

NORI Protocol Layers 6/16/20

This document outlines the NORI Protocol layered approach to cancer therapy. There is some overlap between each layer. Diet is considered to be the foundational layer with each other layer built upon it.

Diet: Targeted Dietary Therapy, Methionine Restricted, Plant-Based, Low-Fat

Stress Hormone Modulation: CBD, Exercise, Meditation, Yoga

Supplementation: D3, Zinc, Iodine, No B vitamins, No antioxidants

Extracellular pH Increase (Tumor Microenvironment): Alkaline Diet, Potassium Bicarbonate, Sodium Bicarbonate

Insulin and IGF-1 Decrease: Low-Fat Plant-Based Diet, Elimination of all animal products, Decreased insulin resistance by limiting all fats

Anti-Angiogenic: Diet, fruits and vegetables

Immune-Modulatory: CBD, Glucosamine, LDN

Metabolic Targets: Methionine, Glutamine (sodium selenite), Glucose (DCA)

Hormonal Modulation: Aromatase Inhibitors, Lupron, Progesterone, Phytoestrogens

Anti-Inflammatory: Boswellia/Ginger, Aspirin, Dexamethasone, TGV, CBD, Sulforaphane, pineapple, papaya

Tumor Growth Inhibitors: Melatonin, Glucosamine, Berberine, LDN, CBD

Chemo-Sensitizers: Melatonin, Glucosamine, Genipin, DCA, Lithium Chloride

Chemotherapeutic Cytotoxic Agents (Pro-Oxidants): Sodium Selenite, Vitamin K3, Shikonin, Vitamin E Delta Tocotrienol, High Dose Iodine, Aloe-Emodin, TGV, High dose CBD/THC, Ozone, Hydrogen Peroxide, Sulforaphane, Carvacrol, High Dose Zinc

Notes: TGV = Thunder God Vine Extract, LDN = Low Dose Naltrexone, DCA = Dichloroacetate,