



## 2026 DCSL Motivational Time Standards

### GIRLS

### BOYS

#### 6 & Under

Free	25 Yards
Breast	25 Yards
Fly	25 Yards
Back	25 Yards

Copper	Bronze	Silver	Gold
34.27	27.07	23.79	21.83
50.19	39.64	34.85	31.97
43.61	34.45	30.28	27.78
41.53	32.80	28.83	26.45

Copper	Bronze	Silver	Gold
34.29	27.08	23.81	21.84
50.11	39.58	34.79	31.92
43.32	34.21	30.07	27.59
41.70	32.93	28.95	26.56

#### 7 – 8

Free	25 Yards
Breast	25 Yards
Fly	25 Yards
Back	25 Yards
I. M.	100 Yards

26.64	21.04	18.50	16.97
36.75	29.03	25.52	23.41
31.05	24.53	21.56	19.78
33.74	26.65	23.42	21.49
2:41.60	2:07.63	1:52.19	1:42.93

26.09	20.61	18.12	16.62
36.46	28.79	25.31	23.22
30.60	24.17	21.24	19.49
33.52	26.47	23.27	21.35
2:41.68	2:07.70	1:52.25	1:42.98

#### 9 – 10

Free	50 Yards
Breast	50 Yards
Fly	50 Yards
Back	50 Yards
I. M.	100 Yards

44.24	38.34	35.72	32.77
58.21	50.45	47.00	43.12
50.22	43.52	40.55	37.20
53.47	46.34	43.17	39.61
1:55.97	1:40.50	1:33.63	1:25.90

43.82	37.98	35.38	32.46
58.41	50.63	47.16	43.27
51.27	44.44	41.40	37.98
53.31	46.20	43.04	39.49
1:56.60	1:41.05	1:34.14	1:26.37

#### 11 – 12

Free	50 Yards
Breast	50 Yards
Fly	50 Yards
Back	50 Yards
I. M.	100 Yards

39.81	34.50	32.14	29.49
51.75	44.85	41.78	38.33
43.92	38.06	35.46	32.53
47.28	40.97	38.17	35.02
1:42.48	1:28.81	1:22.74	1:15.91

39.43	34.18	31.84	29.21
51.72	44.82	41.76	38.31
43.96	38.10	35.49	32.56
47.61	41.27	38.44	35.27
1:42.90	1:29.18	1:23.08	1:16.22

#### 13 – 14

Free	50 Yards
Breast	50 Yards
Fly	50 Yards
Back	50 Yards
I. M.	100 Yards

37.50	32.50	30.28	27.78
49.57	42.96	40.02	36.72
41.01	35.54	33.11	30.38
44.94	38.95	36.29	33.29
1:37.77	1:24.73	1:18.94	1:12.42

35.11	30.43	28.35	26.01
45.21	39.18	36.50	33.49
39.14	33.92	31.60	28.99
43.17	37.42	34.86	31.98
1:31.44	1:19.24	1:13.83	1:07.73

#### 15 – 18

Free	100 Yards
Free	50 Yards
Breast	100 Yards
Fly	100 Yards
Back	100 Yards
I. M.	100 Yards

1:20.97	1:10.18	1:05.38	59.98
36.84	31.93	29.75	27.29
1:45.27	1:31.24	1:25.00	1:17.98
1:32.34	1:20.03	1:14.56	1:08.40
1:34.69	1:22.06	1:16.45	1:10.14
1:33.72	1:21.22	1:15.67	1:09.42

1:11.64	1:02.09	57.85	53.07
33.16	28.74	26.77	24.56
1:33.80	1:21.29	1:15.73	1:09.48
1:22.55	1:11.55	1:06.65	1:01.15
1:26.62	1:15.07	1:09.93	1:04.16
1:23.35	1:12.24	1:07.30	1:01.74