



## **PROJECT MANAGEMENT: THE AGILE APPROACH TRAINING**



MTBM Group Sdn. Bhd. (1600656-M)

Level 8, MCT Tower, Sky Park, One City, Jalan USJ 25/1, 47650 Subang Jaya, Selangor

**Course Title:** Project Management: The Agile Approach Training

**Course Validity:** 2 Days

**Validity:** Not Applicable

**HRD Corp Scheme:** Claimable

## **INTRODUCTION**

This training provides participants with a comprehensive understanding of Agile as a modern and flexible project management approach. The programme covers Agile values, principles, frameworks, roles, ceremonies, project planning, backlog management, stakeholder involvement and continuous improvement techniques. Participants will learn how Agile enables faster delivery, adaptability, collaboration, transparency, and higher project success rates across various industries.

## **OBJECTIVE(S):**

- Understand the fundamental concepts of Agile project management.
- Learn Agile values, principles and frameworks (Scrum, Kanban, hybrid).
- Conduct Agile planning, sprint cycles, backlog management and prioritisation.
- Strengthen team collaboration, communication and self-organisation.
- Manage project risks, stakeholder expectations and changing requirements.
- Apply Agile tools for visibility, transparency and performance tracking.
- Implement Agile techniques in real projects for improved outcomes.

**TARGET GROUP(S):**

- Project Managers & Project Coordinators
- Scrum Masters & Product Owners
- Team Leaders & Department Heads
- Executives involved in project delivery
- Anyone transitioning from traditional PM to Agile

**ENTRY REQUIREMENT(S):**

- Able to read, write, and communicate in Malay/English

**TOPIC(S):**

1. Introduction to Agile Project Management
2. Agile Values & Principles
3. Overview of Agile Frameworks (Scrum, Kanban, Hybrid)
4. Agile Roles & Responsibilities
5. Agile Planning & Iteration Cycles
6. User Stories & Backlog Management
7. Prioritisation Techniques (MoSCoW, Value-Based, WSJF)
8. Agile Estimation Methods (Story Points, Planning Poker)
9. Running Agile Ceremonies (Daily Stand-up, Review, Retro)
10. Managing Change, Risk & Stakeholders in Agile
11. Agile Tools (Kanban Boards, Burndown Charts, Digital Tools)
12. Agile Simulation & Implementation Roadmap

**LIST OF REFERENCE BOOK(S):**

- Agile Project Management – Jim Highsmith
- The Scrum Guide – Schwaber & Sutherland
- Kanban – David J. Anderson
- HBR Agile Management Essentials

**LIST OF TEACHING AID(S):**

- LCD projector
- Computer
- Whiteboard with accessories

**METHODOLOGY(S):**

- Lecture
- Group discussions
- Case studies
- Agile simulation activities
- Practical workshops

## TRAINING SCHEDULE

### Day 1

Time	Activity / Topic
8:30 am – 9:00 am	Registration & Introduction
9:00 am – 9:45 am	Topic 1: Introduction to Agile Project Management
9:45 am – 10:30 am	Topic 2: Agile Values & Principles
10:30 am – 10:45 am	<b>Morning Tea Break</b>
10:45 am – 11:30 am	Topic 3: Agile Frameworks – Scrum, Kanban, Hybrid
11:30 am – 12:30 pm	Topic 4: Agile Roles & Responsibilities
12:30 pm – 1:30 pm	<b>Lunch Break</b>
1:30 pm – 2:30 pm	Topic 5: Agile Planning & Iteration Cycles
2:30 pm – 3:30 pm	Topic 6: User Stories & Backlog Management
3:30 pm – 3:45 pm	<b>Afternoon Tea Break</b>
3:45 pm – 5:00 pm	Workshop 1: Writing & Prioritising User Stories

## TRAINING SCHEDULE

### Day 2

Time	Activity / Topic
8:30 am – 9:00 am	Recap of Day 1
9:00 am – 9:45 am	Topic 7: Prioritisation Techniques (MoSCoW, Value-Based)
9:45 am – 10:30 am	Topic 8: Agile Estimation (Story Points & Planning Poker)
10:30 am – 10:45 am	<b>Morning Tea Break</b>
10:45 am – 11:30 am	Topic 9: Agile Ceremonies – Stand-up, Review, Retro
11:30 am – 12:30 pm	Topic 10: Managing Change, Risk & Stakeholders
12:30 pm – 1:30 pm	<b>Lunch Break</b>
1:30 pm – 2:30 pm	Topic 11: Agile Tools – Boards & Burndown Charts
2:30 pm – 3:30 pm	Topic 12: Agile Project Simulation (Real Scenarios)
3:30 pm – 3:45 pm	<b>Afternoon Tea Break</b>
3:45 pm – 5:00 pm	Final Workshop: Agile Implementation Roadmap