



## Occupational Therapy and the Curriculum

Occupational therapy significantly enhances the physical, sensory, and executive functioning skills that are crucial for successfully completing a wide range of learning tasks. It plays a vital role in helping individuals achieve their educational and developmental goals effectively.

Curriculum Area	Therapy Skills	Classroom Impact
English	Handwriting, fine motor skills, writing endurance	Students can complete written work and express ideas on paper
Mathematics	Visual-motor integration, spatial organisation	Students can align numbers, draw shapes and record work clearly
Health & Physical Education	Coordination, balance, body awareness	Students participate more confidently in movement and sport
Technologies & The Arts	Tool use, planning, sequencing	Students complete practical and creative tasks
General Capabilities	Personal & social capability, self-management	Improved organisation, attention and independence