

“Power of Play!”

Over 1.5 Million Students from 75 Nations have Celebrated Global School Play Day Since 2015! How many kids will be playing on February 1, 2023?

A day of awareness promoting the importance of regular, unstructured play for the best development of children!



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In 2015, a small group of six educators took action and created Global School Play Day because of their concern that adults and technology were encroaching on playtime for children. Schools are eliminating recess. Teachers are assigning more and more homework. Parents scheduled every waking minute for their kids. Young children have become addicted to their devices. Skyrocketing anxiety and stress.

Severe mental health issues and the highest suicide rates in younger and younger children in recorded history. The GSPD team were compelled to take action after seeing the effects in their schools and after hearing Dr. Peter Gray's TEDx talk. In his talk, he argues the case that today's kids are losing much more than play time and from that the grassroots effort to bring awareness to this problem was born. On February 4, 2015, the first year of Global School Play Day, over 65,000 children participated in the first ever Global School Play Day after only four weeks of social media promotion from those six educators.

On February 5, 2020, the 6th-Annual Global School Play Day continued to spread around the world. Over 560,000 young people from 75 nations were registered by their administrators or teachers to participate and over 1,000,000 children during this movement. Schools from around the world stood together to say, "Unstructured play is a vital part of proper child development!"

Global School Play Day is for public schools, private schools, and homeschool families! Even adults and businesses are starting to join in the movement. Many are helping to spread the word about the benefits of play. Why has this movement been so well-received? Because kids have started forgetting how to play and so many parents and educators are seeing the negative impacts. We need, want and will turn things around!

For more information or to interview a Global School Play Day leader, contact the GSPD organizers.

Official email - globalschoolplayday@gmail.com

Official Twitter/Insta Account - [@GSPlayDay](https://www.instagram.com/GSPlayDay)

Hashtag: **#GSPD2023** (see pictures of previous years using the hashtag **#GSPD2022**, **#GSPD2021**, **#GSPD2020**, **#GSPD2019**, **#GSPD2018**, **#GSPD2017**, **#GSPD2016** or **#GSPD2015**)

Global School Play Day Official Website - www.globalschoolplayday.com