

Food Items by Allergen 2026

Contains Wheat	
Falafel Roll Up/Falafel Salad	Ka'ak
Pita Bread	Baklawa
Spinach Fatayer	Ghraybeh
Meat Fatayer	Sambousik
Meat Kibbee/Potato Kibbee	Ma'mool Walnut/Ma'mool Tamer
Lebanese rice (vermicelli)	Hariseh
Toasted kaakeh	Coconut Namoura
Chocolate Chip Cookies	Brownies
Contains Sesame (Tahini sesame paste or Sesame seeds)	
Hommus	Beef Shawarma (tahini sauce)
Hariseh	Falafel rollup (tahini sauce)
Toasted kaakeh (zaatar)	Falafel Salad (tahini sauce)
Contains Tree Nuts (Almonds, Pistachios, Cashews, Walnuts, Pine Nuts)	
Meat Kibbee	Sambousik
Pistachio Booza	Ma'mool Walnut
Baklawa	Hariseh
Ghraybeh	Coconut Namoura
Contains Dairy	
Booza (ice cream)	Ka'ak
Laban/Yogurt	Sambousik
Meat grape leaves	Ma'Mool and Ma'Mool Tamer
Shish Tawook	Hariseh
Coconut Namoura	Brownies
Baklawa	Ghraybeh
Toasted kaakeh (cheese)	
No gluten ingredients. The kitchen is NOT certified gluten-free.	
Macaroon	Meat grape leaves
Mjaddara	Vegetarian grape leaves
Cabbage salad	Pea Stew (no rice)
Hommus	French Fries
Shish Kabob	Roasted corn
Shish Kafta	Cabbage Salad
Green Beans in Tomato Sauce	Plain Rice