



# Pudsey Saint Lawrence Cricket Club

## Pudsey Saint Lawrence Cricket Club (PSLCC)

### Drug and Substance Misuse Policy

#### 1. Policy Statement

Pudsey Saint Lawrence Cricket Club is committed to providing a *safe, healthy and respectful environment* for all players, members, volunteers and visitors.

The misuse of drugs or other harmful substances can seriously affect the *health, safety and wellbeing of individuals* and can damage the reputation of the club and the game of cricket.

PSLCC therefore operates a *zero-tolerance approach to illegal drugs and substance misuse* on club premises or during any club activity.

---

#### 2. Scope of This Policy

This policy applies to:

- Players (junior and senior)
- Coaches and volunteers
- Club officials and committee members
- Parents and spectators
- Visitors attending club events

It applies to *all club activities*, including:

- Matches
- Training sessions
- Tours
- Social events
- Travel organised by the club
- Any activity representing the club

Substance misuse policies in cricket clubs aim to *promote health, protect participants and ensure the integrity of the sport*.

---

### 3. Definition of Drugs and Substance Misuse

For the purposes of this policy, the term “*drugs*” includes:

- Illegal drugs (e.g. cannabis, cocaine, ecstasy)
- “Legal highs” or psychoactive substances
- Prescription medication used without medical approval
- Performance-enhancing drugs or banned supplements
- Solvents or inhalants
- Alcohol used inappropriately during cricket activities

Substance misuse refers to the *use, possession, distribution or encouragement of such substances* in a way that may cause harm or breach club rules.

---

### 4. Prohibited Behaviour

The following behaviour is strictly prohibited:

- Possession of illegal drugs on club premises
- Using or distributing illegal drugs at club activities
- Attending training or matches while *under the influence of drugs*
- Encouraging or supplying drugs to others
- Using performance-enhancing drugs in breach of sport regulations

Under cricket disciplinary rules, the use or distribution of illegal drugs is considered a *serious breach of the Code of Conduct* and can lead to significant sanctions.

---

### 5. Junior Players

The club has a *strict safeguarding duty to children*.

For all players *under the age of 18*:

- The use or possession of *drugs, alcohol, smoking or vaping is not permitted* on club premises or when representing the club.
- Any incident involving substance misuse will be treated as a *serious safeguarding concern*.
- Parents or guardians will be informed immediately.

Many cricket clubs adopt rules stating that *junior members must not consume alcohol or drugs on club premises or when representing the club*.

---

## 6. Alcohol and Adults Supervising Junior Cricket

Adults involved in junior cricket must act responsibly.

Adults must not:

- Consume alcohol while *actively supervising junior players*
- Be under the influence of alcohol or drugs while coaching or managing teams

This is essential to ensure *player safety and responsible supervision*.

---

## 7. Medication and Medical Needs

The club recognises that some members may require medication.

Players should:

- Inform coaches or team managers if they require medication during activities
- Ensure medication is *used only as prescribed*
- Never share medication with others

If a player requires medication that may affect sporting performance, appropriate guidance should be sought.

---

## 8. Education and Prevention

PSLCC aims to promote awareness of the risks associated with drug misuse.

The club will:

- Promote healthy lifestyles
  - Encourage responsible behaviour
  - Provide information and support where appropriate
  - Support members who may need help with substance misuse issues
- 

## 9. Reporting Concerns

Any concerns regarding drug use or substance misuse at the club should be reported to *Club Safeguarding Officer (CSO)* Or to a member of the *Club Committee*.

All reports will be treated confidentially and handled appropriately.

---

## 10. Disciplinary Action

Breaches of this policy may result in:

- Verbal or written warnings
- Suspension from club activities
- Removal from teams or coaching roles
- Expulsion from the club
- Referral to league or cricket governing bodies

Serious incidents may also be referred to *law enforcement authorities*.

---

## 11. Policy Review

This policy will be reviewed annually by Pudsey Saint Lawrence Cricket Club to ensure it remains aligned with *ECB safeguarding and conduct regulations*.