



FIRE PREVENTION, FIRE FIGHTING & RESCUE TRAINING



MTBM Group Sdn. Bhd. (1600656-M)

Level 8, MCT Tower, Sky Park, One City, Jalan USJ 25/1, 47650 Subang Jaya, Selangor

Course Title: Fire Prevention, Fire Fighting & Rescue Training

Course Validity: 2 Day

Validity: Not Applicable

HRD Corp Scheme: Claimable

INTRODUCTION

This training program focuses on equipping participants with critical skills and knowledge for fire prevention, effective fire-fighting techniques, and safe rescue operations. Participants will gain a comprehensive understanding of fire hazards, emergency response strategies, and compliance with fire safety standards. Both theoretical learning and practical sessions will enhance their preparedness for fire emergencies.

OBJECTIVE(S):

- Understand the principles of fire prevention and workplace fire safety.
- Learn to identify fire hazards and implement preventive measures.
- Master fire-fighting techniques using appropriate equipment.
- Develop skills for safe and efficient rescue operations.
- Comply with fire safety laws and enhance team coordination in emergencies.

TARGET GROUP(S):

- Fire marshals and emergency response team members.
- Safety officers and supervisors.
- Employees in high-risk industries.
- Anyone interested in fire safety and rescue techniques.

ENTRY REQUIREMENT(S):

- Able to read, write, and communicate verbally in Malay/English.

TOPIC(S):

1. Fundamentals of Fire Prevention.
2. Types of Fires and Fire Hazards.
3. Fire-Fighting Equipment and Techniques.
4. Emergency Response Planning and Coordination.
5. Rescue Techniques and Practical Fire Drills.

LIST OF REFERENCE BOOK(S):

- Occupational Safety and Health Act 1994 (OSHA).
- Fire Services Act 1988.
- Guidelines for Fire Safety Management.

LIST OF TEACHING AID(S):

- LCD projector
- Computer
- Whiteboard with accessories
- Flip chart with accessories

METHODOLOGY(S):

- Lecture.
- Group discussions.
- Practical fire-fighting and rescue drills.
- Emergency scenario simulations.

TRAINING SCHEDULE

Day 1

Time	Activity/Topic
8:30 am - 9:00 am	Registration and Introduction
9:00 am - 10:15 am	Topic 1: Fundamentals of Fire Prevention
10:15 am - 10:30 am	Morning Tea Break
10:30 am - 12:30 pm	Topic 2: Types of Fires and Fire Hazards
12:30 pm - 1:30 pm	Lunch Break
1:30 pm - 3:30 pm	Topic 3: Fire-Fighting Equipment and Techniques
3:30 pm - 3:45 pm	Afternoon Tea Break
3:45 pm - 5:00 pm	Group Discussion: Common Fire Hazards and Controls

TRAINING SCHEDULE

Day 2

Time	Activity/Topic
8:30 am - 9:00 am	Recap of Day 1
9:00 am - 10:15 am	Topic 4: Emergency Response Planning and Coordination
10:15 am - 10:30 am	Morning Tea Break
10:30 am - 12:30 pm	Topic 5: Rescue Techniques and Practical Fire Drills
12:30 pm - 1:30 pm	Lunch Break
1:30 pm - 3:30 pm	Hands-On Training: Fire Fighting and Rescue Drills
3:30 pm - 3:45 pm	Afternoon Tea Break
3:45 pm - 5:00 pm	Practical Assessment and Feedback