



True North Expedition Summer Camp

Sample Daily Schedule:

- 8:50-9:00am – Arrival/Drop-off
- 9:00-9:20am – Introduction and Ice Breaker Game
- 9:20-9:30am – Bathroom, Water Fill, Hike Prep
- 9:30-10:00am – Hike on Trail
- 10:00-10:15 – Learn about the Engineer Type of the Week
- 10:15-10:45am – Engineering Project (Design, Build, Test)
- 10:45-11:10am – Leadership & Character Activity
- 11:10-11:20am – Clean-up, Water Break, Bathroom Break
- 11:20-11:50am – Game/Movement
- 11:50am-12:30pm – Wash-up & Lunch
- 12:30-1:00pm – Creative Project (Art/Journal)
- 1:00-1:30pm – Nature Activity
- 1:30-2:00pm – Science Experiment
- 2:00-2:30pm – Bonus Activity for the Day
- 2:30-2:50pm – Snack and Reflection Activity
- 2:50-3:00pm – Clean up and pack up

**Note: The timeframes may be modified slightly from day to day based on the actual activities scheduled and the necessary time needed to complete those activities. Also, our staff will allow additional time for activities that the attendees are really enjoying and engaged in, which may result in other activities having the time reduced or eliminated for that day.*