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## Post-Op Frenectomy (Laser)



After a laser frenectomy, it is important to follow these care instructions to ensure proper healing.



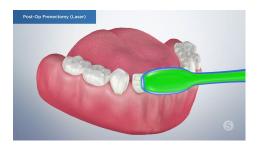
Immediately after your procedure, listen and adhere to your doctor's recovery instructions for the type of anesthetic used.



It's normal to experience some discomfort in the first few days following a laser frenectomy. You can take an over-the-counter pain reliever, like Ibuprofen, or a prescribed medication to help with any discomfort.



For the first 72 hours, avoid sharp, spicy, and acidic foods and beverages, which can irritate the site.



You can resume your normal brushing habits but be careful not to disrupt the soft tissue while it is healing.



Following a frenectomy, it's normal to develop a white, soft scab for several days.



In the unlikely chance you experience signs of infection, it is important to contact your doctor's office for assistance.

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