



The Bridges Project and Threads to Hope

Learn more about hosting at your organization or space.



The Bridges Project is a mobile interactive healing arts exhibit that uses the power of connection to build a massive bridge from illness to wellness through the power of our stories. Each kinetic installation includes suicide awareness, education, and healing arts programming—blending facts with creativity to change how we think, treat, and talk about mental health.

Threads to Hope Looms can travel with the Bridge or on their own.

Our traveling looms move from place to place—and can be checked out just like a library book—collecting **courageous messages of hope, resilience, and healing** from people across the community. Each completed loom will join together to form the base of our 30ft bridge, providing a way across for those who may be struggling with suicidal ideations or loneliness.

Every string, every message, a reminder, we are never alone.
We are ALL a part of a **living tapestry of unity and shared transformation.**
Bring a Loom to Your Organization

Inquire with BlackBox Studios about checking out a loom and bringing this powerful outreach activity to your school, workplace, or community space.

Booking & Inquiries

MentalHealthReimaginedNC@gmail.com

... BUILDING BRIDGES TO WELLNESS THROUGH THE POWER OF STORIES & STRING

Creative containers
to facilitate healing & reimagine
how we think, treat, and talk
about mental wellness.

MHRNC.ORG



The Bridges Project

Stories Weave Us Together

A Traveling Interactive Art Installation from Queen City Art & Mental Health Reimagined.

Turning stories into string, triggers to triumph, and bridges into symbols of hope. This mobile installation invites visitors to co-create a symbolic bridge—thread by thread—connecting our collective stories of healing, loss, and hope.

About the Mobile Unit

The *Bridge Mobile Unit* is a modular traveling installation that brings the *Bridges Project* to museums, universities, and community spaces across the Charlotte Region.

Rooted in our mission to END suicide and eliminate stigma surround it, the Bridge Mobile Unit transforms grief into action and silence into solidarity.

A kinetic suicide awareness campaign, participants contribute to a growing visual bridge—each thread representing a life affected by suicide. Using stories and string we are changing the landscape of healing and building a bridge from illness to wellness.

Each section of our Bridge, from our two towers, to the suspension cables, each piece includes an educational component, inviting participants to see they are not alone.

Includes optional workshops, healing arts facilitators, opening event, and promotional materials. Now accepting invitations for 2–4 week exhibitions.

Installation Experience:

A Bridge You Can Feel

- Modular 10 – 30 ft string art bridge (can be adjusted to any space, it's string)
- Threads to Hope Looms (community weaving stations)
- Opening ceremony & healing arts programs
- Optional artist talks, film screening, or panel discussion

Design & Logistics:

Modular Design

- Indoor Preferable can adjust to Outdoor
- Requires 12x12 ft minimum; up to 30 ft linear
- 9–14 ft ceiling height preferred
- ADA Accessible

NOTE: The bridge can be scaled to fit any space. (Dimensions were from 1st exhibit)

Installation Includes:

- Full delivery and install team (1–3 people)
- All educational materials and signage
- Optional lighting or A/V equipment
- Custom branding
- Threads to Hope Looms

Enhancements:

- Screening of *The Way Across* teaser/documentary
- Veteran & youth programming (can be tailored to any population.)
- Healing arts workshops

Impact & Testimonials: Impact Since Launch

- 200+ participants in the first month
 - 120+ community stories collected
 - 13 free healing arts workshops held
- Suicide awareness brought to 1000+ viewers

What Visitors Say:

“What a beautiful way to educate people about Suicide, such a sad subject.”

“This bridge gave me the courage to name my story for the first time.”

LET’S BUILD A BRIDGE IN YOUR SPACE. Email us to begin the journey.

