

AUGUST 2025

CAPACITY CONNECTIONS NEWSLETTER

THIS MONTH

- Daffodil Day for Cancer 21st August
- ESHS Production – Next Big Thing 16th August
- Speech Pathology Week 24th – 30th August
- Storytime at Esperance Library Thursdays at 10.30am



NDIS News

Funding periods have started coming through in plans. It is super important you know how much funding you have in each funding period so you can plan your spending. It looks like Foundational Supports have been delayed again.



Realise Ability News

Tutoring services have commenced with our speech pathologist. Lynda is on leave from 27th August for two weeks. Let us know what activities you would like to see next school holidays.



Spotlight on Orlando

Orlando has been working with his team to build his independence in age appropriate self care skills. He is now happily brushing his teeth by himself every night. He is becoming more independent and needs fewer prompts. Orlando now brushes his teeth and hair, identifies when his nails are dirty, and exercises with enthusiasm, what an incredible transformation. We are so proud of him!

THERAPY FOCUS

Kinetic sand

Kinetic sand is a versatile therapy tool that supports sensory regulation, creativity, and fine motor development. Its soothing texture can calm anxious children while encouraging imaginative play. Molding and shaping sand fosters hand strength, coordination, and problem-solving. It also provides opportunities for storytelling, social interaction, and emotional expression.



- 2 cups cornstarch
 - 1 cup vegetable oil
 - Food coloring (neon or bright colors for a fun look)
1. Pour the cornstarch into a large mixing bowl.
 2. Slowly add the vegetable oil while stirring.
 3. Mix until the texture feels like damp, moldable sand.
 4. Add a few drops of food coloring and blend until evenly distributed.
 5. Adjust the texture by adding a bit more cornstarch or oil if needed.

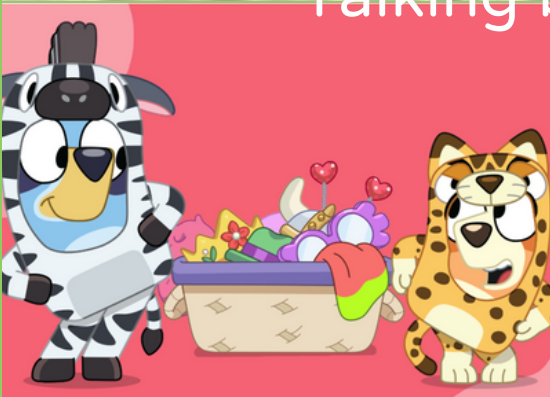


Quote of the month



However it is done, communication
is the key to human interaction
-Annalisa Schanberg SLP

Talking begins with connection



From the very beginning, children are learning how to communicate. Long before their first words, babies and toddlers are building important “pre-language skills” – the foundations of talking, understanding, and connecting with others.

These early skills include things like taking turns in play, responding to people and surroundings, using gestures, making eye contact, babbling, copying actions or sounds, and sharing attention on the same activity. Each of these is a sign that your child is engaging with their world and learning the rules of communication.

When children need extra support in these areas, it can affect their language development and social skills. That’s why early recognition and encouragement of pre-language skills is so important. By nurturing them, we set children up for stronger communication and more confident talking later on.

Every smile, game, gesture, and playful exchange is more than just fun – it’s practice for communication. Talking begins with connection, and every moment you share with your child helps build the confidence and skills they need to find their voice.

Check out the full blog online on our website