no time to lose!

To contact us, leave a voice or text message at 612-930-2167 or email requests to dwcbbay@gmail.com. Democrats registered in any state may join. Nearly 20% of our members are male. If you are a like-minded NPA voter [Non-Politically Affiliated]—"Independent"—you're very welcome as a guest. We meet on the 3rd Thursday of each month at 3:30 p.m. in Room D or E next to the 19th Hole Restaurant.

On 03/13/23 Brevard County said Barefoot Bay had 25.5% registered Democrats and 28.9% registered NPA's, or over one-half of voters. Thanks to Democrats:

Nationally, inflation is dropping from 8.5% in March 2022 to a predicted 2.7% for 2023.

The number of families eligible for the Affordable Care Act has increased to the highest level.

And, there is a \$35/month cap now for insulin for people 65 and older under Medicare.

Check www.votebrevard.gov to update mandated requests for Vote-by-Mail ballots. Contact by email or text message to be notified of our activities, even if you do not currently wish to join. Masking is optional. We look forward to seeing everyone for conversation and snacks. Please bring non-perishables for our LOCAL food drive. Stay safe and well.

GERMAN CLUB

Happy Spring to Everyone! First off a big "Thank You" to everyone who helped with the Ethnic Festival. Again our volunteers helped with set-up on the day before the festival, in addition to helping with food preparation, food set up and serving, and ticket selling the day of the festival. We can claim a successful event.

The April meeting will be held on April 25th and this will be our final meeting for the season. This month we will have our annual "Picnic" at the Poolside Picnic Area. The club will provide hots dogs and brats. We ask members to bring a covered dish to share. Please do not bring any glass containers. There is no cost for this month's meal. Music for the meal will be provided by "Larry Wayne."

Thank you to Vivian Norton for handling all the dinner ticket sales throughout the season.

Some of you have already left for the summer and others will be leaving shortly. No matter when or where your travels take you, we wish you a safe journey and look forward to re-uniting in the fall.

This month's German phrase is "Gott segne." German for "God bless." Gott Segne (God bless) all and please keep us safe until we unite again.

Enjoy your summer,

Kathy Ford

GREAT LAKES STATES CLUB

Hi, Club Members! Easter Greetings! April is in full bloom with birds chirping and an array of flower blossoms. Our March meeting had a full house of

See Club News Page 17

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Club News from Page 16

79 members attending. What a superb performance by Kirk Schulenburg, conductor and his New Horizon Community Band! Their 35-piece instrumental group was exciting to listen to and watch! Their last number, "Sound of Music," was very heartwarming.

The club made \$72 with 3 winners. The corn beef, cabbage, carrots, and potatoes from Mama Meg was delicious!. Many brought tasty side dishes, and dessert assortments. The luck of the Irish was shown in green attire.

The last meeting on Tuesday, April 11th will end the season with members sharing their potluck style dishes, and some of those delicious desserts. A Card Bingo will be played for some fun.

The profits from the \$5 cost will defray the club's expenses, and will help build up our reserve for next year season..

For those traveling to go back to their summer residence, best wishes and safe journey. May the spirit of Easter be with you in good health.

Daphnia Missad
Secretary

GREEN THUMB GARDENING CLUB

Our April meeting will be our potluck garden party. It will be held on April 1st from 12 p.m. to 2 p.m. at the garden area near the greenhouse off of Dotti Road. Please bring an appetizer, salad, main course, or a dessert to share. The club will provide water, iced tea, paper goods, and utensils. We will have some fun games to play. Please bring a chair. Your spouses or partners are also included.

Val Abbate
President
631-495-4703

IRISH AMERICAN CLUB

Happy St. Patrick's Day, everyone! Green is the color of March. The dinner was amazing as we reached our limit of members. Hope all enjoyed the evening.

As a new board, the help that was given to us in setting up the parade was amazing. Thank you to all who passed on information that made it a success. Phil Belton was the Honorary Grand Marshall and Terri Murphy was the Grand Marshall. April tickets were sold at the dinner.

This will be our last meeting until November. It is our seasonal picnic which will be a luau. We will be having chicken kabobs, two different types of rice, Hawaiian macaroni salad and fruit. Tickets are \$10 and open seating. We will be near the bandstand in the back of the lounge, noon till 3 p.m. Du Terry will be playing. For those needing tickets after the dinner, please call me at 203-592-2939 to purchase them.

To those unable to attend, safe travels if you are traveling and have a great summer to all. We will notify all when tickets will be available in October.

Until next time,
Terri Murphy, Secretary

ITALIAN AMERICAN CLUB

I want to thank all the members of the Italian American Club of Barefoot Bay who worked so hard to make the Ethnic Festival a huge success this year. A special thank you and congratulations goes out to Arnie Redfearn for all his dedication to the festival.

The April meeting of our club will be the last "formal" meeting of the club for the season. We will be having a picnic type gathering at the picnic area by Pool #1 and the lounge at 5 p.m. on April 26. Traditional picnic food will be available. Tickets are only \$5. If you didn't buy your tickets at the March meeting, call Joan Ferri at 772-663-3229.

During the summer break, we plan to meet at the lounge again for pizzas and

fellowship. Thank you for all your support.

Ron Fashano
President

LAGOON ARTISANS

Lagoon Artisans ended their show season with a successful Spring Fling on Saturday, April 1. They are busy creating new works and displaying in other venues. Four shows are planned for next season.

LABB's mission is to support each other as fine artists while having fun and creating opportunities to show and sell our work. Many members belong to other art associations and galleries to gain the widest exposure to their art. Creating it is one aspect, selling it is another that takes much effort.

Next season will feature four shows in Building A—November 25; January 21 with the classic car show; March 16; and April 20. Themes and show details will be announced prior to the shows.

The club also wishes to congratulate several members. Grace Cormier earned third place and sold her fabric piece "Runway Fashion" in 5th Avenue Gallery's "Florida Gallery" juried show. Georgene Granholm sold "Old Florida" at Art by the Sea. Elke Fisher sold her acrylic texture painting "Home Within," and Dan Martin sold his palm boot "Sea Turtle" at Strawbridge Art Gallery in Melbourne.

Local artists interested in exploring opportunities are encouraged to call President Georgene Granholm at 908-337-9400 or me and plan to attend a meeting or show. We enjoy sharing and learning with each other; however, we create on our own time.

Featured artist this month is Cheryl Landry who uses watercolor and color pencils. See her photo elsewhere in the Tattler.

Anyone wishing to be added to our contact list and keep up to date with club events, should text me an email address so we can add you to our e-list. LABB also has volunteer opportunities at our shows for folks who would like to engage in the art community. Learn with us, create with us, and add a little color to your life with us.

Dan Martin
Assistant Secretary
609-432-1059

LINE DANCE CLUB

Learn to line dance to country classics, as well as today's country hits while supporting our local veterans, their families and the Barefoot Bay Community! The Barefoot Bay Line Dance Club meets every Thursday for the month of April in Building A. The instructors will be Dona Gionet, assisted by Eileen Derrick.

The schedule will be:
9:30 a.m. to 11 a.m.—Absolute beginner step review.

10 a.m. to 11 a.m.—Beginner class with instruction.

11 a.m. to 11:30 a.m.—Improver level with open dance and requests.

The cost of each class is \$5 for Barefoot Bay residents and \$8 for non-residents. Please remember to bring your badge each week.

April 27th will be our last class for the 2022-2023 season. Hope to see you on the dance floor!

Lyn Simmons, President
Joanne Blum, Vice President
Brenda Kordes, Treasurer
Cindy McConnell, Secretary

NEW YORK CLUB

Our season is coming to an end. We'd like to thank everyone for making the 2022-2023 season a success. The end of the season picnic will be held on

See Club News Page 18

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Club News From Page 17

Thursday, April 13th at 4 p.m. in the picnic area of Pool #1. Tickets are \$5. The club is supplying the hotdogs and hamburgers. Please bring a dish or dessert to share. For tickets call Kathleen Murphy at 845-774-6451. The deadline to purchase tickets is April 10th.

Bob Kahl

ORGAN, KEYBOARD AND PIANO CLUB

During our regular monthly meeting on Wednesday, March 22nd, members of our club will present a medley of music from the 1930's through present day favorites. We invite all residents of Barefoot Bay to join us.

At our April monthly program, scheduled for April 26th, several members will play a variety of duets rather than solo selections. We look forward to playing together.

Refreshments will be served at the end of each program.

For further information, please call our President, Rollin Rice at 772-664-5991.

PETALS & PALMS CLUB

The annual cleanup of the front of the softball field was completed on March 1st. We weeded, raked, and spread 25 bags of mulch on several areas at the entrance to the softball field. Thank you to Property Services for delivering the mulch.

The yearly audit of the financial records was performed in February and everything was properly documented.

Our last meeting of the season will be a luncheon on April 5 and we will be back next November.

Jo-Anne Stukas

POLISH AMERICAN CLUB

Witamy! Welcome, greetings, and good health! Our Ethnic Festival held on March 5, was a success and we sold out of all the food. I would like to say thank you to Barbara Fry and all the volunteers who helped out with this event. I will have a complete report at the next meeting.

Our next meeting will be April 4 at Building A. The doors will open at 5 p.m. Dinner will be served at 6 p.m. Barefoot Bay Food and Beverage will cater the event. The menu will be ham with raisin sauce, sweet potato, peas and carrots, corn, and dessert. Price of tickets will be \$15. Please call Barbara Fry at 772-631-2365 no later than April 1st, which is the cutoff date.

Our picnic will be April 22nd.

Happy St. Patrick's Day and St. Joseph's Day! God bless all our members.

Joseph Klosky
President

RINGERS CLUB

No, we don't ring bells, we throw horseshoes. Every Tuesday, Thursday, and Saturday you can find about 20 people, both women and men, with maroon shirts at the horseshoe pits by the tennis courts. We do start early (between 7 a.m. and 8 a.m.) to avoid the heat of the day, and we are done by about 9 a.m.. You can come any time and join us. All skill levels are welcome, even if you have never played and want to learn how. We have extra horseshoes to use if needed. On Saturday we have a mini tournament that is well organized and fun that starts at 8 a.m. sharp. Come and "get a little mud" on your shoes (we throw in clay) and see what we are all about. We will be watching for you!

TENNIS CLUB NEWS

The Winter Dinner Dance was a great time which, everyone really enjoyed. The Barefoot Bay staff prepared the food and presented it. You literally couldn't have gotten any better. The music by "Jim" was exceptional, and as one would expect, the tennis players were quite nimble on the dance floor. The auction as our fund raiser was successful, everyone who donated items and those who purchased tickets are appreciated.

The plaque in honor of Bob Lewis is completed and will be presented by the club soon. It is beautiful! New members, Joe Bonie and Kathy, did the bulk of the work. As our tennis "match maker" put it, Joe did the "leg work" and his wife did the "art work." Also thanks go to Lenny and Tom for their assistance.

The next Tattler issue will give the results of the upcoming March Women's Doubles Match with Sebastian Friendly. As usual, this encounter will be a lot of excitement and fun!

OK. Some quickies—

In the early years of Wimbledon women wore full-length dresses.

"Strawberries and Cream." Every tournament year, 24 tons of the berries are consumed at Wimbledon.

Until 1975, three of the four grand slams were played on grass. Which one was not?

The Tennis net is 3'6" at the post and 3' at the Center. The middle is good.

Until the next time, play tennis. Free lessons are available. Interest or questions, call 321-419-8593.

WHITE CAPS RETIRED NURSES

Our April and last luncheon for this season will take place on Wednesday, April 12, at 1 p.m. We will meet at Sebastian Salt Water Marina Restaurant on Indian River Drive. Please call Margaret St. Coeur at 772-202-4421 for reservations, information or directions. Reservations must be in by Sunday April 9th.

Any retired nurse residing in Barefoot Bay is welcome to join us. Since this will be our last lunch of this season before many of our group return to homes up North, we hope you will be able to join us.

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LIBRARY HAPPENINGS



Movies at the Library—Thursday, April 6th at 1 p.m. *Amsterdam* takes place in the 1930s as three friends witness a murder, are framed for it, and then uncover one of the most outrageous plots in U.S. history. Starring Christian Bale and Margot Robbie. Running time: 2 Hours and 14 minutes.

Memoir Writers—April 6th and 20th at 1 p.m. Held the 1st and 3rd Thursday of each month from 1 p.m. to 3 p.m.. Learn how to pen your own memoirs.

Master Gardener Clinics—April 4th and 18th. Twice monthly on the 1st and 3rd Tuesdays from 2 p.m. to 4 p.m.

Genealogy Classes with Patti Kirk—April 14th and 28th. Twice monthly on the 2nd and 4th Fridays from 1 p.m. to 3 p.m.

Mystery Book Club—Tuesday, April 11th at 2 p.m. Aaron J. Elkins titles *Twenty Blue Devils** and/or *Unnatural Selection** will be discussed in this session. This group meets every 2nd Tuesday of the month at 2 p.m.

Third Thursday @ Three Book Club—April 20th. Group members will be reading *Wish You Were Here** by Jodi Picoult for this monthly session held from 3 p.m. to 4:30 p.m. *Copies of the book selections for both book clubs are located back in the Reference area of the Library*

Weekly: Gentle Yoga with Judy—Stretch out with some relaxing Yoga poses; \$5 per class. Every Tuesday afternoon from 12:30 p.m. to 1:45 p.m. and every Friday morning from 9:30 a.m. to 11 a.m.

Quilters—Every Thursday from 6 p.m. to 8 p.m. Join us for a casual quilting group that enjoys the Fiber Arts. This is not a “how-to” class.

South Mainland Public Library April 2023 Youth Programs

Storytime—Mondays at 11:30 a.m. in the Children’s Room

STEAM (Science, Technology, Engineering, Art, and Math)—Fridays at 3 p.m. Experiment, Explore, and Engage with some fun projects!

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Medicare Updates for 2023

Part A Updates:
Every year Part A will have three updates—premium, inpatient hospitalization deductible, and skilled nursing facility copays. Most Medicare beneficiaries don’t pay a copay for Part A but if you have not worked 40 quarters you will be required to pay based on how many quarters you did pay taxes. If you did not work the minimum of 40 quarters then your premium cost has risen \$4 to \$7 monthly, depending on how many quarters you did work.

During 2023 the cost of skilled nursing has risen \$5.50 a day for days 21-100. The first 20 days continue to be a \$0 copay.

Part B Updates:
Most seniors are aware that the premium for Part B went down this year. Last year the premium was \$170.10, this year it is \$164.90. So, the premium decreased \$5.10 a month. The premium for the Part B deductible was \$233 during 2022, this year it is \$226; it decreased \$7.

Part D Updates:
Many plan deductibles have risen from \$480 to \$505 in 2023. Some deductibles may be lower and some plans do not include all tiers of drugs in the deductible group.

Inflation Reduction Act:
Beginning in 2023, under a provision of the Inflation Reduction Act, Part D beneficiaries will pay no more than \$35 a month for covered insulin products on ALL Part D Plans. Additionally, there will be \$0 cost-sharing for adult vaccines covered under Part D plans.

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We should always, every day, count our blessings—especially as we pray for families and friends up north and out west who are experiencing all types of bad weather. God, please protect them all.

The Flea Market on March 11th was a success and a pleasure for many, to buy, sell, see and chat with new and old friends. A big thanks to all who participated, on both sides of the tables!

Four months ago, we all enjoyed the fun and excitement of Christmas. Special services, gifts, visiting with friends and family in celebration of the birth of our Lord Jesus. Now, we enter a different church season. Starting with Ash Wednesday, the beginning of the season of Lent, we take time to meditate on things to come. Palm Sunday is a celebration of Jesus entering Jerusalem, with people waving and laying down palm branches to honor him. This is followed by Maundy Thursday, the first communion service, and the overwhelming sadness and grief of Good Friday. Then—Praise God!—Easter Sunday lifts us up with joy as we behold the Risen Savior!

Please come to any or all of our special Lenten and Easter services. Palm Sunday—April 2nd at 10:30 a.m.; Maundy Thursday—April 6th at 4:30 p.m.; Good Friday—April 7th at 4:30 p.m.; Easter Sunrise Outdoor Service—April 9th at 7 a.m.; and the traditional Easter Service at 10:30 a.m.

Sadly, one of our beloved, long-time members went home to be with Jesus. Carol Donohue was an active member, sharing her beautiful voice in songs of love for our Lord and in many other ways of service here at Concordia. Her memorial service will be held on Wednesday, April 12th at 11 a.m. at Concordia Lutheran.

In John 14:3, Jesus said, "I go to prepare a place and I will come back to take you with me where I am." You are always welcome to join us on Sundays at 10:30 a.m. to hear His words and to celebrate Him in word and song.

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Embodied Spirits Thoughtfully Enjoy—I said last month that enjoying God's gifts runs into enjoying God himself. And, as a wife is most praised by her husband's delight in her, so God is most praised by our delight in him. Delighting big-time in God's good gifts sounds like it could get pretty self-indulgent. Here's a caveat—we're not talking about enjoying bullying, or cheap sex, or unchecked greed that hurts others, or eating candy until you have diabetes. We're talking about sinking our teeth into the highest, deepest, most enduring pleasures and these will always be regulated by caring for our, and others' and the planet's well-being. So, some thought is involved in this answer of what we enjoy deeply. That's part of what it means to be a church, I believe. We think together about such things.

Speaking of thought, we're talking with enjoying about something with more than thought. Not without thought but also more than thought. There is a humongous difference between knowing the molecular structure of honey and tasting honey on your tongue. Enjoyment is thought and taste, cerebral and sensual. In this Christian faith of ours, we are not talking about disembodied souls but embodied spirits. God made the flesh. God became flesh. We enjoy life and God truthfully and sensually. Head and heart. Soul and body. Thoughts and affections. Regard and exclamation.

Rev. Jeff Wood

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Obituaries



Marvin Klash

Marvin Klash, 91, of Barefoot Bay, Florida passed away February 26, 2023.

How to describe a man of faith, a man of wit and wisdom, a man beloved of his wife Barbara and his grandchildren: Karrisia Klash, Douglas Klash, and David Klash, and great-granddaughter Brinlee.

Marvin loved to work and worked in construction his whole life. He also, in his later years, learned how to create his own art and learned to love Jesus with all his heart.

A man is not defined by a collection of facts but by his life, and his love of it such was my Marvin. Written by his loving wife, Barbara Dube-Klash.

Condolences may be shared online at www.millenniumcremationservice.com.

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George Harper

George Harper, 80, installed screens and windows for years in Barefoot Bay and was a regular advertiser in the Tattler. As with many of us in our later years, we work because we want to and he wanted to work. It kept him busy, especially after the passing of his wife just a year ago. While working on a job site earlier this month, George, sitting in his truck, passed away quietly. It is with great sadness we say goodbye to George Harper, whose friendship and value to our community will be remembered.

Roseland United Methodist Church
 12962 Roseland Road, Roseland
 Rev. Jerry Milner
 9am Praise Service
 11am Traditional Service
Christ is Risen!
 Roseland Thrift Shop 9am-1pm
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www.roselandchurch.org
 (772)589-3035

Louis Abraham

On Monday, March 13, 2023, Louis Abraham, loving husband, father, grandfather, and great-grandfather passed away at the age of 87.

Louis was preceded in death by the love of his life, Auguste, wife of 61 years. Their love story started in Germany while Louis was serving our country in the Army.

Louis is survived by daughter Alica (Jim) DeGarmo, sons Louis (Brenda) Abraham, and Robert (Diane) Abraham. Grandchildren Joshua (Tara) Capes, Krystal (Jamie) Burrows, and Robert (Tiffany) Abraham; six great grandchildren, Talon and Karlie Capes, Ella, Jordon, and Jayla Burrows, and Harper Abraham.

Louis enjoyed a successful career in the banking industry, finally retiring from Minerva Bank of Ohio Banking Corp. He held memberships to the Moose, the Oriels, and the Eagles. In Carrollton, Ohio where he raised his family, he was always involved in his community. He coached little league and started the Boys and Girls Club Chapter in that area. He was the Commodore of the Atwood Yacht Club, being the only commodore to be elected by the people and not appointed. In Barefoot Bay, where he and Auguste resided the last 20 years, Louis was involved in the Little Theater and was horseshoe champion many years running.



Louis leaves a huge hole in the hearts of his family and friends who were always entertained by his stories, jokes, and beautiful singing voice. He blessed many people with singing the National Anthem at events, country music, and Frank Sinatra songs. At the end of the day, he truly "did it his way."

In lieu of flowers, memorial donations can be made in his honor to his church, St. Anthony Orthodox Church Building Fund, P.O. Box 267, Melbourne, FL 32902.

Arrangements are entrusted to Strunk Funeral Homes & Crematory, 1623 North Central Avenue, Sebastian, FL 32958.

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Sharon L. Burke

Sharon L. Burke (nee Vastola), of Barefoot Bay, Florida, entered into rest on March 3rd, 2023. Loving wife to Michael W. Burke for 63 years. Devoted mother to her late son Michael Anthony (Robyn) Burke, and surviving children Patrick (Rebecca) Burke, daughter Renee (David) Mahoney, and son Christopher Burke. Cherished grandmother to Brendan Mahoney, Michael Norman Burke, Julia Burke, Bailey Burke, and great granddaughter Lilith Mahoney. Dear sister-in-law to Maureen (Charles) Kurz. Beloved by many nieces, nephews, cousins, and friends.

Predeceased by her sister Carol Petricca, and her parents Henry and Antoinette Vastola.

Born in Buffalo, New York. Graduated from Baker Victory H.S. and attended Villa Maria College. Retired teacher, in 1987, from Queen of Heaven Catholic School in West Seneca, NY. Went on to build a second career with the Indian



River County Sheriff's office and retired in 2007.

Parishioner at St. Sebastian Catholic Church in Sebastian, FL (13075 US-1, Sebastian, FL 32958) is where a funeral mass will be held on Friday, April 21st at 11 a.m. in celebration of her life.

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Barefoot Bay's World of Sports

Ladies' 18 Hole Golf League Ladies' 9 Hole Golf League

February 14, 2023 – FEN

Flight 1

1st - Judy Farrell	-3
2nd - Raylene McSally	-1
3rd - Jean Lontine	E
4th - Arlene Jackman	E

Flight 2

1st - Louise Mulvihill	-1
2nd - Anna Pettit	-1
3rd - Elaine Stevenson	+2
4th - Beth Gillette	+2

Flight 3

1st - Maureen Rooney	-1
2nd - Faith Porter	E
3rd - Roberta Kessler	E
4th - Elaine Codd	+1

Flight 4

1st - Betty Greco	E
2nd - Sandra Morgan	+1
3rd - Diane Paradis	+1
4th - Gert Finnegan	+1
CTP #2 Jean Lontine	
CTP #13 Anna Pettit	

February 21, 2023 – A,B,C,D – LONE RANGER

1st - Judy Farrell, Sharlene Coates, Elaine Codd, Rose Donahue	-12
2nd - Kathy Duquette, Maureen Rooney, Jane Cypher, Pat Wright	-9
3rd - Elaine Stevenson, Gail Morrison, Nadine Vair, Tricia Farrell	-9
4th - Cindy Kaloski, Debra Linstrum, Ann McDonough, Mary Kaszanek	+1
CTP #7 Deborah Bertossa	
CTP #15 Sharlene Coates	

February 28 and March 7, 2023 – President's Cup

Overall Winner- Beth Gillette -9

Flight 1

1st - Brenda Duke	+1
2nd - Judy Farrell	+3
3rd - Linda Dedyne	+3
4th - Brenda Maslanka	+4

Flight 2

1st - Judy Gagnon	-3
2nd - Louise Mulvihill	E
3rd - Jane Cypher	+4
4th - Judy Rice	+6

Flight 3

1st - Betty Healy	+1
2nd - Ann McDonough	+6
3rd - Roberta Kessler	+7
4th - Ruthann Funari	+7

Flight 4

1st - Janet Jackson	-6
2nd - Betty Greco	-1
3rd - Nadine Vair	+10
4th - Dianne Kallop	+11

2/28 CTP #2 Elaine Stevenson
CTP # 11 Elaine Codd

3/7 CTP # 8 Elaine Stevenson
CTP #15 Dianne Kallop

March 14, 2023 – Quota

Flight 1

1st - Cindy Kaloski	+3
2nd - Arlene Jackman	+1
3rd - Beth Gillette	-1
4th - Brenda Maslanka	-2

Flight 2

1st - Michele Provencher	+4
2nd - Faith Porter	+3
3rd - Judy Rice	+2
4th - Anna Pettit	E

Flight 3

1st - Cami Provencher	+6
2nd - Roberta Kessler	+3
3rd - Maureen Rooney	+2
4th - Dianne Kallop	E

Flight 4

1st - Joan Clement	+6
2nd - Mary Kaszanek	+6
3rd - Diane Paradis	+4
4th - Jackie Broderick	+4
CTP #7 Louise Mulvihill	
CTP #13 Michele Provencher	

January 31 - Alternate Green & White

1st - Elaine Armstrong	25
2nd - Heidi Kamman	28
3rd - Mary Draper	29
4th - Penny Zeilman	30

CTP Hole 13 13'8" Joann Price
Congrats Elaine for achieving your personal best today!

February 14 - Drop Worst Hole

Flight 1

1st - Joann Price	33
2nd - Janet Rafferty	37
3rd - Mary Ellen Sayles	38
4th - Barbara Minklein	38

Flight 2

1st - Mary Draper	40
2nd - Sharon Gerthoffer	41
3rd - Pat Gallant	42
4th - Judy O'Connell	42

Flight 3

1st - Elaine Armstrong	41
2nd - Maureen Stoll	41
3rd - Bonnie Lynds	42
4th - Harriet Heuser	42

Flight 4

1st - Pat Pudimat	39
2nd - Judi Elder	40
3rd - Debra Corkins	41
4th - Collette Piche	45

CTG Hole 17 23'2" Lisa Drake

February 21 - Tee to Green

Flight 1

1st - Barbara Minklein	26
2nd - Janet Rafferty	26
3rd - Penny Zeilman	30
4th - Suzanne Peterson	30

Flight 2

1st - Toni McEwen	32
2nd - Anita Little	32
3rd - Sharon Gerthoffer	33
4th - Mary Ellen Davis	33

Flight 3

1st - Elaine Armstrong	31
2nd - Bonnie Lynds	31
3rd - Betty Berry	35
4th - Barbara Martin	35

Flight 4

1st - Debra Corkins	32
2nd - Anita Urban	34
3rd - Pat Pudimat	35
4th - Judi Elder	35

Birdie Hole #7 Elaine Armstrong
CTG Hole 2 14'8" Joann Price

February 28 - Shamble

Flight 1

1st - Suzanne Peterson	28
2nd - Debra Corkins	29
3rd - Penny Zeilman	30
4th - Barbara Minklein	30

Flight 2

1st - Toni McEwen	22
2nd - Rosemary McCloskey	25
3rd - Mary Draper	26
4th - Cathy Duggan	26

Flight 3

1st - Mary Lou Callahan	23
2nd - Pat Gallant	28
3rd - Bonnie Lynds	29
4th - Lynn Morey	30

Flight 4

1st - Barbara Simone	27
2nd - Grace Peet	28
3rd - Collette Piche	29
4th - Eileen McAuliffe	31

CTP Hole 15 5'10" Mary Draper

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<https://www.facebook.com/groups/1573129289748071>

Barefoot Bay's World of Sports

Men's Golf Association

2 Man Teams 9 Hole Scramble / 9 Hole Alternate Shot - 2-08-23

Flight 1
 1st - Mike Coats & Al Sacher -7
 2nd - Paul Stevens & Bob Terrano -4

Flight 2
 1st - Tom Felke & Gene Pettit -4
 2nd - Denis Doran & Kenny G -3

Closest to the Pins
Flight 1
 Rich Healy
Flight 2
 Carry-Over
Flight 3
 Terry Hazelett

4 Man / 3 Best Ball - 2-15-23

Flight 1
 1st - Barry Siepmann, Dan Gilbert, Michael Schlicher, Mike Coats -5
 2nd - Dale Fowler, John Morrison, Don Piche, Bill Smail Even

Flight 2
 1st - Kenny G, Dale Silvester, Jerry Martin, Gerard Theurin -4
 2nd - Jim Atallian, Mike Lontine, Phil Hepkema, Floyd Lynds -2

Flight 3
 1st - Bill Davis, Virgil Cypher, Bill Jackson -8
 2nd - Joe Fernandez, Carl Fuller, Don Moilanen, David Wheaton -5

Closest to the Pins
Flight 1
 Dan Gilbert
Flight 2
 Peter Walsh, Carry-Over, Jerry Martin
Flight 3
 John Chartier

Mixed Flight Shamble with Points - 2-22-23

1st - Jim McClintock, Bill Smail, Tom Kessler, Glen McLelland 103
 2nd - Dennis Denobile, Gene Pettit, Paul Voit, Virgil Cypher 100

Closest to the Pins
 Team of Dan Gilbert, Gary Collins, Jerry Martin, David Wheaton
 Team of Bill O'Donnell, Tom Rock, Joe Fernandez, John Armstrong

Quota - 3-01-23

Flight 1
 1st - Peter Degennaro +3
 2nd - Don Piche +3

Flight 2
 1st - Dale Fowler +5
 2nd - Jim Birmingham +4

Flight 3
 1st - Don Oldakowski +4
 2nd - Michael Jackson +4

Closest to the Pins
Flight 1
 Rich Healy
Flight 2
 Walt Jamieson
Flight 3
 Alan Schnare

Individual Low Net - 3-08-23

Flight 1
 1st - Mike Coats -5
 2nd - Mike Schlicher -4

Flight 2
 1st - Tom Smith -4
 2nd - Andy Dufault -1

Flight 3
 1st - Floyd Lynds -7
 2nd - Don Moilanen -4

Closest to the Pins
Flight 1
 Rich Krywe
Flight 2
 Denis Doran
Flight 3
 Dave McLaughlin

3-15-22 Rained-Out

Individual Low Net Championship by Flight Best 2 Rounds Out of 4

Flight 1
 1st Flight Champ - Mark Lavaway -6
 2nd - Larry Odette -3
 3rd Tie - Rich Healy, Tom Jackman -2

Flight 2
 1st, 2nd Flight Champ - Kenny Gionet -2
 2nd - Dale Silvester Even
 3rd - John Morris +2

Flight 3
 1st, 3rd Flight Champ - Jas Sellers -4
 2nd Tie - Michael Jackson, Floyd Lynds -2

Swingers Bowling League

High Scores for February 2023

High Scratch Single
February 6
 Craig Mira 225
 Anna Sabol 198

February 13
 Duncan Chalmers 211
 Sue Nichols 205

February 20
 Garry Frank 224
 Anna Sabol 175

February 27
 Don Clayton 267
 Anna Sabol 165

High Scratch Series

February 6
 Craig Mira 597
 Anna Sabol 514

February 13
 Roger McGill 591
 Sue Nichols 477

February 20
 Garry Frank 584
 Darlene Wong-Kam 476

February 27
 Don Clayton 649
 Anna Sabol 431

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 GROOVE INFUSION LAKE STAGE 6-10 App buffet 5-7pm April Fools Mismatched Dress Contest!!
2 THE SWERVE STREETDANCE 2-6 P FOOD TRUCK 11-7 P	3 MUSIC BINGO BLDG A5:30-8:30 P Kitchen Open 4-7 pm	4 DOUGIES KARAOKE LAKE STAGE 5-10 P TACO TUESDAY 5-8 P	5 TRIVIA LOUNGE 6:30-8:30	6 STEVE COLE 19TH 4:30 RUSTIC	7 SHELLEY SONGER BAND LAKE STAGE 7- 10:30	8 ANGEL CITY LAKE STAGE 6-10
9 GROUP THERAPY STREETDANCE 2-6 P FOOD TRUCK 11-7 P	10 MUSIC BINGO BLDG A5:30-8:30 P Kitchen Open 4-7 pm	11 DOUGIES KARAOKE LAKE STAGE 5-10 P TACO TUESDAY 5-8 P	12 TRIVIA LOUNGE 6:30-8:3	13 PUSHIN' TIME 19TH 4:30 RUSTIC	14 REMEMBER WHEN LAKE STAGE 7- 10:30	15 SWITCH W/ANA LAKE STAGE 6-10
16 PHOENIX STREETDANCE 2-6 P FOOD TRUCK 11-7 P	17 MUSIC BINGO BLDG A5:30-8:30 P Kitchen Open 4-7 pm	18 DOUGIES KARAOKE LAKE STAGE 5-10 P TACO TUESDAY 5-8 P	19 TRIVIA LOUNGE 6:30-8:3	20 KENNY WILLIAMS & CONNIE 19TH 4:30 RUSTIC	21 BOB COLEMAN & THE COOLERS LAKE STAGE 7- 10:30	22 SPOT ON LAKE STAGE 6-10
23 ELECTRIC TREE FROGS STREETDANCE 2-6 FOOD TRUCK 11-7 P	24 MUSIC BINGO BLDG A5:30-8:30 P Kitchen Open 4-7 pm	25 DOUGIES KARAOKE LAKE STAGE 5-10 P TACO TUESDAY 5-8 P	26 TRIVIA LOUNGE 6:30-8:3	27 SHELLEY SONGER 19TH 4:30 RUSTIC	28 JOHNNY & THE BLAZE	29 DOUBLE TROUBLE LAKE STAGE 6-10
30 JUICED STREETDANCE 2-6 P FOOD TRUCK 11-7 P						

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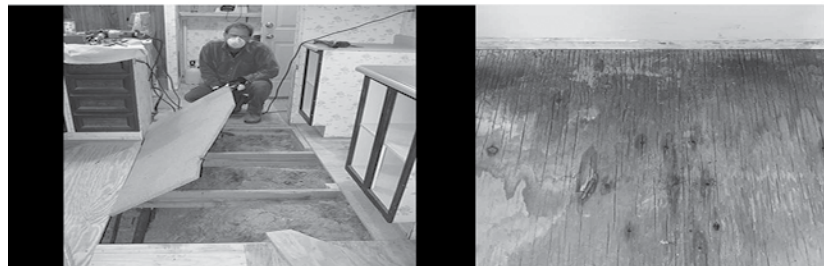
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