

Privacy Policy

This privacy policy will help you understand how The Gym Inc. uses and protects the data you provide to us when you visit and use www.thegyminc.com.

We reserve the right to change this policy at any given time, in which the policy will be promptly re-published on this website page. Please check our privacy policy on our website frequently to see any updates.

What User Data We Collect

When you visit the website, we may collect the following data:

- Your IP address.
- Your contact information and email address.
- Other information such as interests and preferences
- Data profile regarding your online behavior on our website

Why We Collect Your Data

We are collecting your data for several reasons:

- To better understand your needs.
- To improve our services and products.
- To send you promotional emails containing the information we think you will find interesting.
- To contact you to fill out surveys and participate in other types of market research.
- To customize our website according to your online behavior and personal preferences.
- Safeguarding and Securing the Data
- The Gym Inc. is committed to securing your data and keeping it confidential. The Gym Inc. has done all in its power to prevent data theft, unauthorized access, and disclosure by implementing the latest technologies and software, which help us safeguard all the information we collect online.

Our Cookies Policy

Once you agree to allow our website to use cookies, you also agree to use the data it collects regarding your online behavior (analyze web traffic, web pages you spend the most time on, and websites you visit).

The data we collect by using cookies is used to customize our website to your needs. We use the data for statistical analysis.

Please note that cookies don't allow us to gain control of your computer in any way. They are strictly used to monitor which pages you find useful and which you do not so that we can provide a better experience for you. If you want to disable cookies, you can do it by accessing the settings of your internet browser to make changes.

Links to Other Websites

Our website may contain links or advertisements that lead to other websites not owned by The Gym Inc. If you click on these links, The Gym Inc. is not held responsible for your data and privacy protection. Visiting those websites is not governed by this privacy policy agreement. Make sure to read the privacy policy documentation of the website you go to from our website. Please also be aware that The Gym Inc. is not responsible for the content and materials provided on these websites.

Restricting the Collection of your Personal Contact Information

At some point, you might wish to restrict the use and collection of your contact information and email address that you have previously agreed to provide to us. You can achieve this by doing the following:

Contact us by email at thegym@iw.net and request that your email and personal contact information to be removed from our contact lists.

The Gym Inc. will not lease, sell or distribute your personal contact information to any third parties, unless we have your permission. The only exception to this would be that we might do so if the law forces us.

This Privacy Policy states that your personal contact information will be used when we need to send you promotional material and information about The Gym Inc., and any services our business can offer to you, that we feel you might benefit from.