

Composting Guide



GREENS (WET + NITROGEN RICH)

- Fruit & veggie scraps
- Cut-up fruit pits
- Bread + grain products
- Eggshells
- Old herbs + spices
- Plant-based milks
- Cooked rice + pasta
- Coffee grounds
- Tea leaves + bags [paper]
- Grass + flower clippings
- Mosses + Seaweed
- Barnyard animal manure

BROWNS (DRY + CARBON RICH)

- Nutshells
- Napkins + newspaper
- Coffee filters
- Shredded cardboard
- Dead leaves
- Barnyard animal bedding
[straw + hay]
- Sawdust + pine chips
- Small twigs
- Dead, dried grass
- Dryer lint
- Cotton fabric [small bits]

LIMIT THE FOLLOWING



- Citrus peels & onion [high acidity]
- Meat, fish & bones [attract animals]
- Dairy products

DO NOT COMPOST

- Invasive plant cuttings + seeds
 - Pesticide-treated plants + grass clippings
 - Grease, fat, and oils
 - Waxed/glossy paper
 - Treated wood products
- 