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HAPPY
NEW YEAR
January 2026

Turn the Page: A New Year for The Tattler and Barefoot Bay

By Rob Allan

HAPPY NEW YEAR!

The start of a new year is always a good moment to pause, reflect, and look ahead, especially after a year of change.

Over the past year, The Tattler has gone through a number of important updates, all with the same goal in mind: improving its value to the community and bringing the paper more fully into the 21st century. We added a digital counterpart, expanded our reach, and increased circulation, all while navigating the same inflationary pressures every household and business continues to face.

Postage, in particular, has become one of our largest expenses. Like many small businesses, we were forced to raise rates to keep pace with those increases. Our advertisers understood. Some chose not to continue, that happens every month, but just as importantly, new advertisers continue to come on board. You'll often find them on the first few pages of each issue, alongside many long-time supporters.

That balance, some turnover - steady growth, is the reality of publishing today. And it works only because this community continues to value local information, local voices, and local businesses.

It's also worth noting that The Tattler's advertisers are not random or anonymous. They are vetted, familiar, and trusted — and many have advertised with us for decades. These are established businesses with real roots in this community. For readers looking to find them easily, our advertisers are listed on the Preferred Vendors List on BarefootBay.com, and can be searched quickly using the search bar right on the homepage.

We also recognize that this past holiday season was difficult for many. Rising food prices, utilities, insurance, and everyday living costs have forced tough choices. For those who are struggling, we genuinely wish you the very best, and nothing written here is meant to add pressure where it doesn't belong.

At the same time, Barefoot Bay is not a one-size-fits-all community.

Many residents live on fixed incomes, but fixed does not mean nonexistent. And while concerns about a recession are understandable, economic slowdowns are often uneven. They don't affect every region or every community in the same way.

For those who can afford it, those with discretionary income, this year matters more than many people realize.

There's a common belief that it's best to "wait things out" — to delay projects, postpone purchases, or hold off on spending until prices come back down. But the reality is this: prices are very unlikely to be better in 2027 than they are in 2026. Labor, materials, insurance, and operating costs are not trending backward in any meaningful way.

Waiting doesn't usually save money. More often, it simply pushes costs higher.

And beyond price, there's something else at stake — confidence.

Businesses suffer when there's a sense of instability, even a perceived one. When customers stop moving forward, businesses respond by pulling back. They delay investments. They don't hire that additional team member. They put off expansions, upgrades, or new services. Momentum slows, not because demand disappeared, but because confidence did.

Local businesses depend on everyday decisions:

moving forward with that kitchen or bathroom project,
upgrading a golf cart,
replacing worn flooring or leaky windows,
meeting friends for breakfast or coffee,
ordering a pizza instead of staying home again.

Those choices do more than support a single transaction. They help business owners plan. They help employees keep steady hours. They help justify growth instead of retreat.

Local spending supports local businesses. Local businesses employ local residents. And those businesses, in turn, help make it possible for The Tattler to continue landing in your mailbox every month.

Delaying all spending, especially in a community like Barefoot Bay, can do more harm than good. A downturn here isn't inevitable. In fact, it can often be softened when those who are able continue to invest locally and keep dollars circulating close to home.

This is not a call for reckless spending, and it is certainly not aimed at anyone facing job loss or expenses beyond their means. It is simply a reminder that communities remain strong because people continue to participate in them.

As we move into the new year, our commitment remains the same: to inform, connect, and represent Barefoot Bay honestly and responsibly, in print and online.

Thank you for supporting local businesses, including those that don't advertise in The Tattler, because they employ local residents and reinvest those dollars back into our community.

From all of us at The Tattler, we wish you a safe, healthy, and Happy New Year.

A Word About "Quick Help" and Who We Let Into Our Homes

By Rob Allan

One thing I see regularly, especially on Facebook, are posts from residents looking for help with small household jobs.

Fix a toilet. Patch a leak. Hang a ceiling fan. Replace a light fixture. Nothing major. Just someone "handy" who can help out.

What makes me nervous isn't the request itself.

It's the replies.

Sometimes it's the well-meaning Good Samaritan willing to come over for free. Other times it's someone who says they can do it at a "reasonable price." And occasionally, it's both — with no background, no references, and no real way to know who you're inviting into your home.

Continued on Page 10



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David E. Whitney
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A Word From the

CVO

Wow! I am writing this column the day after our 20th Annual Christmas Parade, and the glow of the day still hasn't worn off! This year, as usual, was planned by Joe Klosky to celebrate Barefoot Bay's 20th Anniversary of this particular holiday event. And can I say that the Bay did not disappoint! We had over 50 entries by clubs, groups, employees, and individuals who signed up to enter the parade, and some entered with several golf carts, trucks, trains, and automobiles! There were dancers, horses, motorcycles, flamingos, and Santa's galore! And once the parade was done, we had cookies and cake inside Building A. Christmas music was provided by the Open Mic Players, who set the mood for the evening! And Joe Klosky was acknowledged with an Honorary Plaque thanking him for his 20 years of Christmas Festivities. Great job, Joe, and thank you for all your time and effort throughout the years!

The food drive for the Baptist Church Food Pantry was another big success, due to the generous people who live here. The food pantry is essential this time of year, and Barefoot Bay turned out!

I want to take the time to praise the Bayside High School Band, who marched in our Christmas Parade! We couldn't be prouder of those kids if we tried! The judges this year voted the following as Honorable Mention: Vincent Chirichello, Karen Conrad, AquaZumba, Al & Nancy Smith, and LOL's Train! In First Place was the Canada Club; second place was Mike & Vicki White, and in third place was Lori Brown!

First prize this year was over the top with a \$500 Gift Card Basket from The Cart Guys! Again, through the generosity of one of our local businesses, we were able to provide an exceptional prize for first place. Thank you to The Cart Guys, who reside right here in Barefoot Bay at 935 Barefoot Bay Blvd., Suite 3. The Cart Guys contributed to the excitement of the holiday! So don't forget to patronize those businesses that stand with our community. Before I move on, I also want to thank Barefoot Bay residents who took the time to contribute cookies for the Christmas Ceremony. You ALL make living here in Barefoot Bay a very special place.

Save the Date

This year, New Year's Eve brings the talented duo of Cordone & Kilgore's "Vegas, Baby" revue in Building A. Tickets are \$55 each and include a Charcuterie Buffet with a station for beef tenderloin and baked ham, and a highly entertaining evening of music and friendship. Tickets are available at the CVO office, 935 Barefoot Blvd., Suite 6.

Saturday, January 10, 2026: The Footloose & Cancer Free drive will come to a close with a Poker Run. You may sign up the morning of January 10th at the Yard Sale sign-in, Building A parking lot at 9:30 a.m. The Run will begin at 10:00 am, and the entry cost is \$5.00. Prizes, raffles, and a sharing pot will also be available for the entries. Children may ride along, but you must be 18 years of age to sign up and participate.

Sunday, January 28, 2026 - Barefoot By the Lake Car Show: Once again, the car show will be returning to Barefoot Bay. If you haven't attended previously, you really don't want to miss it. Each show gets better and better. There are vehicles to "drool over" plus music, vendors, and food! Don't forget that you, as the public, get to vote for People's Choice. The hours are 11:00 a.m. to 3 p.m. under the oaks on the walking path near the Administration Building. You can't miss us! To enter a vehicle, it will cost you \$20 for pre-registration or \$25 on the day of the event. The general public is free. Please see the ad in this month's issue of the Tattler.

Friday & Saturday, February 13 & 14 -The event of the year! Here comes the Barefoot By the Lake, Music, Art & Food Festival! We are looking for volunteers asap! Please call Laura Kies and sign up for your station at 815-592-1070. Volunteers make our event, and you could be part of this great weekend!

Another year is closing, but a new door opens for all of us. Let's try to remember that life is what we make of it. It's up to each of us to contribute to the general well-being of ourselves and each other. It just makes life so much more satisfying! Happy New Year, Barefoot Bay!

Elaine VanBerschot

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THE VETERANS COUNCIL OF BAREFOOT BAY IS SPONSORING THE SALUTE TO VETERANS

It will be held on February 21, 2026 From 11 to 3. You can get your tickets at the Veterans

Service office Wednesday and Friday from 9 am to 12 noon. Lunch, Door prizes, 50/50 Drawn at 2:30, Awards for oldest WW2, Korean war, Vietnam War, Iraq, and Afghanistan Veterans held at 1pm. Tickets on sale \$20.00 ea. and 2ea for \$35.00.

100% of all profit goes to helping the Veterans of Barefoot Bay. The Veterans Council is also sponsoring a Flea Market & Crafts show on January 17, 2026. Tables are \$25. Call 772-663-0645 for more information on tickets



A Word From Your Recreation District Chair

Bruce Amoss

BOT Happenings:

12/11/2025 Meeting Highlights:

December Service Anniversaries:

Sheila Wineland, Food & Beverage: 10 Years. Thank you for your dedication.

Mr. Mark Thomasson was appointed as an alternate on the ARC committee. Ms. Vickie Sloss was appointed as an alternate on the Violations committee.

882 Laurel Circle had 3 Dor cases referred to legal.

At the end of each fiscal year, staff regularly request the Board to reallocate budgeted expenditures between departments, as well as increases and decreases in R&M/Capital Projects Department line-item budgets necessary to close project budgets and transfer the budgets to contingency in preparation for next year's budget. Resolution 2025-18, Amending the Budget for the budget rollover, was passed to do just that.

The board authorized staff to give Walter E. Schmidt Inc., Barefoot Bay Salon and Barber, written notice of BBRD's intent to renew the lease at the Shopping Center.

The BOT authorized the BOT Chairman to sign the Golf Course Maintenance proposed Second Amendment to the Independent Contractor's Agreement with Brightview Golf Maintenance Inc. in the amount of \$563,988 for Year 1 and varying amounts based on the CPI for Years 2 & 3 as delineated in the amendment. This agreement is available at the administration building.

The BOT confirmed Change Order #1 in the amount of \$3,540 to the contract with East Coast Fence & Guardrail, Inc., for the softball field outfield fence element of the Softball Field FRDAP grant project. The increase will be covered in the FRDAP grant.

A resident has requested that BBRD accept an anonymous \$2,368 donation to purchase 12 Tee Box Soil Butlers for the golfers to sand their divots after hitting their tee shot. Encouraging and making it possible for our golfers to sand their divots is a best practice measure to maintain the health of the turf grass on our newly renovated Tees. This required the passing of Resolution 2025-19, amending the FY 2025/26 Budget.

In his closing remarks, Chairman Bruce Amoss stated that he will not accept the Chairman position, if it is offered, at the board reorganization during the January 8th regular meeting. He did this at this time to make an easy transition for the new Chair. He is termed limited at the end of 2026.

Residents need to start thinking about running for the BOT. In the upcoming years, current members will be termed limited and cannot run again. These openings need to be filled. Go to meetings or at least watch them. Talk to board members and staff to get an idea of what will be expected of you. You need to get facts; not many are on social media, so go to the sources. Get involved.

BOT Regular Meeting: Thursday, January 8th, 2026, Bldg. D/E, 1 PM.

Includes swearing in of Trustee Grunow for a 3-year term and the reorganization of the board.

Budget / Town Hall: Thursday, January 22nd, 2026, Bldg. D/E, 6 PM.

BOT Regular Meeting: Tuesday, January 27th, 2026, Bldg. D/E, 1 PM.

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A Word From Your County Commissioner

Kim Adkinson

County Commissioner, District 3



The Florida Department of Environmental Protection is considering an extension of an existing permit that would authorize Blue Origin to discharge 490,000 gallons per day of process and non-process industrial wastewater into an onsite stormwater pond, then into the Indian River Lagoon. The Commission and residents are requesting a DEP meeting before the permit is approved to create a better solution than discharging into the lagoon.

After listening to a series of speakers, including backers of the Save Our Indian River Lagoon Program, the Commission voted unanimously at its Tuesday, December 2, 2025, Commission Meeting, to submit a written request to the Florida Department of Environmental Protection for a public meeting related to the Blue Origin Discharge Permit. Brevard County is not involved in the permitting process. The County has no jurisdiction over the final permitting decision, which rests exclusively with the Florida Department of Environmental Protection. The permits to discharge to the lagoon are handled by the State.

While FDEP considers the County's request for a meeting, the public can submit written comments and advocate for that public meeting by writing to Randall Cunningham, 3319 Maguire Blvd., Suite 232, Orlando, Florida 32803-3767. Those requests must contain the following information:

- The commenter's name, address, and telephone number
- The applicant's name and address (Blue Origin, LLC, 8082 Space Commerce Way, Merritt Island, FL 32953); DEP's permit file number (FLOA00007-002-IW7A); and the county in which the project is proposed (Brevard).
- A statement of how and when notice of DEP's action or proposed action was received.
- A statement of the facts DEP should consider in making the final decision.
- A statement of which rules or statutes require reversal or modification of DEP's action or proposed action.
- And a request that a public meeting be scheduled, including a statement of the nature of the issues proposed to be raised at the meeting.

Comments must be received within 30 days of publication of the public notice (published on 11/18/25), so they must be delivered to FDEP's office by Thursday, December 18.

Brevard County residents created the Save Our Indian River Lagoon Program in 2016 by voting to impose a 1/2-cent sales tax on themselves. Estimates show the program will generate up to \$586 million in revenue over 10 years to fund projects engineered to reduce or remove more than 1.3 million pounds of excess nitrogen and 106,000 pounds of phosphorus to improve water quality and natural habitat. Let's hope that DEP considers the public comment and Brevard County standing up for the lagoon.

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News for Gen A and Gen Z

Hi teens, Happy New Year!
Congrats to LOL Teens for winning Honorable Mention at the 2025 Barefoot Bay Christmas Parade! Thank you to volunteer Mike Maccarone for building it!

Congrats to LOL Artists for helping to raise over \$900 for LOL at the Artist Guild Open House and Candy Cane Lane! The community loved all of your art! We almost sold out!

Thank you, Robert & Rhea Kennelly, for being LOL's special guests at our Christmas party and Pet Photos with Santa!

LOL Teen Night for ages 14 - 17 continues Fridays from 6 - 8 p.m. at the Pavilion or the Billiards Room during inclement weather. Badges or Guest Passes are required. Teens text 360-566-3427 to be added to our texting distribution list.

LOL Art Day - Jellyfish is January 3rd, 10 a.m. - 12 p.m. at Building D&E for ages 8 - 17. Sign up is required on LOL's Facebook page.

LOL Sports resume January 10th at 3 p.m. Details to follow via email. Families and teens sign up for LOL emails by emailing lolyyouthgroup24@gmail.com.

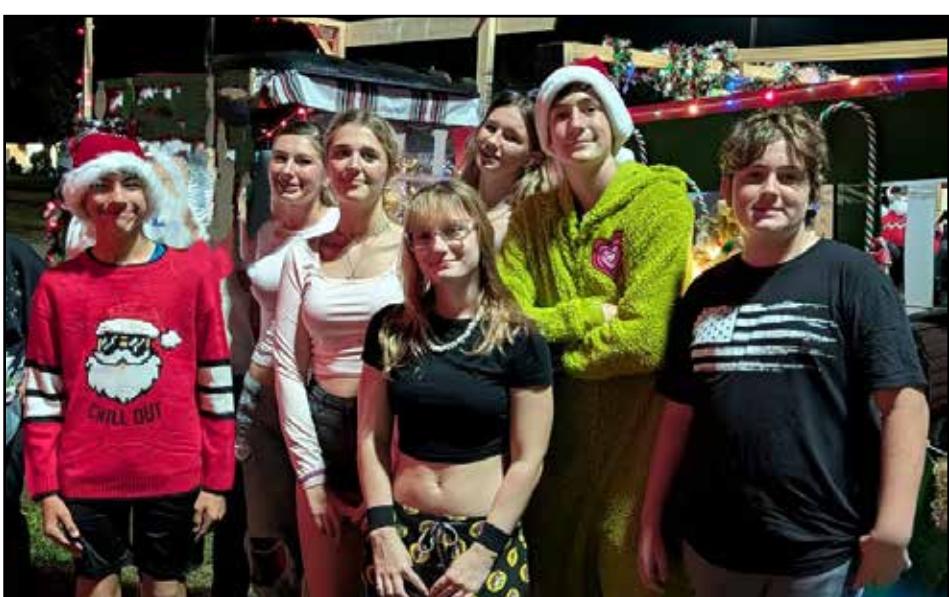
The Tennis Club will start offering kids' and teens' tennis lessons soon. Keep an eye out for more details.

Young Christians meet at Indian River Fitness, located at 8000 Ron Beatty Boulevard. Contact Lynne Fraser to confirm dates and save your spot: 239-404-4788.

Make good choices! See you soon!

Becky Culp

Congrats L.O.L. Youth Group of Barefoot Bay Teens for winning Honorable Mention for their three cart train in the 2025 Christmas Parade!!!! A huge thanks to Mike Maccarone for building it! Thanks to volunteers Sherrel Galeotti, Marilynn Duggan, Jill Lorimer, Melissa Maccarone Jerry Scheib, Sandie Scheib and Becky Culp!



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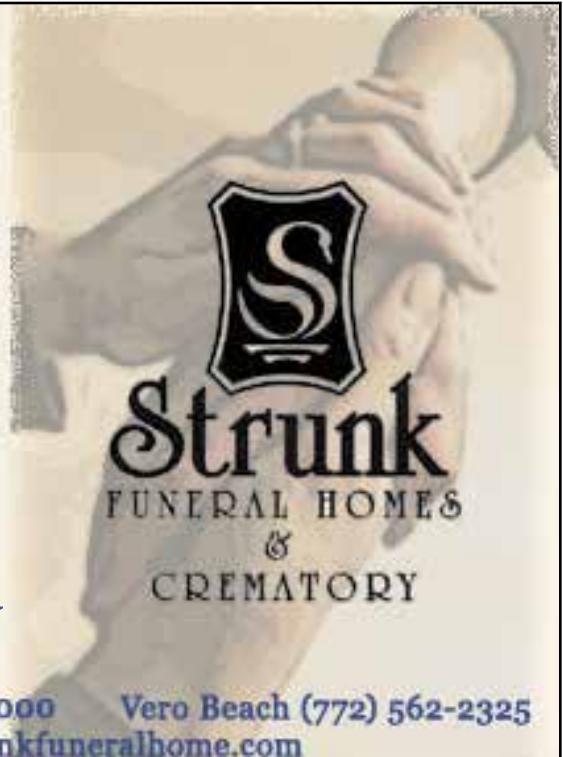
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Lithium vs Lead-Acid Batteries: A Real-World Golf Cart Review

There's a funny thing about lithium batteries.

We're constantly told they're dangerous. That they explode. That they catch fire. That there's something to be worried about.

And yet, as you're reading this, you probably have one in your pocket, on a table nearby, or have fallen asleep with one in your hand or on your bed. Yes, your cellphone has a lithium battery. So does your laptop. Your tablet. Your earbuds. E-bikes, scooters, cordless tools — they're everywhere.

So why aren't we afraid of those?

Because lithium batteries don't explode very often.

When they do catch fire, it makes the news not because it's common, but because it's dramatic. Flames, sparks, thermal runaway — it's spectacular. But when you dig into most of those stories, the causes are usually the same: cheap manufacturing, bad chargers, over-charging, overheating, physical damage, or misuse.

Think no-name battery backups, sketchy hoverboards, counterfeit vape batteries, or damaged EV batteries after an accident. Or worse — people tossing lithium batteries into the trash, where they eventually get crushed or punctured in a landfill.

One widely shared video shows a guy with a loose lithium battery in his pocket... along with spare change. The coins completed the circuit. The battery heated up fast. Before he could react, his pants were literally on fire.

That's not a lithium problem. That's a bad decision problem.

Why I Wasn't Worried

All golf cart batteries eventually need replacement. After doing my due diligence, we went with a lithium battery for our 2022 Advanced EV. Lithium batteries aren't scary if you buy from a reputable company and use the equipment the way it's intended.

I didn't buy the most expensive battery on the market. But I also wouldn't even consider the cheapest — especially when we're talking about something that powers a vehicle I use regularly. I went with a well-reviewed, next-tier option from a company with a track record.

The battery is fully enclosed in a metal case, not plastic, and includes a proper Battery Management System, a matched charger, mounting hardware, and everything needed to do the conversion correctly.

No improvising. No shortcuts.

Installation: First-Timers, Taking Our Time

Mike Lewis of CM Golf Cart Detailing and Services, one of The Tattler's newest advertisers, offered to help me with the installation. Neither of us had done a lithium conversion before, so this was very much a first-time, real-world experience.

And honestly — it wasn't difficult.

The battery came with everything needed for the swap. We worked carefully, double-checked connections, and took our time. We also filmed parts of the process as we went along.

All told, the job took about four hours — not because it was complicated, but because neither of us was in a hurry to get it wrong.



The new lithium battery is 250 lbs lighter and takes up half the space of the six lead acid batteries it replaced.

The battery we installed was a Rhino 48V 105Ah lithium battery, purchased on Black Friday at a significant discount from its normal price. That helped ease the upfront cost and made the value proposition a lot easier to justify.

Several videos from the installation, power-up, and early use will be available on BarefootBay.com and on The Tattler's YouTube page for anyone curious about what the process actually looks like.

How It Drives

The difference was noticeable right away — but not in a flashy way.

The cart accelerates smoothly. Power delivery is consistent. There's no sluggishness as the battery drains. The new battery comes with its own LCD screen that monitors system status and available power. There's no guessing how much range you really have left.

Most existing golf cart dash-mounted battery gauges are not compatible with lithium systems, so installing the included LCD screen may be necessary. In our case, we left the LCD inside the battery compartment and simply check it when needed.

Charging is simpler. There's no watering batteries. No corrosion. No balancing multiple cells. It just works. Plug it in and move on with your day.

For anyone who stores their cart part of the year, lithium's low self-discharge is another big plus.

Cost vs. Reality

Yes, lithium costs more upfront — roughly twice the price of lead-acid batteries. That's the part everyone gets hung up on.

But when you factor in:

- Longer lifespan
- Little to no maintenance
- Consistent performance
- Better range
- An eight-year warranty

It stops looking like a luxury upgrade and starts looking like a long-term, practical decision — especially for people who rely on their cart every day.

Bottom Line

Lithium batteries aren't something to fear. They're something to understand.

Buy a quality product. Use the right charger. Don't cut corners.

Do that, and a lithium conversion isn't about hype or speed or bragging rights. It's about reliability, simplicity, and not having to think about your batteries ever again.

And that, for me, was the point.

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Lagoon Artisans Featured Artist Bob Virelli



Winter Farmhouse

LABB member Bob Verelli is a diversified artist and craftsman who spent a lifetime perfecting his craft as a painter and wood carver. He won several awards for carvings of songbirds and oil paintings of waterfowl. Over time, he gravitated toward watercolor painting.

It was the loss of his watercolor teacher and mentor, John Ashton, that inspired Bob to share his love of art and teach others. He teaches day-long classes at local community centers. He gave a demonstration lesson to the Lagoon Artisans meeting in November.

Bob has also done tribute paintings recently. He presented officer pilots of the Indian River Sheriff's office with a watercolor of their helicopter. He is also supporting veterans with a project to raise awareness by completing portraits of them and their support animals.

Bob's classes run 5 hours and include lunch. Participants complete a full painting, regardless of their prior experience. Schedule of classes and details can be found on his website: paintwithbob.weebly.com.

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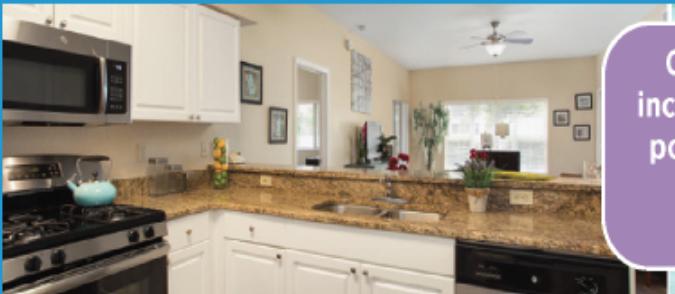
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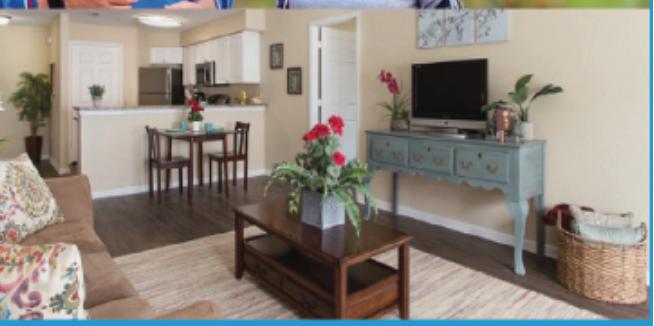


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The Veterans Council
931 Barefoot Blvd. Barefoot Bay, FL 32976. 321-272-7148

Open: Mondays, Wednesdays, and Fridays

Happy New Year from your friends at the Veterans Gathering Center.

Events at the Veterans Gathering Center.

Monday afternoon, 1 p.m. to 4 p.m. Meet with the council member Al Smith for help with veteran matters. Get upcoming event details like tickets and arrangements for other upcoming activities.

Wednesday mornings. 9 a.m. to Noon to 1 p.m.

Claims help and Information. Meet with the veteran center staff who can assist based on their knowledge base.

Afternoon is Movie Time

Showtime starts at 2 p.m.

To see the schedule for January, visit the bulletin board outside the veteran community center and/or the bulletin board outside building A.

Fridays 9 a.m. -Noon (0900-1200) Claims Help and information

Afternoon, 1 p.m. to 4 p.m. (1300 -1600) card game Euchre.

Speaking of games, do you like the game of CHESS or RISK? If so, sign up at the veteran center on the board game sheet.

Look > Free Stuff: While you are at the Veterans Center, be sure to check out the helpful information table and free giveaway promo items. (see picture) More free items to be added.

Upcoming

January 17th, 2026 - Flea Market and Crafts Show

The flea market is from 9 a.m. to 2 p.m. in Building A.

Get a good deal by checking out the products of local vendors in the area.

- Veteran Meet and Greet picnic is 11 a.m. to 1 p.m. at the gazebo

January 21st, 2026 - American Legion Post 366 meeting at Bldg D, monthly 3rd Tuesday, 1 p.m. (1300 hours)

Post 366, a local veterans' organization serving veterans and hosting community events like music, karaoke, and dinners, connected with the American Legion Florida Department serving Veterans in the area, providing camaraderie and supporting military families, with activities often advertised through the Barefoot Bay Recreation District.

Works alongside other veteran groups like the American Legion Auxiliary and the Veterans Council of Barefoot Bay.

January 24th, 2026 - Celebration of Life for Ray Bourgault, 11 a.m. to 2 p.m.

Located as the Veterans Gathering Center next door to the water department, Ray helped establish American Legion Post 366 in Barefoot Bay, where he was Commander

for many years. As an ardent advocate for veterans, he established the Veterans Gathering Center in Barefoot Bay. At the time of his death, he was the commander of the Barefoot Bay Veterans Council. Attendees are welcome to share warm memories and photos they had with Commander Bourgault.

February 7th, 2026 - The 27th Annual Sandy Lobello Veterans Memorial Golf Tournament

Barefoot Bay Golf Course, more info Pro Shop 772-664-3174 Two tee-offs, one at 8 a.m. and the 2nd at 1:30 p.m.

Join in the fun for a round of golf for a good cause.

Proceeds are used to support a variety of veteran causes, including training volunteer service officers, awarding college scholarships to high school junior ROTC cadets, supporting local food banks, subsidizing transportation costs to the Viera VA Clinic, supporting Honor Flights to Washington, DC, and providing veteran burial honors. Last year, awards from this event provided \$1250.00 for scholarships for both the Bayside and Sebastian River High School Junior ROTC graduates.

The namesake, Sandy Lobello, was a BBRD employee for over 25 years, working in the Golf Pro Shop. She was a tireless supporter of veterans and veterans affairs.

February 21, 2026 - Salute to Veterans Luncheon

Bld A 11 a.m. to 3 p.m.
Door prizes and raffles/Tickets \$20 pp/ \$35 couple

"Be Prepared" Helpful Tips for Veterans

The first step to prepare is to self-educate, which includes Do-It-Yourself.

1) Before your next health care provider visit, review the summary of your last visit. One may want to ask the receptionist to print out a copy before you are seen.

2) Learn to consider your options and choices. Consider other healing modalities.

3) Join upcoming health educational seminars. See Dec.4th, "Treasure Good Health."

4) Know ye metrics. You've seen the TV commercial with people jumping up and down with joy that their A1C is down. Well, every disorder has a metric, and if you know what ails you, then you can have more meaningful communications with your health care providers.

5) When you visit your primary care physician, as you check out, make sure you have their most up-to-date phone extension, get their business card.

6) While you are visiting your local VA clinic, look for and take a sheet called

Continued on Page 9

Continued from Page 8

"Save A Trip... How to Reach Us Between Appointments," many more helpful tips on that sheet. Use it and write on it your doctors' extension numbers. You'll be glad you did. File it in a folder you reserve for Health Matters.

7) Discover within your circle of contacts (family and friends) who actually take an interest in your well-being. Consider making them your health care advocate. You never know when a big decision will come up, and you need someone to talk to about it.

Watch for more helpful tips in next month's column, "Be Prepared."

Consider alternative healing modalities.

Important > Always check with your primary care physician before starting any new therapy

Dr. Mona Khalil enjoys serving veterans in our community with acupuncture therapies. Consider signing up for sessions through VA Community Care. Learn why the Veterans Administration has given serious attention to Acupuncture. Can it replace painkillers?



Dr of Acupuncture Mona Khalil. Photo Credit: Ray Osborne

Recently, the author asked AI if it were a valid health modality.

Yes, acupuncture is a viable healing modality, particularly for pain management,

nausea, and other chronic conditions. It is a safe and effective complementary therapy that can work alongside conventional medicine to support the body's natural healing abilities.

How it Works

- **Stimulates healing:** Acupuncture works by stimulating the body's natural healing response.

- **Reduces inflammation:** It can help address underlying issues, such as reducing inflammation that may cause chronic pain.

- **Holistic approach:** It promotes physical and emotional well-being by tapping into the body's innate healing powers, and can be integrated into overall health management.

Common Uses and Benefits

- **Pain relief:** Acupuncture is effective for chronic pain conditions such as migraines, back pain, neck pain, and osteoarthritis.

- **Nausea:** It can help manage nausea associated with chemotherapy, surgery, or other issues.

- **Mental health:** It is used to help with conditions like anxiety, depression, and insomnia.

- **Addictions:** It has been used in the management of addictions to substances like alcohol, tobacco, and drugs.

- **Other conditions:** Research suggests it may be helpful for a range of other issues, including high blood pressure, asthma, and certain allergies.

Important Considerations

- **Safety:** Acupuncture is considered safe when performed by a licensed practitioner using sterile, single-use needles.

- **Conventional medicine:** It is often most effective when used as a complementary therapy in conjunction with conventional medical treatments.

- **Professional guidance:** It is recommended to consult a licensed acupuncturist to determine if it is appropriate for your specific health needs.

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A Word About “Quick Help” and Who We Let Into Our Homes Continued...

To be clear, this isn't a condemnation of neighbors helping neighbors. Informal, word-of-mouth work has always existed, and in many cases, it's honest, skilled, and fair. You could argue that this underground marketplace is just as much a part of community life as any advertised business.

That may be true.

But there's also an undeniable reality: inviting someone you don't know into your home carries risk — especially when that connection is made through a social media post and a profile picture.

Facebook doesn't vet people. It doesn't verify skills. It doesn't check licenses, insurance, or even real names. And when something goes wrong, there's no accountability beyond deleting a post and moving on.

That's not fear-mongering. It's just reality.

This becomes even more important in a community like ours, where many residents live alone, are older, or may not have someone else present when a repair is being done.

Professional, established local businesses — whether they advertise or not — tend to have something informal helpers don't: a reputation to protect. They show up when expected. They carry insurance. They rely on repeat business. And if something goes wrong, there's a clear path forward.

That doesn't mean every small job requires a licensed contractor. And it certainly doesn't mean people shouldn't help each other.

It does mean that trust matters, and that convenience shouldn't automatically outweigh caution.

As we move into the new year, it's worth being thoughtful about not just how we spend our money, but where and with whom. Supporting known, established local service providers helps keep work aboveboard, keeps accountability in place, and keeps our community safer.

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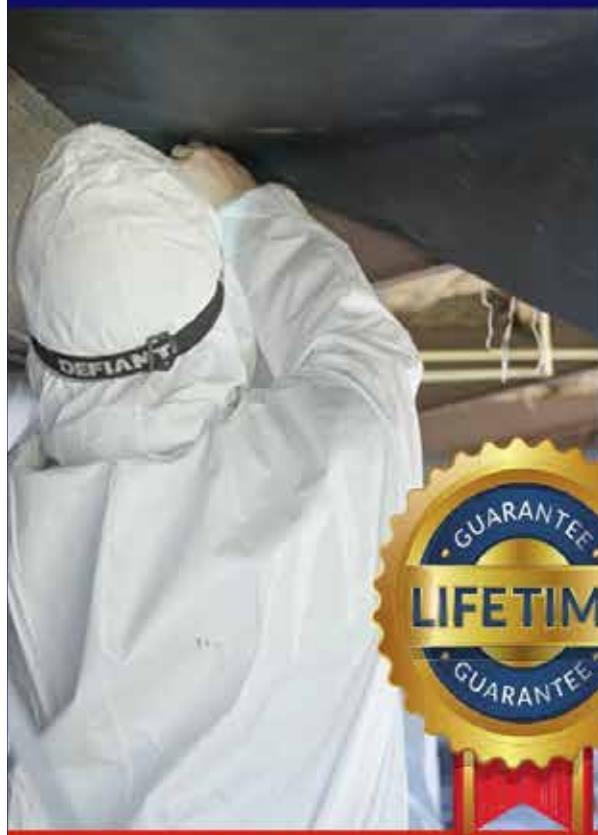
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The Artists' Guild Christmas Celebration



Artists' Guild group photo

On December 6th, our Guild gathered for a holiday party brimming with joy and creativity! We delighted in exchanging beautifully handmade Christmas cards — each one a little masterpiece — and shared plenty of laughter over a lively card game. The room buzzed with wonderful conversations, and we capped it all off with a delicious lunch from the 19th Hole.

It was a day of friendship, artistry, and holiday cheer — a perfect way to celebrate the season together!

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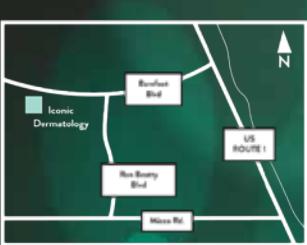
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BarefootBay.com:

A Strong Start and a Community Effort Worth Supporting

There's one specific reason the Facebook Barefoot Bay Community page has more than 20,000 followers — Google.

For years, when anyone searched "Barefoot Bay," that page appeared first. People who had never lived here, visited here, or truly understood our community were forming opinions based on what they read there. And unfortunately, what they often encountered were denigrating, misleading, and sometimes outright hostile comments about Barefoot Bay.

I'm far from alone in condemning the lack of moderation that allowed that narrative to define us for so long.

Six months ago, we launched a different approach — a resident-built, community-focused website designed to give Barefoot Bay a fair, accurate, and local voice.

And thanks to your visits, participation, and support, something important has happened.

We've climbed.

For more than a month now, BarefootBay.com has consistently appeared ahead of that Facebook page in Google search results for "Barefoot Bay." That means the first impression people get about our community is finally coming from us — residents who live here, care about this place, and want to represent it honestly.

That didn't happen by accident.

It happened because you showed up.

You clicked.

You read.

You shared.

You participated.

You made this possible.

And you should be proud of that.

But here's the honest part: this progress only continues if the community continues to support it. BarefootBay.com is not driven by algorithms, outrage, or outside interests. It doesn't sell your data. It doesn't manipulate what you see. It exists because residents contribute — with their time, their voices, and, yes, their financial support.

If you value:

- A clean, accurate source of local information
- A positive alternative to Facebook
- A platform that reflects Barefoot Bay instead of distorting it

Then this is the season to step up.

Becoming a sponsor — \$5 per month or \$50 per year — helps keep BarefootBay.com local, independent, and accessible to everyone in the community.

If you've ever said, "I'm glad this site exists," this is how it continues.

We're off to a strong start. With continued participation and support, we can ensure that when anyone searches

"Barefoot Bay," what they find is a community that shows up for itself. Good job, Barefoot Bay — and thank you for helping keep our voice strong.

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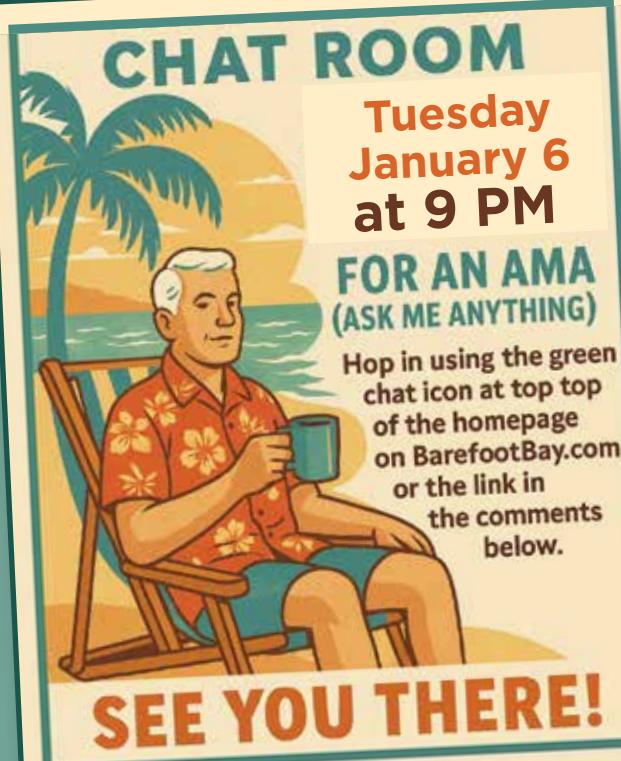
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February Issue Deadline - January 16, 2026
February Issue Publishes - January 30, 2026

AMERICAN LEGION POST #366

Barefoot Bay American Legion Post 366 has resumed regular meetings, the next being on Tuesday, January 20. We meet on the 3rd Tuesday of each month at 1 PM in Building D. The agenda includes planning for the January 24 Celebration of Life and the upcoming golf tournament. The LEGION Act, as passed by Congress, removed the "date gaps" in order to join the American Legion. Any member of the military who has served honorably since Pearl Harbor Day (1941) is now eligible to join. For more information, call Commander Jeff Grunow at 772-202-4926.

Upcoming Events:

Veterans Picnic – On Saturday, January 17th, 2026. The American Legion, Veterans Council, and Marine Corps League will be sponsoring a veteran "meet and greet" picnic at the Gazebo behind Building A, 1100 to 1300. All veterans, veteran spouses, and widows are encouraged to attend. If you have one, please wear your service branch cap or T-shirt.

Celebration of Life for Ray Bourgault – A Celebration of Life will be held for Ray Bourgault on Saturday, January 24, from 11 AM to 2 PM, at the Veterans Gathering Center. The Veterans Gathering Center is located next to the Water Department Office. Ray was an early commander of the Barefoot Bay American Legion and, upon his death, commander of the Barefoot Bay Veterans Council. The public is invited to stop by and pay respects.

Sandy Lobello Veterans Golf Tournament – Join your fellow golfers at this yearly event, Saturday, February 7, with morning and afternoon starts. We are currently searching for door and raffle prizes.

Jeff Grunow
Commander

ARTISTS GUILD

Happy New Year from the Barefoot Bay Artists' Guild!

What a vibrant year we've shared—and now we're ready to make 2026 even brighter!

Save the Date: Our 46th Annual "Art from the Heart" Show on January 11th, Building A, 10 a.m. – 3 p.m.

This year, the people of Barefoot Bay will step into the spotlight as our judges. You will choose the best!—making this a thrilling, interactive celebration of creativity and community.

Explore stunning works from our talented local artists, which will be available for purchase.

Bid in our silent auction of small paintings, with proceeds supporting the Barefoot Bay Community Fund to help neighbors in need.

This sensational event is open to the public and welcomes everyone who loves art, connection, and joy. Come celebrate the soul of Barefoot Bay—where every brushstroke tells a story and every heart beats with creativity!

Mark your calendars and join us for a day where art truly comes from the heart!

Bonnie J. Murphy

BAREFOOT ANGELS

Barefoot Angels is recruiting volunteers to join us in supporting our residents.

We operate on a "neighbors helping neighbors" model. Orientation sessions are

on the first Tuesday of each month from 6 PM to 7:30 PM in building D/E. Call or email to reserve your spot. If you are unable to attend orientation, please reach out, and we can coordinate getting you the materials to review on your own. Please visit our website for more information @barefootangels.org

Phone: 321-522-9321, Email: barefootangels1@yahoo.com

BLOCKS OF FUN - QUILTING AND SEWING

The Blocks of Fun Club is a year-round club offered to all residents. The club provides a place for people who would like to bring sewing projects and quilting projects to work on when extra space is needed. We can comfortably seat approximately 8 residents. Feel free to stop in and visit to see if it meets your needs. You should be prepared to bring your own supplies. The classes are not structured projects, just a place to spread out and work on your projects.

Come join us on Thursday afternoons (noon for setup), class starts at 12:30 pm to 3:30 pm. At Building C, located between Building A and the Lounge at the Pool #1 entrance.

I'll take this time to welcome our Seasonal Residents back, once again!

You can expect to make a few new friends at Blocks of Fun!

Please call 772-321-0829 and leave a message for a return call, as we sometimes have limited space during the season.

Respectfully submitted,
Karen S Gallagher, President
Janice Healey, Vice President

BOCCE

The Thursday Morning Bocce League will resume play on January 8th after the Holidays. There are 8 teams playing on the four courts in front of Building A. We still have a few openings to fill. No previous Bocce experience is needed; come try this sport out. Our Seniors are our best players!

BRIDGE

We play contract/party bridge on Monday evenings. Please call Lois to sign up for a seat, as there are 4 to a table. We begin at 6 PM, but please arrive a little earlier. Landline phone number 772-664-1199. We play in Building C, which is next to Building A.

BRITISH CLUB

Our December meeting was held on December 16th with a Christmas theme. Our meal was Roast Beef, Baked stuffed shrimp, baked potato, broccoli, salad, and red velvet cake for dessert!

Membership Renewal is ongoing, and the membership fee is \$10.00 per member (includes festival raffle tickets) and must be completed by January 31, 2026. Please note that the change will not be available. Please bring either a check or exact cash.

We will have our January meeting on the 20th in building A with a Scottish Theme and Music Bingo. Last year was the first year we did music bingo, and we had a blast! As always, Dougie makes it so fun, and there will be prizes. Our meal will be Chicken Piccata, rice pilaf, mixed vegetables, and a salad. Our members will provide Trifles for dessert. (always delish)

Please contact Debbi O'Hara at 321-408-1687 no later than Thursday, January 15th,

See Club News Page 15

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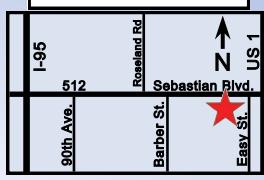
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Friday Russ Gagner MC/DJ 11-1
Electric Tree Frogs 1-4:00
LUNA PEARL 6-9:30

Saturday Russ Gagner MC/DJ 11-1
Greg & Brian 1-4:00
SHOVELHEAD 6-9:30



Over 75 Artisan & Food Vendors

Club News from Page 14

for your tickets. Tickets for members are \$16.00 and \$18.00 for guests.

Just a reminder that the Ethnic Festival bake sale will be held on Saturday, January 10, 2026. Please drop off your baked goods between 7-7:30 on that morning. Thank you to all who generously offered to bake or made a donation.

Cheers,

Cyndie

CHESS CLUB

Chess Club meets in Building C, 8:30-12:00 every Wednesday.

All skill levels are welcome. Looking for new players.

Come join us.

CHRISTIAN WOMEN'S CLUB

Merry Christmas from us to you! If you missed our Christmas luncheon, you missed a wonderful celebration of the birth of our Lord and Savior! Happy Birthday, Jesus!! Amy had decorated, with the help of many ladies, and did an absolutely beautiful job. The room looked beautiful! Thank you so much, Amy. Zella opened the meeting with prayer, then the choir sang. Dottie and her crew served a wonderful lunch, Lasagna catered by Holy Canoli, which is always so good! Also included salad, rolls, and butter. Dessert was loads of homemade cookies, all wonderful, and some fruit. I owe an apology to the sweet lady who makes and donates the dessert every month; her name is Myra. So sorry I did not get that correct! The room was crowded, we had 111 women and a few men. Hope the men who came enjoyed themselves. After we were all full from lunch, the choir put on a show that was wonderful. In the middle, we were surprised by several Little Drummer Boys, who circled the room. Our thanks to Joyce and her choir for all the practice they put into making every luncheon wonderful. Our main objective is to glorify the Lord and spread the Gospel in Barefoot Bay. If you need prayer, please let one of us know; we are always available. Gayle was on a cruise with her husband amissed!!

Never be afraid to share the Good News of Jesus Christ when God gives you an opening! People are not rejecting you; they are rejecting Jesus, but you have planted a seed, and that is what the Lord asks of us.

Our January meeting will have a theme, which is "Let it snow, let it snow... somewhere else!" I hope to see all of you there. If you did not make your reservation, please call Ruth at 772-202-4251. Walk-ins are allowed, but it helps our cooks to know how many to prepare for.

Happy New Year!!

Jane Fruscella,
772-202-4214

COMPUTER CLUB

Happy New Year. Often, we take advantage of this time to look back at the past year and review. During the past year, we have had programs covering the use of these electronic communication devices for our convenience, efficiency, and connections. We learned about Air Tags to keep track of important things like luggage, golf carts, pets, and more. We also learned about the Digital Wallet to organize all those reward cards, online shopping hints, safety and security, scams, photo and email organization, and how to use your cell phone calendar for appointments, events, birthdays, and anything you need help remembering. Our continued focus is on making these devices work for our benefit. Our members shared tips and tricks they have learned as they use computers, notebooks, and cellphones in their everyday lives. If this sounds like something you would be interested in, please consider coming to our January 23rd meeting. This is our Membership Kick-Off meeting- membership for individuals is \$10 per

calendar year or \$15 for a family membership. Where else could you get valuable tips, instruction, individual help with your phone or computer, as well as delicious goodies and a little social time for \$10 per year? The meetings are held on the 4th Friday at Building D&E beginning at 6:00 pm. For the first half hour, we have a one-on-one time to help you resolve questions you may be having. The program follows a short business meeting. Sharing ideas, problem-solving, learning new uses, and being more proficient are the goals of the Computer Club. Won't you join us?

DEMOCRATIC WOMEN'S CLUB

Here's hoping that everyone had an enjoyable holiday season. It is sometimes hard to be upbeat given all that is happening in our world, but being with friends and family always makes it better. Lucky for us, we do not have to slog through a cold and snowy winter. We have no excuse not to get out and do something to ensure our future will be better. We have already started showing up in the Bay with signs and flags to encourage us all to think about voting in the midterms in 2026. You will see us monthly, and we hope you will consider joining us to get the message out. Many Democrats did NOT vote in 2024, along with many NPA's. We need your votes in the next elections. It's a critical time for everyone, no matter what party you have been supporting in the past.

Florida's 2026 mid-term election will be coming soon, and it is not too early to get involved and make your voice heard. If you want to join our rallies, check our Facebook page for dates.

We welcome registered Democrats or interested NPA to our Club. We meet monthly on the 3rd Thursday at 3:30 pm in Bldg D. Learn more by going to our Facebook page: The Democratic Women's Club of Barefoot Bay. For information, email BarefootBayDWC@yahoo.com or call 321-349-9565 and leave a message. We look forward to your visit.

Reminder: Everyone must renew the option of getting a Mail-In Ballot this year. Renewal needs to be done after every election cycle! Share with your friends and neighbors how easy it is to use this method of voting. Go to: <https://www.votebrevard.gov/Ballots-by-Mail/Request-a-Mail-Ballot> or Call: 321-633-2127 to request one!

ETHNIC COMMITTEE

Ethnic Food Festival Bake Sale – Saturday, January 10, 2026, 9:00 – 12:00.

This is a reminder that the bake sale for the Ethnic Food Festival is coming fast. This bake sale supports all of our clubs and allows us to purchase the wonderful raffle items that are given away each year at the festival. Last year was our biggest year yet, and we hope to do even better this year.

Come check us out and pick up some yummy homemade baked goods of all kinds. There will be cookies, breads, pies, cakes, etc.

Thanks go to the Irish Club, German Club, Italian Club, Polish Club, and British Club for donating baked goods to be sold. We are also very grateful for the monetary donations that we receive from members who are not able to bake.

Please drop off your baked goods between 7:00 and 7:30 AM the morning of January 10, 2026.

The Ethnic Festival Committee,
Cyndie Bourassa,
Gail Morrison,
Arne Redfern

GARDEN CLUB

The Barefoot Bay Garden Club has an interesting lineup of Programs this year that will pique your interest. Our meetings are held at 9 am on the third Wednesday of the month in Building D&E (next to the 19th

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To combat dry eye effectively, it's crucial to understand the intricate components of your tear film and how they can be disrupted by inflammation. Conditions like blepharitis, rosacea, and auto-immune conditions can exacerbate this inflammatory cycle, further complicating dry eye management.

For mild dry eye, over-the-counter artificial tears may provide relief. However, for moderate to severe cases, a combination of preservative-free artificial tears and punctal plugs—a technique that blocks tear drainage—may be necessary. Omega-3 supplements, particularly those containing GLA found in black currant seed oil, as well as a ketogenic diet can offer powerful anti-inflammatory benefits.

In severe cases, serum tears derived from your blood can provide a rich source of growth factors, enzymes, and nutrients to promote ocular surface health.

By moisturizing your eyes effectively, you can maintain sharp, stable vision and comfort for years to come, even during activities that tend to exacerbate dry eye symptoms. Don't let dry eye hold you back—moist-ur-ize your eyes and enjoy clearer vision and greater comfort throughout the day!

Warm regards,
Val Zudans, M.D.



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Club News from Page 15

Hole). Our Christmas Party was held at Vics Restaurant in December, and Food Donated for the Food Pantry was collected. After our January Meeting on the 21st, we will be touring the Community Gardens here in the Bay. If you have considered planting a garden, this would be a great opportunity to investigate what they offer. We're looking forward to another great year. Join us for coffee, see what we're about.

GERMAN CLUB

Happy New Year, Everybody. Our first dinner meeting of the New Year will be Jan 27th at 5 p.m. in Building "A." We will be serving American Stew and German stew. Again, the ticket price is only \$16.00, so call Vivian at 772/202-4686 to get your tickets.

Glen Ondorff will be entertaining us this evening.

Jan. 10th is the Ethnic Bake Sale. We ask our members to donate a baked item. Baked goods need to be delivered to Building "A" by 7:00 a.m. that morning. If you need someone to deliver your baked goods, call Kathy at 309-635-0300. Remember, you can always make a cash donation instead of baking.

Jan 17th, our club will be hosting a Country Jamboree fundraiser. This will take place in Building "A". Cypress Creek Band by Kenny Williams will be the entertainment. Kenny is well known in our area as a great country/rock band. This event is open to the public. Doors open and 5:00 p.m., and music starts at 6:00 p.m. Bring snacks to share with your table, and a cash bar will be available. Tickets are \$20.00; call Vivian at 772-202-4686 to get your seats.

Feb. 21, the club will be hosting a bus trip to Hollerbach's German restaurant in Sanford, FL. The bus will leave at approximately 2:00 p.m., which will allow an hour for shopping or touring the town before our dinner at 5:30 p.m. A "Family Style" German meal will be served, and we will be entertained by Live German Performers. Tickets for club members and \$40.00, and for guests are \$45.00. Call Kathy at 309/635-0300 to get your tickets.

Frohes Neues Jahr
German for Happy New Year!

GREAT LAKES STATES CLUB

Hi Club Members! Our December 9th meeting had only 44 members, with attendance enjoying the Small Jazz Band (5pcs) from Melbourne, conducted by Mr Kurt Shulenberg. They entertained us with instrumental music of a variety of Christmas tunes and a mix of favorites, slightly over an hour, very well enjoyed! Plenty of extra Sliced Ham from Walmart, which was bagged, sold out. The 14 Poinsettia Plants decorated the dining tables, stage, and head table, that Terri got from Home Depot, were given out by a 'red ticket' number drawing. Much of the table decoration was done by Judy Skene. The 50/50 Collection took

in \$100.00, split with \$50.00 going to 3 winners and \$50.00 to the club. Everyone seemed to enjoy the side dishes and desserts.

A very warm Christmas Celebration!

Our January 13, 2025, meeting starts the New Year entertainment with Shelley and Dave Songer, at 6:30 pm. They both play 80s and 90s songs, good, easy listening! Early sitting starts at 5 pm. The main entree will be 'Homemade Chile', made by 5 member volunteers. Deserri H., Judy A., Kenneth G., Susan L., and Alice Smith. How nice of them to 'step up' to prepare our main meal! Dinner first at 5:30, line up, then the Agenda meeting at around 6 pm. Again, looking forward to those variety side dishes and delicious desserts. So come to have an enjoyable evening on January 13th, to cheer in the New Year, and mingle with old and new acquaintances... Happy New Year!

Daphnia Missad,
Secretary

GREEN THUMB CLUB

Barefoot Bay Green Thumb Garden Club has grown into a pretty lush area with vegetables galore! If you are interested in getting a 10x20 foot area to grow your own vegetables, join us on the first Saturday of each month at 10 am behind the softball field of Wren or right off Dottie Road. Another way to contact us is Liz Dominick at (1)603-520-9552.

IRISH AMERICAN CLUB

Happy holidays,

The Irish American Club enjoyed our Christmas dinner; it was a success.

As the new year is approaching us we are getting ready for our fun-filled events

Irish club members, get ready to bake for our Bake sale on January 10th. Please, if you can donate a baked good, please bring it to building A between 7 am and 8 am that morning

All members, get your free ticket to our Irish dancer performers' show on Sunday, January 18th, doors open at 1:30, show is 3 pm. Non-member tickets are \$10.00.

Call Terri Murphy at 203 592 2939 for tickets.

Also, January 21st, country western dinner,

Chicken & Ribs. \$23.00 a ticket. Music by Pushing Time. Contact Terri Murphy last 15th to purchase tickets for this event is January 15th.

See you all soon,

Happy holidays and Happy New Year!



ITALIAN AMERICAN CLUB

On December 11, 2025, the Italian American Club of Barefoot Bay celebrated its Christmas/Dinner party. I have been here for several years now as the club President. I must tell you this year's party was a huge success. We had a great dinner catered by the Bay, collected many toys for the Bay kids, collected annual dues that have not been raised, signed up several new members, and recognized all the new Officers and Directors who stepped up to help this year. I'm excited for what will happen this year with our new leadership team. We are looking forward to the Ethnic Festival's bake sale on January 10 and the festival itself on March 1. I've witnessed a surge in new members. We welcome our new members and hope you have a great time with our fellowship and traditional meals. Please feel free to contact me with your ideas or suggestions. Thanks to all for your trusted support.

Ron Fashano
President

JEWISH CLUB

Our club is dedicated to understanding our common roots and welcoming folks of all religions. This is not a religious or political group.

We are looking forward to more events in the future and would welcome all new members. Keep an eye on Facebook, emails, and texts for more updates.

We thank everyone who came and helped us light the Hanukkah candles outside Building A. For those of you who missed it, maybe next year.

Our next meeting will be on Wednesday, January 21, 2026, at 3:30 pm at our home.

All are welcome, but please RSVP.

Please call or text Joanne at 860-869-2982 or Jerry at 860-869-2981 to RSVP or if you have questions or just want to chat.

Shalom (Peace).

See Club News Page 17

Club News from Page 16**LAGOON ARTISANS**

LABB has an exciting month for the community and members. The November 12 meeting featured a hands-on demonstration by Watercolor artist Bob Virelli, where all members created watercolor bookmarks under his guidance. The group celebrated a Thanksgiving luncheon at Mo Bay Grill. The two-day Holiday Bazaar was held on November 22nd and 23rd, offering a wide variety of holiday gift ideas.

Members are busy preparing for their January 25th show with the CVO Car Show at Building A from 10 to 3. The show is open to the public and will include music, refreshments, and a silent auction of original art. This is usually a popular show with vintage cars under the oaks and art inside!

Remaining shows are on March 7th and April 4th. All are in Building A from 10 to 3.

LABB meets every second Wednesday, October through April, at Building D/E from 10 to noon. Meetings involve planning the shows and sharing art techniques. We typically work on our art independently. Many members are also active in the art scenes in Sebastian, Vero Beach, Melbourne, and Cocoa Village. We live in a vibrant art community!

Lagoon Artisans is currently recruiting new members. We are a small group that holds four shows each year, providing ample opportunities to show and sell your art. We try to have fun and enjoy each other's company in between the work! The club represents many skill levels and media. If you are within the Tattler's range, consider joining us.

Local artists interested in exploring opportunities should call President Georgene Granholm at 908-337-9400 or me and plan to attend a meeting or show. Bring 3 samples of your work to be juried into the club. Membership is just \$15 per year! Table fees are \$10. We enjoy meeting new artists, so join us.

Dan Martin, Secretary
609-432-1059

LINE DANCE CLUB

Learn to line dance to country classics while supporting our local veterans, their families, and the Barefoot Bay Community.

The Barefoot Bay Line Dance Club meets on Thursday mornings in Building A through May 2026. The instructor will be Dona Gionet.

The schedule will be:

9:00-10:30 am - Beginner class with instruction.

10:30 am to 11:00 am - Improver level with open dances and requests.

The cost of each class will be \$5 for Barefoot Bay residents and \$10 for non-residents. Please remember to bring your badge each week. A portion of all monies will go to the Veterans in the Bay at the end of the season.

*Please note: Time will now be 9 am to 11 am. This year is shaping up to be an exciting one! Dona is planning to introduce more dances and has several fun and engaging activities in store. Come one and all.

The January 2026 schedule will be January 8, 15, 22, and 29.

There will be no line dancing on January 1, 2026, New Year's Day.

Hope you all had a Happy Holiday season.

See you on the dance floor

Joanne Blum, President
Mary Ellen Stagliano, Vice President
Doris McNamara, Treasurer

LITTLE THEATER

Love the spotlight—or the magic behind the scenes? The Barefoot Bay Little Theater Club is calling theater lovers of all kinds! We will begin working on your next production in early January 2026. Whether you're a

seasoned performer or backstage hand, or just curious to try something new, our fun and welcoming group has a role for everyone. Join us as we bring stories to life, build friendships, and share laughter and creativity with our community. No experience necessary—just a passion for the arts and a love for a good time! Contact Jody via phone/text or email @ 920-428-4258/jagahnz@gmail.com.

LOL YOUTH GROUP

See the G-A+Z-ETTE article on page 5.

NEW YORK CLUB

Well, 2026 is upon us! Where does the time go?

Our next meeting will be on Jan. 6th, Building "A", 5 PM. Call Ron at 908-625-6588 for dinner tickets. The cost is \$20.00 per person. We will be having Lasagna, Salad, Italian bread & dessert. The deadline to purchase tickets is Jan. 2nd.

There are still a few people who have not picked up their "Singing in the Rain" tickets. Lynne will have them at our Jan. meeting.

On March 8th, we will be taking a Capt. Hiram's Pelican Island Boat Trip. For more information, contact Bob at 772-202-4139.

If you lived or worked in New York, please consider joining us.

PETALS AND PALMS CLUB

Our last meeting was on Wednesday, Dec. 3 at 10 am in the Adm. conference room. At that time, we approved payment of \$50. for our Christmas decorations at the Christmas parade. Also in anticipation of the annual letter from the Veterans Council re. sponsorships at the Veterans' golf tournament in February, we approved \$50 for that.

After the meeting, we went over to our brick Reflection Garden and saw that it was in awful condition, the bricks were covered in black, could not read the inscriptions. Luckily, Property Services stopped by, and Ralph from P.S. said he would pressure-wash everything within a couple of days, which he did the same day! I personally went over to P.S. to give Ralph our thanks to his boss, Dominic Toigo. Petals and Palms has always had a great relationship with P.S. for over 20 years.

Our next meeting is Wednesday, January 7, at 10 am in the Adm. conference room.

Jo-Anne Stukas

PICKLEBALL CLUB

The Barefoot Bay Pickleball Club hosted its annual Toys for Tots Fundraiser on December 13th. It was a huge success!

We had 63 players and a dozen spectators who all brought a new toy to be donated to the Brevard area kids! The Barefoot Bay community donated whether or not they were participating in the event. Great job, everyone!

Special thanks to Lisa, Grace, and all the other volunteers who gave up their time to organize, bake, sit at booths, clean up, and deliver the toys. We wouldn't have a tournament without you for a wonderful cause. Merry Christmas!!

**SENIOR SOFTBALL**

Hoping everyone had a safe and wonderful Holiday Season, and best wishes for the New Year!

It's finally here! The 2026 Barefoot Bay Senior Softball League regular season! The members are showing off their new gloves and bats that were found under

the Christmas tree. The teams have been drafted, and new jerseys and hats have been distributed. The field is in pretty good shape with the extended fence now erected in the left and center fields. A 'Clean Up Day' is scheduled for Friday, January 2nd, just to add a little 'sparkle' to the grounds and facilities. Then comes the big day, Tuesday, January 6th; Opening Day!

The new jerseys will be sporting the names of our team sponsors: Sabol Air, Schneider Insurance, Ridge Automotive, Indian River Fitness, Barefoot Bay Food Store, and our newest team sponsor, Summit Diner. On behalf of the League, I would like to thank the team sponsors and all the local businesses that support the League through the purchase of advertising banners, which currently hang on the outfield fences.

We have had a fantastic pre-season. Some of the games have been close, and some have been, well, let's just say 'Thank goodness for the Mercy Rule'. The extended fences in center and left field have added a new challenge to those players who routinely crush home run balls over the fence. The fence also keeps the balls from being hit into the garden outside of left field. No more confusing a yellow softball for a tomato or melon. The improvements in most of the players have been interesting to watch. Many of them have not picked up a glove or a bat since the playoffs last March, and it showed. Sometimes it looked like the Keystone Cops playing out in the field; ground balls being hit to second base, dribbling through and by the short fielder and the center fielder, and reaching the fence; a play at 2nd where the 2nd baseman, the shortstop and the 3rd baseman all cover the bag with no one covering 3rd base; and of course the throws.

See Club News Page 18

WINTER BEATS CONCERT SERIES 2026

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Wednesday Barbeque Night.. 13.99	Saturday Prime Rib.. 8oz. 18.99 & up

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Club News from Page 16



we play three games. Coffee and donuts are available at "Patty's Stand" for purchase. There is plenty of room on the bleachers and parking along Dottie Road. So come on down and experience the excitement for yourself. See you at the field.

THE WHITE CAPS - RETIRED NURSES

"The White Caps" Barefoot Bay Retired Nurses and Nurses Aids Group

Happy New Year!! I hope everyone got through the Holiday unscathed.

I hope everyone had fun with the Goofy Gift Exchange. There were many great gifts. See pictures on Facebook.

Please spread the word around the Bay about our group. New members are always welcome. All retired Nurses and Nurses' Aids who live in Barefoot Bay are welcome to join us.

We will be going to MoBay Grill, 1401 Indian River Dr, Sebastian, FL 32958, on January 14th due to many requests.

Please call or text Sandie at 716-445-8815 or Jan at 772-664-5531 if you're attending by Jan 12th, so I can confirm reservations. Also, let us know if you need directions or a ride.

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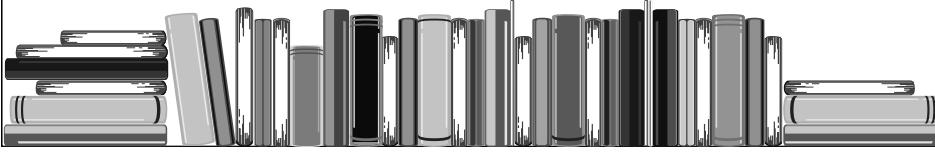
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LIBRARY HAPPENINGS



South Mainland Public Library

Programs Sponsored by the Friends Of The South Mainland Library

Adult Programs

Please call the library at 772-664-4066 for more information regarding programs.

Gentle Yoga

Come in for Gentle Yoga every Monday at 10 AM. Gentle Yoga is a low-impact form of yoga that uses slow and controlled movements. Chair for poses and balance is optional.

Please bring a yoga mat and water. \$5.00/session payable to the instructor.

Quilters

Come in and work on your quilting pieces every Thursday at 6:00 PM. Non-instructional group.

Chair Yoga

Come in for Chair yoga every Friday at 10:30 AM. Chair Yoga is gentle and uses a chair for poses and balance. \$5.00/session payable to the instructor.

Master Gardeners

Bring all of your gardening questions, problems, and issues on Tuesday, Jan. 6th and Jan. 20th at 2 PM.

Mystery Book Club

Pick up your copy of Spoils of the Dead by Dana Stabenow in the Reference Department at South Mainland Public Library. The book club is meeting at Building C on Saturday, Jan. 13th at 1:30 PM.

Building C address: 625 Barefoot Blvd, Barefoot Bay, FL 32976

Adult Art Classes

Create a Cupid's Arrow Wall Hanging on Thursday, Jan. 22nd at 1 PM.

\$5.00 nonrefundable fee for supplies payable at the time of preregistration at the Circulation Desk.

Third Thursday @ 3 Book Club

Pick up your copy of Small Things Like These by Claire Keegan in the Reference Department at South Mainland Public Library. The book club is meeting at the Civil Volunteer Organization Office on Thursday, Jan. 15th, at 3 PM.

Civil Volunteer Organization address: 935 Barefoot Blvd, Barefoot Bay, FL 32976

Scrabble Club

Come in for a game of Scrabble on Jan. 28th at 10 AM. Please bring your own board.

Adult Classes

Beginning Computer Classes: Ask library staff questions about technology and learn more about your devices on Wednesday, Jan. 7th at 1 PM.

Youth Services Programs

Please call the library at 772-664-4066 for more information regarding our free youth programs.

Read Your Way to K Playdate – Babies and Toddlers

We invite babies, young toddlers, and their caregivers to join us for an hour of stories, songs, and games every Wednesday at 10:30 AM in the Children's Room. Reading and storytelling allow our littlest patrons to discover speech patterns, new words, and language. Our fun and informal program is designed to enhance those skills through age-appropriate play.

Science, Technology, Engineering, Art, and Math (STEAM)

Experiment, Explore, and Engage with some fun hands-on projects on Friday, Jan. 9th and Jan. 23rd at 3 PM! This program is intended for ages 7 and up, and a supervising adult is required to be present in the room at all times.

South Mainland Public Library

7921 Ron Beatty Blvd., Micco, FL 32976

772-664-4066

Library Hours:

Monday: 9:00 AM to 6:00 PM

Tuesday & Thursday: 12:00 PM to 8:00 PM,

Wednesday & Saturday: 10:00 AM to 2:00 PM,

Friday: 9:00 AM to 5:00 PM

Closed on Sunday.

Any person requiring special accommodations to participate in any class or event due to a disability may arrange for accommodations by contacting the location at which the event is held at least seven days prior to the event. This flyer is intended to be ephemeral in nature; as a result, if you need 508-compliant information, please contact the location, and it can be provided.

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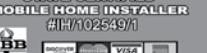


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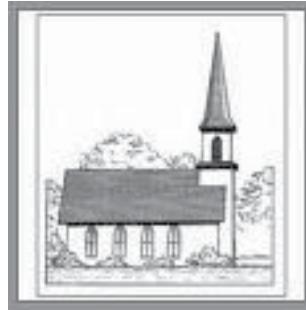
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CHURCH NEWS



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Has the glow of Christmas already started to fade? Is the rush to get things done, the house and yard decorated, and all of the "to-dos" done? According to the calendar, it will soon be time to start a new year. Hopefully, the start of a new year brings with it the opportunity to start anew and renewed. Yes, the decorations have to be packed away for next year, the house returned to a less hectic time and space, and even some of those extras in the food, gifts, and pounds department need to be dealt with. Can we also "pack away" some of the anger, frustration, and hurt that clutter our lives? As we look at the "stuff" that needs to be put away, try also to put away some of the "stuff" that complicates our lives- not carefully packed away to be used again, but really put away- out of sight and out of mind! Have the Baby Jesus, Mary, and Joseph also been carefully packed and put away- along with the promise of a new life in Christ? Has Santa, with his jolly smile and promise of gifts, also been packed away? Whether you are a Christ Follower or not, there is a promise of Christmas that should not fade from us. That is the promise that comes when people see each other as gifts, loved and cherished, protected and valued. Please don't pack away the best of Christmas time. If you would like to keep that spirit alive, consider joining with other Christ Followers to learn more about how to "pack away" the things that hurt us and renew the things that we really need to move into a New Year. The Concordia Lutheran Church Family wishes you a blessed New Year, filled with promise, fulfilled through a relationship with our God. We welcome you to services at 10:30 am every Sunday morning.

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Good Inputs for a Good Year

Psychiatrist J.T. Fischer wrote, "If you were to take the total of all authoritative articles ever written by the most qualified of psychologists and psychiatrists on the subject of mental hygiene -- if you were to combing them and refine them ... -- if you to take the whole of the meat and none of the parsley, and if you were to have these unadulterated bits of pure scientific knowledge concisely expressed by the most capable of living poets, you (would) have an awkward and incomplete summation of the Sermon on the Mount. And it would suffer immeasurably through comparison. For nearly two thousand years, the Christian world has been holding in its hands the complete answer to its restless and fruitless yearnings." The best thought by the best thinkers, condensed and refined, would head awkwardly toward, but never exceed or ever best, the teachings of Jesus.

We all want to start the New Year in the strongest of ways. That will mean gym memberships, dry January, a new budget,... and perhaps new inputs for our mental and spiritual well-being. May I simply commend as an input, what psychiatrist J. T. Fisher commands, The Sermon on the Mount in the Gospel of Matthew of the New Testament, and along with it all the rest of that gospel and the other three as well - Mark, Luke, and John. Surely in them are answers to our yearnings for a good year... and a good life.

Rev. Jeff Wood



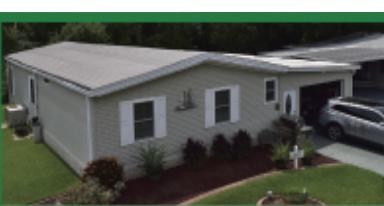
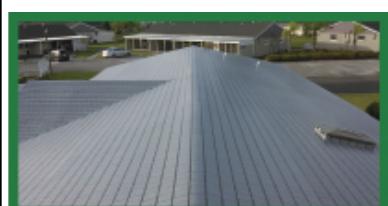
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Obituary

Maurice J. Deschesne

Maurice J. Deschesne passed away on November 26, 2025. Maurice was an avid Lap Swimmer and made many friends at Pool One's Morning Lap Swim. He was also a proficient Chess Player and challenged others at the Chess Club in Building C.

It was not unusual for Maurice to knock on a resident's door and ask if he could take a weathered statue to renew it and return it beautifully restored for free. He loved tag sailing and met many friends along the way.

Maurice is survived by his two sons, Ronald in Palm Bay, and Mark, who lives in Hopewell Junction, New York. His granddaughters Dorian and Jessica and their children, Aiden, Ryan, and Evan, and Jessica's children, Ben, Myles, and Lily. AOL app for iOS

He is also survived by his loving sister, Marianne Pennie, and brother-in-law Bob, his nieces, Christine Perron, Kathleen Mangrelli, Carol Manuwa, Jean Dulac, and nephews, Kevin, Tom, and Rick Punch.

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Barefoot Bay's World of Sports

Ladies' 18 Hole Golf League Ladies' 9 Hole Golf League

November 4, 2025 - Scramble

1st - Sheila Crawford, Zeny LaBarge, Janet Jackson, Kandi Falon -4 (56)
 2nd - Carol Mecanko, Marsha Costello, Sandy Bent, Mary Kaszaneck -1 (59)
 3rd - Sue Stevens, Dianne Kallop, Deborah Bertossa +1 (61)
 CTP Hole #8 - Marsha Costello
 CTP Hole #15 - Sandy Kirkman

November 11, 2025 - 9/18 Hole Scramble

18 Hole Winners
 1st - Pat Lefebvre
 2nd - Anna Pettit, Cathy LeBlanc, Mary Landenberger
 3rd - Tricia Farrell
 CTP #7 - Sharlene Coates
 CTP #11 - Judy Gagnon

November 18, 2025 - S & T Holes

Flight 1
 1st - Cindy Kaloski -8 (22)
 2nd - Pat Lefebvre -6 (24)
 3rd - Sue Stevens -4 (26)

Flight 2

1st - Mary Landenberger -4 (26)
 2nd - Dianne Kallop -3 (27)
 3rd - Michelle Donnelly -3 (27)
 Flight 3
 1st - Ruthann Funari -5 (25)
 2nd - Terry Perry -5 (25)
 3rd - Janet Jackson -5 (25)
 CTP #2 - Eva Sherwood
 CTP #11 - Mary Landenberger

November 25, 2025 - Low Net

Flight 1
 1st - Pat Lefebvre -5 (55)
 2nd - Brenda Maslanka +1 (61)
 3rd - Tricia Farrell +2 (62)
 Flight 2
 1st - Cammi Provencher -9 (51)
 2nd - Judy Skene -7 (53)
 3rd - Dianne Kallop -1 (59)
 Flight 3
 1st - Tish Garrett -6 (54)
 2nd - Eva Sherwood -3 (57)
 3rd - Mary Kaszaneck -2 (58)
 CTP # 2 - Eva Sherwood
 CTP #15 - Pat Lefebvre

November 4, 2025 - Total Odd Holes

Flight 1
 1st - MK O'Brien 14
 2nd - Betty Greco 15
 3rd - Debra Corkins 16
 3rd - Janet Felke 16
 3rd - Barbara Minklein 16
 3rd - Cathy Duggan 16
 Flight 2
 1st - Sheila Johnson 14
 2nd - Jerri Blauvelt 15
 2nd - Elaine Armstrong 15
 3rd - Joan Lovejoy 18
 Birdie - Cyndie Bourassa Hole #13
 CTP Hole #13 Cyndie Bourassa 49"

November 11, 2025 - 9/18 Tournament

Scramble
 1st - Judy O'Donnell 60
 Debra Corkins
 2nd - Donna Sadlowski 62
 3rd - Chris Berquis 63
 Joan Lovejoy
 4th - Cyndie Bourassa 64
 Rosemary McCloskey
 Hole in One - Hole #15 Debra Corkins

Congratulations

CTP Hole 3 Chris Berquist 10'2"
 CTP Hole #11 Judy Gagnon 12'1"
 CTP #15 Debra Corkins - Hole in One

November 18, 2025 - Mystery Game

1st - Penny Zellman 38
 Pat Moody
 Francine Lanthier
 Elaine Armstrong
 2nd - Mary Draper 40
 Barbara Minklein
 3rd - MK O'Brien 41
 Donna Sadlowski
 CTP Hole 15 Susan Gilman 8'8"

November 25, 2025 - Scramble

1st - Penny Zellman 34
 Janet Felke
 Pat Gallant
 Terri Murphy
 2nd - Judy Rice 34
 Lynn Morey
 Barbara Minklein
 Collette Piche
 3rd - MK O'Brien 34
 Mary Draper
 Priscilla Kaiser
 Debbie Thornton
 CTG Hole #7 Janet Felke 20'3"

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Barefoot Bay's World of Sports

Men's Golf Association

Nov 19 - 4 Man 2 Best Ball

Flight 1	
1st - Al Sacher, Kully Smith, Scott Cochrane, Mike Coats	-26
2nd - Mark Lavaway, Kris Vasiliu, Stu Schwab, Bob Burrow	-26
Flight 2	
1st - Sam Zurich, Dave Foisy, Dennis Daly, Steve Morris	-26
2nd - Rich Healy, Mie Geraci, Jim McSally, Denis Doran	-22
Flight 3	
1st - Herb Steelman, Manny Pereira, Jack Martidon Page	-24
2nd - Bob Boutot, Glen McClelland, Floyd Lynds, Virgil Cypher	-21
Pinshots	
Flight 1 - Jim McClintock	
Flight 2 - Carry-Over	
Flight 3 - Gerard Theurin	
Nov 26th - Scramble	
Flight 1	
1st - Marc Dingman, Larry Lebsrge, Bruce Amoss, Joe Cali	-8
2nd - Brian Jackson Stusch Waberry Bain Dave Guilford	-6
Flight 2	
1st - Jim McSally, Dan Strom, Charlie Zavesky, Brady Mitahell	Even
2nd - Ken Gionet, John Styron, Glen McClelland, Don Page	Even
Pin Shots	
Flight 1 - Team Of Rich Krywe, Kris Vasiliu, John Chichadel, Rich Healy	
Flight 2 - Team Of Ken Gionet, John Styron, Glen McClelland, Don Page	

Dec 3 - Low Net

Flight 1	
1st - Gene Pettit	-3
2nd - Rich Krywe	+2
Flight 2	
1st - Sam Zurich	-1
2nd - Dennis Denobile	Even
Flight 3	
1st - Paul Voit	-5
2nd - Brad Jackson	-3
Pinshots	
Flight 1 - Mike Maino	
Flight 2 - Paul Shamansky	
Rich Healy Hole-In-One	
Flight 3 - Brady Mitchell	

Dec 10th - 4 Man 3 Best Ball On Par 4 / 2 Best Ball On Par 3

Flight 1	
1st - Dave Lane, Sam Zurich, Dave Guilford	-14
2nd - Rich Krywe, Don Page, Stu Schwab, Dale Fowler	-8
Flight 2	
1st - Paul Steinhauer, John Styron, Dave Foisy	-11
2nd - Alan Gamache, Gary Collins, Bob Terrano, Mark Farrell	-4
Flight 3	
1st - Brad Jackson, Gerard Theurin, Bill Jackson	-20
2nd - Bob Boutot, Paul Voit, Virgil Cypher, Don Page	-15
Pinshots	
Flight 1 - Tom Smith	
Flight 2 - Jerry Martin	
Flight 3 - Gerard Theurin	

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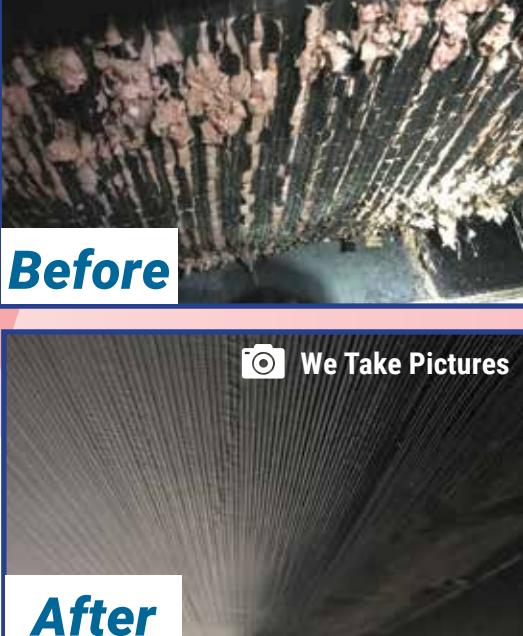
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Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 HAIR OF THE DOG- Lake Stage Lounge Area Local Musicians 11-7pm Brunch 11-2pm \$13 Tickets on sale 19th, Lounge & Admin Bloody Mary Bar! Sara Dianna, Mach II Burny Torres, Zanricky & Pushin' Time.	2 SOUL SHOT-NEW Soulful covers from The Allman Bros, Marshall Tucker, SRV, ZZ Top LAKE STAGE 7-10:30PM	3 GIACO POP ROCK 2nd Time- Great reviews 1st time!! LAKE STAGE 6-10PM
4 MIXTAPE KIDS LAKE STAGE 2-6PM GREAT 80S MUSIC	5 MUSIC BINGO BLDG A 5:30- 8:30p KITCHEN OPEN 4-7pm	6 DOUGIES KARAOKE LAKE STAGE 5:30-9:30pm TACO TUESDAY 4-8	7 TRIVIA LOUNGE 6-8pm Pizz Asta Night 19th Hole 4-7p	8 RUSTIC PUB & ROAST BLDG A 3-7 PUSHIN' TIME 19TH HOLE BAND- SHELL 4:30-7:30pm	9 ALLEN WRONKO Local fave LAKE STAGE 7-10:30PM	10 ROCKIN' RX Dance through the decades.... LAKE STAGE 6-10PM
11 TC AND SASS LAKE STAGE 2-6 PM DANCE YOUR SASS OFF!	12 MUSIC BINGO BLDG A 5:30- 8:30p KITCHEN OPEN 4-7pm	13 DOUGIES KARAOKE LAKE STAGE 5:30-9:30pm TACO TUESDAY 4-8	14 TRIVIA LOUNGE 6-8pm Pizz Asta Night 19th Hole 4-7p	15 RUSTIC PUB & ROAST BLDG A 3-7 ANA & JOE 19TH HOLE BAND- SHELL 4:30-7:30pm	16 CHECKMATE Don't miss this band! LAKE STAGE 7-10:30PM	17 SOULTIME Dance favorites LAKE STAGE 6-10PM
18 SHAEILYN BAND LAKE STAGE 2-6PM NEW!! CLASSIC SOUL/BLUES/FUNK/ ROCK	19 MUSIC BINGO BLDG A 5:30- 8:30p KITCHEN OPEN 4-7pm	20 DOUGIES KARAOKE LAKE STAGE 5:30-9:30pm TACO TUESDAY 4-8	21 TRIVIA LOUNGE 6-8pm Pizz Asta Night 19th Hole 4-7p	22 RUSTIC PUB & ROAST BLDG A 3-7 TA WILLIAMS 19TH HOLE BAND- SHELL 4:30-7:30pm	23 SWITCH Start the dance party weekend featuring Ana! LAKE STAGE 7-10:30PM	25 GROOVE INFUSION 4 piece party band Top 40 from last 6 decades! LAKE STAGE 6-10PM
25 THE KORE LAKE STAGE 2-6PM CLASSIC ROCK & POPULAR TUNES!	26 MUSIC BINGO BLDG A 5:30- 8:30p KITCHEN OPEN 4-7pm	27 DOUGIES KARAOKE LAKE STAGE 5:30-9:30pm TACO	28 TRIVIA LOUNGE 6-8pm Pizz Asta Night 19th Hole 4-7p	29 RUSTIC PUB & ROAST BLDG A 3-7 RICK FERRIN 19TH HOLE BAND- SHELL 4:30-7:30pm	30 ANGEL CITY They are back! Five piece 70s- CURRENT ROCK LAKE STAGE 7-10:30PM	31 UNIT 5 -NEW Stones, Aerosmith, ZZ top, Foghat, Joe Walsh, Elvis, Black Crowes LAKE STAGE 6-10p

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