



OSH LEGAL AWARENESS: OCCUPATIONAL SAFETY & HEALTH (AMENDMENT) ACT 2022 TRAINING





MTBM Group Sdn. Bhd. (1600656-M)

Level 8, MCT Tower, Sky Park, One City, Jalan USJ 25/1, 47650 Subang Jaya, Selangor



Course Title: OSH Legal Awareness: Occupational Safety & Health (Amendment) Act 2022

Training

Course Validity: 2 Days

Validity: Not Applicable

HRD Corp Scheme: Claimable

INTRODUCTION

This training provides participants with essential legal knowledge on the Occupational Safety & Health (Amendment) Act 2022, including expanded employer duties, worker obligations, regulatory powers and compliance expectations. It explains how the amended Act strengthens preventive duties, increases accountability and broadens coverage across all industries. Participants will learn how to interpret the amendments, apply them in workplace OSH management and enhance compliance with updated legal requirements.

OBJECTIVE(S):

- Learn new employer, worker and top management duties under the amended law
- Strengthen knowledge of regulatory powers, notices and enforcement actions
- Improve capability in implementing legal compliance in workplace operations
- Understand new obligations on risk management, training and OSH committees
- Support organisations in aligning OSH practices with amended requirements
- Strengthen awareness of penalties, offences and legal responsibilities
- Build readiness for DOSH compliance inspections and enforcement



TARGET GROUP(S):

- OSH Practitioners & Safety Officers
- Managers / Supervisors / HODs
- HR Personnel
- OSH Committee Members
- Business Owners / Directors
- Anyone responsible for workplace safety compliance

ENTRY REQUIREMENT(S):

• Able to read, write, and communicate in Malay/English

TOPIC(S):

- 1. Overview of OSH Act 1994 & Key Amendments in the OSH (Amendment) Act 2022
- 2. Expanded Duties of Employers, Self-employed & Top Management
- 3. Employee, Contractor & Supplier Responsibilities
- 4. New Sections: Risk Management, OSH Training, Competency & Reporting
- 5. Enforcement Powers: Notices, Directions & Prosecution
- 6. Penalties, Offences & Increased Liability Under the Amendment
- 7. OSH Committee Requirements & Worker Representation
- 8. Implementing Legal Compliance & Preparing for DOSH Inspections



LIST OF REFERENCE BOOK(S):

- Occupational Safety & Health Act 1994 (Amendment 2022)
- DOSH Guidelines & Enforcement References
- Industry OSH Legal & Compliance Manuals
- Workplace Safety & Health Best Practice Guides

LIST OF TEACHING AID(S):

- LCD projector
- Computer
- Whiteboard with accessories

METHODOLOGY(S):

- Lecture
- Case studies
- Group discussions
- Legal interpretation exercises
- Practical compliance workshops



TRAINING SCHEDULE

Day 1

Time	Activity / Topic
8:30 am – 9:00 am	Registration and Introduction
9:00 am – 9:45 am	Topic 1: Overview of OSH Act 1994 & Amendments 2022
9:45 am – 10:30 am	Topic 2: Expanded Employer & Top Management Duties
10:30 am – 10:45 am	Morning Tea Break
10:45 am – 11:30 am	Topic 3: Employee, Contractor & Supplier Responsibilities
11:30 am – 12:30 pm	Topic 4: New Requirements – Risk Management & Training
12:30 pm – 1:30 pm	Lunch Break
1:30 pm – 2:30 pm	Case Study: Legal Gaps Under OSH 2022 Amendments
2:30 pm – 3:30 pm	Workshop: Mapping Legal Responsibilities
3:30 pm – 3:45 pm	Afternoon Tea Break
3:45 pm – 5:00 pm	Practical Exercise: Reviewing OSH Compliance Evidence

MTBM Group Sdn. Bhd. (1600656-M)



TRAINING SCHEDULE

Day 2

Time	Activity / Topic
8:30 am – 9:00 am	Recap of Day 1 & Q&A
9:00 am – 9:45 am	Topic 5: Enforcement Powers, Notices & Directives
9:45 am – 10:30 am	Topic 6: Penalties, Offences & Increased Liability
10:30 am – 10:45 am	Morning Tea Break
10:45 am – 11:30 am	Topic 7: OSH Committee Requirements & Worker Representation
11:30 am – 12:30 pm	Practical: Legal Risk Assessment & Compliance Mapping
12:30 pm – 1:30 pm	Lunch Break
1:30 pm – 2:30 pm	Topic 8: Implementing OSH Legal Compliance
2:30 pm – 3:30 pm	Group Exercise: Preparing for DOSH Inspection
3:30 pm – 3:45 pm	Afternoon Tea Break
3:45 pm – 5:00 pm	Final Review, Q&A & Closing

MTBM Group Sdn. Bhd. (1600656-M)