



辞旧迎新

亲爱的会员朋友们，

在刚刚过去的2025三城华人协会春节晚会，我们一起满怀喜悦地迎来了充满希望的蛇年。在过去的一年，感谢您对三城华人协会的支持，跟我们一起度过了很多美好的日子，也特别感谢陈晓云主席在过去几年坚持带领三城华人，让我们像一家人一样团结在一起。

在此，我谨代表2025届全体三城华人协会志愿者委员会，向所有的会员、赞助商致以最诚挚的祝福：愿大家在新的一年里，身体健康，事业顺利，家庭幸福，万事如意！

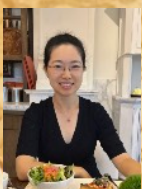
在本期快讯中，您将有机会了解2025年三城华人协会的志愿者团队，接下来一年的活动安排，还有为我们今年的活动提供资金赞助的大金主都有谁呢？开始阅读吧！

Dear Members and Friends,

At the recently concluded 2025 TCCA Spring Festival Gala, we joyfully welcomed the hopeful Year of the Snake together. Over the past year, we sincerely appreciate your support of the TCCA and the wonderful moments we have shared. A special thank you to our former president Chen Xiaoyun (Shawn) for steadfastly leading our community over the past few years, bringing us together like one big family.

On behalf of the 2025 TCCA Committee, I'd like to extend my warmest wishes to all our members and sponsors: Wishing you good health, success, happiness and prosperity in the new year!

In this newsletter, you'll get to learn about the 2025 TCCA committee members, explore the exciting events planned for the coming year, and find out who our generous sponsors are for this year's activities. Let's dive in and start reading!



Beiqin Sun 孙蓓沁



主席简介 Bio of President

大家好，我是董苗苗，来自山东省烟台市，2000年本科毕业于鲁东大学外国语学院，2018年研究生毕业于中央密歇根大学。出国前在上海生活和工作，曾在惠普，戴尔，和霍尼韦尔几家公司就职。2014年由于丈夫工作调动来到米德兰（丈夫在陶氏化学工作），在2015年取得了房地产经纪执照，目前在21世纪房产公司做房产经纪人，是三个孩子的妈妈。

我性格开朗外向，热爱运动、旅游、结交朋友和参与志愿者工作。目前，我担任米德兰国际女性俱乐部副主席以及三城华人协会主席。自2014年加入三城华人协会以来，我一直在积极参与与志愿者工作。这些经历让我结识了许多志同道合的好朋友，也让我感到无比充实和快乐，让我觉得自己是一个有价值的人。

成为妈妈后，我更加积极地投入到志愿者工作中，包括在老年中心和小学帮忙，以及参与很多中华文化推广的活动。我希望通过自己的努力，可以为我们的下一代创造一个更好的成长环境，也能为他们树立一个好榜样，让他们将来也能成为善良、勤劳、乐于助人的人。

真诚邀请所有朋友跟我一起支持三城华人协会，让我们这个温暖的大家庭可以继续为大家服务。

I am Miaomiao Dong, also known as Ava. I am from Yantai, Shandong Province. I received my bachelor's degree from Ludong University in 2000, and master's degree from Central Michigan University. I lived and worked in Shanghai for many years. I worked for HP, Dell and Honeywell before. I moved to Midland in 2014 for my husband's job (He works for Dow). In 2015 I received my real estate salesperson license, and have been working as a real estate agent with Century 21 since then. I am also a mom of three young children.

I am an outgoing and energetic person. I love sports, travel, making new friends and doing volunteer jobs. Currently I am the vice president of Midland International Women's Club and president of TCCA. Since joining the TCCA in 2014, I have been actively involved in volunteer work. These experiences have allowed me to meet many like-minded great friends, bringing me immense fulfillment and joy, as well as a deep sense of purpose.

Becoming a mother has further strengthened my commitment to volunteering, including helping at senior centers and elementary schools and actively participating in events that promote Chinese culture. I hope that through my efforts, I can help create a better environment for the next generation and set a positive example for them, inspiring them to grow into kind, hardworking, and compassionate individuals.

I sincerely invite you all to join me in supporting TCCA, so the organization can continue to serve everyone.



Ava Dong talk about Chinese New Year at Senior Service



Ava Dong family



Ava Dong as Salvation Army Bell Ringer



Ava Dong volunteer at Midland Open Door



2025 TCCA Committee

2025 三城华人协会志愿者委员会

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President 主席	董苗苗	Ava Dong	missava.dong@gmail.com
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Facebook 脸书	余小英	Xiaoying Yu	xiaoyingyu0423@gmail.com
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2025-2026 TCCA Event Calendar

2025-2026三城华人联谊会活动

Dragon Boat Festival Celebration 端午节庆祝

Time: May 17th, 2025, 12pm-4pm

Location: Emerson Park, Midland

Mid-Autumn Festival Celebration 中秋节庆祝

Time: Oct 4th, 2025, 6pm-8:30pm

Location: First Baptist Church, Midland

2026 Spring Festival Gala 春节晚会

Time: Feb 7th, 2026, 5pm

Location: Bullock Creek High School

Details to update approaching the dates.

Events are free to paid members, and a small charge to non-members.

具体安排会在活动前通过facebook和email发送给大家。已支付年费会员可免费参加活动，非付费会员仅支付小额活动费即可。



2025 TCCA Spring Festival Gala Picture Collage 2025 TCCA春节晚会照片

Thank you all for sponsoring, volunteering, performing, and participating our 2025 Spring Festival Gala!





Thank You Sponsors 感谢赞助商



Golden Buffet

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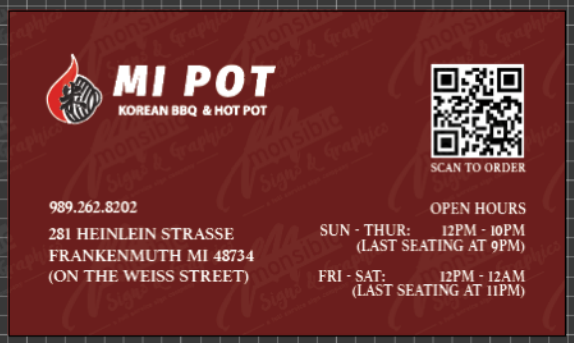
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**Korean Barbecue**

What is BBQ?

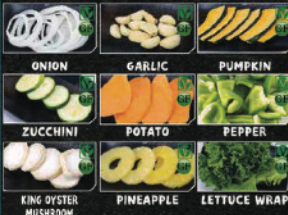
Korean BBQ (BBQ) has soared in global popularity, captivating food lovers with its rich flavors and cultural charm. In the traditional Korean BBQ setting, the meat is grilled right at the table and this shared grill is a focal point of dining.

The communal grill at Korean BBQ allows diners to enjoy meat off the grill at any moment, ensuring every bite is freshly cooked. This setup also allows guests to manage their own cooking pace, deciding when to add more meat to the grill or pause to nibble what's on their plate. This flexible, eat-as-you-go style not only suits each diner's preferred pace of dining but also facilitates a natural flow of conversation, enriching the shared experience.

BBQ History

Korean barbecue, aka BBQ, traces its origins back to the Goguryeo Era (37 B.C.-668 B.C.) of Korean history, to the nomadic Yemaek tribal groups whose range encompassed the region of Korea and stretched as far as Manchuria. Since they were always on the go, the Yemaek people had plenty of time to marinate meat, but also needed a way to cook them quickly—in turn, barbecue was born. Meat refers to the Yemaek tribe white jacket is the word for the skewers they used to cook their meat over an open fire, but later, some blended pork, beef, and bulgogi, an adaptation of barbecue, has remained an integral part of modern Korean cuisine. Additionally, bulgogi—a sweet, savory marinated beef dish—is one of the most well-known iterations of Korean barbecue.

Today, there are many different types of meat you can order and cook at the table, the low-key beyond bulgogi (more on that later) are thin slices of beef or pork that make them easier to cook over an open grill. Then, you or your server, will bring a basket full of beef, pork, and chicken over gas and charcoal grills that air flows but directly into the table. Most importantly, BBQ is about dining as a communal affair—so, gather a few of your closest friends and head over to your local Korean barbecue.

BBQ Beef**BBQ Chicken****BBQ Pork****BBQ Seafood****BBQ Vegetables****ALL YOU CAN EAT**

HOT POT OR KOREAN BARBECUE TABLE MUST MATCH OPTION

MONDAY - FRIDAY
(HOT POT OR BBQ)

LUNCH	\$20.99/EACH
KIDS 4-6	\$7.99/EACH
KIDS 7-10	\$11.99/EACH
DINNER	\$30.99/EACH
KIDS 4-6	\$11.99/EACH
KIDS 7-10	\$15.99/EACH

SATURDAY & SUNDAY
(HOT POT OR BBQ)

ALL DAY DINNER	\$30.99/EACH
KIDS 4-6	\$11.99/EACH
KIDS 7-10	\$15.99/EACH



FOR BOTH HOT POT & BBQ OPTIONS AT A TABLE, ONLY \$5 MORE PER PERSON ENTIRE TABLE HAS TO MATCH OPTIONS

LIMITED DINING TIME 2 HOURS. DON'T WASTE FOOD WE RESERVE THE RIGHT TO IMPOSE A SURCHARGE OF \$13.99 / LB OF FOOD WASTE

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SCAN TO ORDER

FREE BIRTHDAY MEAL WITH 10
(ONE DAY BEFORE OR AFTER)**Chinese Hot Pot**

What is Hotpot?

Hotpot, also known as steamboat or soup food, is a communal dining experience where diners cook thinly sliced meat, seafood, vegetables, and other ingredients in a simmering pot of flavored broth at the table. Once cooked, these ingredients are dipped in various sauces before being eaten. This popular East Asian dish fosters a social atmosphere. It offers various ingredients, flavorful broths, and dipping sauces, making it a delightful and interactive dining choice for any occasion.

Hotpot History

Hotpot, a beloved culinary tradition in China, boasts a rich history spanning over two thousand years. Its origins can be traced back to the ancient Shang and Zhou dynasties (approximately 1600-256 B.C.), where the first rudimentary form of hot pot emerged. During the Three Kingdoms period (220-280), the iconic copper pot, now synonymous with hot pot, made its debut, marking a significant milestone in the evolution of this beloved dish.

Several theories surround the origins of hotpot. One suggests it evolved from the nomadic cooking practices of the Wuyao, who used helmets to make hot pots to simmer meat and vegetables over open fires. Another theory posits that hotpot originated from communal cooking practices in temples and public spaces.

Regardless of its historical roots, hot pot has successfully captured the Chinese palate and led to diverse regional adaptations.

Today, hot pot transcends borders and is beloved worldwide. It has become a cherished dish for family gatherings and celebrations and is a popular restaurant choice.

Hotpot is more than just a meal—it's a communal adventure that brings people together to savor the flavors of diverse ingredients and enjoy the warmth of shared moments. By understanding its roots, mastering the art of preparation, and embracing the elements that make hotpot a truly exceptional meal, you can create a dining experience that leaves a lasting impression on your palate.

(Hot Pot) Soup Base**(Hot Pot) Sliced Meat****(Hot Pot) Seafood****(Hot Pot) Various Meatballs****(Hot Pot) Tofu****(Hot Pot) Noodles & Rice****(Hot Pot) Vegetables**

FOR BOTH HOT POT & BBQ OPTIONS AT A TABLE, ONLY \$5 MORE PER PERSON ENTIRE TABLE HAS TO MATCH OPTIONS



Contact Us 联系我们

Let us know if you have any questions, concerns, suggestions or feedback.

如果您有任何问题或建议，欢迎随时跟我们联系！

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