

Hidden Risk: The Underinsurance Problem in Barefoot Bay

By: Rob Allan



It's bad enough that many in our community have decided to cancel or forgo property insurance altogether, but imagine losing your home and everything in it, only to discover that the insurance coverage you thought you had is nowhere near enough to rebuild your life. That's the devastating reality Cathee Dover and her family are now facing after an electrical fire destroyed their home at 1200 Calusa Drive in the early morning hours of January 20.

Cathee, along with her husband Alan, her brother Geno, and their beloved 2 ½-year-old cockerpoo puppy, Bugz, all escaped unharmed. But the emotional and financial toll of the fire has left them reeling. What they didn't realize—until it was too late—was that their insurance policy covered only \$70,000 for the dwelling despite the home's value being significantly higher.

"We were shocked," Cathee said. "We had no idea that our insurance was so low. We lost nearly everything—42 years of marriage, our pictures, all the memories—and we don't even know where to begin rebuilding."

Like many Barefoot Bay residents, the Dovers' insurance was provided through Citizens, Florida's state-backed insurer of last resort, which limits coverage based on the age of your manufactured home. The Dovers purchased their home in July 2024, and the insurance policy was automatically rolled into their mortgage, taxes, and fees. Because of this, they never had a direct conversation with an insurance representative about their coverage limits.

It was only after the fire that they learned their situation was not unique. Many manufactured homeowners in Barefoot Bay may be vastly underinsured without realizing it. Policies often fail to reflect the cost of upgrades or market value, leaving homeowners vulnerable in the event of a disaster.

The Dovers' story has raised alarm bells among their neighbors. Many are now questioning whether their own policies would provide sufficient coverage in the event of a total loss. "I was told by a neighbor that many in our community could be in the same situation,"

Cathee said. "We just want people to be aware before they end up in our shoes."

Insurance limitations on manufactured homes can be complex, with factors like the home's

age, condition, and type of upgrades affecting how much coverage is offered. However, many homeowners may assume they are fully protected without reading the fine print.

The Dovers' hearthreaking experience serves as a wake-up call for all Barefoot Bay resi-

The Dovers' heartbreaking experience serves as a wake-up call for all Barefoot Bay residents. If you own a manufactured home, now is the time to review your policy carefully. Here are some key steps to ensure you are properly covered:

Review Your Policy – Check the dwelling coverage amount and compare it to the actual replacement cost of your home.

Talk to Your Insurance Agent – Ask if your policy reflects recent upgrades and whether additional coverage options are available. *Consider Private Insurance* – While Citizens may be the only option for some, other

insurers might offer better coverage. It's worth shopping around.

Understand Personal Property Limits – Many policies cap coverage for belongings at a fraction of their true value. Consider adding riders or increasing coverage if necessary.

Document Your Belongings – Keep a digital inventory of your valuables, including photos, receipts, and serial numbers, to help with future claims.

As the Dovers struggle to rebuild their lives, they are grateful for the support of their neighbors. Many have asked how they can help, but the couple is still processing their next steps.

While no amount of money can replace lost memories, awareness can prevent others from facing the same devastating surprise. If you're not uninsured on purpose, now is the time to make sure you aren't underinsured—before disaster strikes.

Grocery Options During Six- Month ALDI Remodel

By: Rob Allan

The Winn-Dixie store located at 7960 US Highway 1, Barefoot Bay's local grocery store, is scheduled to close on March 17, 2025, for a six-month renovation as it transitions into an ALDI supermarket. This temporary closure may pose challenges for residents, especially those without personal transportation or mobility issues. There are many in our community who would struggle to get to Walmart or Publix in Sebastian without assistance.

Many of us are familiar with Instacart and some of the other services suggested below. Comparing in-store pricing to online pricing can be difficult, if not impossible, but it seemed the convenience of delivery always came at a higher price. That being said, it's nice to have the option to have groceries, and Walmart will deliver your prescriptions and liquor purchases as well. The local Community Volunteer Organization (CVO) also offers a door-to-door van service, including Walmart trips, every Thursday for those who like to shop in person but need transportation.

The Barefoot Angels, another local volunteer group of residents, compiled the following list of alternative grocery options and services for those who need that assistance. If you are also interested in volunteering in our community, the Barefoot Angels and CVO are perfect examples of local residents who lead, to help those vulnerable residents in need.

Continued on Page 8





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A Word From Your **Recreation District Chair**

BOT Happenings:

1/28/2025 Meeting Highlights:

A motion to approve the proposed dates of April 29th, Tuesday (1-4 pm), July 12th, Saturday(10-1 pm), and October 14th, Tuesday (6-9 pm) for the 2025 Town Hall meetings was passed unanimously. A motion that the Board of Trustees approve rescheduling Kids' Swim from Wednesdays to Saturdays was passed unanimously.

After a year of using the lightning detection and forecasting software, it has been determined by staff and operations that it does not meet the golf course and pool needs. Therefore, it is not going to be renewed. Staff will go back to use the app previously used, which worked okay. Budgeted funds of \$5,500 for the lightning app will be moved onto the ADA (accessibility project line.

The vinyl covering for the 19th Hole cooler cannot be used. Experts say because of the type of surface, the vinyl would not adhere to it. It was suggested to paint the cooler to match the building. Therefore, of that budget item of \$3,300, \$1,500 is to be moved into the Buildings sub-department to cover the painting of the cooler. The balance of the budgeted funds will also be added to the ADA (accessibility) project line.

1/30/2025 Budget Review / Town Hall:

Review: The Community Manager, Kent Cichon, reviewed the 5-year plan as it exists today and went over ongoing projects. A lot of the projects were placed in the 5-year plan on the recommendation of the maintenance software program called "Facility Dude," which forecasts a maintenance and replacement schedule. These projects are not budgeted and may or may not be needed in the year forecast. It was information only. The FY2026 budget's projects will be determined by the BOT during the 3 or 4 Budget Workshops, which start

As always, the workshops are open to the public, and the 3-minute audience participation is available to use. The budget meetings are BOT business meetings and not Town Halls, so there is no two-way conversation with the board.

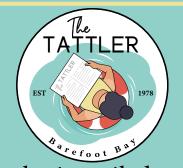
Town Hall: Questions were asked and answered (see the minutes on bbrd.org). Some suggestions were made on how to increase the revenue stream. Amenity changes were also suggested, i.e., painting lines on a tennis court that would make it available to use for two pickleball courts when not in use for tennis.

2/13/2025 Meeting Highlights:

The DOR Ad-Hoc committee was officially formed, and the rules were finalized. All nine applicants were accepted into the committee.

The Lightning detection and cooler wrap projects were removed from the budget, and funds were reassigned as stated above in the 1/28/2025 meeting.

BOT Regular Meeting: Thursday, March 13th, 2025, Bldg. D/E, 1 PM Budget Workshop: Tuesday, March 18th, 2025, Bldg. D/E, 1 PM BOT Regular Meeting: Tuesday, March 25th, 2025, Bldg. D/E, 1 PM



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A Word From the

CVO

Barefoot by the Lake Winter Car Show

Looking forward to March and the first day of Spring's arrival! Normally, in Florida, we wouldn't see too much of a difference in our weather, but this past winter has certainly been challenging. Spring, here we come!

We want to thank everyone for their attendance at the Barefoot By the Lake Winter Car Show. What a great show! The following is the list of the winners.

Best Custom Classic: John Luzzi's 1957 Chevy BelAir Best Street Rod: Steve Roeske 1930 Buick 46-S Best Muscle Car: Jim Feren 2022 Dodge Challenger Scat Best Import: Bob Parks 1956 Jaguar XK 140 NC Roadster Best Truck: Doug Maruzella 1955 Ford F-100

Best Original 1940-1959: Keith Barnes 1956 Pontiac Safari

Best Original 1960-1979: Charles Ecker 1967 Chevrolet Corvette Roadster Best Original 1980-1999: Troy Douglas 1984 Buick Grand National Best Pre WWII: Bernie & Sharon Beatty 1927 Chevrolet Capital Pickup

Best Motorcycle: Paul Pilotte 2016 Indian Motorcycle

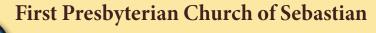
People's Choice: Christopher Morante 1985 Chevrolet IROC Camaro

Best In Show: Al Urenovich 1936 Ford Custom Coupe

The CVO's 7th Annual Golf Tournament will be held on Saturday, March 8th, with an 8:30 a.m. Shotgun Start and 4-person Scramble. Sign up at the Golf Pro Show with the deadline of March 4th. Sign up as a Single or create your own team. The day will include a 50/50 drawing and raffles, \$20 Mulligans, a Poker Run, Men's & Ladies' Closest to the Pin and Team Prizes. Fees are \$45 Member w/trail fees, \$51 Member w/o trail fee, \$60 Non-Members. The fee will include a Green fee, cart, and lunch. Don't forget to wear your green! For more information, contact Joanne Plasse at 772-333-1093.

As a final note, I want to give a shout-out to Barefoot Bay for their incredible support for the annual Barefoot By the Lake Music, Art & Food Festival! This festival is truly the event of the year, and it is such a delight to see our residents enjoying and sharing this outstanding community at its best!

Elaine VanBerschot



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A Word From Your

County Commissioner

Kim Adkinson County Commissioner, District 3

Brevard County, FL. – I am honored to have the privilege of serving you as your newly elected District 3 County Commissioner. It is with a deep sense of responsibility and dedication that I step into this role, and I am committed to serving each one of you to the best of my ability.

As your commissioner, my priorities include supporting smart economic growth, providing premier public safety, the health and healing of the Indian River Lagoon, and ensuring that our county government is transparent, accountable, and responsive to the needs of our community. I consider myself passionate about conservative financial decision-making, and I believe that by working together, we can continue to build a stronger, more vibrant County for future generations.

I am currently seeking applications to fill District 3 vacant Advisory Board seats on the following:

- Audit Committee
- Board of Adjustment
- Building and Construction Advisory Committee
- Citizen Budget Review Committee
- Contractors' Licensing Board (non-construction)
- Health Facilities Authority
- Historical Commission
- Housing Finance Authority
- Marine Advisory Council
- Planning and Zoning / Local Planning Agency
- South / Central Brevard Public Library Advisory Board
- Transportation Planning Organization Citizens Advisory Committee
- Tourist Development Council

Information about each board may be found at the following link: https://brevardfl.granicus.com/boards/w/cbe4088b3c65a780/boards

Applications are available on the Brevard County website, https://www.brevardfl.gov, and can be filled out online for consideration. If you have any questions, you can call my office and ask for my Legislative Aide, Brian Bond, at 321-633-2075.

The Brevard County Commissioners have three upcoming Budget Workshops located at 2725 Judge Fran Jamieson Way, Bldg. C – Third Floor, Melbourne, FL $\,$ 32940

February 20th – 1:00

March 6th – 1:00

March 27th - 1:00

Please feel free to reach out to my staff and me anytime. Our new location is the old location in front of Melbourne Front Street Park, 1311 E. New Haven Ave., Melbourne, FL. 32901.



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Schedule for events at the Veterans Council meeting place. Monday Morning, 9 to 12, Claims and help with whatever we can or know of. Monday afternoon, 1 pm to 4 pm, 1300 to 1600 Domino game called Mexican Train, Wednesday Morning Claims and information. Afternoon 1 pm to 4 pm, 1300 to 1600 Movie afternoon for this month we have four movies for the month... Friday morning, 9 am to 12 pm. Claims help and information. Afternoon 1300 to 1600 or so EUCHRE. Movie Afternoon at the Veterans Council meeting place: Come by for the popcorn and other treats, as well as a great movie... See the Peek of the Week for movies we will be showing.

Donate blood. Deliver hope: Hospitals and clinics nationwide are experiencing a critical blood shortage. Your donation can save lives. To donate, check with a local VA facility or collection agency for availability and to schedule an appointment.

Tax Season Guidance for Veterans: It's tax season. Learn how your Veteran status can help maximize your benefits, find free assistance, and avoid scams. Veterans can access free tax filing help through programs like MilTax, which offers specialized software and support for military families, and the IRS's Volunteer Income Tax Assistance (VITA) program, where certified volunteers assist with tax preparation. Additionally, the IRS Free File program provides free online tax preparation for those with an adjusted gross income of \$79,000 or less.

https://news.va.gov/16726/free-tax-return-preparation-for-veterans-military-membersand-their-families/ We do need to be very careful.

Women's Health Transition Training: The online, self-paced Women's Health Transition Training is available for service women and women Veterans. You can take any time or anyplace at the Transition Assistance Program website. Explore the content further by downloading the Participant Handbook. Visit the women's health website and check out the comprehensive list of women's health benefits and resources.

Putting Family and Friends in Your Mental Health Picture: Relationships with family, friends, and co-workers can have a major impact on your everyday life. Find out how the love, support, and friendship of people who care about you can make the good times even better and can help you get through the bad times.

Step Into a Career in Construction: According to the Bureau of Labor Statistics, more than 528,000 Veterans work in the construction industry. The Hard Hat Heroes initiative allows Veterans to earn free industry-recognized construction credentials.

The 2025 Veterans Benefits Guide is now available: Don't miss out on what you've earned—check out this handy reference guide to learn more. Download today; the handbook contains a comprehensive listing of VA programs, phone numbers, and websites for easy

VA Life Insurance: Since January 2024, 51,199 have enrolled in VA's guaranteed acceptance whole life insurance, Veterans Affairs Life Insurance (VALife). This is an increase of almost 20,000 vets enrolled from last year. Apply or learn more about VALife eligibility today.

CARDS on Friday afternoon Euchre And Mexican Train on Monday Afternoons at the Veterans Council. "EUCHRE" is the Card Game. Al and David are the organizers, so come on in on Friday afternoon at 1330 to game end to play EUCHRE. There is also talk about the Domino game Mexican Train. This Domino Game is fun, and you will play with others. It will be on Monday afternoons from 1330 to the end of games; Ron and Warren will be heading up this on Monday Afternoons. So we will have many, many things going on

We are looking for Women Veterans to join us: Come down to the Veterans Council Office and introduce yourself if you want to relax and spend some time for YOU! Play cards or games, watch a movie, or help out and get involved; we need people to help out with veterans, visit them in their homes, or just meet veterans at our office meeting place. We also make claims to help people with problems and help the wives or partners get help.

Survivor Benefits and Reporting a Veteran Death: Losing a loved one is a challenging time — we are here to help. As the survivor of a Veteran or Service member, check to see if you qualify for survivor benefits, including help with burial costs and survivor compensation.

Please contact the VA to report the Veteran's death and avoid an overpayment of the Veteran's benefits. You can report the death in person at a VA Regional Office, by mail, or by phone. When you do this, the VA will stop any benefit payments the Veteran received as required by law. Reporting the death in a timely manner will help ensure survivors or executors of the veteran's estate do not experience additional financial stress.

Did uou know: You have access to your VA claims development letters on VA.gov? You don't have to wait. By calling 800-698-2411, 24-7 & 877-222-8387, 8 am to 8 pm. If you recently lost a loved one, ask us for a checklist to help you deal with the things that need to be done

Margaritaville Ship is BACK, only bigger: With a new larger ship, but the same reasons for doing their Cruses. First responders and the military are invited to attend their cruises. Online info Margaritaville At Sea Port of Palm Beach 1 East 11th Street Riviera Beach, FL 33404 800.814.7100 Do a search online, and you will be able to get more information.

Hosts and Hostesses: Still looking for Hosts and Hostesses for "The Veterans Meeting Center." You can also email us at veteranscouncil32976@gmail.com. Our area is like a day room where all can gather, talk, play cards, play games, or read in the library.

Veterans Council Office is at 931 Barefoot Blvd #1 ph-772-663-0645. If you need a ride to Viera or Palm Bay VA Clinic, contact us on the transportation line at 772-663-0644! Open every Monday, Wednesday, and Friday from 9 am to 12 noon and from 1 pm to 4 pm; summer hours are Monday and Wednesday from 9 to 12 and Wednesday from 1300 to 1600 for fun, games & movies from 2 to 4. We Served Now We Serve! Hope we see you at "The Veterans Meeting Center."

Renee Chevalier



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Lagoon Artisans of Barefoot Bay Featured Artist March 2025 Mary Ann Hall





MaryAnn in her studio creating a piece of art to submit in a local brewery label contest.

Mary Ann Hall's first memories are of when she painted watercolors on the back porch in the summertime using a small tin of paints. The urge to create has never left her.

After a 25-year hiatus, she finally achieved her dream - time to paint watercolors. Currently, she combines her business background with her art dream by co-owning a gallery that is the cornerstone of Vero Beach's historic arts district, Gallery 14. She also teaches watercolor classes.

As she continued with her art journey, she found that her art involved contemporary watercolors. Her paintings now have an unusual visual feeling created through her use of special papers, new colors, and various techniques. Mary Ann's watercolors span the spectrum from the traditional style to a new, modern, contemporary style. Today she really does belong in the art world.

Scholarship Offered by American Legion **Auxiliary Unit #366**

Are you a graduating senior high school student who lives in Barefoot Bay? Is your GPA 2.5 or higher? Have you applied to or been accepted to a college or university, community college, or vocational-technical school? If you answered YES to these three questions, then you are eligible to apply for this scholarship.

Applications are now available for a \$1,000.00 scholarship being offered by the American Legion Auxiliary Unit 366.

The scholarship will be awarded to a graduating senior who is a resident of the Barefoot Bay Recreation District and has applied to attend a college or university, a community college, or a vocational-technical school. Applicants must have maintained a grade point average of 2.5 or higher. The review committee will consider the applicant's academic record, financial need, and participation in school, extracurricular, and Church activities.

The application deadline is March 21, 2025. Applications received after the deadline will not be considered.

Applications are available at the Barefoot Bay Administration Office's lobby in the information rack (625 Barefoot Blvd - Bldg F; hours 8 am - 4 pm Monday through Friday) and the Guidance Offices of Bayside HS, Heritage HS, Odyssey Charter School, and Brevard Virtual

For more information or questions, contact Jill Daly, Scholarship Committee Chair, at 772-202-4926.







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Continued from Page I

Transportation Services:

Barefoot Bay CVO Van Service:

Every Thursday, the Barefoot Bay Community Volunteer Organization offers a van service that provides pick-up and drop-off at residents' homes to destinations within the area, including trips to Walmart. Additionally, they transport seniors and individuals with disabilities to lunch at the Community Center five days a week. To schedule a ride or for more information, contact the office at 772-663-0633.

Grocery Delivery Services:

Kroger Delivery:

Kroger offers delivery of groceries, including beer, wine, and liquor, to the Barefoot Bay area. Delivery fees range from \$7.95 to \$10.95 per order. Alternatively, customers can opt for the Boost program, which provides unlimited deliveries for \$59 per year with a minimum order of \$35. Currently, Kroger is offering \$25 off the first two deliveries for new customers.

Walmart Delivery Options:

Standard Walmart Delivery: Requires a \$35 minimum order for deliveries. Walmart is offering a 30-day free trial, after which the cost is \$12.95 per month.

Walmart+: A membership costs \$98 per year and includes free shipping from Walmart.com, with no minimum order, and free deliveries from the store with a \$35 minimum order requirement. Walmart+ will also deliver inside a Florida room and not just leave groceries on your porch. Members also gain access to select streaming services (Paramount +) and other benefits.

Walmart+ InHome: For \$138 per year,

Walmart associates will carry your groceries into your home or kitchen and can even help put them away if needed. This service requires a \$35 minimum order, but no additional fees or tips are required. Additional benefits are also included.

Instacart service:

Publix:

Publix offers grocery delivery via Instacart. Customers can place orders through the Instacart platform to have Publix groceries delivered to their homes.

Instacart partners with various local retailers to offer grocery delivery. Service fees vary by order and location, with delivery fees starting at \$3.99 for orders over \$35. Instacart also offers a membership option that includes free delivery on eligible orders. Contactless delivery is available through Instacart as well.

Participating stores in the area include Publix, Sam's Club, Costco, CVS, Lowe's, BJ's, Petco, Ulta Beauty, Paradise Health & Nutrition, Thrifty Specialty Produce & Meats.

Additional Local Options:

Dollar General/Barefoot Bay Convenience store:

Located within the community, Dollar General and the convenience store off Midway offers a limited selection of grocery items and may serve as a convenient alternative during the Winn-Dixie closure.

RJs Restaurant, Soul Shine, Holy Cannoli, Big Roman's, Subway, China Wok, and Nick's: Numerous businesses in our area make meals, pizza, and sandwiches, as well as offer fresh baked goods and fresh seafood. Some offer delivery, and almost all are accessible by golf cart.

Residents are encouraged to explore these options to ensure continued access to groceries and fresh meals during the renovation period. For assistance with setting up online delivery services, consider reaching out to family members or friends.

<Please note that while efforts have been made to confirm the accuracy of this information, it is advisable to contact the respective services directly or visit their official websites for the most up-todate details.>

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The Tattler / March 2025 Page 9



Hi teens! LOL Youth Group of Barefoot Bay is excited to plan Friday Teen Nights and Sports Saturdays for you. Join our texting thread by texting Becky at 360-566-3427. Teen activity suggestions are welcomed. Badges, Guest Passes, or Kids' Event Badges are required at our events. If you don't have a regular badge, go to the Admin Office with your parents to get a FREE Kids Event Badge. Teen Night is March 21st in Building E at 6:00 P.M.

LOL Kids ages 10 - 17 have been learning to play Pickleball. Join us on March 8th and March 15th at 1:00 P.M. at the Pickleball Courts. Experience is not required. Sign up by emailing lolyouthgroup24@gmail.com.

Your siblings, ages 5 - 10, can join us for kickball on March 8th and March 15th at 1:00 P.M. in the field behind Holy Cannoli. Sign up by emailing lolyouthgroup24@gmail.com.

Sadie The Rock Snake is back Under the Oaks. Keep an eye out for a Facebook announcement of an upcoming All Ages Community Rock Painting event.

LOL Youth Group is looking for donations to support our ongoing activities and our upcoming Easter Egg Hunt. We have plenty of Easter eggs, but we are looking for toys and non-chocolate candy to stuff 8,000 plastic eggs. Financial donations can be made by contacting Becky Culp or any of LOL's Board Members.

Thank you to everyone who stopped by our Rainbow Bridge booth at the Festival. We were overwhelmed by your support and excited to share the project details with you. We collected \$1,332 in donations! We have raised about 25% of what we need to build the Rainbow Bridge through multiple fundraisers. Upcoming fundraisers will be announced on Facebook and in the Peek of the Week. Contact Christine Bartolomeo at 631-835-9494 to make a donation or to purchase a Rainbow Bridge hat that benefits the Rainbow Bridge project. Hats are \$18.

Barefoot Bay Young Christians Youth Group meets March 21st from 5:30 P.M. - 7 P.M. at the Aerobic studio at Indian River Fitness. 8000 Ron BeattyBlvd, Suite 1. RSVP to Lynn Fraser at 239-404-4788.

Becky Culp







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My Dental Destiny

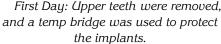




Before

After



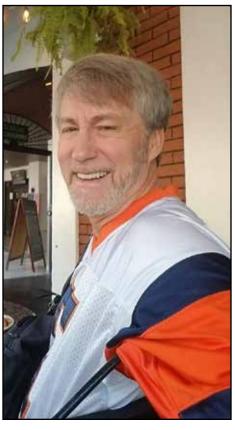




Second Day: Lower teeth removed and temp bridges on both upper and lower.



Final Day, First Visit: Acrylic temps will stay in for four months while the implants fuse with the jawbone.



Comfortable enough to enjoy breakfast before heading home to recuperate.

For many Americans, dental care is a necessity wrapped in a luxury price tag. Routine cleanings are manageable, but when it comes to major procedures—crowns, root canals, implants—the cost can be staggering. With insurance often covering only a fraction of the expenses, patients face difficult decisions: endure the pain, settle for less effective solutions, or seek alternatives.

One such alternative is dental tourism, a growing industry that sees thousands of patients traveling abroad for high-quality, affordable dental care. For me, that journey led to Costa Rica.

Like many, my dental history is a patchwork of orthodontics, fillings, crowns, and root canals. Despite years of care, I found myself facing the inevitable—more cracked teeth, decayed molars, and the possibility of three root canals. The price tag for fixing everything in the U.S.? Tens of thousands of dollars. And that was just to maintain the status quo—no improvement, just the same tired, crooked, slowly darkening teeth staring back at me in the mirror, with future visits all but guaranteed

Dental insurance in the U.S. is often inadequate for major procedures, typically covering only \$1,000 to \$1,500 annually. That might get you one crown but not much else. A root canal is extra and performed by another specialist. Quotes for a single implant can run into the thousands. The reality is that many Americans either go into debt for their dental work or delay it, leading to worsening conditions.

Why Costa Rica?

Costa Rica has become a hotspot for dental tourism, offering highly skilled dentists, modern clinics, and significant savings—often 50–70% less than in the U.S. After researching options and receiving a recommendation from a friend, I booked a consultation with Dr. Marco Muñoz Cavallini International Dental Clinic in San José. With over 40 years of experience and a strong reputation, the clinic was an easy choice.

Of course, traveling abroad for medical care comes with logistical challenges. A valid passport is required, and while many Costa Ricans speak English, knowing a few Spanish phrases is helpful. I booked flights with a budget airline, Spirit, but travel delays and cancellations are always a risk. Purchasing travel insurance turned out to be a smart move, covering unexpected extra days in Costa Rica due to a flight cancellation.

On my first day at the clinic, I had a cleaning and exam, followed by multiple X-rays and 3D imaging to assess my dental needs in detail. I hadn't traveled all the way to Costa Rica to do the bare minimum, but after consulting with Dr. Cavallini, I made a bold choice—removing all my remaining teeth and replacing them with full-arch Zirconia implants. This procedure, known as "All-on-6," involved six implants on the top and six on the bottom, eventually supporting a permanent titanium arch with Zirconia teeth.

During the consultation, the risks were explained to me—the implants might not take hold, additional work could be required, and I would need to make two trips to Costa Rica. I'd have to take care of my mouth as it healed (soft foods, nothing crunchy), and if there were any complications, I'd have to return to Costa Rica for treatment. It was a big commitment.

The decision was made significantly easier by the serious tooth pain I had endured for weeks while waiting for my passport. I imagined never having another toothache, never breaking another tooth, and never having to suffer with missing teeth simply because dental care was unaffordable. When you're poor, you don't fix teeth with new caps or veneers—you pull them, one at a time, and deal with the consequences, both mentally and physically. This was a rare, medically necessary, bucket-list decision for me.

I underwent anesthesia twice as they removed my teeth on separate days, placed the implants, and performed bone grafts where needed. Some patients experience bruising and swelling after such procedures, but I was luckier than some of my fellow international patients. I stayed at a small boutique hotel across the street from the clinic owned by the dentist. A nearby restaurant prepared soups and soft foods for recovering patients, and the hotel staff was understanding about the mess I made of the pillows each night. Surprisingly, the pain was minimal, though I was prescribed a pain reliever.

Though I was in a beautiful country, my focus was on recovery and getting home. The temporary teeth I received on my last day in Costa Rica protected my gums, and the stitches would eventually dissolve. The acrylic teeth looked nice and were definitely white. They were strong but susceptible to breaking—I managed to crack my upper arch 39 days before my return trip. Fortunately, after a few pictures and a phone consult, we determined I could wait until my next visit in October.

Life With Temporary Teeth

Living with temporary teeth highlighted the struggles many face when they lose their molars. My temporary set had only 12 teeth per arch, and missing those back teeth drove me crazy. Chewing was difficult at times, and my speech was affected. I bit my lip more times than I care to admit. I ate less and lost weight, a net positive, but these challenges reinforced why so many people opt for full-arch implants rather than partial solutions.

The Fitting Finale

Four months after my initial visit in June, I returned to Costa Rica for my permanent Zirconia teeth. During my first trip, I had stayed at the dentist's hotel to be close to the clinic. For the second trip, I booked a small Airbnb, about a five-minute walk from the office. San José, the capital of Costa Rica, is heavily populated, but I was familiar enough with my surroundings from my first trip to feel comfortable

By: Rob Allan

walking during the day. The Airbnb cost just over \$200 for the week, and my flight was \$350. If I ever needed to return again, I knew it wouldn't break the bank.

The two most important and exciting parts of my return trip were the first-day X-rays and the final fitting of my permanent teeth on my final day there. The news was good—the implants had healed properly. Over the next few days, I walked to the clinic multiple times for fittings, adjustments, and the fun task of choosing my tooth color. I opted for a shade that looked natural for my age but wasn't likely to blind a passing pedestrian. Finally, the permanent arches were placed—strong, natural-looking, and, for the first time in my life, perfect.

Seeing my new smile in the mirror was surreal. The first photo I took with my new teeth is the one I used for this article. I no longer worried about tooth pain, and I looked better than I ever had. No more darkening teeth, no more gaps, and best of all—no more future root canals or broken crowns.

The Tooth Hurts

My journey highlighted an uncomfortable truth: dental care in the U.S. is prohibitively expensive for many. While programs exist for low-income individuals, options are often limited to extractions and basic dentures. No tooth is better than tooth pain, but high-end restorations like Zirconia implants remain out of reach for most.

For those willing to travel, dental tourism offers a viable, high-quality alternative. However, it requires thorough research, financial planning, and a willingness to navigate a foreign healthcare system. The "All-on-6" procedure was not inexpensive—I spent a little over \$20,000 for the dental work and travel expenses. But I was able to justify the cost because of the pain. Pay now, or pay (and suffer) later.

This story is not a condemnation of US dentists. I have appreciated all of my dentists (some more than others), including a student dentist from the University of Denver, Dr Julianne Lyons, whose three gold foils were the highlight of every dentist who ever saw me. Those gold fillings were still where she placed them when they were extracted in June.

The cost savings, quality of care, and final results from my trip overseas were worth every mile traveled. Dental tourism isn't for everyone—there are serious risks involved in traveling abroad, just as there are in many U.S. cities—but for those facing overwhelming costs at home, it can be a life-changing solution.

A smile isn't just about looks—it's about health, confidence, and quality of life. Sometimes, all we need to change our own lives is to know someone else who changed theirs. Pura Vida!



I am very happy with the final result.



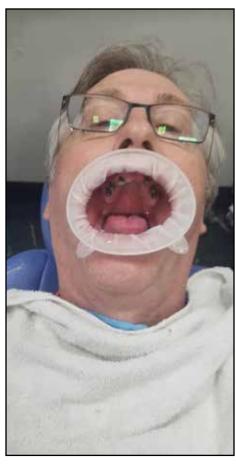
There are the four-month temps.



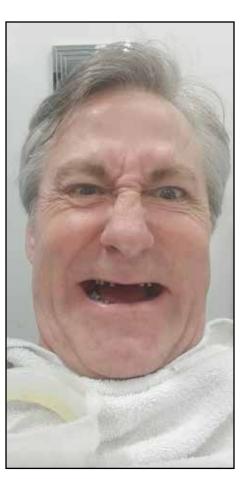
The implants after surgery.



 $\it X$ -ray of the implants and permanent bridges made from Zirconia and Titanium.



The implants have fused, and the gums have healed. Ready for the final fitting.



Boo!



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News

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April Issue Deadline - March 14, 2025 April Issue Publishes - March 28, 2025

AMERICAN LEGION AUXILLARY #366

Greetings to all our returning snowbird members. Glad you have returned and looking forward to working with you once again.

Unit 366 will again be offering our annual Luau presentation on April 12, 2025, in Building A. Our entertainment will be the beautiful Hawaiian dancers. Dinner will be served. Tickets can be purchased at Paradise Planners, 311 Barefoot Boulevard, Barefoot

As always, our regular monthly meetings are on the third Tuesday of the month in Building E, starting at 1 PM. Guests are always welcome.

For God and country,

Sue Reddy, 1st Vice President

AMERICAN LEGION POST #366

Barefoot Bay American Legion Post 366 continues regular meetings. The next meeting will be on Tuesday, March 18, at 1 PM in Building D. Our agenda will include preparation plans for the Memorial Day ceremony. With the passing of the LEGION Act by Congress, any veteran who has honorably served since Pearl Harbor is eligible to join. For further information, please call Commander Jeff Grunow at 772-202-4926.

ARTISTS' GUILD

We hope everyone survived the cold weather we had and are happy to see the warmer weather back.

We didn't have time to publicize the results from our Art Show, which was held on January 12th, so that we will announce all of the results in this Month's newsletter. First of all, we want to thank all of the Volunteers and Artists who assisted with the Art Show. It was amazing how smooth everything went during the whole day.

Here are the winners of the January Art Show. Congratulations to all.

Oil: 1st - Joan Whitton, 2nd - Mary Salem Watercolor: 1st - Joan Whitton, 2nd -Linda Weinstein, 3rd - Ruth Feldman

Honorable Mentions: Joyce Pate, Ilda

Acrylic: 1st - Maureen Fitzpatrick, 2nd -Linda Weinstein, 3rd - Ilda Barbieri

Honorable Mentions: Bonnie Murphy, Marilyn Bard, Sally Cantwell

Mixed Media: 1st - Sherrel Galeotti, 2nd iana Franck, 3rd - Ruth Feldman

Honorable Mentions: Linda Weinstein,

3D & Pottery: 1st - Judy Weinstock, 2nd - Linda Weinstein

Photography: 1st - Kathy Eggleston

Artist for the Month of February goes to Eliezer Eli for his paintings. They will be displayed in Bldg. A from March 2nd to March 31.

We have a few workshops and outings planned for March. Please visit our Group on Fridays in Bldg. D/E if you would like to see what we are all about.

Until the next Tattler issue, stay safe and enjoy life's blessings.

Bonnie J Murphy

BOAT AND FISHING CLUB

Commodore Steve Johnson opened the regular meeting of the Barefoot Bay Boat and Fishing Club on Friday, February 14,

and asked members to stand for the Pledge of Allegiance. Thirty members were in atten-

Pattie Andryshak presented the Yeoman's report by giving the details of the January meeting. The report was unanimously approved. Purser Paul Levesque gave the report on the club's treasury, which was also

Jim Hale reported on his use of the club's Facebook page to keep members informed of meetings and events. Jane Jones provided the Sunshine report, telling the group about members who have health issues. The following report on membership showed 43 paid individual members.

Several members reported excellent fishing results. John Nelson reported that 30 basses were caught at Lake Garcia, including six-pound fish. Jim Rigg told members a friend had caught Pompano at the Barefoot Bay pier. Tom Smith reported success with bass fishing at Lake Garcia.

Alice Hale provided information on the Champagne Breakfast scheduled for Wednesday, February 19. Twenty-six members signed up to attend.

The club fishing tournament is set for Wednesday, March 19, beginning at 7:30 a.m. at Barefoot Bay Beach. Anglers will pay \$10 each and are allowed two poles/rods to compete for prizes.

The annual Christmas party is set for December 9, from 11 a.m. to 3 p.m.

The next regular meeting of the Barefoot Bay Boat and Fishing Club is scheduled for March 14.

BRITISH CLUB



The weather has finally turned and it now feels like we are in Florida! Our January meeting was held on January 21st in Building A, and our theme was Scottish Night. Dinner was a delicious Shrimp Scampi with Linguini and salad. A big thanks go to Irene Kernicky, Don Piche, Gary Johnson, Pauline Foley, Cyndie Bourassa, and John Morrison for providing and serving the Trifles. As always, they were a big hit!

Dougie provided the entertainment in full Scottish attire, and we had a blast with Scottish trivia and Music Bingo. This was a first for us and everyone really enjoyed it. Prizes were given out for those who got "bingo" and there were lots of laughs. We will definitely be doing this again in the future!

Giving a voice to our membership, a survey was distributed at every table with five questions on what they like/dislike about how the club is doing. Things like entertainment, meals, start time, etc. There was also a spot for additional comments (constructive) and suggestions. The board will review the responses and give feedback to the members at a future meeting.

February's meeting was held on Tuesday, February 18th, and our theme is English Pub Night. Dinner will be Crispy Baked Chicken, Chips (FF), Cole Slaw and Ice Cream with

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fruit topping for dessert. DJ Russ is our entertainment, playing British Invasion Music along with any requests. This is sure to bring back lots of memories for all of us.

March's meeting will be held on March 18th, and the theme is Irish Night. Dinner will be Beef Tips over wide egg noodles, Broccoli, and Raspberry cheesecake for dessert.

Tickets are \$16.00 for members and \$18.00 for guests. Please contact Debbie O'Hara at 321-408-1687 no later than Thursday, March 13th, for your tickets.

Enjoy this beautiful weather.

Cyndie Bourassa

CHESS CLUB

Chess Club meets in Building C 8:30 -12:00 every Wednesday. All skill levels are welcome.

On the 1st Wednesday, we offer instruction if you would like to learn or improve.

Come join us; you are welcome to come and watch.

CHRISTIAN WOMEN'S CLUB

It was wonderful to attend our February luncheon! Thanks to all of you who welcomed me with love and hugs!! We all want to bring the light of Christ to Barefoot Bay, and I believe we do. Thanks to all the ladies who show up early every month to decorate the tables. This month, they were decorated for Valentine's Day; you always do a beautiful job, ladies. Lynn Fraser came to thank us for our monthly donation. She has a club for kids in Barefoot Bay that helps them learn about Jesus. We opened with a few words from Zella, then a short song from our Wonderful Choir. There is no way to thank Joyce for leading all those great ladies. Gayle opened us in prayer, and, as our prayer warrior, she is always available to any who need prayer. The Choir did a most beautiful rendition of "Written in Red." We are so proud of our choir, if you are interested in becoming a member, please see Joyce Sweeney. Dottie, who is in charge of food, had all of her cooks come up, and they are doing a great job. We enjoyed a chicken rice casserole, zucchini casserole, wonderful salad, lots of fresh fruit, rolls and butter, with great cupcakes for dessert. Our speaker was Jim Whorton, from the Compass Ministry, a financial ministry that helps people straighten out their finances. Jim gave us his testimony and then told us why he got involved with Compass, which was because he and his wife found themselves in financial trouble and needed a way out. He not only found a way out, but he found a career, helping others with this ministry. If you feel that you want help, you can contact Jim at CompassFinancialMinistry. org. Our next luncheon is on March 11, always at noon in Building A. For reservations, call Ruth at

772-202-4251. We welcome all ladies, whether or not you are a Christian. Our main goal is to raise money to help children in need.

Jane Fruscella, 772-202-4214

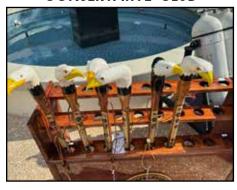
COMPUTER CLUB

The February 28th meeting will begin at 6:00 pm at Building D&E with refreshments and a time for questions. Following a short business meeting, the program- "You Need To Know" will be presented. This program will help bring many of those needed pieces of information, numbers, passwords, legal documents, and more into a simple, updated, safe, and secure form for you, your family, or a trusted individual to help in time of need.

The March 28th meeting will be held at Building D&E, beginning at 6:00 pm, and will have refreshments. The program will be given by a representative from Valley National Bank on Frauds and Scams. Our community is being bombarded with email, phone, and message scams on a daily basis. Scammers are clever and know just what you want to hear- that they want to help you

get that package that is missing information delivered, remove fraudulent charges on your credit card or bank account, or buy that protection you really need- even protection from scammers!! Do you have a friend or neighbor who needs to hear this information from a professional who is in the business of protecting your money? This program is open to the public; you do not have to be a Computer Club member to attend. Bring your friends and neighbors, especially those who might be an easy target for these scammers.

CONSERVATIVE CLUB



Calling all Patriots who believe in the values of our Nation during its Founding. God, Country, Family, and Freedom are Ours, and we need to celebrate these values. Join us on the 4th Thursday of each month in Bldg D/E at 2:30 pm. Join other like-minded neighbors as we discuss the current times and learn about local functions and events where we may wish to participate while working on charitable fundraising events through the club. We had a great outing to the 25th Purple Heart Cane Project at the Navy Seal Museum on Jan 25th; what a truly moving experience. Then we headed off to the Liberty Bell Museum in Melbourne, a special hidden treasure, on Feb 11th. We had a great presentation by Robbie Walker at our last meeting on Feb 27th, who explained and helped us to build our Holidays for Heroes boxes for our active-duty military. Tickets are on sale now for our Elvis' Blue Hawaii Special Presentation on March 9th. We have been able to hold pricing at \$25 per ticket and proceeds all go to local Veterans' and Charitable Organizations. Get your tickets (if still available at the time of this publishing) by calling Ruth at (772) 664-8915. Please leave your name, number, and how many tickets you want to purchase. This show always sells out! We invite everyone to join us at our next meeting, which will be held March 27th in Bldg D/E at 2:30 pm. We will recap our fundraising efforts, discuss recipients of the proceeds, and finalize details for our Earth Day Island Clean-up and River Cruising on April 22nd. Hope to see you there!

DEMOCRATIC WOMEN'S CLUB

Finally, the good weather is here, and there are many things going on in the Bay. As busy as we are, it is important to keep track of what is going on in the world and in the USA. Strange things are happening – how can we call it the Gulf of America after it is the Gulf of Mexico for our entire lives? Don't forget to get involved in supporting the Democrats for 2026 right now!! In February, our Club hosted Dan McDow, who is now Chair of the Brevard Dems. He came to speak to us about how we can get involved and stay focused. Please see below if you are ready to join the DWC of BB and get active.

Upcoming: We will be holding a multifamily Yard Sale on March 13-15th between 8 am and 1 pm. The address is 1037 Barefoot Circle. A great time to clean out for Spring

Reminder: It is necessary for everyone to renew their option for having a ballot mailed to them. Also, renewal needs to be done after every election cycle! Share with your friends and neighbors how easy it is to use this method of voting. Just go to:

 $\label{lem:https://www.votebrevard.gov/Ballots-by-Mail/Request-a-Mail-Ballot\ or$

Call: 321-633-2127 to request one!

See Club News Page 14













Club News from Page 13

If you are a registered Democrat from any state, please join us. Both men and women are welcome! Democratic-leaning Independents are encouraged to attend after contacting us. We meet monthly on the 3rd Thursday at 3:30 pm in Bldg D next to 19th Hole. You can learn more about us by going to our Facebook page also: The Democratic Women's Club of Barefoot Bay. For more information, please email janoutendwcbb@

ETHNIC COMMITTEE

Barefoot Bay Ethnic Food Festival -March 2, 2025!

The Barefoot Bay Ethnic Food Festival is a celebration of food, music, and raffle prizes that have been held annually for the last 34 years. Al Babecki, a member of the Polish Club, decided to have a festival that would bring the Barefoot Bay Ethnic clubs together and provide food and entertainment to everyone who came - and it has been going on ever since!

Of the original 8 Clubs involved, five are left - British Heritage, Irish, Polska, Italian &

The British Club features sausage rolls, parliament bean soup, meat pie, scones, shortbread, pastries, and a free cuppa tea. The German Club proudly serves black forest cake, bratwurst, red cabbage, and sauerkraut. The Irish Club offers delicious corned beef sandwiches and Irish soda bread, and the Italian Club serves meatball subs and sausage and pepper sandwiches, while the Polish Club offers perogies, kielbasa, golumpki, fried cabbage, and onions. Are you hungry yet?

The Ethnic Food Festival was first held in 1989 with a bake sale held prior to the Food Festival in order to raise money for the festival's raffle prizes. Money and prizes are also donated by the Ethnic Clubs themselves. This year's bake sale was held on January 11th. A big thank-you goes out to all who baked, donated, and volunteered their time to make this a success. Past prizes have been TV's, crock pots, themed baskets and many, many gift cards that are donated by local merchants.

If you like to try new foods, enjoy the music of Steve Cole, and try your luck at winning a great raffle prize, the Ethnic Food Festival is the place to be.

Hope to see you on Sunday, March 2nd, in building A starting at 9:00 am.

> Arne Redfern Gail Morrison Cyndie Bourassa **Ethnic Food Festival Committee**

GARDEN CLUB

The Barefoot Bay Garden Club will be holding their Wednesday, March 19th meeting in building D&E (at the Golf Course). Mary Meta will be presenting a demonstration on Fairy Gardens. To participate, it is recommended to bring your own flat garden a hands-on session and refreshments.

GERMAN CLUB

March 25th will be our next meeting in Building "A" at 5:00 p.m. Roast Pork Loin will be served. Tickets are \$15.00 for members and \$17.00 for guests. Call Vivian at 772/202-4686 to get your tickets. This is "German" night so this is a good time to wear your club shirts. If you don't have a shirt, some shirts and caps will be available to buy at our meeting.

March 2 is the annual Ethnic Festival in Building "A" from 9:00 a.m. to 3:00 p.m. We need volunteers to help set up on Friday, March 1, and we also need help on the day of the festival. If you could volunteer for an hour to help serve food, it would be a big help. To volunteer, please call Manny Kolz at 617-365-2123.

We are looking for suggestions for entertainment and meals for next year's meetings.

There will be sheets on your table at our March meeting for you to share your ideas

Looks like we are all caught up on information to share with you. Remember, if you ever have something you would like to share with the club through the Tattler, contact Kathy at 309-635-0300, and she will be happy to include it in German Club news.

Hope everyone is enjoying this wonderful Spring weather we have been having.

Frohen Fruhling German for Happy Spring.

GREAT LAKES STATES CLUB

Hi Club Members! March is the 'Luck of the Irish' month. May those leprechauns bring you good luck. In March, the club will have another exciting band from Melbourne. The 'Jazz Band Group,' directed by Mr. Ben Ganzales, will perform at Bldg. And on Tuesday, March 11, 2025, at 6:30 pm. The main entree will be Corn, Beef, and Cabbage; the cost is \$5.00. For those who haven't, please update your badge with Terri Gilmore, the treasurer. The theme is Green Clover table setting, so show off those Irish Charm. The set-up team of Betty Murry and Judy Skene will do the table decor. Doors would be open at 5 pm for early seating. Come with those 'delicious' side dishes and 'green' desserts!

February meeting had a full house of 54 members attended, to listen to the 'New Horizon Swing Band' conducted by Mr. Kurt Schenberg. The chicken fingers' main entree was 'crispy' and tender. There were many favorite side dishes and 'tasty' desserts. Everyone enjoyed the band.

So for March, attend Bldg A, for the Agenda to start at 5:30 pm, then dinner, continue with the reports, followed by the band to play.

Hope to see everyone with 'green smiles,'

Daphnia Missad, Secretary

IRISH CLUB

Hi All:

March has arrived already! There is so much activity to report, starting with March 2, our Ethnic Festival. Please remember to bring your baked goods by 8 AM. to Bldg A. Beside sandwiches and baked goods; we will be selling \$10 raffle tickets for two dinners at the Chart House in Melbourne. March 16 is our Irish Parade. Dress up your golf carts and yourselves, and come join in marching. Prizes will be given for the best carts. Lining up at the tennis courts begins at 9:30 AM. Remember, corned beef dinners and sandwiches will be available most of the day after the parade at the lounge and 19th hole. On March 19, we will be having our St Patrick's dinner, but this year, we'll be having Guinness Irish stew and colcannon, soda bread, and desserts. Music by the Dreamers. Tickets are \$24.

To end the season, mark your calendar for April 5. This will be a 50s-60s-themed dish. Potting soil will be provided! Join us for picnic at Blda A-more information to fol-

> If you need tickets, please call Terri Murphy at 203-592-2939.

JEWISH CLUB

Welcome to the Jewish Social Club. The club is dedicated to understanding our common roots and welcoming folks of all religions. This is not a religious or political

Our venture to the Holocaust Memorial Resource and Education Center in Maitland, FL, was a huge success.

We are meeting once a month. Our next meeting is on March 19th at 3:30 pm. We are making plans to celebrate Passover in April with a Seder.

If there are any questions, either regarding meetings or the Seder, please call Joanne at 860-869-2982 or Jerry at 860-869-2981.

See Club News Page 15

Club News from Page 14 LAGOON ARTISANS

LABB artists are poised for their March 15th show in building A from 10-3. They successfully collaborated with the CVO's Classic Car Show on January 26th. It was a busy day, with many guests enjoying both events. The final show is Saturday, April 26th.

Members enjoyed a Valentine's luncheon at Yellow Dog Café on February 12th. These activities support our mission to create opportunities to show and sell our work while supporting each other as fine artists creating and having fun. Many members belong to other art associations and galleries to gain the widest exposure to their art. Creating it is one aspect, selling it is another that takes much effort.

LABB meets every second Wednesday, October through April, at Building D/E from 10 to noon. Meetings involve routine matters, techniques, and skills demonstrations, and managing the art shows. We also host four shows in Building A throughout the season. Summers are reserved for creating new art.

Local artists interested in exploring opportunities should call President Georgene Granholm at 908-337-9400 or me and plan to attend a meeting or show where you will get to know the members and have an opportunity to share samples of your art to be "juried" in. We enjoy meeting new artists sharing and learning with each other.

Two new artists joined recently and showed their work at the January show. Ania Angelos and Jewels Hernandez both make jewelry and acrylic crafts. They will be featured in the coming months.

LABB also has volunteer opportunities at our shows for folks who would like to engage in the art community.

Text me an email address if you wish to join our contact list and keep up to date with club events.

Learn with us, create with us, and add a little color to your life with us.

Dan Martin, Secretary 609-432-1059

LINE DANCE CLUB

Learn to line dance to country classics while supporting our local veterans, their families, and the Barefoot Bay Community.

The Barefoot Bay Line Dance Club will meet on Thursdays in Building A. The instructor will be Dona Gionet, assisted by Eileen Derrick.

The schedule will be:

9:30 a.m. to 11 a.m.- Beginner class with instruction.

 $11\ \mathrm{a.m.}$ to $11:30\ \mathrm{a.m.}$ - Improver level with open dance and requests.

The cost of each class will be \$5 for Barefoot Bay residents and \$10 for non-residents. Please remember to bring your badge each week. A portion of all monies collected will go to the Veterans at the end of the season.

The March 2025 schedule will be March 13, 20, and 27.

See you on the dance floor in March!

Joanne Blum, President Jill Anderson, Vice President Doris McNamara, Treasurer

LITTLE THEATER

Don't miss it! The Barefoot Bay Little Theater Club presents "Paradise Diner" (written, directed, and performed by club members) to be held Friday and Saturday, March 7 and 8, 2025. Doors open at 6 p.m. The show begins at 7 p.m. and is open to the general public. Tickets (\$12) are available at the CVO office, 935 Barefoot Blvd, Unit #6, from 10 am to 2 p.m., Wednesdays and Thursdays, or by calling Louise Crouse at 772-663-0314.

LOL YOUTH GROUP

See the G-A+Z-ETTE article on page 9.

MEMOIR CLUB

Could it be that we are inching our way into a memoir club revival? I certainly hope so! Our meetings are still on the 2nd and 4th Monday of the month at the South Mainland Library. Please note, however, that the meeting time has been changed to 11 a.m.--12:30 p.m. The schedule for March is March 10th and 24th.

We look forward to seeing new and returning members!

Sara 631-806-8281

NEW YORK CLUB

Notice: The New York Club, due to a scheduling conflict, will meet on March 4th in Building D&E at 5 PM. If you live or have lived in New York State, please consider joining us for a Guinness Beef Stew dinner. Tickets are \$17.00 per person. If you wish to join us, please call Martin Murphy at 845-781-8883 to get tickets. In January, our members enjoyed an afternoon performance of "My Fair Lady" at the Heneger Theater, and plans are in the works for next year's trip back to the Heneger Theater for "Singing in the Rain." Our next trip will be an afternoon on the St. Sebastian River aboard the Capt. Hirams River King. For more information, contact Bob Kahl at 772-202-4139 and leave a message.

OPEN MIC CLUB

Hello Music Lovers! A big Thank You to everyone who viewed the Open Mic FB page in January. 3 out of 4 shows were moved inside due to weather. It was great to see everyone at the Lounge. Hopefully, the weather will be good for all of the March shows, which are scheduled to be under the Oaks at Pool 2. We still have T-shirts for sale, and all funds raised are donated to charities in the area. As always, make sure to view the FB page to see where favorite performers may be playing outside of the Bay. The stage should be full as snowbird season is in full bloom, and most of our players are back to perform for you. So remember to walk, bike, golf cart, or drive over to enjoy the free sounds of the Barefoot Bay Open Mic on Tuesday afternoons from 1:30 to 4:00 under the Oaks at Pool 2. See you there!

ORGAN, KEYBOARD AND PIANO CLUB

Another month has rolled by here in the Bay. In case you are not familiar with what goes on at our club, we have a very short business meeting, and then each member that wants to will play a few songs. Sometimes, some of the members will play duets. We have all levels of talent, from beginners to professionals. It is quite enjoyable to hear the beautiful music played by our talented musicians. If you used to play the organ, keyboard, or piano in the past and are a bit rusty or haven't played for years, this is the place to come. Our members will get you started and give you the encouragement that will help you play for your enjoyment once again. We are a very friendly group, and the snacks and desserts we serve after the meeting are outstanding.

Come join us and enjoy the next meeting on Wednesday, February 26th at 1:00 pm in Bldg. A. For further information, please contact our President, Rollin Rice, at 802-299-9230.

Respectfully, Barbara Applegate, Secretary

PETALS AND PALMS CLUB

The next meeting will be held on Wed. March 5, 2025, at 10 am in the Adm. building conference room. We will go over the yearly financial audit and continue the discussion on donating to the Rainbow Bridge project. We will also decide where to go to lunch for our last meeting of the season in April. See you then.

Jo-Anne Stukas

See Club News Page 16

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WHAT DID THE OPHTHALMOLOGIST SAY WHEN THE PATIENT COMPLAINED ABOUT HIS JOKES?

"BAD PUNS ARE HOW EYE ROLL."

Dear Valued Patients,

Receiving an age-related macular degeneration (ARMD) diagnosis can be daunting, especially considering historical outcomes before modern therapies. ARMD is a progressive eye condition affecting the macula—the central part of the retina responsible for sharp, central vision. Its two main types are dry ARMD, involving the gradual breakdown of light-sensitive cells, and wet ARMD, characterized by abnormal blood vessel growth beneath the macula, leading to bleeding, swelling, and rapid vision loss.



Prevention is key. Smoking and poor diet are major controllable factors for ARMD, while genetics can also play a role beyond your control. Combatting these risks involves adopting proactive measures, such as a ketogenic diet enriched with dark green leafy vegetables like spinach, kale, collard greens, and arugula. These veggies contain lutein and zeaxanthin pigments, which deposit in the macula, protecting against oxidative damage—a crucial factor in ARMD progression. Avoid processed foods, especially toxic seed oils like canola, corn, and vegetable oil.

The landmark AREDS2 study, spanning over 15 years with thousands of patients, demonstrated that a specific multivitamin formula reduced the relative risk of ARMD progression by one-third.

Regular vision monitoring is vital. Besides annual retina exams, check each eye separately monthly, immediately reporting any distortions or missing areas on the Amsler grid to your ophthalmologist. Such distortions may signal retinal changes, indicating the shift from dry to wet ARMD.

Untreated wet ARMD can lead to irreversible scar tissue formation and permanent vision loss. Fortunately, anti-VEGF drugs, repurposed from chemotherapy, can treat wet ARMD and prevent scarring. These drugs necessitate periodic injections through the white of the eye after numbing drops to maintain vision and prevent further damage.

Don't let ARMD rob your sight—take proactive steps to safeguard your vision and preserve your quality of life!

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Club News From Page 15

PICKLEBALL CLUB



On January 29th, the BB Pickleball Club held its Kick-off dinner. The dinner was excellent, and Barefoot Bay catering prepared it. The members brought nonperishable items to be sent to the Homeless blessing box in Sebastian. Thanks to Mary Smythe, who organized this event, and Linda Munson and Peggy Brown, who helped.

Mary Smythe of the Barefoot Bay Pickleball Club found out that some funding for "Meals on Wheels" had been cut. People who used to receive a second "cold meal" can no longer get it. Volunteers are making sandwiches 3 days per week and could use extra funds to continue this service. The ladies of the BB Pickleball Club, who play on Mondays at 1 pm, rallied together and started a \$1 donation per week each to help this worthy cause. Thanks, ladies!!

PINOCHLE

Join us on Friday nights for a single-deck pinochle. We play all year, too!

Cards start dealing at 6:30 PM but arrive a little earlier to arrange people at tables. Come by yourself or with friends. We are located in Building C, which is next to Building A.

SENIOR SOFTBALL

The Senior Softball Season is well underway. Barefoot Bay Food Store has been dominating its games from the start and stands at the top of the leaderboard, undefeated at the time of this writing. There are no weak spots in their lineup, and the team's defense has been impenetrable. Larry Wallin and Kevin Brown are driving the team with league-leading home run tallies of 8 and 5, respectively. Bill Reinle is adding his support for the team with a .811 batting average.

The rest of the League is in a tight battle for second place. Schneider Insurance, Sabol Air, Ridge Automotive, and Affordable Air are all within one game of each other, with Indian River Fitness two games back. All in all, the season has turned out to be very competitive. Sam Pfeffer, Steve Trevelino, and Tom Conrad are all sporting batting averages in the upper .800's. Sam, Steve, and Pat Milks each have five home runs.

There have been a number of outstanding defensive plays during the games. Indian River Fitness turned a 6-4-3-2 triple play to end a rally by Ridge Automotive in a battle for second place. IRF went on to win that battle. Highlighting a win by Sabol Air, Chuck Marqui made a fantastic running catch in center field to squash a rally by Affordable Air. Mike Johnson has shut down the left side of the infield for Ridge Automotive, playing a nearly flawless shortstop. A huge surprise for the League has been Jim Hurst stepping up to pitch for Sabol Air.

The Senior Softball League is holding its annual Canadian/American Softball Game on Wednesday, February 19th. This game is one of the highlights of the season which all the players and spectators look forward to. One player in particular has stated that he only plays in the League so that he can participate in this game. Our Sweetheart Dance will take place on Saturday, February 22nd. This is always a fun-filled evening of food, drink, dancing, and camaraderie for the members of the League and their partners.

The season will be coming to a close in March. The last regular season games are scheduled for Thursday, March 13th. The playoffs will begin on Tuesday, March 18th, and run for two weeks, with our champion being crowned on Thursday, March 27th. There are plenty of seats in the bleachers, so come on out and watch some great, okay, maybe some not-so-great softball, and cheer your neighbors on as they show that they really have not grown up from that 12-year-old kid. The games start at 9:00 on Tuesdays and Thursdays. See you at the field.

THE WHITE CAPS - RETIRED NURSES

Hello all, February was a great success with 16 nurses!

After talking to a few of the members, we have decided to allow all retired nurses to join us. Not just from Barefoot Bay. The more, the merrier.

Our March Lunch will be at Rooney's, 2641 Palm Bay Road.

Palm Bay, Florida 32905, at 1 pm. Let's wear our green to celebrate St Patrick's Day!!!!

Please call or text Sandie at 716-445-8815 or Jan at 772-664-5531 if you're attending by March 9th so I can make reservations. Also, let us know if you need directions or a ride.

TENNIS CLUB



Hi tennis friends, another fun month has gone by. The club's tennis Round-Robin and pizza party was a success. Tennis lessons have been difficult to get off the ground, but we are still looking for those wanting to learn on Thursdays at 4 pm. Club play is on Mon., Wed., Thurs. and Fri. mornings at 8:30 am. If interested, call the phone number below to be contacted with all the details. A special plaque dedicated to all the club presidents was displayed at the courts, presidents listed go back to 1985.

Just for giggles:

- Wheelchair tennis was created in California in 1976.
- In 2017, 18 million people played tennis in the United States.
- Martina Navratilova has the most singles titles wins at 167.

So there you have it!

Questions or comments, call Barry at 321-419-8593.



Artists' Guild Artist of the Month Eliezer Eli

Barefoot Bay Artists' Guild is proud to announce that the Artist for the month of March is Eliezer Eli. Born overseas, Eliezer came to the United States in the 1970s. He currently resides in Indiana and spends his winters in Barefoot Bay. He was trained in electronics, telecommunications, and film and video production. His major artistic works include short 16mm films, video documentaries, video biographies, and animations.

In addition to his video productions, he has also created a significant amount of digital art, including four children's books for his grandchildren. He is currently interested in 3-D animation and Al image creation. Eliezer joined the Artists' Guild of Barefoot Bay four years ago. He primarily paints with acrylics but also experiments with wood carving, oil pastels, and mixed media.

His paintings will be displayed in Bldg A from March 2nd to March 31.







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Page 17

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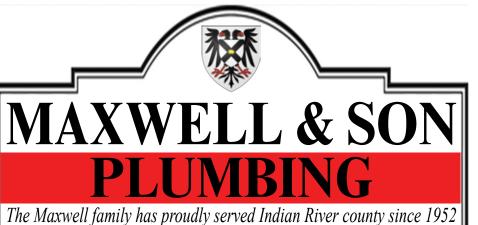
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SCHEDULE OF SERVICES

Sunday Bible Study......10:00 A.M. Sunday Morning Worship.....11:00 A.M.

Wednesday Bible Study.....6:00 P.M.



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South Mainland Public Library - March 2025

Please call the library at 772-664-4066 for more information regarding programs.

Adult Art Classes

Naomi will assist you with art projects on Mar. 3, Mar. 10, Mar. 24, and Mar 27. at 1 PM. A \$5.00 nonrefundable fee for supplies will be payable at the time of pre-registration at the Circulation Desk.

Gentle Yoga - Mondays at 10 AM

Come in for Gentle Yoga on Mar. 3rd and 17th at 10:00 AM. Gentle Yoga is a low-impact form of yoga that uses slow and controlled movements. A chair for poses and balance is optional. Please bring a yoga mat and water. \$5.00/session payable to the instructor.

Basic Computer Classes

Learn the basics about computers on Mar. 5 at 1 PM. This class includes identifying hardware, using a mouse and keyboard, and navigating the desktop environment. Computer settings, file management, and library applications (Libby, Hoopla, library databases) will also be reviewed.

Movies at the Library

Join us for the movie One Life and limited snacks on Mar. 6th at 1 PM.

Based on a true story, Sir Nicholas Winton performed heroic deeds during WWII. As a young British broker, he traveled to Prague in 1938, 3 months after the war broke out. He witnessed families trying to get their children to safety before the borders closed. Nicholas became instrumental in shipping many children to safety. But in his older years, he is haunted by the thought that he didn't do enough to help more children. Starring Anthony Hopkins, Helena Bonham Carter PG 1 hr 49 min

Chair Yoga - Fridays at 10:30 AM

Come in for Chair yoga on Mar. 7th, 14th, 21st, and 28th at 10:30 AM. Chair Yoga is gentle and uses a chair for poses and balance. \$5.00/session payable to the instructor.

Collective Memory

Celebrate and remember a loved one on Mar. 8 at 11 AM. If you would like to talk about a loved one, please preregister at the Reference Desk and bring a photo to the Reference Desk by Mar. 7.

Youth Services Programs

Please call the library at 772-664-4066 for more information regarding programs.

All Youth Services programs are free.

Come in for Drumyasa Yoga on Mar. 15 at 10:30 AM. Drumyasa Yoga is a fun family event that features music and instruments. Please bring a yoga mat and water. \$5/session payable

Read Your Way to K Playdate - Babies and Toddlers

We invite babies, young toddlers, and their caregivers to join us for an hour of stories, songs, and games every Wednesday at 10:30 AM in the Children's Room. Reading and storytelling allow our littlest patrons to discover speech patterns, new words, and language. Our fun and informal program is designed to enhance those skills through age-appropriate play.

Science, Technology, Engineering, Art, and Math (STEAM)

Experiment, Explore, and Engage with some fun, hands-on projects every Friday at 3 PM in the Meeting Room! This program is intended for ages seven and up, and a supervising adult is required to be present in the room at all times.

Family Movies at the Library

Join us for the movie The Wild Robot and limited snacks on Mar. 22nd at 11 AM.

A robot named Rozzum 7134 becomes stranded on a deserted island and the guardian of a young orphan. Roz must learn to adapt to the harsh surroundings, gradually building relationships with the animals on the island. Starring Lupita Nyong'o, Pedro Pascal, and Kit Connor PG 1 hr 42min

Continued on Page 19

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Continued from Page 18

 $\label{public Groups: The following programs are not library-sponsored activities.$

Master Gardeners

Bring all of your gardening questions, problems, and issues on Mar. 4th and Mar. 18th at 2 PM.

Genealogy Research

Elsie will help you with your Family tree(s) on Mar. 5th, Mar. 12th, Mar. 19th and Mar. 26th.

Quilters

Come in and work on your quilting pieces on Mar. 6th, Mar. 13th, Mar. 20th, and Mar. 27th at 6:00 PM. This is a non-instructional group.

Painting for Beginners

Learn the basics of drawing and painting and how to enjoy art on Mar. 7th and Mar. 21st at 12 PM.

Memoir Writers

Learn how to pen your own memoirs with topic, timeline, and transformation. The group will meet on Mar. 10th and 24th at 9:30 AM.

Mystery Book Club: The Thursday Murder Club by Richard Osman

Discussion for the March meeting will be on Tuesday, Mar. 11th, at 2 $\,\mathrm{PM}.$

Third Thursday @ Three: My Own Words by Ruth Bader Ginsberg

Discussion for the March meeting will be on Thursday, Mar. 20t,h at 3 PM.

South Mainland Public Library,

7921 Ron Beatty Blvd., Micco, FL 32976

772-664-4066

New Library Hours:

Monday: 9:00 AM to 6:00 PM (new added hour at end of day),

Tuesday and Thursday: 12:00 PM to 8:00 PM, Wednesday and Saturday: 10:00 AM to 2:00 PM,

Friday: 9:00 AM to 5:00 PM

Closed on Sunday.

Any person requiring special accommodations to participate in any class or event due to a disability may arrange for accommodations by contacting the location at which the event is held at least seven days prior to the event. This flyer is intended to be ephemeral in nature; as a result, if you need 508-compliant information, please contact the location, and it can be provided.

South Mainland Spring Fling & Craft Fair

Where: Micco Park: 9645 Riverview Dr., Micco, FL 32976

When: April 12th, 9:00 am to 2:00 pm

Cost: Free to the public; Vendors \$28.94 for 10x10 space

Please join South Mainland Community Center for our annual Spring Fling event at Micco Park. We will be hosting a craft fair. The Egg Hunt will begin at noon with over 1500 eggs! This event includes food vendors, inflatables, waterslides, fun games, and crafts for kids. Shop till you drop at our Vendor Village. Bring the whole family for a day of fun at Micco Park.

We look forward to seeing you there!

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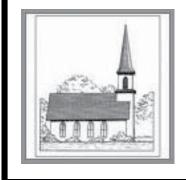
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CHURCH NEWS

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The Simple Faith Ministries will return to present a free-will offering concert at Christ the King Church on March 22, 4:30 pm.

CONCORDIA LUTHERAN CHURCH

300 Barefoot Bay Boulevard Sebastian, FL 32976 772-664-1104 www.BarefootLutheran.com

Our journey through Lent will begin on Wednesday, March 5th, with a traditional Ash Wednesday service at 11:30 am. There will be a message, music, and the imposition of ashes for those who attend. The following weeks, each Wednesday until Holy Week, there will be a service at 11:30 am followed by a simple meal of Soup and Bread. All are welcome to join us on this Lenten journey. Holy Week services begin with the Palm Sunday Service on April 13th at 10:30 am, the Maundy Thursday Service on April 17th at 4:30 pm, and the Good Friday on April 18th at 4:30 pm. We will hold an outdoor (weather permitting) Sunrise Service on the Patio on Easter Sunday, April 20th at 7:00 am. You are welcome to come by

Other events in March- March 8th - Flea Market and Bake Sale from 8:00 am to noon. If you would like to reserve a spot for your own sales table, call the office at 772-664-1104 for more information. Our Quilters gather on Mondays at 9:30 am, the Worship Music Team rehearses on Thursdays at 3:00 pm, and there are a lot of other opportunities for ministry and outreach in our community, like the food pantry collection basket and the MSG (Ministry Support Group) meetings. Please call the office to learn more about these activities. As

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When a Home is a Home

Someone told me about a couple who had been married, as some of you have, for more than sixty years, Sam and Esther. The pastor asked the husband, Sam, why they lived in MI all those years if that wasn't his favorite place. He answered, "It's Esther's, and I realized that my real home is wherever Esther is."

I could say that your real home is wherever God is, and that is the absolute truth. But I think this parable is saying something more than that. It's as someone said, "If you don't have a home, you are homeless, but if a home doesn't have you, it's just a place." Do you have a place in God's heart and, thus, you are not homeless? You sure do. Moreover, if God's heart doesn't have you, in a sense, it's just a place. It's not a heart, much less a home. God has a heart and home for you.

Join us at First Presbyterian Sebastian at 10 am Sunday and for Bible Study at 9 am Wednesday. For Lent, our potlucks are at 5 pm.



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Obituaries

Janice (Larry) Mulcahy

With a peaceful smile and her family nearby, Janice Mulcahy, 87, of Barefoot Bay, passed away on January 25, 2025. Jan was born in Burlington, VT, on 1/21/38 to the late Harry and Eleanor Rose of Block Island. She spent her early years in VT with her beloved uncle and aunt, the late Bart and Mimi Rose. She moved to Rhode Island and graduated from South Kingston High School in 1957. Soon after attending Bryant College, she married James Larry. They settled in Essex, VT, where they raised their two children, Pamela and Jeffrey. Jim predeceased her

After retiring from IBM, Jan spent winters in Barefoot Bay. New friends were made, she discovered bingo and continued her creative endeavors with ceramics and stained glass. In 1995, she built a new home in Barefoot Bay and designed a beautiful landscape that, for nearly three decades, would continue to be admired by friends and neighbors pass-

A new chapter of love and adventure opened when she married Tim Mulcahy in 2002. Jan and Tim spent their years laughing, traveling, attending concerts and the theater, and, most importantly, just being together. They were inseparable.

Jan had an inner strength that carried her through the many challenges in life, including a bout with polio that left her



briaht blue eves.

Jan is survived by her husband, Tim Mulcahy; her daughter Pam Lambert (Frank); her son, Jeff Larry (Beth); her grandchildren, Nick, Kevin, Kayley, Ava, and James, three great-grandchildren; her brother Marshall Rose (Patricia), her dear friend and "sister" Caroline Donohue, her sister-in-law Karen Rose, several nieces and many cousins. She is predeceased by her brother, Irving Rose.

A celebration of life was held at her and Tim's home on 2/1/25. A burial and another celebration of life will take place in VT this



in a wheelchair from the age of ten. She never considered this a handicap and lived life independently with a positive attitude, an abundance of love, and a twinkle in her

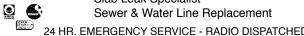
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Virginia Lamendola

February 6, 1943 - January 17, 2025

Virginia Lamendola, a beloved wife, mother, grandmother, great-grandmother, and friend, passed away on January 17, 2025. Born on February 6, 1943, Virginia was a remarkable woman whose vibrant spirit touched all who knew her.

Virginia married the love of her life, Arthur Kearney, and together they embraced a beautiful blended family. She is survived by her three children, Theresa Nemecek, Joe Gallo, and Ann Sullivan, as well as her three stepchildren, Christopher, Kevin, and Jason Kearney. Her legacy of love continues through her 11 grandchildren, seven greatgrandchildren, and many beloved friends she made everywhere she went.

Celebration of life services will be held for family and friends in both Florida and Pennsylvania, with dates to be determined. Her ashes will be spread in nature at both services, honoring her deep connection to the beauty and spirit of the natural world.

In lieu of flowers, the family asks that donations be made to your local animal shelter in her memory, a cause close to her





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3rd - Doris McClintock, Debra Smyk,

Sharon Gerthoffer, Mary Landenberger 4th - Sandy Kirkman, Michelle Donnelly,

Ann McDonough, Mary Kaszanek

CTP#2 Deb Lawrence

CTP#8 Sandy Kirkman

CTP#11 Raylene McSally CTP#13 and #15 Judy Farrell 2nd - Judy Farrell

1st - Raylene McSally

January 18, 2025 - F.E.N.

3rd - Brenda Duke

Flight B

Flight A

1st - Sharon Gerthoffer

2nd - Betty Greco

3rd - Sandra Morgan

Flight C

1st - Gert Finnegan

2nd - Flaine Codd 3rd - Jackie Broderick

CTP#2 Roberta Kessler

CTP#15 Jackie Broderick

January 2, 2025 - Replace Worst Hole w/Par

Flight 1 1st - Joan Miller 2nd - Janet Rafferty 3rd - Barbara Minklein Flight 2 1st - Nancy Luczynski 2nd - Pat Moody 3rd - Bonnie Lynds Flight 3 1st - Grace Peet 47 2nd - Donna Sadlowski 48 January 28, 2025 - 2-Person Best Ball

1st - Brenda Piscioneri Donna Sadlowski 24 2nd - Francine Lanthier 25 25 JoAnn Leary 3rd - June Sotir Diane Russo 4th - Barbara Minklein 27 27 Bonnie Lynds Sheryl Morehouse 27 Debbie Thornton 27 Judy O'Connell 27 Grace Peet 27

Birdie Hole 13 Priscilla Kaiser Birdie Hole 15 Brenda Piscioneri CTP Hole #15 3'8" Brenda Piscioneri

January 14, 2025 - Replace Worst Hole

CTP Hole #15 22'3" Penny Zeilman

3rd - Debbie Thornton

Flight 1 1st - Penny Zeilman 2nd - Janet Rafferty 39 3rd - MK O'Brien 40 4th - Francine Lanthier 40 Fliaht 2 1st - Barbara Minklein 39 2nd - Jerri Blauvelt 3rd - Anita Urban CTP Hole #13 6'6" Barbara Minklein



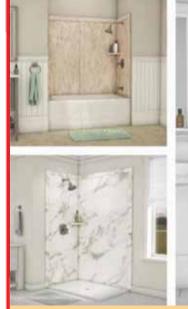
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01/15/25 -	4 Man /	2 Best	Ball
Flight 1			

1st - Paul Stevens, Kris Vasiliu, Tom Rock, Ed Constantino 2nd - Al Sacher, Stu Schwab, Tom Jackman Draw

Flight 2

1st - Russ Ramah, Alan Gamage, Manny Pereira Draw

2nd - David McGraw, Bob Starr, Paul Desrochers Draw

1st - Jerry Martin, Walt Jamieson, Bill Jackson, Dave Mclaughlin 2nd - Gerard Theurin, Glen McClelland, Jack Vickers, Don Page

Closest To The Pins

Flight 1 - Harvey Willford Flight 2 - Russ Ramah

Flight 3 - Glen McClelland

1/22/2015 - Rained Out

1/29/25 - Low Net Championship Round 1

Flight 1 1st - Marc Dingman 2nd - Mark Lavaway Flight 2 1st - Alan Gamage 2nd - Floyd Lynds

Flight 3 1st - John Armstrong 2nd - Jerry Martin

Closest To The Pins Flight 1 - Kully Smith Flight 2 - John Morris

Flight 3 - Lanse Dennet

2/05/25 - 2 Man Teams 9 Holes 1 Best Ball / 9 Holes 2 Man Scramble

Flight 1

1st - Mike Maino & Mark Cancelli -7 2nd - John Chickadel & Marc Dingman -5

1st - Mike Lontine & Bruce Amoss -3 2nd - Steve Morris & Bob Hill

Flight 3

1st - Virgil Cypher & Jack Marti +2 2nd - Gary Sommers & Bob Burrow +4 Closest To The Pins

Flight 1 - Mark Cancelli

Flight 2 - Dale Harrington Flight 3 - Brady Mitchell

2/12/25 - 4 Man / 3 Best Ball

Flight 1 1st - Mike Maino, Mark Lavaway, Kully

Smith, Tom Guinthr 2nd - Ken Valliquette, Tom Smith, Mark

Cancelli, Jim McClintock Flight 2

1st - Alan Gamage, Paul Steinhauer, Bob

2nd - Rich Healy, David Mcgraw, Chris Nelson, Jerry Martin

Flight 3 1st - Dale Harrington, Peter Walsh, Bob Burrow, Don Page

2nd - Manny Pereira, John Coates, Bill Jackson, Jack Vickers

Closest To The Pins Flight 1 - Scott Cochrane

Flight 2 - Dan Strom Flight 3 - Lanse Denney

Strikers Bowling League

High scores for the month of January High Scratch Single High Scratch Series January 6, 2025 January 6, 2025 Al Urenovich 237 Don Clayton 629 Debbie Fowler 189 Debbie Fowler 487 January 13, 2025 January 13, 2025 254 648 Bill Stephenson Al Urenovich Maria Santospirito 191 Maria Santospirito 466 January 20, 2025 January 20, 2025 George Underwood 214 592 Dale Fowler Maria Santospirito 178 Maria Santospirito 472 January 27, 2025 January 27, 2025 220 611 Dale Fowler Dale Fowler 199 Maria Santospirito Maria Santospirito 526





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-5

-3

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772-267-4791 INSURED 800.377.7885 FAMILY OPERATED SAINT PATRICK'S DAY CELEBRATION SUNDAY, MARCH 16, 2025 PARADE @ 10am, PIPERS PERFORM LAKESIDE, DJ DOUGIE 11-2pm SWITCH 2-6pm CORNED BEEF SANDS \$12 @ NOON

BUFFET \$18 @ 1:30PM

WINTER BEATS SERIES

VINTAGE VINYL SHOW MAR 21 EDWARD TWINS SHOW APRIL 3 TICKETS SOLD NOW IN ADMINISTRATION WINTER BEATS FINAL SHOW

DOO-WOP DANCE ON APRIL 11 TICKETS GO ON SALE MARCH 4 IN BUILDING A @ 9AM

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	WINTE March 23, 2 , CORN HOLE, remonies Doug	POOL GAM		pm		1 FLASHBACKS LAKE STAGE 6-10p
2 ELECTRIC TREE FROGS 2-6pm	3 MUSIC BINGO BLDG A 5:30-8:30p KITCHEN OPEN 4-7pm	4 DOUGIES KARAOKE LAKE STAGE 5:30-9:30pm TACO TUESDAY 4-8p	5 TRIVIA LOUNGE 6-8pm Pizz Asta Night 19th Hole 4-7:00p	6 RUSTIC PUB 3-7pm RUSTIC ROAST 4-7pm BLDG A RICK FERRIN 19TH HOLE 4:30-7:30p	7 THE LAST CALL BAND LAKE STAGE 7-10:30pm	8 PHOENIX BAND LAKE STAGE 6-10p
9 MIXTAPE KIDS LAKE STAGE 2-6pm	10 MUSIC BINGO BLDG A 5:30-8:30p KITCHEN OPEN 4-7p	11 DOUGIES KARAOKE LAKE STAGE 5:30-9:30pm TACO TUESDAY 4-8p	12 TRIVIA LOUNGE 6-8pm Pizz Asta Night 19th Hole 4-7:00p	13 RUSTIC PUB 3-7pm RUSTIC ROAST 4-7pm BLDG A PUSHIN' TIME 19TH HOLE 4:30-7:30pm	14 LUNA PEARL LAKE STAGE 7-10:30pm	15 TOPHER GOODTIMES ENT LAKE STAGE 6-10p
16 ST PADDY'S DAY PARTY LAKESIDE OF LOUNGE DOUGIE 11am-2p SWITCH 2-6pm	17 NO BINGO St. Palidis Out	18 DOUGIES KARAOKE LAKE STAGE 5:30-9:30pm TACO TUESDAY 4-8p	19 TRIVIA LOUNGE 6-8pm Pizz Asta Night 19th Hole 4-7:00p	20 RUSTIC PUB 3-7pm RUSTIC ROAST 4-7pm BLDG A SHELLY SONGER 19TH HOLE 4:30-7:30pm	21 RADAR RED LAKE STAGE 7-10:30pm	22 HEATSTROKE LAKE STAGE 6-10p
23 WINTER GAMES 12pm-3pm DOUGIE 12-3pm SOULTIME 3-7pm LAKE STAGE	24 MUSIC BINGO LAKESIDE-LITTLE THEATER WEEK 5:30-8:30pm FOOD TRUCK OPEN UNTIL 7pm	25 DOUGIES KARAOKE LAKE STAGE 5:30-9:30pm TACO TUESDAY 4-8p	26 TRIVIA LOUNGE 6-8pm Pizz Asta Night 19th Hole 4-7:00p	27 No Rustic Roast-Little Theater Week ANA & JOE 19TH HOLE 4:30-7:30pm	28 ALLEN WRONKO LAKE STAGE 7-10:30pm	29 TC & SASS LAKE STAGE 6-10p
31 THE KORE LAKE STAGE 2-6pm	31 MUSIC BINGO BLDG A 5:30-8:30p KITCHEN OPEN 4-7p					





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