



BEHAVIOR-BASED SAFETY (BBS) TRAINING



MTBM Group Sdn. Bhd. (1600656-M)

Level 8, MCT Tower, Sky Park, One City, Jalan USJ 25/1, 47650 Subang Jaya, Selangor

Course Title: Behavior-Based Safety (BBS) Training

Course Validity: 2 Days

Validity: Not Applicable

HRD Corp Scheme: Claimable

INTRODUCTION

This 2-day training program focuses on the principles and practices of Behavior-Based Safety (BBS), a proactive approach to improving workplace safety by influencing individual and group behaviors. The course emphasizes observation, feedback, and strategies to create a safety-focused culture and reduce unsafe acts, leading to improved safety performance and reduced incidents.

OBJECTIVE(S):

- Understand the fundamentals of Behavior-Based Safety (BBS).
- Learn to identify and analyze unsafe behaviors in the workplace.
- Develop observation and feedback skills to encourage safe behaviors.
- Gain knowledge to implement a successful BBS program.
- Foster a culture of safety through employee engagement and accountability.

TARGET GROUP(S):

- Safety officers and supervisors.
- Managers and team leaders.
- Employees at all levels in high-risk industries.
- HR personnel involved in workplace safety initiatives.

ENTRY REQUIREMENT(S):

- Able to read, write, and communicate verbally in Malay/English.

TOPIC(S):

1. Introduction to Behavior-Based Safety (BBS) and Its Importance.
2. Understanding Human Behavior and Safety Culture.
3. Identifying and Analyzing Unsafe Behaviors in the Workplace.
4. Observation and Feedback Techniques for BBS.
5. Implementing and Sustaining a Behavior-Based Safety Program.

LIST OF REFERENCE BOOK(S):

- Behavior-Based Safety Guidelines and Manuals.
- OSHA Safety Standards and Best Practices.

LIST OF TEACHING AID(S):

- LCD projector and computer.
- Observation checklists and templates.
- Whiteboard with accessories.

METHODOLOGY(S):

- Lecture.
- Group discussions and role-playing.
- Practical exercises on behavior observation and feedback.
- Case studies and scenario analysis..

TRAINING SCHEDULE

Day 1

Time	Activity/Topic
8:30 am - 9:00 am	Registration and Introduction
9:00 am - 10:30 am	Topic 1: Introduction to Behavior-Based Safety (BBS) and Its Importance
10:30 am - 10:45 am	Morning Tea Break
10:45 am - 12:30 pm	Topic 2: Understanding Human Behavior and Safety Culture
12:30 pm - 1:30 pm	Lunch Break
1:30 pm - 3:30 pm	Topic 3: Identifying and Analyzing Unsafe Behaviors in the Workplace
3:30 pm - 3:45 pm	Afternoon Tea Break
3:45 pm - 5:00 pm	Group Activity: Observation Techniques for Workplace Behaviors

TRAINING SCHEDULE

Day 2

Time	Activity/Topic
8:30 am - 9:00 am	Recap of Day 1
9:00 am - 10:30 am	Topic 4: Observation and Feedback Techniques for BBS
10:30 am - 10:45 am	Morning Tea Break
10:45 am - 12:30 pm	Topic 5: Implementing and Sustaining a Behavior-Based Safety Program
12:30 pm - 1:30 pm	Lunch Break
1:30 pm - 3:30 pm	Practical Exercise: Developing a BBS Observation and Feedback Plan
3:30 pm - 3:45 pm	Afternoon Tea Break
3:45 pm - 5:00 pm	Case Study: Successful Behavior-Based Safety Program Examples