

WAIVER AND RELEASE OF LIABILITY

Beyond Aesthetic LLC – Personal Training

Client Name: _____

Date of Birth: _____

Phone Number: _____

1. Assumption of Risk

I, the undersigned, acknowledge that engaging in personal training sessions with Beyond Aesthetic LLC involves inherent risks, including but not limited to injuries resulting from physical activity. I understand these risks and voluntarily agree to participate in training sessions.

2. Release of Liability

I hereby release, waive, and discharge Beyond Aesthetic LLC, its trainers, employees, and affiliates from any and all liability, claims, demands, and causes of action arising from injury, loss, or damage incurred during personal training sessions.

3. Medical Clearance

I confirm that I am physically capable of participating in personal training and have consulted a physician if necessary. I will inform my trainer of any health conditions that may affect my training.

4. Indemnification

I agree to indemnify and hold Beyond Aesthetic LLC harmless from any claims, damages, or expenses arising from my participation in training sessions.

5. Photography and Media Release (Optional)

I grant Beyond Aesthetic LLC permission to use photographs and videos taken during training sessions for promotional purposes.

6. Acknowledgment and Signature

I have read and fully understand this waiver. I voluntarily sign this document, acknowledging its binding nature.

Client Signature: _____

Date: _____

Trainer/Witness Signature: _____

Date: _____