



PASSAUER FAMILY DENTISTRY
LOUIS C PASSAUER JR DDS
CREATING & PRESERVING HEALTHY SMILES

SureSmile Protocols

First Aligner: Wear 3 weeks, each subsequent aligner switch every two weeks

SureSmile Aligners to be worn at least 22 hours a day

Please rinse each aligner prior to initial insertion

Remove aligners during eating, brushing and flossing

Be careful with fluids that stain (such as coffee, red wine, etc). Also other than water immediately rinse the aligners off and your mouth as well.

Clean your aligners with water and a toothbrush to remove debris. Also use Retainer Brite as needed. If you need more Retainer Brite call our office and we will assist.

Please keep all aligners in their proper storage bags.

Avoid foods which are hard, sticky or chewy, as this can dislodge your attachments

Please floss frequently

ALWAYS use Chewies to insert your aligners

If you need pain management ONLY use Tylenol, please avoid using NSAIDS. If you need to take NSAIDS for any medical reason (even if prescribed by another doctor), please contact the office for further instructions on how to handle aligner wear during the time NSAID use.

If you feel like the teeth are not fitting into your aligners please take a picture and email our office at ortho@passauerfamilydentistry.com

- please identify which aligner is inserted in your mouth
- Also prior to photo make sure you have used your chewies to insert your aligners or use your VPro.

231 St Ann Drive, Suite 1 Mandeville, LA 70471
985-727-0024