

# Sew Happy

JANUARY - MARCH 2021

VOLUME 2, ISSUE 1

## Sew NOTES

Pine Ridge  
**BERNINA**  
Sewing Machines



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**2020 – It's been a year....** a year of challenge and loss but also a year of triumph and charity. We've seen generosity, creativity, and kindness unleashed in unparalleled ways. In many ways, this has been a year of growth as we've learned to adapt to a rapidly changing reality and have found innovative ways to live everyday lives out of necessity or boredom. Thank you for your patience this past year as we struggled with the uncertainty of state mandated restrictions and **BERNINA** supply chains. *You are the best!*

A new year brings promise of new beginnings and fresh starts. We have expanded our class offerings this year to include both sewing and quilting series as well as machine embroidery and classes appropriate to kids. To enhance your sewing experience, we've also expanded our selection of notions and supplies for quilting and embroidery. Stop in; we look forward to seeing you soon!

*From our family to yours,*

*Merry Christmas and a Sew Happy New Year!*

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## BERNINA BLING

### Accessories that Work

**Embroidery foot with clear sole #39C** is an extremely versatile tool. This presser foot is outstanding for compact decorative stitch patterns, satin stitching, and appliqué, as well as for sewing off-the-edge scallops.

Another plus is the small hole in the center of the foot, which serves as a guide for cording and feeds it directly under the needle. Decorative stitching with raised effects is also a breeze with Embroidery foot 39 C.

An updated version of the ever-popular Embroidery foot #6, this presser foot affords a clear view of the stitching area at all times, thanks to its transparent sole.

ACCESSORY OF THE MONTH

February 2021

**25% OFF**

BERNINA Embroidery Foot with Clear Sole #39/39C

Ideal for buttonhole seams, appliques and decorative stitches

BERNINA

ACCESSORY OF THE MONTH

January 2021

**25% OFF**

BERNINA Echo-quilting and CutWork foot #44C

CutWork and free-motion quilting with a single foot

BERNINA

**Echo quilting and CutWork foot #44C** is your ideal companion for a host of creative sewing projects. Suitable for both echo (shadow) quilting and free-motion quilting, this presser foot also makes it a cinch to create free-motion embroideries and gorgeous thread paintings with a zigzag stitch.

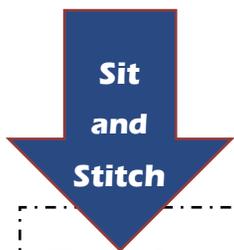
The concentric circle markings help gauge how far apart stitching lines are, not just for echo-quilting, but for free-form stippling and fills as well. The wide base helps prevent the edge from catching in the cut fabric, and the clear sole provides a view of what's happening underneath also making it a perfect choice for free-motion raw edge applique. Don't let the "C" bother you if you don't have a machine that uses coded feet. This foot works on all 3 Series, 5 Series, 7 Series, 8 Series, activa, virtuosa, aurora, and artista models.



**CLASSES**



2021 ushers in our second year of offering classes. We had some growing pains as we ironed out the logistics of navigating COVID while launching new programs but are excited to share fresh classes based upon your feedback. **Classes will be held on Thursdays and the second Saturday of each month.** Embroidery classes will be held on the first Thursday, a 10-month sewing series on the second Thursday, and a 9-month rulerwork quilting series on the third Thursday of each month. Classes are still capped at 4 persons for now until social distancing restrictions are lifted. Call to register or register online at [Pineridgesewing.com](http://Pineridgesewing.com).



Bring your current project and join us on designated **Sit and Stitch Tuesdays**. Bring your machine or use ours and drop in anytime between 10 am – 2 pm. We'll be available to help with questions and perhaps introduce you to some new accessories to make your projects easier and more creative. There is no charge for this event. In case of severe weather, the session may be cancelled. Please call before venturing out.

**10 am – 2 pm**

**January**

➤ 1/19

**February**

➤ 2/2

➤ 2/16

**March**

➤ 3/2

➤ 3/16

➤ 3/30



Join us for our first ever, [Virtual Embroidery Event](#). In this **free** 90-minute presentation, a national OESD educator will explain proper embroidery stabilizing that results in the best results from popular embroidery techniques...all from the comfort of your own home! If you can't make it for the live presentation at 10 am, a recording will be available for 24 hours afterward to watch at your convenience.

**\*\*\* Look for our online registration after Christmas or call for more info \*\*\*.**

January 21

10 am – 12:30 pm

**Busy Book Sewing Series - 1**

Create a colorful rainbow and raindrops matching page during Month One of this **BERNINA** Busy Book series. In this 10-month series, we'll learn about popular **BERNINA** feet, useful sewing techniques, and how to make the engaging Busy Book pages. By the end of this series, you will be on your way to making your own pages with your own ideas. In month 10, we will put your Busy Book together in a way that you can add, remove, and rearrange pages.

Come for one, some, or all the classes. A material list will be provided for each class (or it can be found on the **BERNINA** 'we all sew' website), or you may purchase an optional kit for each page. Specialty presser feet will be provided for class use.

Cost: \$15 for the class only

Optional materials kit available for \$15



**CLASSES**  
continued



January 28

10 am – 12:30 pm

Rulerwork Series - 1

Rulerwork is a quilting technique using thick acrylic quilting rulers to create exact, repeatable designs. In this 10-month series, we will explore many rulerwork techniques by constructing 9-patch blocks and quilting each with a different technique. At the end of ten months, you will have the choice of constructing 9 – 20” pillows or putting the quilted blocks together for a 60” x 60” quilt.

This first month we will construct a 9-patch block with 2 borders. You will then be able to construct the additional 8 blocks at home to bring to subsequent classes.

You will need to purchase material for the 9-patch blocks; a material list will be provided or you may find it on the **BERNINA** ‘we all sew’ website. Rulers will be provided for use during class.

Cost: \$20 for the class only  
Materials list provided

February 4

10 am – 12:30 pm

Quilt Labels

Have a completed quilt that just needs a label? In this class we’ll explore different methods of using your embroidery module to create custom quilt labels.

Cost: \$35  
Patterns and supplies included



February 11

10 am – 12:30 pm

Busy Book Sewing Series - 2

This month’s busy book page is a piggy bank! It’s a fun way to teach numbers and fine motor skills. During this class, we’ll learn to make buttonholes, add a zipper to felt, and use our machine embroidery to create designs.

Cost: \$15 for the class only  
Optional materials kit available for \$15



Reference all the specialty presser feet and their creative uses

**What do you do with your BERNINA?...**

We’re always looking for new ideas for projects and classes. What you would like to see in class offering? Post a picture of your completed BERNINA project on Instagram, #pineridgesewing, for 10% off a specialty presser foot!



February 13

10 am – 12:30 pm

**CLASSES**  
continued

Heart Pockets

These sweet holiday hearts are clever little pockets, perfect for filling with small gifts for Valentine’s Day or any special occasion.

Cost: \$35  
Pattern and supplies included

February 18

10 am – 12:30 pm

Rulerwork Series - 2

This month will focus on straight line quilting using one of the 9-patch blocks created in our first class.

Cost: \$20  
Rulers provided for class use



March 4

10 am – 12:30 pm

Spring Table Runner

Celebrate Spring with this colorful and puffy quilted flower table runner. Embroidered in the large oval hoop, these blocks have a low stitch count for a quick and easy project to stitch out. The pieces are appliqued, embroidered and quilted in the hoop and then joined together with a regular sewing machine before adding the backing. Finished dimensions (approx.): W: 11” x L 34”

Cost: \$35  
Pattern and some supplies included; Materials list provided



March 18

10 am – 12:30 pm

Rulerwork Series - 3

The second block in this series will be quilted using curved rulers and optional echo clips.

Cost: \$20  
Rulers provided for class use



March 11

10 am – 12:30 pm

Busy Book Sewing Series - 3

This month’s page called My Family uses vinyl windows that allow photos to be changed throughout the year. You could also create a My Friends or a My Vacation page using appropriate photos. Using decorative stitches and Combi-mode on the machine, you will create a one of a kind keepsake.

Cost: \$15 for the class only  
Optional materials kit available for \$15



March 13

10 am – 12:30 pm

Notebook Cover

This quick, satisfying project can be completed in just a few hours and is the perfect size for bullet journaling. This class is appropriate for kids with some sewing experience.

Cost: \$35  
Pattern and supplies included



# SEWING Basics

## THREAD QUALITY MAKES A DIFFERENCE



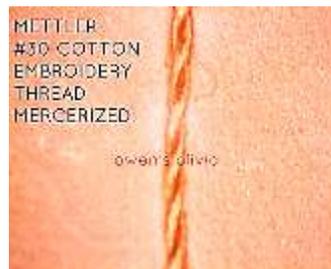
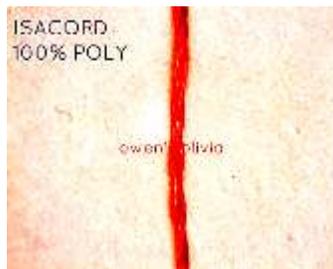
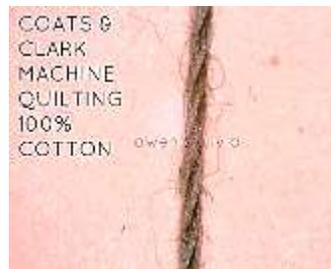
When it comes to a successful sewing experience, the thread you use is just as important as your sewing machine and fabric. I once thought I could save money by buying the thread that is sold for five spools for a dollar... **\*\*shudder\*\*** However, cheaper threads are usually made from “scrap” fibers rather than the long, smooth fibers found in higher quality threads. The difference is easily visible, especially when viewed under a magnifying glass. Less expensive thread is ‘fuzzy’ and uneven because of the short fibers with large degrees of inconsistency in thickness.

Fuzzy thread can cause poor stitching, inconsistent tension, and can leave more lint inside your sewing machine. As thread is guided through the sewing machine it passes through many eye openings and tension disks, all of which have a purpose in maintaining the sewing machine's tension. In most newer machines, the tension disks are hidden inside a cover to protect the disks from dust and damage. However, damage to the disks can come from within as poor quality thread travels through the machine and packs lint between the disks resulting in problems with the machine maintaining an even tension.

So, what are the differences between brands of thread? Seeing is believing! These pictures came from:

<http://owensolivia.blogspot.com/2012/10/your-sewing-thread-under-microscope.html>

*These pictures have been enhanced for printing. Check the website for more thread brands and original pictures.*



*Quality thread may cost a bit more in the short term but pays for itself many times over in professional stitches, consistent tension, and less machine maintenance.*

**“THE MOST DEPENDABLE MACHINE ON EARTH.”** Tula Pink 250 quilts and counting **BERNINA**




### L 890: THE REVOLUTIONARY OVERLOCK / COVERSTITCH COMBO

*Come in or call for details*

Experience the **EXCLUSIVE**  
**One-step BERNINA Air Threader.**

**BERNINA**  
**Learn More**



## QUILTING Basics

### WALKING FOOT vs DUAL FEED

The way fabric is fed through your sewing machine is important to outcome of your sewing projects. Poor feeding of the fabric can result in mismatched patterns, ill-fitting garments, and misaligned projects. Walking Foot #50 and the Dual Feed available on some **BERNINA** models can help control movement of the layers of fabric and/or batting for a more professional finish.



Fabric is moved through the sewing machine by the feed dog. The presser foot holds the fabric against the feed dog, and as it moves, the feed dog moves the lower fabric sitting on the feed teeth. The upper piece of fabric just goes along for the ride and can shift, either slightly or quite a bit, depending on the type of fabric being sewn. To control this shifting, both the Walking Foot and the Dual Feed move the top fabric while the bottom fabric is moved by the feed dog but in slightly different ways and can give slightly different results.

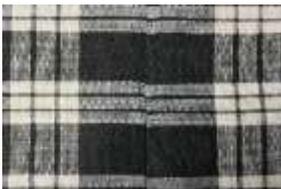
#### Even Feeding with the Walking Foot

- The Walking Foot moves all layers of fabric at the same time and pace according to the movement of the feed dog.
- The Walking Foot has no motor and the foot, dependent the feed dog movement, moves all layers at one time. Once it gets to the back, it lifts and springs forward waiting for the next feed dog stroke.
- Walking Foot #50 can successfully be used for precision stitching, matching plaids and sewing techniques that need to feed evenly as they go under the foot.
- The Walking Foot #50 is suitable for quilting and keeps the fabric and batting layers together, preventing misaligned layers and puckering as you quilt.

See what happens when the same type of fabric is sewn with Reverse Pattern Foot #1C (on the left) and **Walking Foot #50 (on the right)**.



A dual feed foot can be used to match plaids perfectly. The photo below shows plaid fabric sewn together using Reverse Pattern Foot #1C. One fabric piece feeds slightly faster than the other causing the plaids to be mismatched. Plaids that almost match give the garment a “homemade” look.



When stitching the plaid with Reverse Pattern Foot #1D, both layers feed together and the result is a perfectly matched plaid pattern.



#### Even Feeding with Dual Feed

- The Dual Feed function affects only the top layer of fabric and the feed dog controls the feed of the bottom layer.
- Dual feed has a separate motor so the top fabric that is usually behind can keep up with the lower piece.
- Dual Feed function can successfully be used for precision stitching, matching plaids and sewing techniques that need to feed evenly as they go under the foot.
- If used for quilting, Dual Feed will affect the top and bottom layer, leaving the batting with very little control. The Dual Feed function can be used for stitching small quilted items with light batting but is not suitable for large, heavy quilting projects.

*Eleven presser feet, designated with a 'D', are available in dual feed.*

**Reverse Pattern Foot #1D**  
**Zipper Foot #4D**  
**Jeans Foot #8D**  
**Edgestitch Foot #10D**  
**Zipper Foot with Guide #14D**  
**Open Embroidery Foot #20D**

**Open Embroidery Foot #20D**  
**Clear Foot #34D**  
**Patchwork Foot #37D**  
**Non-Stick Zigzag Foot #52D**  
**Patchwork Foot #57D**  
**Patchwork Foot with Guide**

## EMBROIDERY Basics

### BASIC APPLIQUE IN MACHINE EMBROIDERY

*Applique is incorporated into many machine embroidery patterns. Combined with traditional stitching, applique adds texture and interest to your embroidery projects. All applique patterns follow these simple steps.*

1. Hoop your fabric securely. If the fabric shifts even slightly in the hoop, the alignment of your design will be off. This is true for filled designs as well as applique.

**Tip:** Use the smallest hoop that will fit your design and the strongest stabilizer you can for your specific project. Activating the basting feature on your **BERNINA** before stitching your design helps to stabilize the stitching area as does using an adhesive between your fabric and stabilizer.

2. Each applique piece will take 3 steps indicated by 3 color changes on your machine. The color changes force the machine to stop so you can complete each step. Only one color is required to complete the applique.

The first stitching/color change will be the placement stitch which outlines a template where the applique fabric will lay.

3. Completely cover the outlined area with your choice of fabric. There is no need to cut the fabric to the shape of outlined area; it will be trimmed in a later step.

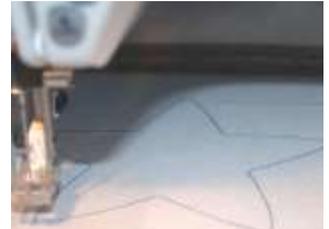
You may use a spray adhesive to lightly cover the wrong side of your applique fabric before laying it over the outline. Choose one that is made specifically for machine embroidery. Firmly but gently press the sticky applique fabric over the outlined area, taking care not to have bubbles or wrinkled areas. Alternatively, you may use masking or painting tape to tack the material down so that it doesn't shift during stitching.

4. The next stitch will be the applique tackdown stitch. This will trace the previous stitching and sew the applique fabric into place.

5. When the tackdown is complete and your machine has safely stopped, carefully remove the hoop from the machine. Do NOT remove the fabric from the hoop. Place hoop on a smooth surface, such as a table and carefully trim excess fabric from around the design area using small, sharp embroidery scissors. Be careful not to move the fabric inside the hoop. Trim as closely to the stitches as you can, about 1/8" from the stitch line, without cutting into the stitches.

6. Replace the hoop in your machine. The last step of the applique will be the final decorative stitch, usually a satin stitch, around the applique.

7. Complete the steps of your embroidery design following the color charts and features included with your pattern.



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**We're on the Web!**

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