



Vol. 47 No. 09

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**HAPPY
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September 2025

Summer Musings Echoes of Warning, Notes of Hope

By Rob Allan



Photo Credit: Brian Balthazar



Video Capture Credit: Phil Seman

It only takes a spark. A week ago Thursday, lightning struck in Micco, sparking a blaze that burned through the night and into Friday morning, scorching more than 200 acres. For a while, many of us wondered if homes in Barefoot Bay would catch fire. We were spared. River Grove was evacuated for a short period of time while flames were literally in their backyard. A multi-county fire department effort kept the flames away from structures through the night, and we are deeply grateful for the dedication and resilience of those firefighters who made all the difference. Unfortunately, a home was lost off Fleming Grant Friday morning after an all-night effort. The fact that only a single home was lost is a blessing, but also a warning. Tragedy can strike any one of us like a bolt of lightning from the sky. Whether fire, tornado, or hurricane, the potential for disaster is always just beyond the horizon.

This summer has reminded us of that reality in more ways than one. Our community voted decisively to change the Deed of Restrictions and once again allow single-wides (600 sq ft minimum), marking their return to Barefoot Bay. It was the most significant DOR vote in decades, and more than 70% of those who cast ballots approved the change — even though overall turnout was lower than hoped. For those who voted in favor, the message is clear: you now have options if you ever need to replace your home. The decision reflects a community

looking ahead and insisting on choices, even if not everyone agrees on how best to get there.

For Richard Clayton, that choice means everything. Richard lost his home last year, an older single-wide, and has been living in limbo while waiting for the community's decision. His damaged home has now been removed, the lot cleared, and the surveys and permits are in the works. Richard will soon build the first single-wide to return to Barefoot Bay in more than twenty-five years. Naturally, he feels the pressure. "Oh yeah," he told me, "We want the place to shine like a new dime. After all the attention this has brought us, I can do no less." His optimism — and gratitude toward his fellow homeowners — is a reminder that these decisions are about people, not just policy.

Richard's optimism mirrors something larger. Over the past year, many in our community have rolled up their sleeves in ways big and small. We came together on the DOR and were successful, proving that persistence and participation can make a difference. At the same time, there has been an uphill — yet sincere — effort to petition the Barefoot Bay Water and Sewer District, which will not make a difference. Sometimes you win, sometimes you lose, but what matters is that we tried together. New challenges — bigger challenges — are on the horizon for Barefoot Bay. As development moves into our area, the community spirit, involve-

ment, and support we have shown are as important as ever.

We've also been reminded that growth around us is not slowing down. Lotis, Emerald Lakes, Ashton Park — names that may sound far off but will soon mean more traffic, more strain on Micco Road, and more pressure on the way of life we've built here. And here's a caveat: I haven't written before about Emerald Lakes. It's another 3,760 homes planned at the intersection of the St. Johns Heritage Parkway and I-95. Where exactly does the County expect all those eastbound cars to go? Everyone knows Micco Road can't handle the burden alone. The recent fire even cleared the way for a potential road south of the solar farm — yet we hear nothing. Hello? Is there anybody out there?

That's why, when our attempts to meet directly with Ashton Park's representatives fell through, I sent a list of questions (see sidebar), pertinent to the new growth, to the players — the developer's engineer, Palm Bay city officials

and county staff at Brevard County Bridges and Roads, and asked the Board of Trustees to formally invite them to October's Town Hall. Barefoot Bay residents deserve more than rumors and secondhand updates. We deserve to be in the room, hearing first-hand what's planned, and making our needs known.

Because here's the truth: many of us welcome growth. We understand that development is coming whether we like it or not. But we also fear being run over while everyone ignores us — our traffic signals, our golf cart crossings, our drainage, and our safety.

So as summer gives way to fall, we carry with us the memory of fire on our doorstep, the hope of Richard's new beginning, and the knowledge that storms — both natural and man-made — are still to come. Barefoot

Bay's future depends not just on resilience, but on showing up, speaking out, and making sure this community is never ignored. That's how we honor both the blessing and the warning.



Map courtesy of Emerald Lakes

Development Questions - We Need Answers



Visit <https://barefootbay.com/forum/post/324>



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A Word From the CVO

“Ah, September! You are the doorway to the season that awakens my soul.”
---Peggy Toney Horton

Read this recently, and without getting overly dramatic, it reminded me of the incoming winter residents that will slowly start to arrive back in Barefoot Bay. Call them ‘snowbirds’, “winter residents”, “part timers,” or just call them friends! I’m excited to have them return! Awakening my soul might be just over the top a little, but no one can deny that they bring a lot of laughter and sunshine back to the Bay!

September brings back the opening of the CVO office again. As a reminder, our hours are Monday through Friday, 10 a.m. to 2:00 p.m. We are a great resource center for the answers to your questions or needs. Our programs include Helping Hands, Van Program for shopping and Micco Senior Center meals, educational seminars, Safe at Home, Deck the Halls, Co-Sponsors of Barefoot By the Lake, Annual Cancer Drive, Trunk or Treat, New Year’s Eve Celebration, Thanksgiving Dinner, and other fundraisers during the year. The CVO office is a good place to start when looking for assistance in the Bay.

September 28th drives in the Barefoot By the Lake Fall Car Show. The car show includes cars, trucks, and motorcycles of all makes and models. It has become quite a generous display of love that we Americans hold for our vehicles! These amazing vehicles bring us back to a time that only our personal memories can evoke. There will be music by D.J. Papa John, raffles, food, vendors, and many new awards, but always including People’s Choice and Best in Show. If you have a vehicle to enter, please note the Barefoot By the Lake Car Show application in this month’s Tattler, and if you just want a delightful day here in the Bay, come on down to the walking trail under the oaks. The show hours are 11:00 a.m. to 3:00 p.m. Come on down - you won’t be disappointed!

Next on the calendar will be our Cancer Drive...Footloose & Cancer Free! The dance will be held on Saturday, October 25th, in the A Building. Tickets will be available beginning Monday, September 15th. The tickets will be priced at \$10 each. And 100% of the ticket price will go towards Barefoot Bay’s donation. The CVO will donate the expense of D.J. Dougie, and as we all know....Dougie will have that dance hopping! We will be looking for raffle items that will generate more dollars, so if you have something that might work as a raffle, please contact Betsy Clark at the CVO office, 772-663-0633.

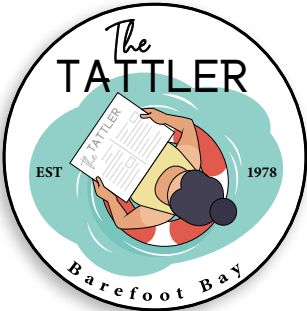
We would like to encourage everyone to add to our Warrior Wall with pictures or written pieces of poetry or letters about your Warriors. We will have a wall setup with clips for all to be attached and read by everyone. You may bring your mementos to the office, or you may bring them on the day of the dance. This dance will be honoring our Warriors, and therefore, we will be celebrating all of them with music, joy, and laughter.

October will end with the CVO sponsoring Barefoot Bay’s Trunk or Treat under the oaks on Friday, October 31st, from 4 p.m. until 7 p.m. Every year, this event gets bigger and the costumes get better, so make sure your candy bins are full! There will be free hot dogs available for all kids!

November’s calendar will include the annual Thanksgiving Dinner offered to our residents on Thanksgiving Day. More information will be forthcoming next month. And don’t forget New Year’s Eve! We will be sponsoring an event for New Year’s Eve called “Vegas, Baby!,” so follow us next month for more updated info.

Let’s keep our fingers crossed, but so far we have only had brutal heat and little talk of more severe weather. But as we all know, hurricanes are always a possibility, so please keep your household ready and prepared for what we know can occur. So enjoy your “Florida Fall” weather, but keep an eye on the skies!

Elaine VanBerschot



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Family owned business located in Barefoot Bay, Florida.
Tattler Media LLC publishes the Tattler - a local monthly newspaper for southern Brevard County, and manages **BarefootBay.com** - an online community hub for events, homes, and news.

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barefoottattler@gmail.com

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tattlersales@gmail.com

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**A Word From Your
Recreation District Chair**

Bruce Amoss

BOT Happenings:
7/22/2025 Meeting Highlights:
Island Harbor Custom Builders, LLC, was awarded the contract for the lounge cooler project. After the contract is signed, permitting will begin. Upon the county issuing the permits, work will begin. The walkway, behind the lounge, will be closed for the duration. The “smoking area” will be temporarily relocated. Please check for signs. Once work starts, it is estimated to take 2 to 3 weeks to complete.

The public Hearing and Adoption of the FY26 Non-Ad Valorem Special Assessment was held. Resolution 2025-09 was read by Mr. Olsen and adopted by the board of trustees.

Green Hammer Concrete, LLC, was chosen as the Concrete Contractor for the replacement Shed and Canopy - Pickleball/Tennis Courts Project.

The title of the “Community Manager” was changed to “District Manager” to align the title with the duties of the position and to be consistent with all other “Special Districts”. “Community Manager” was a holdover from before Barefoot Bay was a special district.

8/14/2025 Meeting Highlights:
The BOT approved and certified the 2025 DOR Ballot and Amended and Restated Deed of Restrictions with incorporated amendments. All questions were passed with a majority of “YES” votes.

The BOT approved and adopted Resolution 2025-10, providing for submission to the electors for approval or disapproval of a ballot question asking if the Board of Trustees of the Barefoot Bay Recreation District shall have the authority to expend no more than \$165,000.00 on the construction of two new pickleball courts and certifying Resolution 2025-08 to the Brevard County Supervisor of Elections.

These courts are in the FY2026 budget using a FRDAP grant. The way FRDAP grants work is that you apply, you get the go-ahead from the State, and then you build it using your money. When the job is completed, the state inspects the job to make sure you did what was promised. When you pass, they start the reimbursement process. Since the new courts are not “connected” to the existing courts, it could be interpreted as a new amenity. Our charter states that a vote of the electors of the District must be held on “new” projects over the \$50,000 limit, so a question will be on this November’s Election ballot.

Complete Electric, Inc. was chosen to repair and update the Golf Course Irrigation Electrical System. The cost is to be funded under the FY2025 FRDAP Grant.

I was asked to remind people to walk in the pedestrian lane and face traffic. If you don’t face traffic, you may be putting your life in jeopardy! Please be alert on the streets- keep your head up, not down, looking at your phone.



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Thursday, Sept. 18th
10AM-12PM, Building D
Chuck Whitty’s Medicare Educational Tune-up

I have been serving this wonderful community since 2011, and I am very happy to host a helpful event regarding Medicare on **Thursday, Sept. 18th, 10AM-12PM, Building D.**

This strictly educational event will provide you with a better understanding of your rights, obligations, and options under Medicare for coverage.

Get info on CMS’s 2026 changes and prepare for the Medicare Annual Enrollment Period (AEP) and beyond, pen and paper recommended!

This educational event will include Q&A time. RSVP appreciated for planning purposes, but not required

Snacks will be served.

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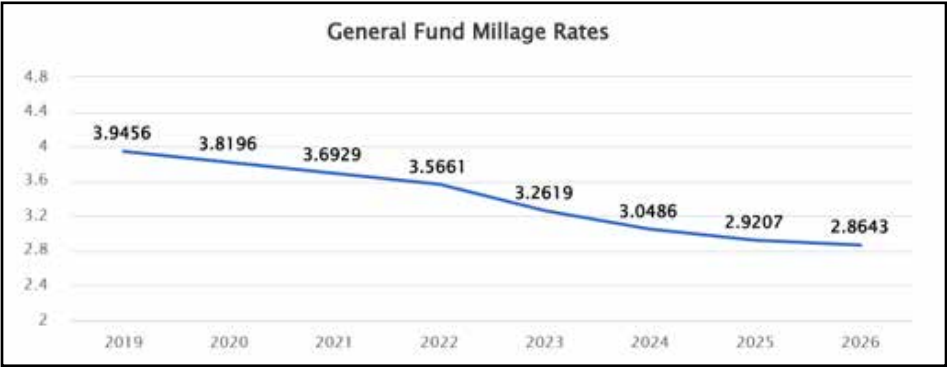
A Word From Your

County Commissioner

Kim Adkinson
County Commissioner, District 3

On July 22nd, the Board of County Commissioners held a Public Hearing to set the Tentative Millage for fiscal year 2025-2026. Questions are frequently asked about taxes, including what they are and how they have changed. Property owners in Brevard County’s areas will encounter a multi-component property tax structure for the 2025-2026 fiscal year, which begins on October 1, 2025. Here’s a breakdown:

General Countywide Property Tax Rate: The proposed General Fund millage rate for the 2025-2026 fiscal year is 2.8643 per \$1,000 of taxable property value. This represents a slight decrease of 1.93% from the previous fiscal year while reducing property tax rates for the twelfth consecutive year and adhering to the Charter Cap on ad valorem tax revenue growth. This millage rate funds general county operations and services available to all residents.



Aggregate Property Tax Rate: This encompasses the general fund rate along with other millages that might apply to specific areas or situations. The proposed rate for the upcoming year is 4.5129 per \$1,000 of taxable value, an increase of 2.34% from the 2024-2025 rate.

Special Assessments: These are based on property use and type as opposed to property values. Examples include Stormwater, Fire Services, and Solid Waste.

Voter-Approved Millages: A specific property tax levy that requires the explicit approval of voters to be implemented or renewed. They fund specific programs or projects with a dedicated funding source. Examples are the Environmentally Endangered Lands (EELs) Program and the county-wide Parks referendums.

Charter Cap: Brevard County has a voter-approved charter provision limiting year-to-year increases in property tax revenue to the lesser of 3% or the percentage change in the Consumer Price Index (which is 2.95% for FY 2025-2026). This limitation excludes revenue from new construction and voter-approved tax rates.

The County Manager prepared a budget that complies with the Charter Cap revenue growth limitation outlined in the County Charter. The millage rates presented by staff were for a budget that included significant cuts to capital improvement projects for a variety of Departments. The Board supported advertising an increase to the millage rates for Parks and Recreation and the Environmentally Endangered Lands Program to half of the voter-approved rates. Additionally, an increase in the Fire Control Municipal Service Taxing Unit to the full voter-approved amount was advertised by the Board.

The 2025 Truth in Millage (TRIM) Notices were mailed to all property owners on Monday, August 18, 2025. They are also available online through the Brevard County Property Appraiser’s website. The TRIM Notice provides estimated property taxes for the year and is not an actual tax bill. The official 2025 property tax bills will be mailed in early November.

I believe the Commission made tough decisions on setting the Tentative Millages and exemplifies the Board’s dedication to providing responsive, quality services to residents and maintaining fiscal sustainability. Strategic decisions were made to balance the General Fund budget, including the dissolution of the North Brevard Economic Development Zone. Given rising costs that outpaced revenue growth, further reductions across County departments were necessary to achieve the Board’s priorities.

Through strategic decision-making and planning, Brevard County stands poised to meet current needs and future challenges, while striving to enhance community well-being and quality of life.

On September 10th at 5:30, the Commission will hold its first Public Hearing, and on September 23rd at 5:30, it will hold the Final Budget Hearing. Future meetings will provide an opportunity for the County Commission to decrease the millages prior to the adoption of the rates. These rates cannot be increased from the advertised tentative millages. The link below will take you to the proposed 2025/2026 budget.

If you have any questions, please do not hesitate to contact me or my staff at 321-633-2075.

<https://www.brevardfl.gov/BudgetOffice/Budgets/ProposedBudget>



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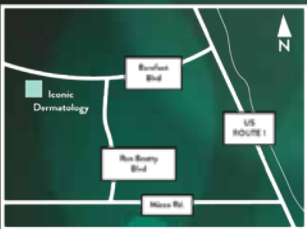
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Wednesday mornings. 9 a.m. to Noon (0900-1200)
Claims help and Information.
Meet with council staff who can assist based on their knowledge base.

Afternoon is Movie Time
Showtime starts at 2 p.m.
The Schedule For September is below.
September 3rd Hogan’s Heroes, 10th Men of Honor,
17th China Moon, 24th The Brothers McMullen
Fridays 9 a.m. -Noon (0900-1200) Claims Help and information
Afternoon 1 p.m. to 4:pm, (1300 -1600) card game Euchre.

Upcoming
American Legion Post 366 at Bldg D,
Monthly 3rd Tuesday, Sept. 16th. 1 p.m. (1300 hours)
Veteran Council Meeting Center for officers and volunteers.
October 14th, 10 a.m. (10:00 hours)
“Be Prepared” Helpful Tips for Veterans
There are many changes going on, and nothing is certain, but the fact remains that veterans need to be prepared for change.
The first step to prepare is to self-educate, which includes Do-It-Yourself.
1) When you visit your primary care physician, as you check out, make sure you have their most Up-to-date phone extension.
2) While you are visiting your local VA clinic, look for and take a sheet called “Save A Trip... How to Reach Us Between Appointments,” which has many more helpful tips. Use it and write on it your doctors’ extension numbers. You’ll be glad you did. File it in a folder you reserve for Health Matters.
3) Discover within your circle of contacts (family and friends) who actually take an interest in your well-being. Consider making them your health care advocate. You never know when a big decision comes up and you need someone to talk to about it.
Watch for more helpful tips in next month’s column, “Be Prepared.”
Have you got a story of service to share? Now you can get recorded by a trained professional to share your stories of your service to our nation. These stories are shared with the Library of Congress archive/ Call the Veteran History Project at the VMC in Merritt Island (757) 871-6576

New Viera VA Clinic in Brevard County.
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Viera, FL 32940-8007
Main phone: 321-637-3788
7:30 a.m. to 4:30 p.m. weekdays
Community Care authorization for 30 services will now have a full 12 months of uninterrupted treatment at the VA expense. Veterans are encouraged to contact their local VA Medical Center Community Care Office for questions to see how these new updates may affect their care. To find the VA Community Care Center closest to you, visit the website at <https://www.va.gov/find-locations>
Homeless Veterans. If you or a veteran buddy you know needs shelter or other services, get help by calling the Homeless Hotline: 1-877-424-3838. Press Zero for referral to a local shelter.
Disabled Veterans are encouraged to download the new app to their smartphone for their travel reimbursements. This saves paperwork, resulting in faster reimbursements.
Written by Ray Osborne. Veteran Osborne got his first writing gig while serving in the US Navy. Since that time, he has written dozens of articles on a variety of topics, including local history, self-help, events, White Papers, and more. He also authored a couple of books. Ray Osborne enjoys serving the veteran community as an American Legion historian. 321-345-1715.



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South Mainland Public Library

Programs Sponsored by the Friends Of The South Mainland Library
Friends of South Mainland Library
Book Sale: Tuesday, Sept. 9th 12:00pm to 6:00 pm; Wednesday, Sept. 10th 10:00 am - 1:00 pm; Thursday, Sept. 11th 12:00pm-5:00pm
Adult Programs
Please call the library at 772-664-4066 for more information regarding programs.
Gentle Yoga
Come in for Gentle Yoga every Monday at 10 AM. Gentle Yoga is a low-impact form of yoga that uses slow and controlled movements. Chair for poses and balance is optional. Please bring a yoga mat and water. \$5.00/session payable to the instructor.
Quilters
Come in and work on your quilting pieces every Thursday at 6:00 PM. Non-instructional group.
Chair Yoga
Come in for Chair yoga every Friday at 10:30 AM. Chair Yoga is gentle and uses a chair for poses and balance. \$5.00/session payable to the instructor.
Movies at the Library
Join us for Last Breath and limited snacks on Thursday, Sept. 4th at 1 PM.
Based on a true story, this heart-pounding film follows seasoned deep-sea divers as they battle the raging elements to rescue their crewmate trapped hundreds of feet below the ocean's surface. This is an electrifying story about teamwork, resilience, and a race against time to attempt the impossible. PG-13 1h 33 min; Starring Woody Harrelson and Simu Liu
Painting for Beginners
Learn the basics of painting and how to enjoy art on Friday, Sept. 5th and Sept. 19th at 12 PM. \$5.00/session payable to the instructor for supplies.

Adult Art Classes
Craft with library staff on Thursday, Sept. 18th at 1 PM. \$5.00 nonrefundable fee for supplies payable at the time of preregistration at the Circulation Desk.
BINGO
Come in and play BINGO with friends & family on Thursday, Sept. 25th at 1 PM.

Adult Classes
Beginning Computer Classes: Stop in and learn more about laptops and how to set up & manage emails on Wednesday, Sept. 3rd at 1 PM!
One-on-One Computer/Skills Classes: appointment only at Reference Desk
Learn more about technology and improve computer skills with the library staff. \$5.00/session payable to the instructor.

Youth Services Programs
Please call the library at 772-664-4066 for more information regarding our free youth programs.
Read Your Way to K Playdate – Babies and Toddlers
We invite babies, young toddlers, and their caregivers to join us for an hour of stories, songs, and games every Wednesday at 10:30 AM in the Children's Room. Reading and storytelling allow our littlest patrons to discover speech patterns, new words, and language. Our fun and informal program is designed to enhance those skills through age-appropriate play.
Science, Technology, Engineering, Art, and Math (STEAM)
Experiment, Explore, and Engage with some fun hands-on projects on Friday, Sept. 12th and Sept. 26th at 3 PM! This program is intended for ages 7 and up, and a supervising adult is required to be present in the room at all times.

South Mainland Public Library
7921 Ron Beatty Blvd., Micco, FL 32976
772-664-4066
Library Hours:
Monday: 9:00 AM to 6:00 PM
Tuesday & Thursday: 12:00 PM to 8:00 PM,
Wednesday & Saturday: 10:00 AM to 2:00 PM,
Friday: 9:00 AM to 5:00 PM
Closed on Sunday.
Any person requiring special accommodations to participate in any class or event due to a disability may arrange for accommodations by contacting the location at which the event is held at least seven days prior to the event. This flyer is intended to be ephemeral in nature; as a result, if you need 508-compliant information, please contact the location, and it can be provided.

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Artists’ Guild: A Sweet Slice of Creativity



Everyone’s Pear.

During one of our recent Artists’ Guild workshops, we came together for a charming and colorful exploration: painting pears! Each artist put their unique spin on this humble fruit, turning it into a vibrant reflection of personal style and technique.

The session was filled with laughter, learning, and those quiet moments of concentration that make creating so satisfying. The photo attached captures not only the fruits of our labor but also the beautiful diversity of expression in our group.

Take a look at everyone’s creation—each pear tells its own little story, and together they make a truly joyful harvest of talent!

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The Future of Sports Medicine: Innovative Treatments for Active Floridians

In the ever-evolving world of sports medicine, advancements are reshaping how athletes and active individuals recover from injuries and return to the activities they love. As an orthopedic surgeon specializing in sports medicine, I've witnessed firsthand how cutting-edge treatments are transforming recovery and rehabilitation for Floridians.

Sports injuries can range from acute trauma, like sprains and fractures, to chronic conditions such as tendonitis or overuse injuries. Among the most common injuries I treat are knee and shoulder issues, including ACL reconstructions and rotator cuff repairs.

Increasingly, I'm seeing more cases of chronic hip pain, which has led to exciting innovations like hip resurfacing. Hip resurfacing offers a bone-preserving alternative to traditional hip replacements, particularly for younger, active patients. Unlike total hip arthroplasty (THA), which removes the affected joint and replaces it with a ceramic head and metal stem, hip resurfacing preserves more bone and uses a metallic cap. This approach not only reduces recovery time but also allows for easier future hip replacements, making it ideal for patients who may outlive their first implant.

Similarly, knee replacements have entered a new era with personalized implants and robotic-assisted surgery. Using 3D imaging, we can plan surgeries with precision, ensuring better alignment and outcomes. Post-surgery, patients benefit from advanced rehabilitation tools, such as anti-gravity treadmills and virtual reality systems, which help accelerate their return to activity.

At Cleveland Clinic Indian River Hospital, recovery is more than just physical healing; it's about restoring confidence and performance. Comprehensive rehabilitation plans combine physical therapy, strength training, and mental conditioning.

The future of sports medicine is bright. We're committed to helping Floridians heal, rebuild, and get back to doing what they love.

Dr. Clay Greeson, MD, Orthopedic Surgeon, Sports Medicine Specialist, Cleveland Clinic, Indian River Hospital 877.463.2010.



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Lagoon Artisans Featured Artist Pam Morley and Grace Cormier Show



Grace Cormier and her Fabric Art

Two Lagoon Artisans share the feature spotlight this month as leads at Gallery 14 in Vero Beach's Reception during first Friday Gallery Strolls in the Arts District, September 5 from 5 to 8 pm. Grace Cormier will be wrapping up her summer-long fabric art show, and Pam Morley will be debuting her new book. Both are prominent, well-received artists in the community.

Reaching Beyond: Fiber Art by LABB's Grace Cormier, along with Metal Sculpture by Kevin Wilson, caps the summer First Friday season. Grace is an award-winning artist recognized in the local and statewide gallery scene. She specializes in utilizing Japanese Boro-Art in mending and restoring textiles with Sahiko hand stitching, as well as working in other Japanese aesthetics.

Grace works in many media, including oils, acrylics, watercolor, and jewelry making. Her work was featured in July's Tattler.

This reception will also feature a book signing by author-medium Pam Morley, a LABB member. Her new book, *Enjoy the Journey: A Medium's Path to the Other Side*, will be for sale at the event. Pam will answer questions and discuss the book. She is an accomplished portrait artist, completing many commissions and receiving various awards in New York and Florida.

After retiring as a high school teacher, Pam found the time to paint profusely and avail herself of the many art opportunities available in the area. Other than people, her subjects include wildlife and nature.

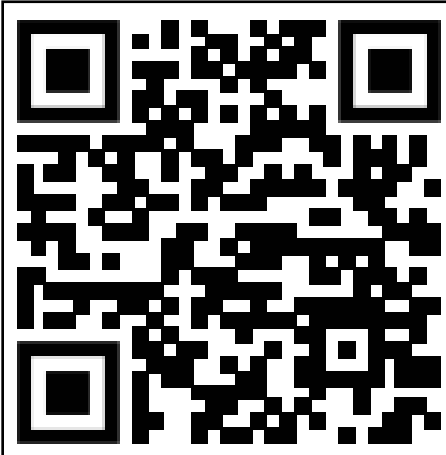
Several other artists will show their art along with the gallery owners who maintain permanent displays. Gallery 14 is located at 1911 14th Avenue in the Downtown Historic Arts District of Vero Beach.

For further information, please call 772 562-5525 or visit www.gallery14verobeach.com. Visit us as well on Facebook and Instagram.

Dan Martin
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October Issue Publishes - September 26, 2025





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Dear Valued Patients,

Dry eye isn't just a nuisance—it's a multifactoral condition that can significantly impact your daily comfort and vision. An unstable tear film causes both ocular discomfort and fluctuating blurred vision, especially during activities like reading, computer work, video games, and driving, which increase tear evaporation.

To combat dry eye effectively, it's crucial to understand the intricate components of your tear film and how they can be disrupted by inflammation. Conditions like blepharitis, rosacea, and auto-immune conditions can exacerbate this inflammatory cycle, further complicating dry eye management.

For mild dry eye, over-the-counter artificial tears may provide relief. However, for moderate to severe cases, a combination of preservative-free artificial tears and punctal plugs—a technique that blocks tear drainage—may be necessary. Omega-3 supplements, particularly those containing GLA found in black currant seed oil, as well as a ketogenic diet can offer powerful anti-inflammatory benefits.

In severe cases, serum tears derived from your blood can provide a rich source of growth factors, enzymes, and nutrients to promote ocular surface health.

By moisturizing your eyes effectively, you can maintain sharp, stable vision and comfort for years to come, even during activities that tend to exacerbate dry eye symptoms. Don't let dry eye hold you back—moist-ur-ize your eyes and enjoy clearer vision and greater comfort throughout the day!

Warm regards,
Val Zudans, M.D.



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AMERICAN LEGION AUXILIARY #366

We welcome our new state president, Robin Burk. She has been a constant contributor to the Ladies Auxiliary for many years. Her motto for the year is "Shining bright with a star-spangled heart," and her color is red.

Dues for the year 2026 are still being collected. Please send in your membership dues to Sue Reddy, membership chair. We are always striving for 100% membership. Thank you for your cooperation.

For God and country,

Sue Reddy

AMERICAN LEGION POST #366

Barefoot Bay American Legion Post 366 will resume regular meetings on Tuesday, October 21. We meet on the 3rd Tuesday of each month at 1 PM in Building D. The LEGION Act, as passed by Congress, removed the "date gaps" in order to join the American Legion. Any member of the military who has served honorably since Pearl Harbor Day (1941) is now eligible to join. For more information, call Commander Jeff Grunow at 772-202-4926.

Veterans Picnic – Save the date, Saturday, January 17th, 2026. The American Legion, Veterans Council, and Marine Corps League will be sponsoring an "all hands" picnic at the Gazebo behind Building A. Veterans, veteran spouses, and widows are encouraged to attend.

Jeff Grunow
Commander

ARTISTS' GUILD

Hello from the Barefoot Bay Artists' Guild!

As the summer sun begins to soften and the rhythm of fall returns, we welcome a new season. The kids are back in school, and our beloved snowbirds will soon be making their way back to their winter homes. It's amazing how quickly the months have passed—but even with vacations and summertime adventures, our Artists' Guild has stayed wonderfully active.

A lively group of creatives continued to gather throughout the summer months. We hosted several workshops where artists were encouraged to simply paint for joy, explore new ideas, and share techniques. These gatherings were relaxed and enriching—offering space to experiment, laugh, and take a break from the pressures of perfection.

As autumn rolls in, our calendar is filling fast with exciting plans:

- November Open House – We're gearing up for our first-ever open house, where members can showcase the work they've been creating all year. It's a wonderful opportunity to meet our local artists, learn about their inspirations, and maybe even take home a special piece of art. Everything displayed will be for sale, with something for every style and budget.
- Candy Cane Lane – Get ready for holiday magic! Many of our members are already crafting whimsical and elegant works for Candy Cane Lane, a beloved community tradition that's sure to sparkle this November.
- January Art Show – The brushes are flying as we prepare for one of our biggest exhibitions of the year. Whether it's watercolors, oils, mixed media, or sculpture, expect a stunning showcase of local talent and imagination.

Until the next issue of The Tattler, Stay inspired, stay safe, and cherish the creative spirit in all that you do.

With joy,

Bonnie J Murphy

BRITISH CLUB

As I write this, we are heading into the third week of August! It is hard to believe that the summer is winding down and the kids will already be in school by the time you are reading this! It won't be long now before us seasonal folks head down to our Florida homes for the winter! Yay!

Just a reminder that we are having our Summer Fun nights in building A on the third Tuesday of every month until we start up our regular season in November.

On Tuesday, September 16th, we will be having Salad, Pot Roast with gravy, boiled potatoes, carrots, and Chocolate mousse for dessert.

Cash bar opens at 5:00, and dinner will be served at 5:30. This is a great time to come out and enjoy a night with your friends, play some cards, and eat good food!

Tickets are \$15.00, and you do not need to be a member to attend – so bring a friend or two.

Please contact Debbie O'Hara at 321-408-1687 by Thursday, September 11th, to get your tickets.

Enjoy the last days of summer!

Cheers,

Cyndie

CHRISTIAN WOMEN'S CLUB

We celebrated our August meeting with a picnic at the beach! There were a few things missing: heat, bugs, and sand in our bathing suits! So many thanks to Amy for the wonderful beach decorations. Dottie and her crew did a fabulous job. We enjoyed a salad meal. There were so many choices: chicken, egg, shrimp, veggies, taco, and fruit, along with rolls, butter, tea, and a wonderful dessert. Our choir did a wonderful job. We are still looking for new members. Thanks to Zella and Gayle for leading and praying. A lovely woman named Leah gave her testimony, very heart-moving. I always love hearing how the Lord has saved someone and given them a new and contented life. That new life comes from trusting Him. Our next meeting will be on September 9. Don't forget to call Ruth at 772-202-4251 for a reservation. Our heartfelt thanks to Ruth and Lynne for always being there at the welcoming table.

I recently talked to a woman who would not attend the luncheon because of the word "club". I think she imagined we were sitting around chit-chatting and eating. So, I thought it was time to tell. Again, why did we start the club? Five of us believed there was a lack of things about Jesus in BB, and the Lord was telling us to make a difference. We give all the glory to God. Our goal was to offer a place to go for widows living on SS. We also wanted to raise money for orphans. God gave us the idea and the strength to do the work. Most of the money comes from the food, as we do all of the cooking, and some of the women donate some of it. In just a little over three years, we have raised over \$17,000. There are several ministries in Brevard County that have happily received the money. Did we have an enjoyable time? Yes, of course, but our main objective is to spread the word of the Lord and help

Club News from Page 12

those God has asked us to help. Hope that helps. God bless you all. Hope to see you in September!!

Jane Fruscella,
772-202-4214

COMPUTER CLUB

Scams and scammers are still the #1 topic of discussion from the Sheriff's Office, Federal Trade Commission, the AARP Magazine, and so many other places. Why? Because it is that important and that profitable for those who continue to call you, leave brochures, emails, and send you letters.

The first suggestion is to read whatever is sent and make sure you understand what is being offered. If you have questions, call the actual provider- not the number on the letter. The phone number can be found on the billing statement, or you can Google the company and get the Customer Service number. Recently, people in Barefoot Bay are receiving notices from FPL regarding their meters- is this for real? I don't know, but I do highly suggest that you contact FPL, which may not be the phone number on the notice. Always check with the provider of the service in question, not the number listed- whether it is from FPL, your bank, your credit card, or any other source. This is the easiest way for a scammer to get you to talk to them further, and to "offer" you something is when you have just called them back.

Second, you are not required to answer your phone just because it rings. If you recognize the number, feel free to answer. If you do not recognize the number, please do not answer. It is as simple as that. Many scam calls will only ring 3 times, and then they disconnect. How frustrating it is to rush to answer the phone only to have no one at the other end. The scammers have plenty of other people to call who might be "victims," and they do not want to spend time waiting for you to get to the phone. Could you wait for three rings before answering? If it is someone who needs to talk to you, they will leave a message or call right back. A scammer will not call your number again in a short time frame. If you do get a message, listen carefully to what the caller is asking. You do not want to provide your name, phone number, social security number, bank account, or credit card information to someone you do not know. Reviewing a message will give you time to think about the message and what your response might be, before you begin the conversation by calling back.

Third, you are in control of who you buy from, who you talk to, and who you invite into your home. Make sure you know and fully understand the caller's purpose or the information in an email or letter.

The Barefoot Bay Computer Club will meet on September 26th at 6:00 pm at Building D&E. We welcome you to come to the meetings to learn more about using these electronic devices for your benefit.

DEMOCRATIC WOMEN'S CLUB

Things have been pretty quiet in our Bay given how hot it has been – no one feels like doing anything but chasing the Ice Cream truck! Things change fast, though, as we all can see, from what has happened during the last six or eight months. We, as Democrats, need to be ready to jump into the next fight before you know it. We hope, when our seasonal friends come back in the fall, they are ready to rally, send postcards, visit neighbors, and do whatever is necessary to help the cause of democracy, not just the Democratic Party!

To all those Democrats here who don't know we have a Democratic Club in Barefoot Bay, I urge you to look us up and consider getting involved for a very important upcoming mid-term election cycle. This election could affect your children's and grandchildren's future and the health of our Country. See our email and phone number below if you have further questions. We also have a Facebook page where you can contact us.

Reminder: it is necessary for everyone to

renew their option for having a ballot mailed to them. Also, renewal needs to be done after every election cycle! Share with your friends and neighbors how easy it is to use this method of voting. Just go to:

<https://www.votebrevard.gov/Ballots-by-Mail/Request-a-Mail-Ballot> or

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We meet monthly on the 3rd Thursday at 3:30 pm in Building D next to the 19th Hole. You can also learn more about us by going to our Facebook page: The Democratic Women's Club of Barefoot Bay. For more information, please email BarefootBayDWC@yahoo.com or call 321-349-9565. We look forward to your visit.

GERMAN CLUB

Just a quick update before the new season starts on Oct. 1, 2025. Our first general meeting for the season will be Oct. 28, 2025, in Bldg. "A," so mark your calendars. More information will follow.

I am pleased with the results of our early sign-up for club membership. You can still take advantage of early sign-up by contacting Debbie Zglobis at 860/583-5089. She will be happy to meet with you at your convenience and get you all signed up for our upcoming season.

It is my goal as your new President to increase our membership and develop an even better club. I am always open to any suggestions that will benefit our club and its members. You can contact me, Manny Kolz, at 617/365-2123. I will be glad to discuss our club's itinerary and talk about suggestions you may have.

Looking forward to being your President for our 2025/2026 season.

Manfred (Manny) Kolz
Club President 2025/2026

GRANT HISTORICAL CLUB

Grant Historical House (The Bensen House) Annual Pioneer Fish Fry will be held on October 11, 2025. The menu includes fish, baked beans, slaw, grits, collard greens, hushpuppies, tea, and dessert. Join your friends and neighbors for an evening under the palms while enjoying the cool river breezes. Hours are 4:00 PM til 7:00 PM. Tickets are \$18.00 and may be purchased by calling 321-723-8543 or at the Historical House on Fridays or Saturdays from 10:00 - 4:00.

The Grant Historical House is located at 5795 US 1 S, Grant, FL. For more information, call 321-794-9393.

ITALIAN AMERICAN CLUB

As most club members know, our Pizza nights are coming to an end. We have two more Pizza nights, August 28 and September 25. We meet in Building E at 5:00 PM. I feel the Pizza nights have been a huge success, giving the membership an opportunity to fellowship with other members during the off-season. Our regular meetings, in Building A, will start again on October 22 at 5:00 PM. The dinner for the start of the season will be the ever-famous "Pot Luck". So, get your homemade favorite dish ready to share with the other members. Our efforts to have new members join the club continue. As long as I have been the President of the club, I continue to be asked "if you have to be an Italian American to join." The answer is NO, you do not have to be of Italian descent to be a member. As a matter of fact, the majority of our members are not of Italian descent. We are a Barefoot Bay social club that honors Italian Americans and tries to maintain some of their traditions. I would like to encourage all our members to bring your neighbors and friends to one of our meetings. Let them witness our brotherhood and fellowship. Also, please know that October 22, our first meeting of the season, is the nomination and election of officers and directors. Those elected will assume their positions at the December meeting. These are not time-consuming positions. Our goal is to keep the club going and to be a player in the Barefoot

See Club News Page 14



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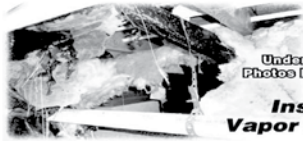
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Club News from Page 13

Bay community. Yes, I need help in order to accomplish that goal. Please attend with a helping attitude. Over the past couple of years, we have had great success with some of our events, such as the Ethnic Festival and the Barefoot Bay Chili Cook-Offs. Let's keep our team in the game. Thank you for your continued support.

Ron Fashano/President

JEWISH CLUB

If by chance, this is the first time you are reading this, welcome to the Jewish Social Club. This club is dedicated to understanding our common roots and welcoming folks of all religions. This is not a religious or political group.

We are looking forward to more events in the future and would welcome all new members. Keep an eye on Facebook, emails, and texts for more updates.

Our next meeting will be on Wednesday, September 17, 2025, at 3:30 pm at our home.

All are welcome, but please RSVP.

Hope you are having a good summer, and we'll see you soon. In the meantime, please feel free to reach out to chat.

Please call or text Joanne at 860-869-2982 or Jerry at 860-869-2981 to RSVP or if you have questions.

Shalom (Peace)

LAGOON ARTISANS

LABB artists spent their summer, near and far, creating new art for the upcoming season. Some participated in gallery and pop-up shows in the area.

September brings a special event at member Mary Ann Hall's Gallery 14 in Vero Beach during September 5th's first Friday

Stroll. Grace Cormier will be wrapping up her fabric show, and Treasurer Pam Morley will present and sign her recently released book about her experiences as a medium. She will also do a reading.

The first show this season is a two-day holiday show on Saturday, November 22nd, and Sunday, November 23rd, the same weekend as Candy Cane Lane. The others are January 25th with the CVO Car Show; February 2nd; and April 4th. All are in Building A from 10 to 3. Shows are free to the public and include music, refreshments, and a silent auction.

LABB meets every second Wednesday, October through April, at Building D/E from 10 to noon. Meetings involve routine matters, techniques and skills demonstrations, and managing the art shows. Luncheons are held after several meetings at local restaurants.

Local artists interested in exploring opportunities are encouraged to call President Georgene Granholm at 908-337-9400 or me and plan to attend a meeting or show. We enjoy meeting new artists, sharing, and learning with each other.

Text me an email address if you wish to join our contact list and keep up to date with club events, or consult this monthly column. LABB also has volunteer opportunities at our shows for folks who would like to engage in the art community.

Learn with us, create with us, and add a little color to your life.

Dan Martin, Secretary
609-432-1059

LINE DANCE

Learn to line dance to country classics while supporting our local veterans, their families, and the Barefoot Bay Community.

The Barefoot Bay Line Dance Club will meet on Thursdays in Building A from October 1, 2025, through May 2026. The instructor will be Dona Gionet.

The schedule will be:

9:00 a.m. to 11 a.m.- Beginner class with instruction.

10:30 a.m. to 11:00 a.m.- Improver level with open dance and requests.

The cost of each class will be \$5 for Barefoot Bay residents and \$10 for non-residents. Please remember to bring your badge each week. A portion of all monies collected will go to the Veterans in the Bay at the end of the season.

*Please note: At the request of Barefoot Bay, we have changed our times. We will dance from 9:00 a.m. to 11:00 a.m.

Hope you are having a great summer. Sure hope you're all doing something fun, and don't forget to keep dancing.

See you on the dance floor in October!

Joanne Blum, President

Mary Ellen Stagliano, Vice President

Doris McNamara, Treasurer

LOL YOUTH GROUP

See the G-A+Z-ETTE article on page 5.

SENIOR SOFTBALL

The "Dog Days of Summer" are upon us, and yet, Senior Softball continues to go on. More and more, we receive correspondence from some of the Snowbirds up North, stating that they are looking forward to coming back to Barefoot Bay and playing ball. Several of the players have actually made the trip back here during the summer and played ball.

Expectations are growing regarding the new fencing that the Bay will be installing in left field. Currently, many home run balls are hit as far as the garden area behind the existing short fence. The new fence will rise as tall as the fence in right field, cutting down on the number of round-trippers hit in that direction. The Administration has told the League that they have received the grant to do the work and have promised it will be installed before the new season starts. Preseason begins at the end of October, so

See Club News Page 15

Club News from Page 14

hopefully construction will begin soon.

Meanwhile, play continues, or at least batting practice in some cases. Fair warning to the players who have traveled north for the summer, the ball playing is getting better by the week for those who stayed in the Sunshine State. Everyone seems to be picking up their game in hitting, fielding, and pitching. Tommy Masone, Lloyd 'Doc' Tantum, Steve Lavallee, Chuck Marqui, Bill Wall, Neil Adams, and others have been pounding the ball over the fences. Dave Sweeney, John 'JR' Rawdanowicz, Neil Schwichtenberg, Bobby Passagno, Rick Halaska, and more have been putting on fielding clinics. Probably the most improved have been the pitchers; nibbling at the corners, tossing curve balls, and just making hitting a great challenge for everyone. Tony Biondolillo, Terry Brewer, Dave Wilson, Bill Wall, Stan Bryant, and a host of others have taken the mound with fantastic results.

The summer games are not just for members of the Senior Softball League. They are open to anyone looking to play a little ball, get a little exercise, and have a good time. So if you are interested at all, come on down to the softball field any Tuesday or Thursday morning at 8:00. Even if you don't own a glove or a bat, there are always plenty to share. Come on down, hang out, and meet some new friends. See you at the field.

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CHURCH NEWS

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At Concordia, we have been studying the book of Philippians and learning about ways to apply the teachings to our own lives today. One “Google” description sums up these letters-Philippians is a book in the New Testament of the Bible, specifically a letter written by Paul the Apostle and Timothy to the church in Philippi. It’s known for its themes of joy, unity, and living a life worthy of the gospel.

Can you imagine going to the mailbox and finding a letter written to you encouraging you to find joy, togetherness, and a more value-filled life? Would you read it once, over and over, or maybe not at all? Perhaps in today’s world, the letter would come to your cell phone or computer with some sort of warm fuzzy meme attached- in your messages or email. Communication for the Philippians was word of mouth or letters, carried to the communities by messengers or travelers who were going that way. Today, messages are more likely instant, but we still have the option to read the message over and over, read it once, or maybe even not at all! Much has changed with our messaging. We can add pictures, we can add foul language, we can attack someone for their beliefs or actions, we can misrepresent the facts, and we can even stir up like-minded people to join us in a movement and sometimes remain anonymous! We could also, like Paul and Timothy, spread messages of joy, unity, and living a life worthy of the gospel. Which “letter “ would you rather receive?

Please join us on Sundays at 10:30 am to hear more about the messages from Paul and Timothy and how they can apply to your world today. If you are not able to attend the service, please look at the weekly YouTube videos and the church webpage. Go to www.BarefootLutheran@gmail.com to find out more and to find the links to the videos. You can receive the messages of joy, unity, and living a better life through many outlets, in any form, and at any time. You just have to “want” to receive these messages- they will come to you just as they did in Paul’s letters to his people.

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I’m a Christian pastor, so this is from that persuasion. I used to have a relative who was very sweet, but when we had dinner, the servings were small. Once she gave me a scoop of ice cream that was a scoop, I kid you not, from a melon baller. Then she said, “Is that too much or would you like less?” We made it a practice, thereafter, whenever we went to her house for dinner, to stop at McDonald’s on the way and throw down a quarter-pounder.

That’s not Jesus. He came that we might have life to the full. And Jesus, we are told, is the head and authority of everything. That comment means a couple of things, but among them is that he brings us to fullness of stature – broad-shouldered, straight-backed, head held high stature.

It also means, as I said earlier, fullness is the master key. Full access to God’s help. Not a melon ball scoop. Meditate on Jesus as our fullness.

Rev. Jeff Wood

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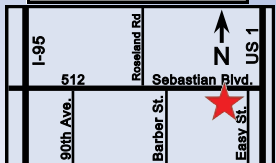






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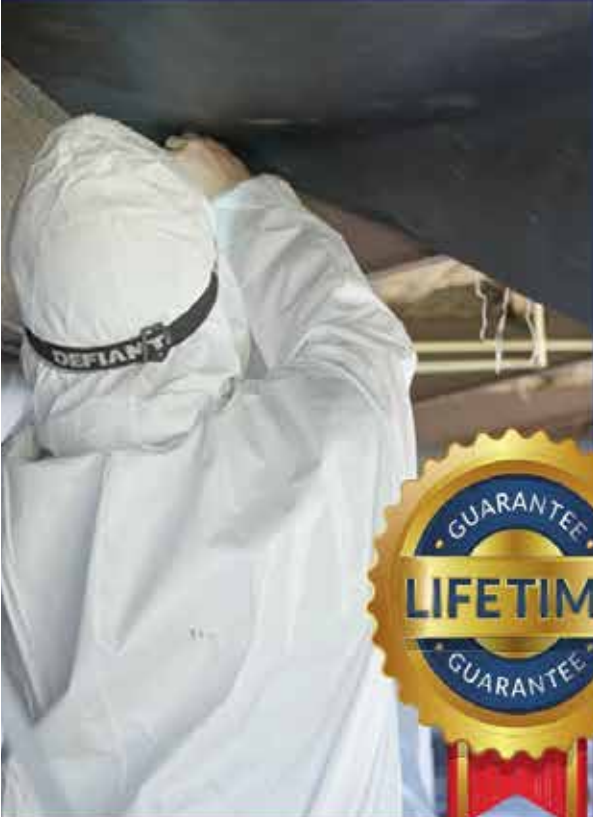
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14 THE KORE LAKE STAGE 2-6pm	15 MUSIC BINGO BLDG A 5:30-8:30p KITCHEN OPEN 4-7pm	16 DOUGIES KARAOKE LAKE STAGE 5:30-9:30pm TACO TUESDAY 4-8	17 TRIVIA LOUNGE 6-8pm Pizz Asta Night 19th Hole 4-7p	18 RUSTIC PUB & ROAST BLDG A 3-7 RICK FERRIN 19TH HOLE BAND- SHELL 4:30-7:30pm	19 VINTAGE RADIO LAKE STAGE 7-10:30PM	20 BLUE MOON RISING LAKE STAGE 6-10PM
21 SUMMER GAMES POOL #1 DOUGIE & GAMES 12-4PM	22 MUSIC BINGO BLDG A 5:30-8:30p KITCHEN OPEN 4-7pm	23 DOUGIES KARAOKE LAKE STAGE 5:30-9:30pm TACO TUESDAY 4-8	24 TRIVIA LOUNGE 6-8pm Pizz Asta Night 19th Hole 4-7p	25 RUSTIC PUB & ROAST BLDG A 3-7 OPEN MIC PLAYERS 19TH HOLE BAND- SHELL 4:30-7:30pm	26 TC & SASS LAKE STAGE 7-10:30PM	27 THE GOOD SEAN DJ LAKE STAGE 6-10PM
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