



BASIC PEDIATRIC FIRST AID, CPR & AED TRAINING



MTBM Group Sdn. Bhd. (1600656-M)

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Course Title: Basic Pediatric First Aid, CPR & AED Training Course Validity: 1 Day Validity: 2 Years HRD Corp Scheme: Claimable

INTRODUCTION

This training program is designed to equip participants with essential knowledge and handson skills to handle pediatric emergencies. It focuses on recognizing and responding to common injuries and illnesses in children, performing high-quality CPR, and using an Automated External Defibrillator (AED) effectively.

OBJECTIVE(S):

- Understand the principles of pediatric first aid, CPR, and AED usage.
- Learn to assess and respond to medical emergencies involving children and infants.
- Perform high-quality CPR tailored for pediatric cases.
- Properly manage choking emergencies in children and infants.
- Build confidence to act quickly and effectively in pediatric emergencies.

TARGET GROUP(S):

- Parents, caregivers, and teachers.
- Healthcare providers and childcare workers.
- Safety officers and emergency responders.
- Anyone responsible for the safety and care of children.

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ENTRY REQUIREMENT(S):

• Able to read, write, and communicate verbally in Malay/English

TOPIC(S):

- 1. Introduction to Pediatric First Aid and Emergency Preparedness.
- 2. Basic Life Support (CPR) for Infants and Children.
- 3. Recognizing and Managing Common Pediatric Injuries.
- 4. Automated External Defibrillator (AED) Use for Pediatric Cases.
- 5. Managing Pediatric Choking Emergencies.

LIST OF REFERENCE BOOK(S):

- American Heart Association (AHA) Guidelines for CPR and ECC (Pediatric).
- Pediatric First Aid and Emergency Care Guidelines.

LIST OF TEACHING AID(S):

- Pediatric CPR manikins for infants and children.
- AED training devices with pediatric settings.
- First aid kits and supplies for role-play scenarios.
- LCD projector and computer.
- Whiteboard with accessories.

METHODOLOGY(S):

- Lecture.
- Hands-on practice with pediatric CPR manikins and AED trainers.
- Role-playing and simulation of pediatric emergencies.

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TRAINING SCHEDULE

Day 1

Time	Activity/Topic
8:30 am - 9:00 am	Registration and Introduction
9:00 am - 9:45 am	Topic 1: Introduction to Pediatric First Aid and Emergency Preparedness
9:45 am - 10:30 am	Topic 2: Basic Life Support (CPR) for Infants and Children
10:30 am - 10:45 am	Morning Tea Break
10:45 am - 11:30 pm	Topic 3: Recognizing and Managing Common Pediatric Injuries
11;30 am - 12:30 pm	Topic 4: Automated External Defibrillator (AED) Use for Pediatric Cases
12:30 pm - 1:30 pm	Lunch Break
1:30 pm - 2:30 pm	Topic 5: Managing Pediatric Choking Emergencies
2:30 pm -3:30 pm	Practical Session: CPR, AED, and First Aid for Pediatric Emergencies
3:30 pm - 3:45 pm	Afternoon Tea Break
3:45 pm - 5:00 pm	Practical Assessment and Feedback

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