



NORI
Nutritional Oncology
Research Institute



FREE LIVE ZOOM WORKSHOP

HOW TO STARVE CANCER NATURALLY

Hosted By: Mark Simon, Director,
Nutritional Oncology Research Institute

[https://us02web.zoom.us/j/81314139143?
pwd=UHBXBbUgyeVFiWjZDNWw5OXRxW
XBMZz09](https://us02web.zoom.us/j/81314139143?pwd=UHBXBbUgyeVFiWjZDNWw5OXRxWXBmZz09)

Meeting ID: 813 1413 9143

Passcode: 755199

**When: First and Third Saturday of each
month at 8:00 AM Pacific Time.
Begins Saturday, May 1, 2021**

This is a free to join ongoing monthly workshop focused on optimizing diet to slow down cancer progression and enhance the effectiveness of cancer treatments. All topics covered are supported by solid scientific evidence. The workshop is open to all questions from the participants. The length of each workshop is 2 hours with at least 1 hour of questions. There is no need to register or sign up. Simply click on the Zoom link at the specified time of the live workshop. The list of topics below plus more will be covered over about 8 sessions.

www.nutritionaloncology.net



TOPICS COVERED

The Nature of Cancer

How Diet Can Help Enhance Cancer Treatment

Cancer and the Immune System

How Much Protein Do We Really Need?

The Power of a Methionine Restricted Diet

Methionine Dependency of Cancer Cells

Methioninase Enzyme

How to Implement a Methionine Restricted Diet

Fruit vs. Refined Sugar

Does Sugar Feed Cancer?

Sample Meal Plans

Glutamine as the Primary Fuel for Cancer Cells

Insulin Resistance

Supplements Not to Take

Antioxidants vs. Pro-Oxidants

Alkalinity

Enzymes

Cancer Growth Factors Affected By Diet

Angiogenesis

Inflammation

Optimizing the Gut Microbiome

Food Combining

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