

April 12, 2023

To Whom It May Concern,

I am pleased to have this opportunity to write a letter of recommendation for Mark. Mark is one of the best guest speakers we have had come into the classroom and connects well with students. Mark speaks about topics that are not wanting to be discussed but turns them into something the students can relate to and gets them interacting with the content as well. He is someone that gives his time to our school every semester for our health classes since 2018.

I would recommend Mark to come and talk to your schools as his information is invaluable but the way he pulls each student in is rare and effective. The content he drives with mental health and the wounds people carry inside them is so relative but also giving the students time to understand where they are at in their mental health. Bringing real world instances and information from new sources allows students to see that he is relatable and had similar instances growing up.

With Mark, I know that he can communicate with many different languages when in the classroom which breaks down the communication barrier. The hands-on lessons and information that students can keep and utilize when they need is something that is a rarity in a guest speaker. Mark is someone that I will make sure I can have every semester to communicate to students his knowledge.

Please consider Mark to work for you in the future. If you have any questions please feel free to email me at rsmith2@nthurston.k12.wa.us or call me at 509-435-2180.

Thank you,

Rachel Smith

Physical Education and Health

North Thurston Public Schools