



HIGH IMPACT OSH PRESENTATION SKILLS TRAINING



MTBM Group Sdn. Bhd. (1600656-M)

Level 8, MCT Tower, Sky Park, One City, Jalan USJ 25/1, 47650 Subang Jaya, Selangor

Course Title: High Impact OSH Presentation Skills Training

Course Validity: 2 Days

Validity: Not Applicable

HRD Corp Scheme: Claimable

INTRODUCTION:

This training provides participants with the techniques, structure and delivery skills required to present OSH information clearly, confidently and persuasively. The programme focuses on transforming technical safety content—such as HIRARC, incident reports, emergency procedures and SOPs—into engaging, audience-focused presentations. Participants will learn how to use visual aids effectively, manage stage presence, handle questions confidently, and influence safe behaviour through impactful communication. The training aligns with OSH communication elements in OSHA 1994 (Amendment 2022), DOSH guidelines and ISO 45001 requirements.

OBJECTIVE(S):

- Deliver clear, structured and engaging OSH presentations.
- Present risk assessment, procedures and safety findings with high impact.
- Use visual aids and slides effectively to communicate safety messages.
- Strengthen confidence and clarity during safety briefings and inductions.
- Apply storytelling and behaviour-influence techniques in OSH communication.
- Handle Q&A, objections and difficult participants professionally.
- Enhance verbal and non-verbal delivery for OSH settings.
- Improve ability to present during audits, meetings and investigations.

TARGET GROUP(S):

- OSH Practitioners (SHO/SSS)
- Supervisors & Line Leaders
- Trainers & Internal Presenters
- Safety and Health Committee Members
- Managers, Engineers & Coordinators
- Anyone presenting OSH-related information

ENTRY REQUIREMENT(S):

- Able to read and communicate in Malay/English
- Basic OSH understanding is recommended

TOPIC(S):

1. Introduction to OSH Presentation Standards
2. Principles of High Impact Safety Communication
3. Structuring OSH Content for Presentations (HIRARC, SOP, Emergency, Inspection Data)
4. Slide Design & Visual Communication for Safety Topics
5. Verbal Delivery Skills (Voice, Clarity, Pace, Tone)
6. Non-Verbal Influence & Behaviour Cues
7. Presenting During Toolbox Meetings & Safety Briefings
8. Handling Questions, Objections & Difficult Audiences
9. Presenting OSH Reports, Findings & Audit Results
10. Practical Presentations, Video Review & Coaching

LIST OF REFERENCE BOOK(S):

- ISO 45001:2018 (Communication & Participation Clauses)
- OSHA 1994 & OSHA (Amendment) Act 2022
- DOSH Guidelines on Safety Communication
- Best Practices in Safety Presentation & Behavioural Safety

LIST OF TEACHING AID(S):

- LCD projector
- Demo videos & sample slides
- Presentation evaluation checklist
- Flip chart / whiteboard
- OSH report samples & case materials

METHODOLOGY(S):

- Interactive lecture
- Group discussion
- Short presentation tasks
- Video-based feedback
- Practical coaching & role play

TRAINING SCHEDULE

Day 1

Time	Activity / Topic
8:30 am – 9:00 am	Registration & Introduction
9:00 am – 10:15 am	Topic 1: Introduction to OSH Presentation Standards
10:15 am – 10:30 am	Morning Tea Break
10:30 am – 12:30 pm	Topic 2: Principles of High Impact Safety Communication
12:30 pm – 1:30 pm	Lunch Break
1:30 pm – 3:30 pm	Topic 3: Structuring OSH Content for Effective Presentations
3:30 pm – 3:45 pm	Afternoon Tea Break
3:45 pm – 5:00 pm	Topic 4: Slide Design & Visual Communication for Safety Topics

Day 2

Time	Activity / Topic
8:30 am – 9:00 am	Recap of Day 1
9:00 am – 10:15 am	Topic 5: Verbal Delivery Skills for OSH Presentation
10:15 am – 10:30 am	Morning Tea Break
10:30 am – 12:30 pm	Topic 6: Non-Verbal Influence & Behaviour-Based Presentation Techniques
12:30 pm – 1:30 pm	Lunch Break
1:30 pm – 3:30 pm	Topic 7: Handling Questions, Objections & Audience Challenges
3:30 pm – 3:45 pm	Afternoon Tea Break
3:45 pm – 5:00 pm	Topic 8–10: Practical Presentations, Coaching & Video Review