



ENVIRONMENTAL AWARENESS TRAINING





MTBM Group Sdn. Bhd. (1600656-M)

Level 8, MCT Tower, Sky Park, One City, Jalan USJ 25/1, 47650 Subang Jaya, Selangor



Course Title: Environmental Awareness Training

Course Validity: 1 Day

Validity: Not Applicable

HRD Corp Scheme: Claimable

INTRODUCTION

This training provides participants with essential awareness of environmental protection, sustainability concepts, pollution prevention and organisational environmental responsibilities. It introduces fundamental environmental aspects, impacts, legal obligations and good environmental practices. The course aims to improve environmental consciousness and support workplace environmental initiatives.

OBJECTIVE(S):

- Understand basic environmental concepts and sustainability principles
- Recognise pollution types, environmental risks and impacts
- Learn waste management, resource efficiency and pollution control basics
- Understand environmental laws and workplace environmental responsibilities
- Build awareness of good environmental practices and behaviour
- Support organisational environmental programmes and initiatives



TARGET GROUP(S):

- General workers and supervisors
- Office, factory and site personnel
- ESG and sustainability teams
- Facility and operations teams
- · Community, schools and public programmes
- Organisations promoting environmental awareness

ENTRY REQUIREMENT(S):

• Able to read, write, and communicate in Malay/English

TOPIC(S):

- 1. Introduction to Environment and Sustainability Concepts
- 2. Environmental Aspects, Impacts and Workplace Responsibilities
- 3. Pollution Types: Air, Water, Noise and Land Pollution
- 4. Waste Management, 3R Practices and Resource Efficiency
- 5. Introduction to Environmental Legal Requirements
- 6. Basic Environmental Controls and Good Housekeeping
- 7. Environmental Emergencies and Spill Response Awareness
- 8. Sustainability Culture and Individual Environmental Responsibility



LIST OF REFERENCE BOOK(S):

- DOE Malaysia Environmental Guidelines
- Environmental Basic Awareness Manuals
- Local Environmental Regulations References
- Sustainability & Green Practices Guides

LIST OF TEACHING AID(S):

- · LCD projector
- Computer
- Whiteboard with accessories

METHODOLOGY(S):

- Lecture
- Simple demonstrations
- · Case examples
- Group discussions



TRAINING SCHEDULE

Day 1

Time	Activity / Topic
8:30 am – 9:00 am	Registration and Introduction
9:00 am – 9:30 am	Topic 1: Introduction to Environment & Sustainability
9:30 am – 10:00 am	Topic 2: Environmental Aspects & Impacts
10:00 am – 10:30 am	Topic 3: Pollution Types
10:30 am – 10:45 am	Morning Tea Break
10:45 am – 11:15 am	Topic 4: Waste Management & 3R Practices
11:15 am – 12:00 pm	Topic 5: Environmental Legal Requirements
12:00 pm – 1:00 pm	Lunch Break
1:00 pm – 1:45 pm	Topic 6: Environmental Controls & Good Housekeeping
1:45 pm – 2:30 pm	Topic 7: Environmental Emergencies & Spill Response
2:30 pm – 2:45 pm	Afternoon Tea Break
2:45 pm – 3:30 pm	Topic 8: Sustainability Culture & Individual Action
3:30 pm – 4:30 pm	Group Discussion & Closing Q&A

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