



Weekly Club Dances



TUESDAYS — Alibi's Bar & Grill

7935 Elizabeth Rd., Pasadena, MD
443-637-7267

NO Cover Charge

6 pm Dance Lessons (*Beginner followed by Intermediate*)
7-10 pm Music & Dancing, 50/50 drawing

August 3 - DJ Buddman; DI Sondra Riley

August 10 - DJ Dr. Jay; DI Sondra Riley

August 17 - DJ Ron; DI Sondra Riley

August 24 - DJ Kathy K; DI Darryl Ingram & Sondra Riley

August 31 - DJ George; DI Darryl Ingram & Sondra Riley



WEDNESDAYS — Glory Days Grill

3 Lee Airpark Dr., Edgewater, MD
443-808-8880

\$5 Cover Charge

6 pm Dance Lessons (*Beginner followed by Intermediate*)
7-9:30 pm Music & Dancing, 50/50 drawing

August 4 - DJ Dr. Jay; DI Merv Roussell

August 11 - Dance Cancelled due to GD schedule conflict

August 18 - DJ Buddman; DI Louise Pyles

August 25 - DJ George; DI Louise Pyles

Glory Days Special

*With \$5 cover, receive a free chance to win a \$10 Gift Certificate
for your next visit to Glory Days!*

Bring someone new to Glory Days and their first visit is free!



DCHDC Board of Directors Nominated for 2-year term October 2021 ~ August 2023*

Hello to All! My name is Phyllis Crutchfield and I am running for the President of D.C. Hand Dance Club, also known as the Metropolitan Washington, D.C. Hand Dance Preservation Society. I am no stranger to this wonderful club. I have been on the Board as a Director and as First Vice President for 8 years and a member of the club for approximately 20 years. As President, I will keep with the mission to preserve the hand dance theme of music and dance while updating music to keep with the times. We have had a rough road for the past year and a half and it is time to rebuild our club to be bigger, better and more exciting. It is time to bring new ideas to our club. We are "doers". Our club can be more than one dance per month. I would like to lead our board to provide such experiences along with input from our membership. I am recently retired as an Assistant Director for Maryland State Department of Health. I was responsible for a staff of 30, so large numbers of people don't scare me. I now have the time to devote to our club and its renewal. The board, along with all of you, can make this club great again. It would be my honor to represent the members of the D.C. Hand Dance Club. So, let's dance to the music we love and have some fun.



PHYLLIS CRUTCHFIELD
President-Elect

Hi kids! I always say that the one sure fire way to stay young is to keep dancing. I know that being absent from dancing during the Covid threat led to getting out of shape. It was then that I realized the total advantage and virtual necessity of dancing being a part of all of our lives. Wait, let's go back 15 years or so when it all started for me. It wasn't like I didn't dance back then but I was like most people, I danced the typical social freestyle and had fun doing it. I mixed in some line dancing and I learned a lot along the way.

But that all changed on a Tuesday evening at a place called Malibu's near BWI Airport. A friend suggested I stop by and check out the fun. I looked around and said to myself "Wow, these people are really good dancers, I need to take a lot of lessons." So, I did and my first instructor, Eddie O'Reilly got me started. He is still here with us today and is living proof of the important role that dancing can play in our lives. I quickly realized that I had found a whole new focus in my life and dancing was a great way to take on life's challenges. That all happened just a short time after my mom passed away and I was still lucky to have my dad with me. He told me "While I am here, I want you to go out and have fun dancing, and when I am gone, I want you to go out and have fun dancing." He never steered me wrong. I took him everywhere with me and he even coached me from the sidelines during lessons. Only problem was at 93 years old, he got the all the women and I couldn't even get arrested. I really miss him.

I hope that gives you some idea of what this club means to me. You see I feel that I owe it to the club and its members to keep pumping in more positive energy and I hope that being 1st Vice President will allow me to pay back and pass on to others what this club has done for me. I would really like to thank all of my wonderful dance partners and instructors that have made dancing possible over the past 15 years. And a very special thanks to a very special woman that quite literally "Danced into My Life" almost 11 years ago. That is Dottie Frazier. You see...it's not just a dance club...it's a dance family.



ED WARREN
1st Vice President-Elect

2nd Vice President -Elect: VACANT

Here are a few bio points:

- I'm a senior lecturer in constitutional law at the University of Maryland College Park where I've taught for 10 years.
- I'm a recovering lawyer, having practiced for 30 years. (Teaching is a lot more fun than lawyering.)
- I'm married and have a grown son. My wife, Corri and I live on the South River in Edgewater.
- I'm an avid tennis player.
- I've been hand dancing since I was a teenager and won lots of dance contests in high school—mostly because no other guys knew how to dance.



MIKE SPIVEY
Secretary-Elect

Here are a few bio points:

- I am a partner in a small business and know the QuickBooks Software Accounting Program.
- I've been a member of DCHDC for more than 10 years.
- I like the dance and the club.
- I feel it's my turn to do my part for the club.



LYNN HEPEK
Treasurer-Elect

For the last two years, I have had the opportunity to be the treasurer for the DC Hand Dance Club. Some of you know my voice better than my face as I was the one calling to ask for your help at the registration desk. Although at times challenging, I have enjoyed the job and the responsibilities it entails. I am looking forward to continuing on the Board as a Director and helping the Club in whatever way possible – one of which will be as the Membership Coordinator.

The one thing I especially enjoy about the DC Hand Dance Club is that we are like family. Yes, we have our up and downs now and then, but in the end we come together and are happy to be a part of a dance family. Again, I look forward to being on the 2021-2023 Board.



MARIA LICALZI
Director-Elect

I am excited for the opportunity to introduce myself to those of you who don't already know me. I taught young children for 30 years, ran a successful business for 13 and have been on the Board of my home's HOA for 28 years in the positions of President, Vice President and Secretary.

I've been dancing since I was 14, and have been attending the monthly dances for over ten years. While I have officially only been a member of this Club for four years, I have enjoyed every minute of it. I quickly realized that a Club such as ours only exists because members volunteer their time to keep it going. So, in that spirit, I have helped the Board and several Committees in various ways. Many of you may remember me calling to ask if you would volunteer an hour at the front desk. Without you, there would be no one to let us in, so there would be no dances. So, thanks to all who responded with a cheerful, "Yes!" After having the dances absent from our lives for so long, it showed just how important our gatherings are to keep us healthy and socially connected.

I am fully aware of the hard work and time commitment being a member of the Board will require, and I am honored to be able to be part of an organization that has become so important in my life. It is only because of this Club that I have gained so many treasured friends who are now more like family. I will work with our President and other Board members to maintain the mission of our Club and to ensure that our Club continues to provide fun events, social opportunities, and we can continue to dance, dance, dance!!!



DONNA KRAUSE
Director-Elect

On behalf of the DCHDC Board of Directors and members, sincere thanks to the club's 2021 Nominating Committee for their dedication and hard work to bring forward this slate of candidates. They are:

*Maria Mas Hernandez, Chair
Merv Roussell
Alvera Winkler
Lindsey Sturdivant*

**Term in office delayed one month from September 1, 2021 start date to October 1, 2021 start due to Covid-19 Pandemic.*

Monthly Club Dances

~~August 21~~

September 11

October 30

November 20

December 18



Please Contact:

- Maria LiCalzi @ dchdctreas@yahoo.com for monthly dance registration desk
- Nancy Sabella @ DCHDCPresident@Gmail.com to learn more about board service



WEBSITE: DCHandDanceClub.net

FACEBOOK: DC Hand Dance Club Est. 1994

EMAIL: DCHDCPresident@Gmail.com

HOTLINE: [301-460-0800](tel:301-460-0800)

Use the President's email address for questions or suggestions.