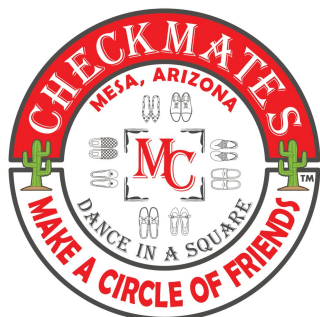


Mesa Checkmates Square Dance Club Invite you to



Learn to Square Dance

Instructor: Dan Nordbye
National Caller

Square Dancing helps you keep fit
Square Dancing is good for the Heart
Square Dancing can Boost Brain Function
Square Dancing is Great for Rehabilitation
Square Dancing is a Great way to Socialize
Square Dancing is a Great way to Relieve Stress
Square Dancing makes you Happy



Free Classes start November 13, 2024
4:30-6:00pm

Crescent Run Ballroom, 8500 E Southern, Mesa
Casual Dress

Info @ MesaCheckmates.com, or 408-489-5397