



WORKBOOK FOR BEGINNERS: COMPLETING YOUR
FIRST 54-DAY NOVENA

LIVING THE ROSARY WORKBOOK

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Hi I'm Ré!

I am absolutely **overjoyed** that you have felt called to participate in a **54-Day Rosary Novena**. Whether this is your **first novena** or your **50th**, know that every **Rosary prayer** has the power to transform lives. It is a prayer that brings us closer to Our Lord and to His Blessed Mother, and it will undoubtedly bear fruit in your spiritual life.

A little about myself: I am a **former New Ager** who, by the grace of God, was **led into the Catholic Church and consecrated to Mary**. My heart now burns with a deep love for Jesus and His Blessed Mother. I have a beautiful testimony of how Our Lady, **Our Mother of Mercy**, reached down to rescue me from the errors of the New Age and brought me into the fullness of the Catholic faith. With no prior knowledge of Catholicism, I was immediately led to the **Rosary**, which became the means of my conversion and spiritual healing.

Through my daily devotion to praying the Rosary, my life began to change in ways I never imagined. I began to experience **true joy and peace**—a deep, abiding peace that could only come from God. I knew without a doubt that it was the **Rosary** that was healing my soul, purifying me, and bringing me closer to the Sacred Heart of Jesus.

I am currently writing a book on the **Holy Rosary**, delving deeper into its rich history and its transformative power. In this book, I will also guide readers on a **54-day retreat** to help them to **Live the Rosary**, not just pray it. It is my hope to lead others to experience the profound impact of this prayer in their daily lives.

Having taken my vows and **consecrated myself to Our Lady**, I now live to serve her in the mission of helping her children strengthen their **spiritual connection** to Jesus through the powerful intercession of the **Rosary**. It is through this daily devotion that we find healing, peace, and the grace to grow in holiness.

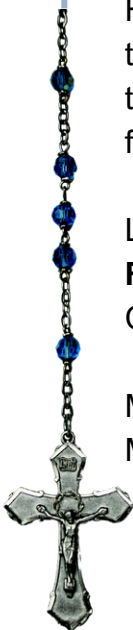
Let us together inspire a worldwide **movement of prayer and reflection** by making the **Rosary** a part of our daily lives. By doing so, we will bring more souls to the heart of the Church and to the loving embrace of **Our Blessed Mother**.

May Our Lady of the Rosary bless and guide you throughout this 54-day journey.

May you be filled with the **peace, grace, and abundant blessings** that flow from the Most Sacred Heart of Jesus and the Immaculate Heart of Mary.

In Christ through Mary ,
Ré

Photo Taken: Lourdes Sanctuaire, France



WORKBOOK FOR BEGINNERS: COMPLETING YOUR FIRST 54-DAY NOVENA

Welcome to your 54-Day Novena Journey! This workbook is designed to help guide you through the process of completing a novena, a prayer devotion that spans 54 days, typically with the goal of seeking specific intentions through petition (the first 27 days) and thanksgiving (the final 27 days). Whether you're new to the concept or a beginner, this workbook will help you stay focused, reflect, and remain consistent throughout the 54-day journey.

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1. What is a 54-Day Novena?

A **novena** is a prayer practice that spans nine days.

The **54-day novena** is a special devotion to Our Lady of the Rosary, which combines both **petition** and **thanksgiving** prayers, done over the course of 54 days. This novena consists of:

- **27 days of petition** (asking for your intentions)
- **27 days of thanksgiving** (expressing gratitude for the blessings you anticipate receiving, even before they manifest).

The novena is traditionally prayed using the Rosary, a powerful and deeply meditative prayer in the Catholic faith. The Rosary was formally established in the 13th century, though its roots trace back to earlier forms of prayer using beads. It was given to St. Dominic by the Blessed Virgin Mary in 1206 as a way to aid in prayer and meditation on the life of Christ. Over the centuries, the Rosary has become a central devotion in Catholic life, with its combination of vocal prayers and meditation on the Mysteries of Christ's life guiding millions to a deeper relationship with God.

By praying the Rosary as part of your novena, you enter into a long tradition of devotion that has brought spiritual grace and peace to countless souls throughout history.

2. Getting Started: Tips and Preparation

Before You Begin:

- Set Your Intention:
 - What is your specific intention or prayer request? It could be for personal growth, healing, relationships, guidance, or any need in your life.
 - Write it down in the space provided in your Novena worksheet. This intention will be your focus throughout the novena.

Preparing Your Space:

- Find a quiet, comfortable place where you can pray daily without distractions.
- If you have a statue or image of Our Lady of the Rosary, place it where you can see it. This will help you stay focused.
- Have a Rosary handy, but if you don't have one, you can still pray the novena without it.

Commit to the Time:

- Set aside time each day for your prayer. The Rosary typically takes 15-120 minutes, consistency is key.
- Consider setting a reminder or choosing a specific time each day to make prayer a habit.



When Should You Start a Novena?

There is never a perfect time to begin a novena. When you feel the prompting of the Holy Spirit, you should respond with faith and trust. The Holy Spirit will guide you in discerning the right moment, and that is always the best time to begin.

However, there are certain **Marian feast days** that I personally love to begin my novenas on, or, if possible, to have the 54 days conclude on a feast day. These holy days are rich in grace and provide a special connection to Our Blessed Mother.

To help you discern when might be a meaningful time to begin, I have provided a chart of Marian feast days that may inspire you to start your novena or mark its conclusion.

Remember, it's always a blessing to unite your prayers with the Church's liturgical calendar, but ultimately, the Holy Spirit knows the right time to call you to prayer.

START OF THE 54 DAYS	MARIAN FEAST	CONSECRATION/ FEAST DAY
December 19	Our Lady of Lourdes	February 11
January 30	The Annunciation	March 25
March 20	Our Lady of Fatima	May 13
April 7	The Visitation	May 31
Varies	Immaculate Heart	Saturday after Corpus Christi
May 23	Our Lady of Mt. Carmel	July 16
June 22	The Assumption	August 15
June 29	Queenship of Mary	August 22
July 16	Nativity of Mary	September 8



July 20	Holy Name of Mary	September 12
July 23	Our Lady of Sorrows	September 15
August 14	Our Lady of the Rosary	October 7
September 28	Presentation of Mary	November 21
October 15	Immaculate Conception	December 8
October 19	Our Lady of Guadalupe	December 12
November 8	Mother of God	January 1
December 10	Presentation of the Lord	February 2



3. Daily Prayer Structure

Each day, you will follow this basic structure for your prayer:

1. Opening Prayer

- Start by invoking the Holy Spirit to guide your prayer.
- Offer a brief prayer like:
“Come, Holy Spirit, fill the hearts of Your faithful and kindle in them the fire of Your love.”

2. Rosary Prayers

- Pray the Rosary, meditating on the assigned Mystery (Joyful, Sorrowful, Glorious, or Luminous).
- As you pray each decade of the Rosary, say:
“Hail Mary, full of grace, the Lord is with thee...”
- How to Pray The Rosary worksheet is provided.

Notes:



3. Novena Prayer

Petition Days (1-27):

- “O Mary, Queen of the Holy Rosary, I offer you this prayer for the intention of [state your intention], trusting that you will intercede for me with your Son, Jesus Christ.”

Thanksgiving Days (28-54):

- “O Mary, Queen of the Holy Rosary, I thank you for the blessings and graces you have given me, especially for the grace of [mention blessings]. I praise and honor you, and trust in your continued intercession.”

4. Closing Prayer

- End each day with a prayer of thanksgiving, even before you see the results of your intentions. This helps build trust and gratitude.
“Thank you, Lord, for hearing my prayer and for all the gifts I have already received. May Your will be done. Amen.”

4. Mental Prayer

What is Mental Prayer?

Mental prayer is a form of prayer that takes place within the mind and heart, as opposed to vocal or outwardly spoken prayers. It is an intimate conversation with God that involves deep reflection, meditation, and personal dialogue with Him. While vocal prayers (like the Our Father, Hail Mary, or the Rosary) involve reciting specific words, mental prayer is focused on visualizing the mysteries, listening to God, reflecting on His Word, and allowing His presence to penetrate the soul. It is a time of quieting the mind, focusing on God's love and will, and allowing the heart to be attuned to the divine. Mental prayer can be structured (like meditating on Scripture or a spiritual truth) or spontaneous (allowing your thoughts to flow freely to God). It's deeply personal and allows us to grow in a relationship with God.

Some examples of mental prayer are:

- Meditation on the mysteries of the Rosary
- Contemplation of a passage of Scripture
- Adoration of the Blessed Sacrament (spending time before the Eucharist)
- Spontaneous prayers where the heart is opened to God's love

Notes:



Why is Mental Prayer So Important to Do with the Rosary?

The Rosary is more than just a vocal prayer—it's an opportunity for profound mental prayer as well. While the beads of the Rosary guide us through the prayers, the real power of the Rosary comes from our ability to meditate deeply on the mysteries of Christ's life, death, and resurrection.

Here's why mental prayer is essential when praying the Rosary:

1. Deepening Our Connection with God

When we pray the Rosary, the vocal prayers (Hail Marys, Our Fathers, etc.) provide the framework, but mental prayer allows us to truly enter into each mystery. Reflecting on the Joyful, Sorrowful, Glorious, or Luminous mysteries helps us contemplate the lives of Jesus and Mary more deeply. We are invited to put ourselves into each moment and ponder the truths of our faith. This leads to a more intimate, personal connection with God.

2. Imitating Mary's Meditation

The Scriptures tell us that Mary, the Mother of God, "kept all these things, pondering them in her heart" (Luke 2:19). The Rosary is, in a way, an invitation to enter into Mary's own contemplation of the life of her Son. Mental prayer during the Rosary helps us to imitate Mary's example of reflection and prayerful attention to God's actions in our lives.

3. Allowing the Mysteries to Transform Us

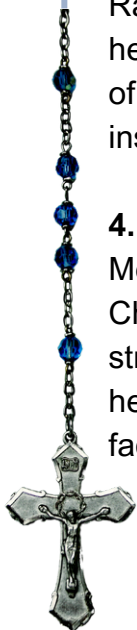
Each mystery of the Rosary reveals an important aspect of God's plan for salvation. When we pray the Rosary with mental prayer, we do not simply repeat prayers mechanically. Rather, we meditate on the events of Christ's life, allowing these mysteries to speak to our hearts and transform our lives. Mental prayer enables us to enter into the mystical reality of these events, not just from an intellectual perspective, but through prayer and spiritual insight.

4. Guiding the Mind to Peace and Focus

Mental prayer is a way to quiet our distractions and open our hearts to the peace of Christ. As we meditate on the mysteries, we are invited to set aside the noise and struggles of the world, allowing the Rosary to be a sanctuary of peace. This focused prayer helps us grow in the virtues of faith, hope, and charity, and strengthens our ability to face daily challenges with a heart rooted in God.

5. Uniting Our Prayers to Christ's Own

Mental prayer during the Rosary brings us into a deeper union with Christ. As we meditate on the mysteries of His life, we are united with Him in His passion, death, and resurrection. By contemplating His life in this way, we allow His love, mercy, and grace to permeate our hearts. The more we engage with these mysteries in prayer, the more we become like Christ, shaped by His love and truth.



6. Achieving Greater Fruitfulness in Prayer

When the Rosary is prayed with mental prayer, it becomes more than just a routine of repetitive prayers. It becomes a means of spiritual growth. This meditation enhances the effectiveness of our prayer, leading to a deeper understanding of the Gospel and a closer relationship with Jesus. The prayers become more fruitful, as the heart is open to hearing God's voice.

How to Practice Mental Prayer with the Rosary:

1. Choose a Mystery to Focus On:

As you begin your Rosary, take a moment to settle your heart and choose a particular mystery to focus on. If you're praying the **Joyful Mysteries**, for example, meditate on the **Annunciation** and imagine yourself in Mary's place, receiving the Angel Gabriel's message.

2. Use Scripture or Spiritual Reading:

Reading Scripture related to the mystery before you pray can enhance your mental prayer. For example, reading the story of the **Nativity** before the **Nativity Mystery** can help deepen your understanding.

3. Enter Into the Mystery:

Don't just think about the events of the mystery. Imagine being there—what did you see, hear, and feel? This immersive approach helps you reflect more deeply.

4. Listen to God's Voice:

Mental prayer involves listening. After meditating on a mystery, spend a few moments in silence to hear what God might be saying to you through that mystery.

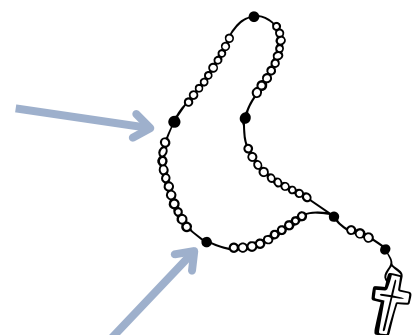
5. Express Your Heart:

After reflecting on the mystery, allow your heart to speak to God. It might be a prayer of gratitude, petition, or simply a prayer of surrender.

6. Offer the Whole Prayer to God:

Throughout the Rosary, as you meditate on each mystery, offer your thoughts, joys, sufferings, and desires to God. See each Hail Mary, Our Father, and Glory Be as a prayer offered for a specific intention or a meditation on God's work in your life.

Before saying each mystery I hold the rosary in between the set of 10 hail Mary's and the large bead and I meditate on that mystery.



5. Week-by-Week Reflection Guide

As you pray your 54-day novena, take time each day and week to reflect on your journey.

Use the worksheets provided to write down thoughts, feelings, and experiences during each rosary and reflect at the end of each week.

Week 1-4: The Petition Phase

- **Focus:** You are asking for specific graces and intercession. Be honest and open with God about your needs and desires.
- **Daily Reflection Questions:**
 - How are you feeling today in your relationship with your faith?
 - Have you received any insights, messages, or images during your time of prayer with the Rosary?
 - How do you wish to carry the grace and reflections from this Rosary into the rest of your day?
- **Weekly Reflection Questions:**
 - How are you feeling in your relationship with God and Our Lady?
 - Have you noticed any changes or shifts in your heart or mind as you pray?
 - How has your intention become clearer or more focused?

Week 5-8: The Thanksgiving Phase

- **Focus:** You will continue praying the Rosary, but now you are expressing gratitude for the blessings you believe are on their way, even before they are fully realized.
- **Weekly Reflection Questions:**
 - What small blessings or signs of hope have you received during this period?
 - How does your faith feel as you express gratitude in advance?
 - What has been the most impactful part of this novena so far?

Notes:



6. Journal Prompts and Space for Reflection

Take time every day and week to journal your thoughts and experiences. This will not only help you stay connected to your intention but will also deepen your spiritual growth.

Daily Journal Prompts:

- What was the most meaningful part of your prayer today?
- Did you feel a sense of peace or challenge during your Rosary? Why or why not?
- What are you most grateful for today, in light of your novena?

Weekly Journal Prompts:

- How has your perspective on your intention shifted since you began the novena?
- Have you felt the presence of God or Our Lady in any special way?
- How have you noticed God answering your prayers, even in small ways?

7. Celebrating Completion: Thanksgiving and Reflection

As you reach the final day of your 54-day novena, take time to celebrate and reflect on your journey.

1. Reflection:

- Look back over your prayer journey. What was the most meaningful moment of the novena?
- How have you grown spiritually through this experience?
- Reflect on the ways in which your intention was addressed, and offer gratitude for the lessons learned.

2. Final Thanksgiving Prayer:

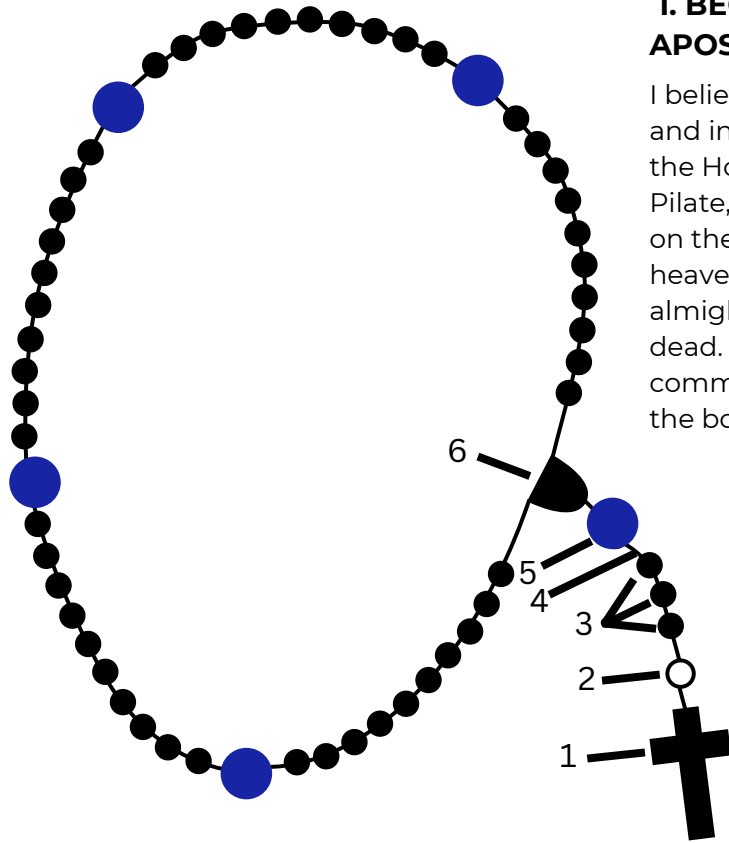
- “O Mary, Queen of the Holy Rosary, thank you for the countless graces you have interceded for me during these 54 days. I trust in your love and your maternal care, and I praise you for all you have done for me.”

3. Celebrating Completion:

- After finishing the novena, you might want to offer a special prayer or light a candle in thanksgiving.
- Consider sharing your experience with a friend or family member as a way of spreading the grace and joy you’ve received.



HOW TO PRAY THE *Rosary*



1. BEGIN WITH THE SIGN OF THE CROSS & APOSTLE'S CREED

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting.

2. OUR FATHER

Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

4. GLORY BE

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end.

3. RECITE 3 HAIL MARYS

Hail Mary, full of grace, the Lord is with you. Blessed are you among women and blessed is the fruit of your womb, Jesus. Pray for us sinners, now and at the hour of our death.

5. ANNOUNCE THE 1ST MYSTERY AND SAY AN OUR OUR FATHER

FOR EACH DECADE

● ON THE LARGE BEADS

- Glory Be
- Fatima Prayer: O My Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those in most need of Thy mercy.
- Announce the next mystery
- Our Father

● ON THE SMALL BEADS

Hail Mary - (10 times/decade)

AFTER PRAYING ALL 5 DECADES

6. Hail Holy Queen

Hail, Holy Queen, Mother of Mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us, O Holy Mother of God.

That we may be made worthy of the promises of Christ.

Sign of the Cross

The Prayers of the Rosary

Sign of the Cross

In the name of the Father, and of the Son and of the Holy Spirit. Amen.

Apostles' Creed

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Our Father

Our Father, who art in heaven, hallowed be Thy name, Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace. The Lord is with thee: blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now, and at the hour of our death. Amen.

Glory Be

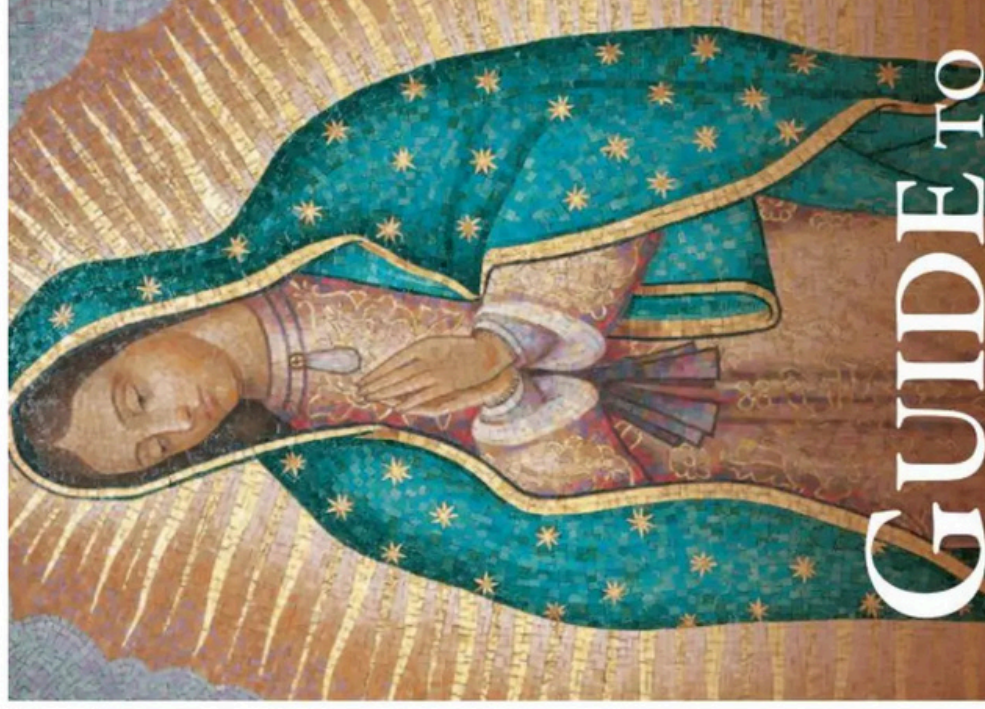
Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to heaven, especially those in most need of Thy mercy.

Hail, Holy Queen

Hail, holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us; and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us, O holy Mother of God that we may be made worthy of the promises of Christ. Amen.



PRAYING THE ROSARY



LUMINOUS MYSTERIES

(THURSDAY)

FIRST LUMINOUS MYSTERY

Baptism of Jesus

And when Jesus was baptized, ... the heavens were opened and He saw the Spirit of God descending like a dove, and alighting on Him, and lo, a voice from heaven, saying "this is My beloved Son," with whom I am well pleased."

(Matthew 3:16-17)

Fruit of the Mystery: Openness to the Holy Spirit

SECOND LUMINOUS MYSTERY

Wedding at Cana

His mother said to the servants, "Do whatever He tells you." ... Jesus said to them, "Fill the jars with water." And they filled them up to the brim. (John 2:5-7)

Fruit of the Mystery: To Jesus through Mary

THIRD LUMINOUS MYSTERY

Proclaiming the Kingdom

"And preach as you go, saying, 'The kingdom of heaven is at hand.' Heal the sick, raise the dead, cleanse lepers, cast out demons. You received without pay, give without pay."

(Matthew 10:7-8)

Fruit of the Mystery: Repentance and Trust in God

FOURTH LUMINOUS MYSTERY

Transfiguration

And as He was praying, the appearance of His countenance was altered and His raiment became dazzling white. And a voice came out of the cloud saying, "This is My Son, My chosen; listen to Him!" (Luke 9:29, 35)

Fruit of the Mystery: Desire for Holiness

FIFTH LUMINOUS MYSTERY

Institution of the Eucharist

And He took bread, and when He had given thanks He broke it and gave it to them, saying, "This is My body which is given for you." ... And likewise the cup after supper, saying, "This cup which is poured out for you is the new covenant in My blood." (Luke 22:19-20)

Fruit of the Mystery: Adoration

JOYFUL MYSTERIES

(MONDAY and SATURDAY)

FIRST JOYFUL MYSTERY

The Annunciation

And when the angel had come to her, he said, "Hail, full of grace, the Lord is with thee. Blessed art thou among women."
(Luke 1:28)

Fruit of the Mystery: Humility

SECOND JOYFUL MYSTERY

The Visitation

Elizabeth was filled with the Holy Spirit and cried out in a loud voice: "Blest are you among women and blest is the fruit of your womb."
(Luke 1:41-42)

Fruit of the Mystery: Love of Neighbor

THIRD JOYFUL MYSTERY

The Birth of Jesus

She gave birth to her first-born Son and wrapped Him in swaddling clothes and laid Him in a manger, because there was no room for them in the place where travelers lodged.
(Luke 2:7)

Fruit of the Mystery: Poverty

FOURTH JOYFUL MYSTERY

The Presentation

When the day came to purify them according to the law of Moses, the couple brought Him up to Jerusalem so that He could be presented to the Lord, for it is written in the law of the Lord, "Every first-born male shall be consecrated to the Lord."
(Luke 2:22-23)

Fruit of the Mystery: Obedience

FIFTH JOYFUL MYSTERY

Finding the Child Jesus in the Temple

On the third day they came upon Him in the temple sitting in the midst of the teachers, listening to them and asking them questions.
(Luke 2:46)

Fruit of the Mystery: Joy in Finding Jesus

SORROWFUL MYSTERIES

(TUESDAY and FRIDAY)

FIRST SORROWFUL MYSTERY

The Agony in the Garden

In His anguish He prayed with all the greater intensity, and His sweat became like drops of blood falling to the ground. Then He rose from prayer and came to His disciples, only to find them asleep, exhausted with grief.
(Luke 22:44-45)

Fruit of the Mystery: Sorrow for Sin

SECOND SORROWFUL MYSTERY

The Scourging at the Pillar

Pilate's next move was to take Jesus and have Him scourged.
(John 19:1)

Fruit of the Mystery: Purity

THIRD SORROWFUL MYSTERY

Crowning with Thorns

They stripped off His clothes and wrapped Him in a scarlet military cloak. Weaving a crown out of thorns they fixed it on His head, and stuck a reed in His right hand ...
(Matthew 27:28-29)

Fruit of the Mystery: Courage

FOURTH SORROWFUL MYSTERY

Carrying of the Cross

... carrying the cross by Himself, He went out to what is called the Place of the Skull (in Hebrew, Golgotha).
(John 19:17)

Fruit of the Mystery: Patience

FIFTH SORROWFUL MYSTERY

Crucifixion

Jesus uttered a loud cry and said, "Father, into Your hands I commend My spirit." After He said this, He expired.
(Luke 23:46)

Fruit of the Mystery: Perseverance

GLORIOUS MYSTERIES

(WEDNESDAY and SUNDAY)

FIRST GLORIOUS MYSTERY

The Resurrection

You need not be amazed! You are looking for Jesus of Nazareth, the one who was crucified. He has been raised up; He is not here. See the place where they laid Him.
(Mark 16:6)

Fruit of the Mystery: Faith

SECOND GLORIOUS MYSTERY

The Ascension

Then, after speaking to them, the Lord Jesus was taken up into Heaven and took His seat at God's right hand.
(Mark 16:19)

Fruit of the Mystery: Hope

THIRD GLORIOUS MYSTERY

Descent of the Holy Spirit

All were filled with the Holy Spirit. They began to express themselves in foreign tongues and make bold proclamation as the Spirit prompted them.
(Acts 2:4)

Fruit of the Mystery: Love of God

FOURTH GLORIOUS MYSTERY

The Assumption

You are the glory of Jerusalem ... you are the splendid boast of our people ... God is pleased with what you have wrought. May you be blessed by the Lord Almighty forever and ever.
(Judith 15:9-10)

Fruit of the Mystery: Grace of a Happy Death

FIFTH GLORIOUS MYSTERY

The Coronation

A great sign appeared in the sky, a woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars.
(Revelation 12:1)

Fruit of the Mystery: Trust in Mary's Intercession



54 DAY *Rosary Novena*

First 27 Days in Petition

1 J	2 S	3 G	4 L	5 J	6 S	7 G	8 L	9 J
10 S	11 G	12 L	13 J	14 S	15 G	16 L	17 J	18 S
19 G	20 L	21 J	22 S	23 G	24 L	25 J	26 S	27 G

Last 27 Days in Thanksgiving

28 L	29 J	30 S	31 G	32 L	33 J	34 S	35 G	36 L
37 J	38 S	39 G	40 L	41 J	42 S	43 G	44 L	45 J
46 S	47 G	48 L	49 J	50 S	51 G	52 L	53 J	54 S

J = Joyful

S = Sorrowful

G = Glorious

L = Luminous

Start Date: _____

End Date: _____

This Novena is for ...



Daily Reflection

Today I am grateful for these three things...

- 1.
- 2.
- 3.

Date:

Rosary: J S G L

Day of Novena:

How are you feeling today in your relationship with your faith?

Have you received any insights, messages, or images during your time of prayer with the Rosary?

Did you feel a sense of peace or challenge during your Rosary?
Why or why not?

How do you wish to carry the grace and reflections from this Rosary into the rest of your day?



Weekly Reflection

Today I am grateful for these three things...

- 1.
- 2.
- 3.

Date:

How has your perspective on your intention shifted since you began the novena?

What small blessings or signs of hope have you received during this period?

What has been the most impactful part of this novena so far?

Have you felt the presence of God or Our Lady in any special way?

