## **CPR/AED Quick Reference Chart**

Age Range	Compressions to Ventilations	Cycles (2 min of CPR)	Compression Depth	Compressions per Minute	Rescue Breathing
ADULT Adolescent and older	30:2	5	at least 2-2.4 inches	5 cycles of CPR <b>100-120</b>	10-12 breaths/min 1 breath for every 5-6 sec
CHILD 1 year to adolescent	30:2	5	at least <b>2 inches</b>	5 cycles of CPR <b>100-120</b>	20-30 breaths/min 1 breath for every 2-3 sec
INFANT Newborn to 1 year	30:2	5	at least 1 1/2 inches	5 cycles of CPR <b>100-120</b>	20-30 breaths/min 1 breath for every 2-3 sec

**CHAIN OF SURVIVAL** 



