

# LE MARMITON BISTRO & BAR

## Starters

Bread & butter £1 pp

- French onion soup, Gruyère cheese crouton (v) 5.50  
Charcoal grilled tiger prawns, smoked paprika mayonnaise (gf) 7.50  
Salad of tomatoes, buffalo mozzarella, basil dressing (v) (gf) 6.50  
Wild mushroom paté, toast (v) 6  
6 snails baked in garlic butter (served with bread) (gf) 7  
Seared scallops, cauliflower purée, herb crumb 8.50

## Main Courses

- Roasted fillet of seabass, charred broccoli, sautéed potatoes, capers & herb sauce (gf) 14.50  
Confit duck leg, Dauphinoise potatoes, honey roast carrot, red wine jus (gf) 15  
Salmon & tiger prawn coconut curry, rice (gf) (n) 15  
Spinach, chestnut, mushroom & Brillat savarin 'en croute', charred broccoli (v) (n) 12  
Slow cooked lamb shoulder, sautéed mushrooms, Dauphinoise potatoes, red wine jus (gf) 16

## From the Grill - Our steaks are hand cut, grass-fed and matured for up to 35 days

All served with roasted tomato and choice of peppercorn, Béarnaise or red wine sauce (+£1 for extra sauce)

- |   |  |
|---|--|
| Flat Iron steak (220g) (gf) 11.50             | Sirloin steak (300g) (gf) 18.50                  |
| Filet steak (200g) (gf) 21.50                 | Pork chop (190g) (gf) 9/14                       |
| Chateaubriand (600g) (gf) (for 2 to share) 45 | Côte de boeuf (800g) (gf) (for 2 to share) 47.50 |

## Sides

- |                                       |   |
|---------------------------------------|---|
| French fries, rosemary salt (gf) 3.50 | Truffle & Parmesan potatoes (gf) 5.50     |
| Sautéed mushrooms & garlic (gf) 4     | Creamed spinach 4.50                      |
| Grilled tender stem broccoli (gf) 4   | Green leaf salad (gf) 3                   |
| Tomato & shallot salad (gf) 4         | Invisible chips 0% fat 100% hospitality 3 |
- Hospitality Action helping people in hospitality effected by the Covid crisis

## Menu Enfants

served with a soft drink and followed by ice cream

- Mini flat iron steak with French fries and salad (gf) 9.50  
Pan roasted seabass with French fries and salad (gf) 9.50

## Desserts

- Dessert of the week (*see the blackboard*)  
Warm chocolate fondant, pistachio ice cream, roasted pistachios (n) 6.50  
Vanilla crème brûlée (gf) 6  
Le Colonel - 2 scoops of lemon sorbet & a shot of vodka (gf) 5  
French cheese selection with crackers 8.50

Please inform us if you have any allergies - (gf - gluten free - v - suitable for vegetarians - n - contains nuts)

Prices include VAT @ current rate

An optional 12.5% Service charge will be added to your bill - Service charge goes to all staff members

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## Desserts

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## Hot Drinks

Single espresso or macchiato 2

Double espresso or macchiato - Americano – Cappuccino – Latte - Flat White 2.50

Tea (English breakfast, Peppermint) 2.50

## Sweet wines – 100ml glass

Domaine de Grange Neuve Monbazillac, *Sémillon*, France 2015 6

Cline Cellars Late Harvest, *Mourvèdre*, California, USA 2016 9

Krohn Colheita, *Tinto Roriz*, Douro, Portugal 2007 7

## Liquid puddings

### **White Russian** 7

East London vodka, Tia Maria, cream

### **Espresso Martini** 7

Absolut vodka, Tia Maria, espresso coffee

### **Brandy Alexander** 7

Remy Martin, crème de cacao, cream

## **Thanks to our suppliers**

**Fresh fish** – Kevin at Wanstead fish

**Duck** – Paul & Steve at Longcroft & old, Smithfields market

**Beef, lamb & pork** – Carl at Donald Russell

**Fresh fruit & veg** – Sheringham's fruit & veg

**Wine** – Lizzie at Boutinot Wines

**Beer** – Scotty at 1936 Biere

**Cheese** – Harvey Brockless

**Ice creams** - Compagnie des desserts

Join us every Sunday from noon till 4pm for a choice of Sunday roasts

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