

Date \_\_\_/\_\_\_/\_\_\_

**Section I: Patient Information**

Name:	Age:
Address:	DOB:
City, State, Zip:	Sex: M ___ F ___
e-mail:	
Telephone: ( )	Marital Status:
Work Phone: ( )	Date of Wedding:
Cellular Ph. / Pager: ( )	
	Previous Marriage/Relationship:
Employment Status:	Yes ___ No ___
Occupation:	Length of Commitment:
Employer:	Reason for ending relationship:
<b>Spouse / Significant Other Information:</b>	
Name:	Age:
Address:	DOB:
Occupation:	Previous Marriage/Relationship:
Employer:	Yes ___ No ___ # of yrs ___
How did you hear about AHeARTT?	

**Section II: Communication**

Can therapist/office leave a message:	<input type="checkbox"/> yes	<input type="checkbox"/> no	Phone:
	<input type="checkbox"/> yes	<input type="checkbox"/> no	E-mail:
	<input type="checkbox"/> yes	<input type="checkbox"/> no	Other:
Communication preference:	<input type="checkbox"/> E-mail	<input type="checkbox"/> Phone: Home / Cell (circle one)	
Do you wish to receive occasional <b>e-newsletters</b> including tips and ideas for improved well-being? (You have the option to automatically add or remove yourself from the list and your information is always private.)			
<input type="checkbox"/> Yes <input type="checkbox"/> No			

**Section III: Family Information**

Who are the members in your family?	Age	Relationship	Notable health condition or concerns

**Section IV: Reason for Visit/Goals for Assistance**

Please describe the reason for your visit: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

What is your primary concern or worry related to the current issue? \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

List five words that describe your thoughts and feelings related to your primary concern? \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

What are goals you hope to achieve from our visits?: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

How have the following symptoms bothered you **recently**?

- Significant/Major Problem       - Slight/Moderate Problem

<input type="checkbox"/> <input type="radio"/> Depressed, sad, or crying	<input type="checkbox"/> <input type="radio"/> Inability to concentrate	<input type="checkbox"/> <input type="radio"/> Anger or temper problems
<input type="checkbox"/> <input type="radio"/> Suicidal thoughts, plans, or attempts	<input type="checkbox"/> <input type="radio"/> Anxious, nervous, or panicky feelings	<input type="checkbox"/> <input type="radio"/> Repetitive thoughts, behaviors
<input type="checkbox"/> <input type="radio"/> Guilty feelings	<input type="checkbox"/> <input type="radio"/> Insecurity or inferiority	<input type="checkbox"/> <input type="radio"/> Memory problems
<input type="checkbox"/> <input type="radio"/> Loss of interest or energy	<input type="checkbox"/> <input type="radio"/> Change in spending habits	<input type="checkbox"/> <input type="radio"/> Sexual worries / problems
<input type="checkbox"/> <input type="radio"/> Physical problems, pain, or illness	<input type="checkbox"/> <input type="radio"/> Periods of euphoria, boundless energy or unstoppable activity	<input type="checkbox"/> <input type="radio"/> Confused or disorganized thoughts

**Billing & Payment Policy**

Your insurance policy is a contract between you and your insurance carrier. You are ultimately responsible for payment-in-full for all services AHeARTT provided to you. Any charges not paid by your insurer will be your responsibility, except as limited by our contract (if any) with your insurance carrier.

**Copayments:** Copayments for clinic visits are due at the time of service.

**Fees/Self-Pay:** Initial intake and diagnostic sessions are \$198; individual rates are \$130/45 minute hour or \$156/60 minute hour payable by insurance, cash, check or credit card. Fee’s not covered by insurance are the responsibility of the client. Self-pay patients are expected to make payment in full at the time of service.

**Missed Appointments & Late Cancels:** If you fail to cancel a scheduled appointment, we cannot use this time for another client and you will be billed for the entire cost of your missed appointment. After three “NO SHOW” and or excessive late or last minute cancelled appointments, you will be discharged from our clinic and we will no longer see you as a patient.

**A full session fee is charged for missed appointments or cancellations with less than a 24-hour notice unless it is due to illness or an emergency. A bill will be mailed directly to all clients who do not show up for, or cancel an appointment.**

**Responsible Party for Billing**

Name:		Relationship to Patient:	
Address: (if same as patient information write same)			
City:	State:	Zip:	Phone:
Employer:	Work Phone:		Cell Phone:
SSN#			

**Insurance Information**

<b>Primary Insurance:</b>		Policy Holder:	Date of Birth:
Identification Number:		Group Number:	
Claims Address:			
City:	State:	Zip:	Phone:
<b>Secondary Insurance:</b>		Policy Holder:	Date of Birth:
Identification Number:		Group Number:	
Claims Address:			
City:	State:	Zip:	Phone:

I understand and acknowledge the Billing & Payment Policy of AHeARTT / Alliance for Healing

Patient Name (printed) \_\_\_\_\_

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

Relationship to Patient \_\_\_\_\_  
 (if patient is unable to sign or under the age of 18)

**Notice of Privacy Practices Acknowledgment  
& Disclosure**

The privacy of your information is important. We keep your information secure and confidential to the best of our ability. **Health Insurance Portability and Accountability Act of 1996 (HIPAA)** guidelines are followed. For more information, you can request a copy of our **Notice of Privacy Practices** on HIPAA or visit their Web site at: <http://www.hhs.gov/ocr/privacy/hipaa/understanding/index.html>

**By law we are considered a mandatory reporter.** That means abuse to children/vulnerable persons must be reported. Actions must also be taken if there is considered to be imminent danger to self or others.

**Initial** \_\_\_\_\_

**Limits of Confidentiality**

Contents of all therapy sessions are considered to be confidential. Both verbal information and written records about a client cannot be shared with another party without the written consent of the client or the client’s legal guardian. Noted exceptions are as follows:

**Duty a Warn and Protect**

When a client discloses intentions or a plan to harm another person, the mental health professional is required to warn the intended victim and report this information to legal authorities. In cases in which the client discloses or implies a plan for suicide, the health care professional is required to notify legal authorities and make reasonable attempts to notify the family of the client.

**Abuse of Children and Vulnerable Adults**

If a client states or suggests that he or she is abusing a child (or vulnerable adult) or has recently abused a child (or vulnerable adult), or a child (or vulnerable adult) is in danger of abuse, the mental health professional is required to report this information to the appropriate social service and/or legal authorities.

**Prenatal Exposure to Controlled Substances**

Mental health care professionals are required to report admitted prenatal exposure to controlled substance that are potentially harmful.

**Minors/Guardianship**

Parents or legal guardians of non-emancipated minor clients have the right to access the clients’ records.

**Insurance Providers** (when applicable)

Insurance companies and other third-party payers are given information that they request regarding services to clients.

Information that may be requested included, but it not limited to: types of service, dates/times of service, diagnosis, treatment plan, description of impairment, progress of therapy, case notes, and summaries.

**I agree to the above limits of confidentiality and understand their meanings and ramifications.**

Patient Name (printed) \_\_\_\_\_

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

Relationship to Patient \_\_\_\_\_  
(if patient is unable to sign or under the age of 18)

**Cancellation Policy**

If you fail to cancel a scheduled appointment, we cannot use this time for another client and you will be billed for the entire cost of your missed appointment. A full session fee is charged for missed appointments or cancellations with less than a 24-hour (BUSINESS DAY) notice unless it is due to illness or an emergency. All Monday appointments need to be cancelled by the Friday prior to the appointment and or appointments following a holiday need to be cancelled the prior business day. A bill will be mailed directly to all clients who do not show up for, or cancel an appointment. After three “NO SHOW” and or excessive late or last minute cancelled appointments, you will be discharged from our clinic and we will no longer see you as a patient.

Thank you for your consideration regarding this important matter.

**I agree to the above cancellation policy and understand their meanings and ramifications.**

Patient Name (printed) \_\_\_\_\_

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

Relationship to Patient \_\_\_\_\_  
(if patient is unable to sign or under the age of 18)

**Bill of Rights**

Consumers of professional mental health services have the right:

- (a) to expect that the professional consulted has met minimal qualifications of training and experience commensurate with service requirements and in accordance with professional and/or disciplinary standards.
- (b) to be informed of the credentials of those by whom they are served;
- (c) to be informed of the cost of professional services prior to receiving those services;
- (d) to privacy as defined by rule and law;
- (e) to be free from being the subject of discrimination on the basis of race, religion, gender, or other unlawful category while receiving services;
- (f) to have access to their records as a provided in Minnesota Statutes, section 144.335 subdivision 2;
- (g) and to be free from exploitation for the benefit or advantage of a therapist.