

SUBDUE OR SUCCUMB

MY EXPERIENCE

I had been dealing with a health issue in my body (diabetes). I am a woman of prayer, so I prayed, and I asked the Lord what should I do? I knew I had an appointment scheduled with my PCP and I knew she was going to prescribe again Metformin, she had previously prescribed it, and I declined to take it because I did not agree with the diagnosis of having diabetes. However, I have learned to not allow my Faith to make a fool out of me, so I have been keeping a check on my glucose levels. I began feeling defeated because as I prayed, decreed, worked out and changed my eating habits I was not seeing the results I desired.

I am an ordained pastor, and my lead pastor (spiritual father) asked me to preach on a Sunday he would be out of town. I said yes and began to prepare to speak into the lives of the people. This is always a weighty matter for me and a place of concentration. So, fast forward to Sunday morning. I give the word on that Sunday and as The Holy Spirit is ministering, declarations are being made, such as I will never be emotional another day in my Life. The season of just going through cycles is over in my Life. I have Faith Now. Either I am going to succumb or subdue every Kingdom that is trying to overtake me. A powerful, mighty time of impartation happens as The Holy Spirit begins to minister to the people. Meanwhile the very next day as I am praying about this doctor's appointment and this prescription, I know my PCP is going to prescribe because my glucose levels are not good.



MY EXPERIENCE IS
NOT SUBJECT TO AN
ARGUMENT.

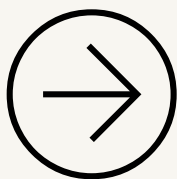
A Story of Faith & Healing

The Father says to me, you must deal with the root cause of the problem and not the symptom. Immediately I said Lord, what is the root cause of this then? Innately I understood that diabetes is a symptom of a root problem. Taking medicine for this will only continue to suppress the problem and not deal with the root cause. When we bandage the symptom, we prolong our well-being, and this is not the will of God for our lives. The bible teaches us that Christ has come that we may have Life and Life more abundantly. (John 10:10)

So, the Father responds to me and says, the spirit of gluttony is the root problem and the root cause for you experiencing diabetes in your body. I literally begin to weep because I know the severity of this spirit. However, the Father consoled me in saying to me, this spirit along with greed attached to you and anchored in your soul through an emotional state of despair (hopelessness) your 2nd year in college. As The Holy Spirit is ministering to me, He took me back to a time when I went to the campus health department for my physical. The nurse weighed me and said in a shocking tone, why have you gained 20lbs in 4 weeks what is going on with you? I remember being embarrassed and ashamed saying, I don't know, nothing, nothing is wrong with me. But in actuality I was severely depressed.

I have overcome depression since my college days, however the residue of what was causing me to vacillate with my discipline and control was trying to linger and walk with me!!!! This produced a Holy Agitation and caused me to repent for my lack of discipline and temperance. Then I begin to operate in the Dominion that has been given to me. I kept wondering why I could never get full, why was I always hungry, why did I keep gaining weight and not able to keep it off. That thing had attached to me and was causing me to feed it...literally! As I shifted back into my rightful place of Dominion and studied the Word of God on this subject matter, I had scripture to apply to this situation.

I encourage you readers today to pray and have a conversation with the Father. Ask him about anything you are dealing with in your life and ask Him specifically is this a symptom or a root? If it's a symptom then what is the root cause? God's heart is that the eyes of our understanding are enlightened so that we may continue in the hope of our calling. (Ephesians 1:18) Most importantly He wants us to be conformed into the image of his son in every area of our lives. Spiritually, Physically, Mentally, Emotionally, Relationally, and Financially.



There are silent killers in our lives that are opposing us and keeping us from operating at our maximum potential.

I just annihilated a silent killer in my life, and it was the spirit of gluttony and greed!! What's your silent killer?

-Stephanie Moneek Dean