

# Privacy Statement

Dr Alireza Tabatabaie (Dr Ali Taba)  
Cambridge Sex Therapy Clinic  
Sex Therapy – Online

## **INTRODUCTION**

At *Cambridge Sex Therapy Clinic* and *Sex Therapy – Online*, I take data privacy very seriously. This policy is designed to help you understand how I use your personal information.

## **PERSON RESPONSIBLE FOR DATA PROTECTION**

Dr Alireza Tabatabaie (Dr Ali Taba)  
Sexual and Relationship Psychotherapist  
Senior Accredited Member - College of Sexual and Relationship Therapists  
Fellow of the European Committee of Sexual Medicine

Contact:       Tel: 01223 653962 – 07907726578  
                    Email: [taba@cantab.net](mailto:taba@cantab.net)

## **WHAT IS PERSONAL DATA? WHAT PERSONAL DATA DO I ASK FOR AND COLLECT? WHY?**

Personal data is information that relates to you or allows me to identify you. This includes obvious personal information about you (for example, your name, home address, email address, telephone number and date of birth) but can also include other more sensitive information about you (such as sexuality and gender, ethnicity, marital status, religious or other cultural beliefs, physical or mental health or conditions).

As a business owner and clinician, I have a legitimate interest to collect, process and retain personal data and sensitive personal information about my clients to provide them with my services. In particular, I use your personal data:

- To provide you with the most appropriate and timely healthcare, such as psychological therapy to you.
- To monitor and keep records of my communications with you.
- To help me manage and audit my business operations including accounting.
- To comply with legal and regulatory obligations.

As a business owner, I collect and keep your personal data when it is essential that I do so for legal or professional/business reasons (e.g. your name, contact details, country of residence, GP contact details, records of our communications). As a clinician, I collect and keep your personal data (for example I take notes, sometimes detailed, containing sensitive information about you during our therapy sessions) in order to understand and examine/analyse your life journey and to help you reach your therapy goals.

## **WILL I EVER SHARE YOUR DATA WITH OTHERS? IF SO, WHY AND HOW? WHO WILL I SHARE YOUR DATA WITH?**

I do not share your personal data nor make it available to others. However, there are some circumstances where I may be obliged to share your personal data with others (for example, your GP or other health professionals, or law-enforcement agencies and authorities). For example:

- if there is a risk of harm to you or others;
- if a child may be at risk;
- if there is a risk of committing a major crime, act of terrorism or money laundering;
- if you are downloading or using child pornography;
- if subpoenaed by a court.

I will not share your personal data where it is not necessary. When reasonably possible, I will seek your permission before taking such actions.

I will not share your personal information with third parties for marketing purposes.

You always have the right to request a copy of the personal data that I share about you and to correct any factual inaccuracy.

(In-person sessions only: A copy of case notes and personal records will be kept at Spire Cambridge Lea Hospital as required by the hospital.)

## **SUPERVISION**

Supervision is part of my professional duty of care to clients. From time to time, cases are discussed in individual and/or group supervision sessions to reflect on, receive feedback and, where appropriate, guidance. All cases discussed in supervision are anonymised.

## **HOW DO I STORE YOUR DATA?**

I implement appropriate steps to help maintain the security of my information systems and processes and prevent the accidental destruction, loss or unauthorised disclosure of the personal data I process.

## **HOW LONG WILL I KEEP YOUR DATA? HOW WILL I DISPOSE OF THE STORED DATA?**

I normally keep your personal data for seven years (in accordance with regulatory requirements by the College of Sexual and Relationship Therapists) following your final therapy session, after which paper copies involving personal data about you will be shredded and all electronic records deleted.

## **HOW CAN YOU ACCESS YOUR PERSONAL DATA? CAN YOU ASK TO BE 'FORGOTTEN' ('RIGHT TO BE FORGOTTEN')**

Should you wish to access your personal data or have it destroyed before seven years, you can submit a request in writing to me at [taba@cantab.net](mailto:taba@cantab.net) as the Data Controller. You are also entitled to amend your information. I must ensure the request comes from you — the data subject — and not from a third party; therefore, I may need to ask for identification.

Each application will need to be considered on an individual basis, and any decision to provide access to or destroy personal data will be my clinical/professional decision.

I will respond to your request within a month and will not make a charge for providing any information.

Please note that safeguarding will always be a priority over personal freedom. Information about third parties will never be disclosed without their consent.

## **WHAT HAPPENS IF SOMETHING GOES WRONG (DATA BREACHES)?**

I take the protection of your data seriously and have processes in place to ensure that your data is secure. However, I recognise that it is possible that something can go wrong. This can include data being accidentally destroyed or accessed, or altered by a third party (either accidentally or deliberately) who is not authorised to access or alter it.

If a data breach occurs, I will record it. If you believe that a data breach has occurred, please inform me. I will take action to put it right. If the breach is likely to result in a high risk of adversely affecting individuals' rights and freedoms, I will notify the Information Commissioners Office (ICO) within 72 hours and inform those individuals without undue delay.

A record of any personal data breaches will be kept.

Concerns about our data handling can and should be referred to the Information Commissioners Office [www.http://ico.org.uk](http://ico.org.uk)

## **USE OF COOKIES**

Like many other websites, my websites use cookies. Cookies are small pieces of information sent by an organisation to your computer and stored on your hard drive to allow that website to recognise you when you visit. They collect statistical data about your browsing actions and patterns and do not identify you as an individual. This helps us to improve our website and deliver a better, more personalised service to members and the public.

It is possible to switch off cookies by setting your browser preferences. You can remove cookies stored in your computer via your browser settings. Alternatively, you can control some 3rd party cookies by using a privacy enhancement platform such as: [optout.aboutads.info](http://optout.aboutads.info)

[youronlinechoices.com](https://youronlinechoices.com).

For more information about cookies, visit [allaboutcookies.org](https://allaboutcookies.org). I use Google Analytics to measure traffic on our website. Google has their own Privacy Policy, which you can review [here](https://static.googleusercontent.com/media/www.google.com/en//intl/en-GB/policies/privacy/google_privacy_policy_en-GB.pdf):  
[https://static.googleusercontent.com/media/www.google.com/en//intl/en-GB/policies/privacy/google\\_privacy\\_policy\\_en-GB.pdf](https://static.googleusercontent.com/media/www.google.com/en//intl/en-GB/policies/privacy/google_privacy_policy_en-GB.pdf)

If you would like to opt out of tracking by Google Analytics, visit the Google Analytics opt-out page.

## **SUMMARY OF YOUR RIGHTS AND YOUR PERSONAL DATA**

Subject to certain exceptions, you have the following rights with respect to your personal data:

- The right to receive a copy of the personal information I hold on you;
- The right to correct and update the information I hold on you;
- The right to have your information erased, although basic details will be retained in order to evidence compliance with this request;
- The right to data portability;
- The right to withdraw your consent at any time;
- The right to make a complaint to me or to the Information Commissioner's Office.

## **REVIEW OF THIS POLICY**

I keep this Policy under regular review. This Policy was last updated in July 2023.

To comply with the General Data Protection Regulations (GDPR), I am required to ask for your consent to collect, store and share personal data about you.

Please complete the information below and indicate that you have given your consent. You are entitled to a copy of this sheet. If any information is incorrect or changes occur, please let me know by email ([taba@cantab.net](mailto:taba@cantab.net)). You have the right to withdraw your consent at any time. To withdraw your consent, please email me at [taba@cantab.net](mailto:taba@cantab.net).

Name:

Address:

Telephone number:

Email address:

**Declaration:** I have seen and understood the privacy policy of Dr Alireza Tabatabaie. I have been offered a copy of the information. I consent to my personal data being held and shared according to the policy.

Signed:

Date: