Stages of Learning (an alternative to imposter syndrome)



Identify strengths and build on them to increase confidence

Set Big Hairy Arse Goals
(BHAG)

CONSCIOUS

Conscious incompetence Unconscious

Identify gaps in howledge and learn from others

Unconscious

Reflect on why you find it easy, what you've done to get there and coach others

Become a mentor (and keep going!)

WELL BEIT.

incompelence

