

Elite Safety Training Pre-Use Inspection Checklist

CAUTION: This is not a complete list of all items which may require attention. Operators are responsible for ensuring that the harness, lanyard is in proper working condition in accordance with the manufacturer's specifications.

Date: _____ Operator: _____ Serial Numbers (for items below)
 Harness: _____ Lanyards: Retractable: _____ (4-ft) (6-ft): _____

Harness & Lanyard Daily Check

Indicate an **X** where a problem is detected and a **✓** to indicate no problems visible.

Harness Inspection

COMMENTS

- Capacity Tag / Labels _____
- Webbing _____
- Straps _____
- Stitching _____
- All Metal Components _____
- D-Ring _____
- All Plastic Parts _____
- Adjustments to harness _____
- Proper Size for Associate _____
- Remove from service if used in FALL _____
- Impact (Deployment) Indicator _____

All comments made in reference to any problems should be made on the back of this page in detail and handed to the supervisor immediately.

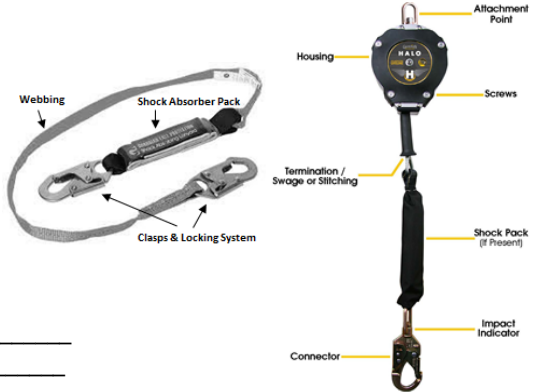
The associate must complete this form before using Fall Protection



Lanyard / Retractable

COMMENTS

- Capacity Tag / Labels _____
- Webbing _____
- Straps _____
- All Metal Components _____
- Shock Absorber Pack _____
- Clasps & Locking System _____
- Proper Length
 - 4 feet for boom lift _____
 - 6 Feet for scissor lift _____
 - Retractable _____
- Remove from service if used in FALL Self-Retracting Device
- Impact (Deployment) Indicator _____
- Housing _____
- Retracts smoothly _____
- Braking / Locking Function _____



Comments

USER

SIGNATURE: _____

DO NOT use Fall Protection if an unsafe condition is detected. Report all problems to your Supervisor immediately.

TO BE COMPLETED BY DESIGNATED OPERATOR AND FORWARDED TO SUPERVISOR PRIOR TO SHIFT.



Step 1

Hold harness by back D-ring. Shake harness to allow straps to fall in place.



Step 2

If chest, leg and/or waist straps are buckled, release straps and unbuckle at this time.



Step 3

Slip straps over shoulders so D-ring is located in middle of back between shoulder blades.



Step 4

Pull leg straps between legs and connect to opposite end. Repeat with second leg strap. If belted harness, connect waist strap after leg straps.



Step 5

Connect chest strap and position in midchest area. Tighten to keep shoulder straps taut.



Step 6

After all straps have been buckled, tighten all buckles so that harness fits snug but allows full range of movement. Pass excess strap through loop keepers.

WEBBING

When checking webbing look for cuts, tears, abrasions and discoloration.

How should I check it?
By look and feel.

BUCKLES

When checking buckles and adjusters look for deformation, damage such as sharp edges, corrosion, cracks and check the function. Does it do what it should?

How should I check it?
By look, feel and function check.

STITCHING

The important stitching is identified by a contrasting colour. Look for all these areas and inspect them. Any missing, incomplete, damaged or frayed stitching is unacceptable.

How should I check it?
By look and feel.

FITTING

Ensure you are trained in the correct use and fitting of all equipment before you use it.

How should I do this?
Look at the fitting instructions. What if I need help? Talk to your supervisor or supplier.

TRACEABILITY

You need to know where the harness came from, where it has been and when it has been inspected. Can you do this?

How should I do it?
Keep a record of where you purchased it from and when. Ensure the item has an identification number. Record all inspections in an inspection log. Maintain all these items for scrutiny.

ATTACHMENT LINKS

Any deformation, distortion, cracks or corrosion are unacceptable.

How should I check it?
By look and feel.

WEB TIDIES

Are they still intact or are they missing? If they are missing they can often be replaced.

How should I check them?
By look, feel and check the function.

