



BASIC FIRE FIGHTING TRAINING



MTBM Group Sdn. Bhd. (1600656-M)

Level 8, MCT Tower, Sky Park, One City, Jalan USJ 25/1, 47650 Subang Jaya, Selangor

Course Title: Basic Fire Fighting Training

Course Validity: 1 Day

Validity: Not Applicable

HRD Corp Scheme: Claimable

INTRODUCTION

This 1-day training program equips participants with the fundamental knowledge and skills required to respond effectively to fire emergencies. The course focuses on fire prevention, types of fire, the use of fire extinguishers, and basic firefighting techniques to ensure workplace safety and minimize damage during a fire outbreak.

OBJECTIVE(S):

- Understand the basics of fire chemistry and fire behavior.
- Learn about fire prevention strategies and safety measures.
- Identify types of fire and the appropriate fire extinguishing methods.
- Gain practical experience in using fire extinguishers and basic firefighting equipment.
- Build confidence in responding to fire emergencies.

TARGET GROUP(S):

- Employees in all industries.
- Safety officers and emergency response team members.
- Managers and supervisors.
- General public interested in fire safety awareness.

ENTRY REQUIREMENT(S):

- Able to read, write, and communicate verbally in Malay/English

TOPIC(S):

1. Introduction to Fire Fighting and Fire Safety Principles.
2. Basics of Fire Chemistry and Fire Behavior.
3. Types of Fire and Fire Extinguishing Methods.
4. Fire Prevention Strategies and Workplace Safety.
5. Practical Session: Handling Fire Extinguishers and Basic Fire Fighting Techniques.

LIST OF REFERENCE BOOK(S):

- Fire Safety Guidelines by BOMBA
- Occupational Safety and Health (OSH) Fire Safety Manuals.

LIST OF TEACHING AID(S):

- Fire extinguishers (CO₂, foam, water, powder).
- Fire blankets and basic firefighting tools.
- LCD projector and computer.
- Whiteboard with accessories.

METHODOLOGY(S):

- Lecture.
- Group discussions.
- Hands-on fire extinguisher usage.
- Fire drill and evacuation simulation.

TRAINING SCHEDULE

Day 1

Time	Activity/Topic
8:30 am - 9:00 am	Registration and Introduction
9:00 am - 9:45 am	Topic 1: Introduction to Fire Fighting and Fire Safety Principles
9:45 am - 10:30 am	Topic 2: Basics of Fire Chemistry and Fire Behavior
10:30 am - 10:45 am	Morning Tea Break
10:45 am - 11:30 pm	Topic 3: Types of Fire and Fire Extinguishing Methods
11;30 am - 12:30 pm	Topic 4: Fire Prevention Strategies and Workplace Safety
12:30 pm - 1:30 pm	Lunch Break
1:30 pm - 2:30 pm	Topic 5: Practical Session: Handling Fire Extinguishers and Basic Fire Fighting Techniques
2:30 pm -3:30 pm	Fire Drill and Evacuation Simulation
3:30 pm - 3:45 pm	Afternoon Tea Break
3:45 pm - 5:00 pm	Practical Assessment and Feedback