

Breakfast

Breakfast Buffet

“Nourish Me” Hot Breakfast Bar

Full Selection of both Hot & Cold Items:
Free Run Eggs & Omelets made to order:
Egg of the Day, Locally made Sausages,
Smoked Bacon, and Homestyle Potatoes
Seattle’s Best Coffee, Tea & Orange Juice Included

Continental Breakfast Bar

Selection of Cold Items:
Seasonal Fruit, Cereals, Pastries, Greek Yogurts,
Oatmeal & Granola Bar Local Cheese, Cured Meat
Seattle’s Best Coffee, Tea & Orange Juice Included

Grains, Fruits & Starters

Hand-Cut Fruit Salad

Honeydew, Cantaloupe, Pineapple,
Watermelon, Mango & Strawberries

Steel-Cut Oatmeal

Brown Sugar & Raisin or Apple Cinnamon
Compote with Warm Milk

Half Pint of Fresh Berries – Gluten Free

Blackberries, Blueberries & Strawberries

House-Made Fruit & Nut Granola Parfait

Fresh Berries, Strawberry Compote,
Layered Greek Yogurt

Swiss Bircher Muesli

Oats, Dried Fruits, Cinnamon & Nutmeg soaked in Honey,
Yogurt, Fresh Apples & Orange Juice
topped with Fresh Berries & Sliced Banana

Main Plates

- 21** **Classic Eggs Benedict** **18**
Canadian Back Bacon or Smoked Salmon,
Poached Free Range Eggs, Grilled English
Muffin & Hollandaise Sauce, Red Bliss Potatoes,
Hand-Cut Fruit Salad
- 15** **Build Your Own Omelet** **18**
3 Free Run Eggs or Egg Whites, Red Bliss Potatoes,
Choice of Toast
Choose 3 items: Virginia Ham, Smoked Salmon, Italian
Sausage, Roasted Mushrooms, Tomato, Roasted Peppers,
Scallions, Avocado, Blended Trio of Cheese,
Swiss or Smoked Gouda
Each additional item is \$1.50 per item
- 6** **Morning Canadian Classic** **17**
2 Free Run Eggs Cooked Your Way, Choice of
Smoked Bacon, Maple Pepper Sausage, Virginia Ham,
Local Chicken Apple & Sage Sausage
or Canadian Back Bacon, Red Bliss Potatoes,
Choice of Toast or 2 Buttermilk Pancakes
- 8** **House-Made Corned Beef Hash** **18**
(Gluten Free)
Crushed Potato, Peppers, Onions & Scallions,
with 2 Free Run Poached Eggs & House-made Hollandaise
- 8** **Texas Cut Steak & Eggs** **24**
Flame Grilled Thick Cut AAA 6oz Striploin
Free Run Eggs Cooked Your Way, Fire Roasted Mushrooms
& Tomatoes, Red Bliss Potatoes,
Choice of Toast
- 10** **Pancakes Your Way** **15**
Choose from Blueberry, Strawberry, Chocolate Chip
or Apple Cinnamon, Pure Ontario Maple Syrup,
Salted Butter Spheres
- 9** **Toasted Breakfast Bagel** **16**
2 Free Run Eggs Over Medium on a Toasted Bagel,
Savory Pork Sausage Patty, Sliced Tomato, Melted
Cheese on Toasted Bagel, Red Bliss Potatoes,
Hand-Cut Fruit Salad

Avocado Toast with Feta & Tomato **15**
Thick sliced 10 Grain Whole Wheat Toast crowned
with mashed Avocado, Lime with Red Onion,
Coriander & crumbled Feta
Add a Sunny Free Run Egg \$3 each

Power Breakfast – Gluten Free **18**
2 Free Run poached Eggs, Smoked Gouda,
Sliced Avocado, Heirloom Grape Tomatoes,
Sectioned Half Grapefruit, Fresh Berries,
Greek Style Fruit Yogurt

High Protein Breakfast Nachos **17**
Hot Italian Sausage, Black Beans & Cheese,
Baked with Corn Tortillas, topped with Free Run
Scrambled Eggs, Fresh Avocado, Salsa, Scallions &
Jalapeños

Smoked North Atlantic Salmon **15**
Shaved Red Onion, Cream Cheese, Capers,
Fresh Dill, Toasted Bagel

Bagel **6**
Everything, Plain, Sesame, Whole Wheat
With Cream or Herb Cheese

Local Breads & Preserves **5**
Marble Rye, Dark Rye, 10 Grain, Egg Bread,
Muesli or English muffin

Sides **5**
Smoked Bacon, Local Maple Pepper Sausage,
Virginia Ham, Local Gluten Free Chicken Apple
& Sage Sausage

Beverages **4**
Coffee, Tea, Decaffeinated
Hot Chocolate
Fruit Juice (Orange, Apple, Grapefruit, Cranberry)



Quest welcomes group reservations
Ask your server about reservations at our Community Table